

Health Education England - East of England Newsletter for Trainees – 25th September 2020

For recruitment information: https://heeoe.hee.nhs.uk/recruitment





Professional Support and Well-being (PSW) Service

We recognise that training to be a doctor or dentist is tough and there can be many personal and professional challenges along the way.

Which career pathway?	What if I make a clinical mistake?
Exam failure?	My health and well-being?
Professional relationships?	Personal relationships?
Feelings of loneliness?	In a new place and do not know anyone?
Not sleeping?	Constantly worrying if you are doing the right thing?

We also recognise that this year is and continues to be exceptionally challenging for medical staff. We provide confidential support and guidance to any doctor or dentist that trains in the East of England. Accessing support from the PSW is non-punitive and does not impact on your training.

We are continuing to accept self-referrals for all matters so if you feel that you would benefit from support, please complete a <u>referral form C</u>. For details on how to download and complete the form, please visit https://heeoe.hee.nhs.uk/psw/how-refer and scroll to the bottom of the page for guidance.

If you have any queries or would like to speak to a member of the team please email psw.eoe@hee.nhs.uk.



The Clinical Entrepreneur Programme

Programme is currently open for applications:

https://www.england.nhs.uk/aac/what-we-do/how-can-the-aac-help-me/clinical-entrepreneur-training-programme/ If you are interested, do have a quick chat with your educational supervisor and/ or TPD and apply. The East of England is happy to support you training LTFT if you are accepted onto the scheme. Please send queries to england.cep@nhs.net



Revalidation

Please remember to ensure that your Designated Body and Responsible Officer information is up to date on your GMC Connect online account.

All trainees within the East of England should be connected to the following:

Responsible Officer: Professor Bill Irish

Designated Body: Health Education East of England

If you have any questions about revalidation, please contact revalidation.eoe@hee.nhs.uk



Supported Return to Training (SuppoRTT)

If you are intending to or are currently taking some time out of your training programme for parental leave, Out of Programme (OOP) or planned sick leave for approximately three months or more. In addition, trainees who have been shielding as a result of the Covid-19 pandemic are welcomed to access the SuppoRTT services available for trainees.

For more information, please visit the <u>SuppoRTT pages</u> of the Health Education England, East of England website, or contact <u>SuppoRTT.eoe@hee.nhs.uk</u>.



Public health specialty training in the East of England:

Training and recruitment virtual event

The Public health specialty training programme in the East of England are holding a recruitment event on Wednesday 14th October, from 6pm to 8pm.

This event will be an opportunity to learn more about the specialty from registrars and training programme directors who will discuss their careers and experiences, key roles, the recruitment process, training and routes to practice.

The session is open to anyone with an interest in public health as a specialty. For more information please visit https://heeoe.hee.nhs.uk/public health.

To register for this event please email: harriet.edmondson@nhs.net



Bursaries for PGCert and PGDip in Medical Education

Bursaries for PGCert and PGDip in Medical Education for courses commencing in January/February 2021

Updated application and candidate specification will be available from 28th September here:

https://heeoe.hee.nhs.uk/faculty/bursary-funding

The applications deadline is 12:00 noon 12th October 2020. Please send your queries to **tefunding.eoe@hee.nhs.uk**



Twitter - @EoETrainees2020

Our new 'EoE Trainee' Twitter page is now LIVE! This is designed to bring you updates and information as it becomes available: bit.ly/eoetrainees – we hope you find this to be a useful resource at a very challenging time.



@EoETrainees2020