This Health Visitor newsletter is a joint initiative of NHS England, Health Education England, Department of Health and Public Health England. It is for everyone who provides support to, commissions or contributes to the health visitor programme.

Health Education East of England’s BCC celebratory event was featured in the first edition which is great:

**Health Education East of England: building community capacity event**

Health Education East of England’s [Building Community Capacity](#) saw almost 400 student and newly qualified health visitors from the East of England come together to hear key speakers, attend workshops and share best practice.

The workshops were a chance for delegates to learn how organisations were building community capacity in their local area, delivering the 6Cs to patients – for example:

**Play Together, East Coast Community Healthcare**

A community volunteer led baby play group designed to teach targeted parents the importance of play as a way to stimulate the infant brain into development and encourage parents with low mood and anxiety to socialise. Families report feeling more involved and a reduction in health visiting hours.
Swop Shops, Children and Young Peoples Services Suffolk County Council

Swop Shops, currently within three children’s centres, offer families cost and stigma-free clothing and a place to meet and make friends. There are now plans to roll the Swop Shops out across Suffolk.

All newly qualified health visitors recruited for September 2013 will be undertaking a Building Community Capacity project in partnership with an existing health visitor. For more information please contact Julia Whiting, Health Education East of England Health Visitor Programme Lead.

You can view the full first edition of the newsletter here or subscribe to receive the newsletter directly.

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East of Eng HV prog@HealthVisitors

We are now up to 172 followers which is excellent.

Keep on following for some more updates!

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We are also on

Visit www.flickr.com/healthvisitors to see the photographs from July’s Building Community Capacity Conference

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iHV Preceptorship Charter

The charter outlines the best practice quality markers for newly qualified health visitors entering employment as a health visitor in England.

Its guidance will help newly qualified health visitors to:

- Adjust into their new professional role
- Fulfil their role as an independent, autonomous and innovative health visitor, meeting the requirements for health visiting in England
- during their first year of employment.

View the full document by following the link below:

NICE guidance summary for public health outcome domain

A summary of NICE guidance to underpin practice to improve population health and wellbeing


Sharing practice – spreading the word more widely

The Development of Effective Supervision Networks within West Essex

Effective clinical Supervision is considered as pivotal to competent nursing practice. The ‘formal process of professional support and learning enables individual practitioners to develop knowledge and competence and assume responsibility for their own practice and enhance client care’ (DH, 1993). Making the 6 C’s of compassion in practice into a reality for service delivery (DH, 2012)

Within West Essex safeguarding supervision had been embedded within practice for many years, however clinical supervision has been a less well developed activity.

Recent training around the Family Partnership Module to support delivery of the Healthy Child programme and MECSH has highlighted the need for effective supervision processes to support staff.

Within West Essex we are committed to developing a supervision structure and network within our Health Visiting teams. CPT's and experienced Health Visitors were identified to champion the process and have now completed their enhanced training.

Planning has begun to establish the structure for the supervision programme, to ensure consistency of experience for all team members, whilst recognising the unique nature each supervision group may have.
In January 2014 West Essex will be holding a Health Visitor Forum to re-launch the Healthy Child programme within our services. At this event the new supervision network will be shared with staff so that it can be embedded within practice.

References:-
Department of Health (2012) Compassion in Practice – Nursing, midwifery and care staff our vision and strategy.

For more information please contact:
Christeen Bartlett
Health Visiting Professional Lead West Essex.
Christeen.bartlett@sept.nhs.uk

Rapid Appraisal Refresh

We are very pleased that all organisations have signed up to take part in the Rapid Appraisal Refresh programme following the successful first round earlier this year. Once again we are working in partnership with Sustain who will be with each organisation for 2 days, meeting with a wide range of staff to look at further progress towards full implementation of the Health Visitor Plan. Health visitors will contribute to the review, working with Sustain for the entire programme to ensure that the peer review element is even stronger this time.

If you would like to know when the review for your organisation is taking place please see the document below:
From the Baby to the Boardroom – final chance to register for 9th December Leadership Event

Registration for the event at Trinity Park will be closing tomorrow, Friday 29th November.

If you have participated in any of the leadership programmes delivered by Kate Billingham and Ben Fuchs, you will have received a personal invitation which includes the link to the online registration.

As a reminder of what to expect and why it is an event not be missed, here are the highlights from the agenda:

- **Keynote: Leading community services: a personal perspective** – Tracy Cannell, Chief Executive East Coast Community Health Care CIC
- **Reflections on the strength-based leadership programme. Achieving our desired culture for the Healthy Child Programme and Health Visiting** - Ben Fuchs and Kate Billingham with local leaders and participants
- **The role of supervision in changing culture** - Anne Rowe, Clinical Director Family Nurse Partnership, England
- **The changes that social media brings for practice and leadership** - Anne Cooper, Clinical Informatics Advisor (Nursing) NHS England

If you have any difficulties registering, or are not sure if you already have, please email sophie.lakes@nhs.net for assistance.

Reminder – spreading the word more widely – sharing practice

Please ensure you get your article in to us in plenty of time.

The sharing practice article contents that we have received so far have been excellent.

Schedules have been circulated again, so please note when your next submission is due.
Details of the next scheduled articles listed below:

5 December – South West Essex
12 December – North East Essex
19 December – South East Essex
27 December – Mid Essex

Articles of up to 200 words in Word format highlighting an innovation or area of good practice (including contact details) are to be sent to Sophie Lakes, sophie.lakes@nhs.net by the Wednesday.

Contacts

Julia Whiting, Health Visiting Programme Lead
M: 07535 638236
E: Julia.whiting2@nhs.net

Sue Mills, HV Locality Lead, Herts and Beds
M: 07506 512182
E: suemills@nhs.net

Rowena Harvey, HV Locality Lead, Cambs and Peterborough
M: 07768 568175
E: rowena.harvey@nhs.net

Jenny Gilmour, HV Locality Lead, Essex
T: 07946 755758
E: jennygilmour@nhs.net

Helen Wallace, HV Locality Lead, Norfolk and Suffolk
E: Helen.wallace9@nhs.net

Sophie Lakes, Health Visiting Programme Support
T: 01603 595816
E: sophie.lakes@nhs.net