

Top tips for preparing for the CSA exam (from trainees)

- Variety
- Know chronic disease management
- Practise
- Start early and work through Masterpass book
- Case cards
- Watch videos (RCGP)
- Practise cases where you don't know but have to make a plan anyway
- See patients and try techniques with them
- Change bad habits early, as you will resort to these under pressure of the exam
- Establish ICE
- Consider E Medica course
- Practise in a group you are confident in
- Consider travelling to the venue the night before
- Learn the consultation sequence/ Calgary-Cambridge
- Work to time
- Role play with peers

How can your trainer help?

- Joint surgeries with trainer / video (using CSA marking scheme)
- Session- guide to CSA, how to prepare
- Monthly CSA practise from ST2
- Discuss difficult scenarios
- Session to cover exam planning
- Honest feedback
- Share tips from successful candidates
- More emphasis on teaching consultation skills through the year
- Find examples of why people fail, and share them

Further information is at

<https://www.rcgp.org.uk/training-exams/mrcgp-exams-overview/mrcgp-clinical-skills-assessment-csa.aspx>

https://www.rcgp.org.uk/training-exams/mrcgp-exams-overview/~/_media/6A8DDE4EC5C042208334F5F2F52460.ashx

<https://www.rcgp.org.uk/mrcgp-csa/how-to-prepare-for-the-csa.aspx>

<https://www.bradfordvts.co.uk/mrcgp/csa/>