

## Health Education England - East of England Newsletter for Trainees – 11 May 2020

### Message from Bill Irish, Regional Postgraduate Dean, and Senior Leadership Team

Thank you for your continued adaptability and perseverance in meeting ever changing requirements around patient care and service demand. We know that this often means changes in rotas, locations and teams, we remain incredibly grateful for your flexible approach. We have heard numerous stories of trainees taking every opportunity to continue their learning, often through teaching and supervising more junior colleagues but also through unique opportunities for 1:1 learning. At HEE, our teams continue to work on supporting forthcoming rotational changes, provide clarity and ensure the smooth running of ARCPs and to ensure the professional support and well-being service is ready to respond to any additional requirement for support. I must also highlight again, the fantastic on-line platform for regional and local teaching we are building; see below for more information as to how to access resources your School / Programme have developed personally for you! As always, please be in touch with any questions or if you would require any support. [COVID19-PSW.EoE@hee.nhs.uk](mailto:COVID19-PSW.EoE@hee.nhs.uk)

For recruitment information: <https://heeoee.hee.nhs.uk/recruitment>

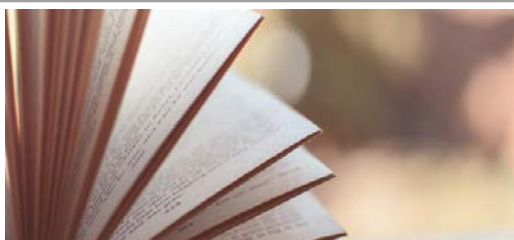


### Professional Support and Well-being Service (PSW)

<https://heeoee.hee.nhs.uk/psw/east-england-professional-support-and-well-being-service>

PSW recognise how exceptionally challenging it is for all medical staff. We have therefore extended our services to include Consultants, LEDs and SAS doctors as well as trainees. If you wish to access psychological or other support for any reason, you can refer yourself through our dedicated generic inbox [COVID19-PSW.EoE@hee.nhs.uk](mailto:COVID19-PSW.EoE@hee.nhs.uk) If our Trainees have any questions about the impact of COVID-19 on their training please signpost them to the [COVID19-PSW.EoE@hee.nhs.uk](mailto:COVID19-PSW.EoE@hee.nhs.uk) and our team will endeavour to respond to within one working day. Our website [PSW EoE](#) is updated regularly providing a range of information and resources, please share this with your colleagues.

We also still have access to a number of free Resilience Questionnaires offered by PSI Services to NHS staff. Please email on the above email address if you would like access to the Questionnaire and subsequent Narrative report. Alternatively, if you have any questions regarding this please email on the address above.



### OOP (Out of Programme)

Requests for following Out of Programmes (OOP) are currently suspended:

- Out of Programme Research (OOPR)
- Out of Programme Training (OOPT)
- Out of Programme Experience (OOPE)
- Out of Programme Pause (OOPP) for psychiatry and anaesthetics.
- Requests for OOP Career Break (OOPC), will be considered in extenuating circumstances, with agreement from the Post Grad Dean.
- For more information regarding current changes to OOP, please follow this link for more information: <https://heeoee.hee.nhs.uk/faculty-educators/out-programme-oop>



## [ARCPs](#)

Introduction of two new ARCP Outcomes – Outcomes 10.1 and 10.2 which recognise that the trainee was achieving progress and developing competences/capabilities at the expected rate, but that acquisition of some capabilities has been delayed by the impact of COVID-19.

Full information found at <https://www.hee.nhs.uk/coronavirus-information-trainees>

If you wish to contact the assessment team for any advice or information please do not hesitate to contact us [assessment.eoe@hee.nhs.uk](mailto:assessment.eoe@hee.nhs.uk)



## [Foundation](#)

We welcome in the new FiY1 that have started at many of our trusts and hope that you have settled in well and know your support and supervision. Remember to look at our website and utilise the VR training.

<https://heeoee.hee.nhs.uk/foundation/current-trainees/welcome-our-fiy1>

With our roll out of Panopto/Bridge we are looking to expand web delivery of teaching and seeking F1/2 enthusiasts to deliver ATSP and any trainee faculty to deliver tips for FiY1. Please contact [Helen.Johnson@hee.nhs.uk](mailto:Helen.Johnson@hee.nhs.uk) for more information.



## [Blended Learning Platforms](#)

We are pleased to announce that our Blended Learning Platforms are now live. We will start activating trainees' accounts this week. Foundation, T&O, General Surgery, Core Surgery and Ophthalmology Trainees will receive their login details first, others gradually within the next few weeks. More details to follow. If you have any queries please contact [blendedlearning.eoe@hee.nhs.uk](mailto:blendedlearning.eoe@hee.nhs.uk)



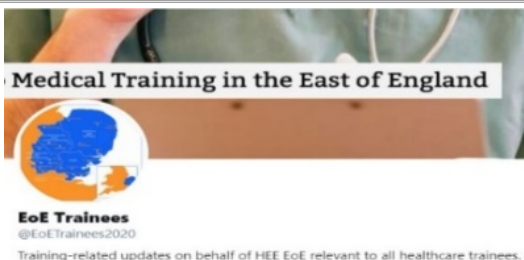
## [Bursaries for PGCert and PGDip in Medical Education](#)

Application and candidate specification can be found here:

<https://heeoee.hee.nhs.uk/faculty/bursary-funding>

applications deadline to **1 July 2020**.

Please send your queries to [tefunding.eoe@hee.nhs.uk](mailto:tefunding.eoe@hee.nhs.uk)



## [Twitter - @EoETrainees2020](#)

Our new 'EoE Trainee' Twitter page is now LIVE! This is designed to bring you updates and information as it becomes available: [bit.ly/eoetrainees](https://bit.ly/eoetrainees) – we hope you find this to be a useful resource at a very challenging time.

 [@EoETrainees2020](https://twitter.com/EoETrainees2020)