

# Dental Therapist Foundation Training

## Information for Foundation Dental Therapists

2022-23



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## HEE Midlands and East

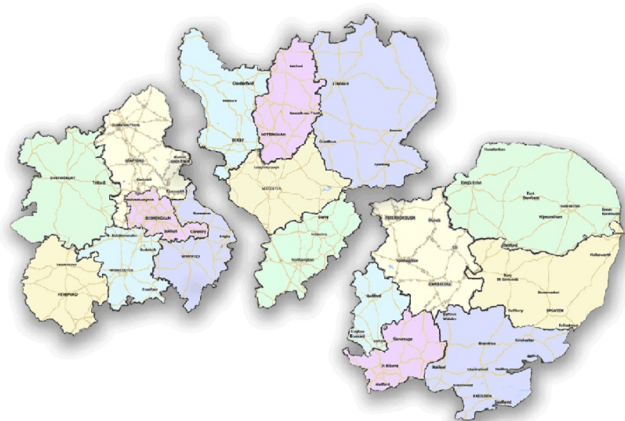
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# Dental Therapist Foundation Training

## Introduction

The Dental Therapists Foundation Training Scheme has been set up and designed to equip recent dental therapist graduates with the necessary training and education required to continue to develop and expand the clinical and personal skills learnt as a student, and to gain the skills required to work successfully in a general dental practice environment. The scheme covers the Midlands & East Region of Health Education England.

The Scheme is for Dental Therapists within the first two years of qualification. Emphasis is placed on continuing professional development throughout the course as well as increasing clinical skills and confidence. One of the aims of the Dental Therapist Foundation Training Scheme, is to encourage critical thinking and evidence-based practice.

Application to the course as a Foundation Dental Therapist (FDT) is by completion of an application form which can be downloaded from the HEE Midlands and East website [here](#) . The closing date for applications is the 29<sup>th</sup> April 2022.

## The Training Practices

The approved Training Practices will be located across the HEE Midlands and East Region. The role of the Educational Supervisors on the scheme is to provide support to the FDT. This will be in the form of: clinical support in the surgery, where necessary; one to one teaching in the form of tutorials and advice; and assistance with non-clinical issues of general practice. All the Educational Supervisors will have demonstrated a commitment to training and education as well as having been judged to offer both the guidance and the practising environment necessary to provide a good training experience.

Allocation to approved Educational Supervisors and Training practices will take place during June 2022.

## Employment

Each practice will provide places for two FDTs each of whom will spend two days undertaking clinical work in the practice between Monday and Thursday according to a schedule determined at the start of year. Both FDTs are expected to attend a third day (Friday) for Scheme Study Days, eLearning or administrative tasks. You will thus be employed for 21 hours per week. This will allow you to manage patients free from financial pressures and give you the benefit of an assured income at the end of the first month in practice. You will have a contract of employment and will be entitled to 28 days annual leave, plus bank holidays, *pro-rata* to the number of days you work in the practice. You may not take holidays that coincide with the study days. The scheme, and your employment, starts on 1st September 2022 and finishes on the 31st August 2023.

## Salary

This is an employed position, and the salary is based on the NHS Agenda for Change salary scale, Band 5, 2 years experience. Details of the current rates are available [here](#), and will be set *pro-rata* to the number of hours you work at the practice. This does not mean you are an NHS employee, the salary is simply based on the NHS pay scale. Your employment is directly with the practice.

## The Study Day Programme

The educational programme for the scheme consists of approximately 15 study days throughout the year, usually held on Fridays. Study days may take place at the Birmingham Dental Hospital or Kings Mill Hospital in Nottingham. However, during the coronavirus pandemic, many study days

have been held on-line and will be carried out in this way for the foreseeable future. Sessions are normally held from 9.30am - 4.30pm with suitable breaks for lunch and refreshments. There will be a mixture of presentations and problem solving seminars, workshops and 'Hands-on' experiences. The courses are centrally funded, so there is no charge for attendance.

The study day course is part of your appointment and attendance is mandatory. If you miss a session (e.g. through ill health) you should attend another study day, agreed with the Programme Lead, to ensure that you have completed the educational programme. This may have to be at your own cost.

## **Speakers and Contributors**

The presenters of each session are highly regarded in their particular field of activity. They are, however, asked only to guide sessions and it is hoped that FDTs will involve themselves fully in the discussions and share their own experiences and ideas with the rest of the group. Group learning is an extremely powerful educational method and reinforces the concepts of experiential and peer review. Some study days may be shared with the Dental Foundation Trainees, and these will provide extended opportunities for team learning and discussion.

## **Assessment and Recording of Progress**

An online e-Portfolio will be used throughout the period of training. This has various elements, commencing with the agreed record of discussion between you and your Educational Supervisor at the start of the programme, where each records their expectations of what is to be achieved. During your induction you will complete a record of your current clinical experience, which with discussion will help guide your learning in practice. There are several sections where you can reflect upon your experiences and progress, and logs to record fully your clinical activity.

