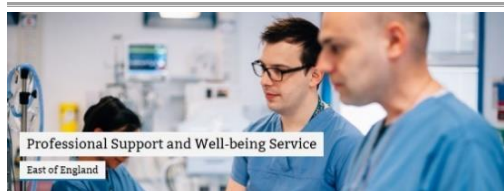


## Health Education England - East of England Newsletter for Trainees – 27 March 2020

### Message from Bill Irish, Regional Postgraduate Dean, and Senior Leadership Team

'This is our second newsletter to update you on the changes happening in response to the Covid-19 pandemic which may affect you. Can we re-iterate our thanks to you all for everything that you are doing to support patients, their families and each other. We are thinking of you and are doing everything within our power to ensure that this difficult period has the least possible impact on your training. Please stay as safe as you can and remember that if you need to talk to someone the PSW are there for you. You will also be able to find all the latest information we receive from outside bodies such as the BMA, GMC, HEE national and individual Royal Colleges on the PSW website <https://heeoee.hee.nhs.uk/psw/east-england-professional-support-and-well-being-service>



### **Professional Support and Well-being Service (PSW)** <https://heeoee.hee.nhs.uk/psw/east-england-professional-support-and-well-being-service>

The PSW recognises that the coming months are likely to be exceptionally challenging for all medical staff. We have therefore extended our services to include Consultants, LEDs and SAS doctors as well as trainees. If you wish to access psychological or other support for any reason, you can refer yourself through our dedicated generic inbox [COVID-19.EoE@hee.nhs.uk](mailto:COVID-19.EoE@hee.nhs.uk). Trainees can also use this inbox to ask questions about the impact of COVID-19 on their training which we will endeavour to respond to within one working day. Supervisors can still refer trainees to the PSW if they feel it is necessary. We will shortly be posting some FAQs.



### **Revalidation** The following is an update received from the GMC in relation to revalidation.

*Doctors who are given temporary registration with a licence to practise, would not need to revalidate. The GMC have deferred the revalidation date for all doctors who are due to revalidate before the end of September, for one year in August. The GMC have started making changes to their systems so that notifications about revalidation dates aren't issued. This may take a few days to come into effect.*



**Recruitment** All trainees who were successful at interview within round 1 recruitment (This includes ST1 and CT1 specialties) are expected to be starting into their new rotations in August as originally planned. It is planned that Round 2 recruitment (ST3) will go ahead within newly agreed timeframes; we are informed that the process is likely to be different. Further information will be available shortly, we will let you know as soon as we know. Issues with undertaking ALS courses and other relevant exams which may affect start dates are currently being investigated to ensure as smooth a process as possible. We will contact all affected trainees as soon as we have an update.



**Foundation** Your trusts will now have determined your positions for April, and we are proud of you for seeing the big picture at this time when we know that to some this will be a huge disappointment. Please be aware that we know how meaningful this is to you, and these decisions have not been taken lightly.

We have worked with our central colleagues to redefine the ARCP criteria for this year, as we had promised. These are on our foundation homepage: <https://heeo.ee.hee.nhs.uk/foundation>

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## [Pregnant and Vulnerable Trainees](#)

We are keen to support our trainees who are pregnant or who are particularly vulnerable if exposed to covid-19. We recognise that many trainees will want to do to all they can to support their colleagues, whilst prioritising their own health. Most importantly, if you fall into these categories, trainees should undertake a risk assessment through their employer/ OH department. We are working with Trusts and other colleagues to identify non-patient facing roles such as; working in Public Health, providing telephone triage as part of NHS 111 services and also asking Trusts to consider whether trainees might be able to undertake telephone out-patient clinics. Please contact [covid-19.psw.eoe@hee.nhs.uk](mailto:covid-19.psw.eoe@hee.nhs.uk) if you would like any more information.

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We have procured a software package to enable the creation of video lectures remotely using your laptop and mobile devices throughout the region for all specialities. This comes at an extraordinary time for our profession and we want to support you by giving you access to resources you require to share your knowledge and experiences with ease and share them in one central, secure, online space.

To this end we have also procured a Learning Management System (LMS) where the video lectures that you have created can be stored and accessed by all Trainees throughout the region in all specialities. Each speciality will have their own section of the LMS and will be organised in collaboration with your Heads of School. The benefits of this system are:

- providing a solution to continuing Regional Teaching
- COVID teaching and training for frontline staff
- and crucially allows every speciality to access each other's resources and lectures so there can be cross pollination of education across specialities at a time when this would not be otherwise possible

More information will be coming your way explaining more about how the systems work, look and for online training and organisation of the system.

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## [Useful links:](#)

Our new 'EoE Trainee' Twitter page is now LIVE! This is designed to bring you updates and information as it becomes available: [bit.ly/eoetrainees](https://bit.ly/eoetrainees) – we hope you find this to be a useful resource at a very challenging time.

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