

Pre-Hospital Emergency Medicine Sub-specialty training West Midlands



Background to West Midlands PHEM

The West Midlands have been training doctors in PHEM for decades and are renowned nationally for having a well-established effective pre-hospital medical system. This includes a high performing NHS Ambulance Trust; two air ambulance services flying five helicopters across the region, three active BASICS schemes and a fully commissioned 24/7 Consultant-led MERIT service.

Why choose our PHEM training programme

Clinical exposure – Our PHEM trainees have achieved excellent patient numbers and sentinel intervention rates (RSI, procedural sedations, thoracotomies). Some of our trainees have even performed prehospital amputations, surgical airways and peri-mortem hysterotomies! Proof of the varied and excellent clinical exposure our programme offers.

Experienced trainers – We were one of the first deaneries to offer PHEM training in Feb 2013. You will be supervised by very experienced PHEM Consultants who have a wealth of experience in training and mentoring PHEM doctors.

Retrieval experience – Our trainees get dedicated training time with either the KIDS (regional paediatric intensive care retrieval service) or the newly formed Adult Critical Care Retrieval service. This helps widen your experience and cover elements of the curriculum that relate to retrieval medicine.

Exam success – We run focused training in the weeks running up to the exams and have an excellent first pass success rate in the FIMC and DIMC.

IBTPHEM courses – All trainees are sent on the national IBTPHEM courses with deanery funding.

Both Air Ambulances participate in prehospital research and trainees are fully involved in recruiting to trials. Trainees are given time to attend and participate in the monthly governance/M&M days for organizations in the region.

Our pre-hospital organisations provide simulation on base and there is access to high-quality cadaveric surgical skills training locally.

Opportunities are available for specialized training with NARU, HART and mountain rescue.

The rotation

We can provide sub-specialty training for doctors from an Emergency Medicine, Anaesthesia or Intensive Care Medicine background and offer Less Than Full Time (LTFT) training.

Trainees are based at one of the three Major Trauma Centres (MTC) in the region: University Hospital North Midlands in Stoke, University Hospital Birmingham or University Hospitals Coventry and Warwickshire. Each hospital placement is linked to a specific pre-hospital organisation. Trainees rotate posts annually and get to experience both air ambulances and at least two of the three MTC during their PHEM training.

Less Than Full Time (LTFT) training – Our programme supports LTFT training provided it is approved through the HEE LTFT application process. LTFT is offered at either a 60% or 70% working pattern. Once LTFT is approved, the trainee's rotation is changed from a Scheme A to a Scheme C programme ie training only in PHEM. The sequence of PHEM providers that the trainee has been allocated will remain the same. While every effort will be taken to accommodate fixed day working, this cannot be guaranteed.

Our vacancies for August 2021 are:

1. University Hospital of North Midlands (Midlands Air Ambulance and MERIT) rotating after one year to University Hospital Coventry (The Air Ambulance Service, Coventry & East Midlands Airport).
2. University Hospital Coventry (The Air Ambulance Service, Coventry & East Midlands Airport) rotating after one year to University Hospital of North Midlands (Midlands Air Ambulance & MERIT).

Our vacancies for Feb 2022 are:

1. University Hospital of North Midlands (Midlands Air Ambulance and MERIT) rotating after one year to University Hospital Coventry (The Air Ambulance Service, Coventry & East Midlands Airport).
2. University Hospital Coventry (The Air Ambulance Service, Coventry & East Midlands Airport) rotating after one year to University Hospital of North Midlands (Midlands Air Ambulance & MERIT).

If you are interested in PHEM training in the West Midlands, it's worth getting in touch to find out more. You can contact myself or we can put you in touch with one of our current trainees.

I wish you the best of luck with your PHEM sub-specialty training application.

Dr Arun George

PHEM Training Programme Director, Health Education West Midlands

arun.george@uhcw.nhs.uk

