

Health Education England - East of England Newsletter for Trainees – 12 June 2020

Message from Bill Irish, Regional Postgraduate Dean, and Senior Leadership Team

Thank you once again for all your hard work and professionalism over the last three months. We are continuing to work with our senior educators and provider organisations to try to maximise your opportunities to get back to training in your own specialities, while recognising that this will be challenging for a period, especially in those specialties which involve undertaking procedures. We are making excellent progress with the Panopto/Bridge project which will allow us to deliver a lot of training virtually and are also working on a strategy for recommending simulation courses.

We are hoping that for many of you, things are a little less pressured and that you have had more time to reflect on your experiences during the first wave of the pandemic. Some of you may feel that it might be of benefit to talk about your reflections with a professional. If you would like to do this, please do contact the Professional Support and Wellbeing (PSW) team on PSW.eoe@hee.nhs.uk who will be able to put you in touch with an appropriately qualified individual.

For recruitment information: <https://heeeoe.hee.nhs.uk/recruitment>



Professional Support and Well-being Service (PSW)

The PSW are continuing to accept self-referrals from Trainees, Consultants, LEDs and SAS doctors. If you wish to access psychological or any other support, you can refer yourself through our dedicated generic inbox COVID19-PSW.EoE@hee.nhs.uk Below is a reminder of the services the PSW can offer:

Psychological Support	Communication Skills Support
Exam Support	Emotional Intelligence Testing
Resilience Support & Feedback	Neuro-diverse Screening & Support
General Well-being	Occupational Health
Careers Support	Support for Educators

Further to the newsletter dated 29 May 2020, we have successfully run two out of six virtual communication skills courses and will be rolling out new dates in the coming months. In the next few weeks, we will be releasing dates for a virtual exam support workshop. We would welcome any trainee who is currently accessing our services for Exam Support to contact us if they would like to be considered for a place. Further information will follow shortly.

The PSW remain keen to hear from any programme wishing to set up a mentoring scheme and may require support from us. Please get in touch at - mentoring.eoe@hee.nhs.uk



ARCPs

Two new ARCP Outcomes have been introduced – Outcomes 10.1 and 10.2, which recognise that the trainee was achieving progress and developing competences, capabilities at the expected rate, but that acquisition of some capabilities has been delayed by the impact of COVID-19.

If you need any advice or information about assessments, please do not hesitate to contact us on assessment.eoe@hee.nhs.uk



[Supported Return to Training \(SuppoRTT\)](#)

Trainees who have been shielding as a result of the Covid-19 pandemic are welcomed to access the SuppoRTT services available for trainees, this is offered to all trainees who have taken a period of approximately three months or more out of training. For more information, please visit the SuppoRTT pages of the Health Education England, East of England website.

In the first instance, you will need to meet with your TPD (or College Tutor in Paediatrics and O&G) to complete the SuppoRTT plan part 1 until 'Reason for time out of training' and Part 2 of the plan: <https://heeo.ee.nhs.uk/psw/supported-return-training>.

Please contact SuppoRTT.eoe@hee.nhs.uk for any queries.



[Study Leave](#)

We recognise that many courses/conferences will not be going ahead or cannot be attended as study leave time may need to be cancelled. Please be assured that you will still be able to reclaim your expenses if these cannot be refunded by the provider. Please try to reclaim your course/conference fees and any other fees (e.g. pre-booked travel) in the first instance from the provider, should this not be possible please include evidence of non-refundable expenses with your study leave claim.

Moving forward, HEE EoE would like to support appropriate study leave applications for courses/conferences, including those that are taking place virtually. Study leave time and funding can be taken for virtual courses, if the time off can be accommodated by the employing Trust and the application has followed the usual approval process.



[Bursaries for PGCert and PGDip in Medical Education](#)

Application and candidate specification can be found here: <https://heeo.ee.nhs.uk/faculty/bursary-funding>
The applications deadline is **1 July 2020**.

Please send your queries to tefunding.eoe@hee.nhs.uk



[Twitter - @EoETrainees2020](#)

Our new 'EoE Trainee' Twitter page is now LIVE! This is designed to bring you updates and information as it becomes available: bit.ly/eoetrainees – we hope you find this to be a useful resource at a very challenging time.

 [@EoETrainees2020](https://twitter.com/EoETrainees2020)