

Health Education England - East of England Newsletter for Trainees – 29 May 2020

Message from Bill Irish, Regional Postgraduate Dean, and Senior Leadership Team

Thank you for your continued perseverance and contribution to the covid-19 response. We described this, in an earlier newsletter, as a marathon rather than a sprint, and it certainly feels like that. We are aware that those of you who are displaced from your specialty or placement are keen to return as soon as possible from the covid-19 rotas. Trusts and Primary Care organisations are working incredibly hard to re-start areas of clinical activity, however there are also requirements to ensure preparations are made for any subsequent covid-19 surges, and indeed the need to continue to manage the current response to the pandemic. We have written to Trusts and TPDs to ask that they monitor the situation closely with you.

Shielded Trainees – We will shortly be writing out to trainees who we have been informed fall into this category. If you have not received any communications from us, and you fall into this category, then please can you be in touch with your TPD and your medical staffing team.

OOPR/Academic Trainees – We will be writing to you next week with a request for a response, indicating your plans from this point forward. We recognise that research institutions are opening at varying times and with a range of capacity. Funding, training and other considerations also need to be taken in to account. Therefore, please respond to the letter that you receive.

Requests for OOPE, OOPR and OOPT - We are anticipating that we will be in a position to start approving applications for the above forms of out of programme activities shortly, so, if you are intending to apply for a period out of programme, can we suggest that you start completing the application process now. Details of the process can be found here: <https://heeoee.hee.nhs.uk/faculty-educators/out-programme-oop>.

For recruitment information: <https://heeoee.hee.nhs.uk/recruitment>



Professional Support and Well-being Service (PSW) <https://heeoee.hee.nhs.uk/psw/east-england-professional-support-and-well-being-service>

The PSW are continuing to accept self-referrals from Trainees, Consultants, LEDs and SAS doctors. If you wish to access psychological or other support for any reason, you can refer yourself through our dedicated generic inbox COVID19-PSW.EoE@hee.nhs.uk.

In addition to the bespoke, targeted support put in place for an individual following a self-referral, we are in the process of establishing how we can continue to offer group workshops for trainees such as the Communication Skills Workshop and Exam Workshops. As of 1st June, we are piloting a series of virtual communication skills webinars to ensure that we are still able to deliver this support in an effective and meaningful way. Should the pilot sessions go well, we will be looking to do more, and any opportunities will be appropriately communicated to trainees. We would also like to highlight that we still have access to several free Resilience Questionnaires offered by PSI Services to NHS staff. Please email on the above email address if you would like access to the Questionnaire and subsequent Narrative report. Alternatively, if you have any questions regarding this please email on the address above.

Prior to COVID-19, the PSW were working closely with the HEE, EoE Mentoring fellow and recognise that this remains an important topic within postgraduate medical and dental

education. We are therefore keen to provide support to any new or existing schemes to ensure we do not lose momentum. If you have any questions about setting up a scheme, please do not hesitate to contact us on mentoring.eoe@hee.nhs.uk



ARCPs

Two new ARCP Outcomes have been introduced – Outcomes 10.1 and 10.2, which recognise that the trainee was achieving progress and developing competences, capabilities at the expected rate, but that acquisition of some capabilities has been delayed by the impact of COVID-19.

If you need any advice or information about assessments, please do not hesitate to contact us on assessment.eoe@hee.nhs.uk



Foundation

Clinical learning opportunities are being held every Monday at 6pm through EoE-remote. For more details please contact remoteeoeprogramme@gmail.com

We are also offering non-clinical learning opportunities for workplace wellbeing [WAM] and human factors training through our FTPD teaching lead. For more detail please email emma.white11@nhs.net



Study Leave

We recognise that many courses/conferences will not be going ahead or cannot be attended as study leave time may need to be cancelled. Please be assured that you will still be able to reclaim your expenses if these cannot be refunded by the provider. Please try to reclaim your course/conference fees and any other fees (e.g. pre-booked travel) in the first instance from the provider, should this not be possible please include evidence of non-refundable expenses with your study leave claim.

Moving forward, HEE EoE would like to support appropriate study leave applications for courses/conferences, including those that are taking place virtually. Study leave time and funding can be taken for virtual courses, if the time off can be accommodated by the employing Trust and the application has followed the usual approval process.



Bursaries for PGCert and PGDip in Medical Education

Application and candidate specification can be found here: <https://heeo.ee.hee.nhs.uk/faculty/bursary-funding>
The applications deadline is **1 July 2020**.

Please send your queries to tefunding.eoe@hee.nhs.uk



Twitter - @EoETrainees2020

Our new 'EoE Trainee' Twitter page is now LIVE! This is designed to bring you updates and information as it becomes available: bit.ly/eoetrainees – we hope you find this to be a useful resource at a very challenging time.

 [@EoETrainees2020](https://twitter.com/EoETrainees2020)