During the year you will be assessed by your Educational Supervisor and other colleagues using nationally recognised assessment tools, and these are supplemented by Multi Source Feedback and Patient Satisfaction questionnaires. These are to ensure that you receives regular structured feedback and are aware of your progress. You will also be expected to complete a clinical record keeping review, a Clinical Case Presentation (to be judged) and elements of the e-LIFT reflective modules.

There are no formal examinations, but there are progress reviews at intervals during the year and at the end of the training programme. These reviews are carried out by independent Panels who will look at the evidence contained in your ePortfolio.

## **Completion of Foundation Training**

Completion of Foundation Training will be based on attendance of the Study Day Programme, Completion of the Portfolio, Audit, Key Skills, Case Presentation, Exit Interview and Trainer/ Programme Lead reports. A certificate will be issued on completion of Foundation Training.

## **Application and Appointment to Practices**

To apply for a place on the Scheme you must download and save an application form from the HEE Midlands and East website [here](#) . The form is an interactive .pdf which must be opened and completed on a computer using Adobe Reader, which can be downloaded from the Adobe website (<http://www.adobe.com/products/reader.html> ). The form will not open on a phone or other mobile device.

There are several sections to the form. You need to provide details about yourself, and about your experience and eligibility for the Scheme. There is also a section which requires you to provide four Supporting Statements. These invite you to outline your reasons for wishing to undertake Foundation Training and to describe and reflect upon your skills and experiences.

When you have completed the form, you will need to sign it electronically using Adobe Reader. The signed form then needs to be saved and emailed to [DFT.ME@hee.nhs.uk](mailto:DFT.ME@hee.nhs.uk) to arrive at HEE-M&E before noon on Friday 29th April 2022. Late applications or incomplete applications will NOT be accepted.

Your form will be marked and scored by an independent panel. The panel will be assessing your application not only on your eligibility for the Programme but also for your answers to the four Supporting Statements within the form. They will be assessing these for Content, Clarity and Reflection.

When all the applications have been marked, they will be ranked by score, and the top ranking applicants will be offered a place on the Scheme.

Allocation to the Training Practices will be by a ranked selection process. If you are appointed to the Scheme, you will be asked to rank your choices of the Training Practices available and applicants will be then allocated their choices in order of their application score ranking. Full details of all the Training Practices will be available on the HEE M&E website for you to make meaningful decisions.

Once allocations have been made, the appointed applicants will be able to contact the practice and arrange directly working days, contracts and other details required for employment. Information about the Study Days, together with logins for your ePortfolio and eLearning will come from the Programme Lead or the HEE admin team.

# Foundation Dental Therapist Person Specification

	Essential	Desirable
<b>Qualifications</b>	<ul style="list-style-type: none"> <li>Eligible for registration with the GDC</li> <li>Qualified as a Dental Therapist in the UK within the last 3 years</li> </ul>	<ul style="list-style-type: none"> <li>Less than 24 months postgraduate experience in dentistry</li> </ul>
<b>Clinical</b>	<ul style="list-style-type: none"> <li>Basic life support skills</li> <li>Understanding of clinical risk management</li> <li>Appropriate level of clinical knowledge</li> <li>Clear, logical thinking, showing an analytical/scientific approach</li> <li>Good manual dexterity and hand/eye co-ordination</li> </ul>	
<b>Communication</b>	<ul style="list-style-type: none"> <li>Communication and language skills. <i>(The ability to communicate clearly and intelligibly in written and spoken English, The ability to build rapport, listen, persuade, negotiate)</i></li> </ul>	<ul style="list-style-type: none"> <li>The ability to produce legible notes</li> </ul>
<b>Management and Leadership</b>	<ul style="list-style-type: none"> <li>Ability to prioritise clinical need</li> <li>Ability to organise oneself and own work</li> <li>Experience and ability to work in multi-professional teams</li> <li>Decisiveness and accountability <i>(The ability to take responsibility and make decisions)</i></li> </ul>	<ul style="list-style-type: none"> <li>Information technology skills</li> <li>Flexibility <i>(able to change and adapt, respond to rapidly changing circumstances)</i></li> <li>Thoroughness <i>(Is well prepared, shows self-discipline/commitment, is punctual and meets deadlines)</i></li> <li>Shows initiative, drive and enthusiasm <i>(self starter, motivated, shows curiosity, initiative)</i></li> </ul>
<b>Professionalism</b>	<ul style="list-style-type: none"> <li>Uses a non-judgmental approach to patients and colleagues. <i>(regardless of their sexuality, ethnicity, disability, religious beliefs or financial status)</i></li> <li>Meets professional health requirements</li> <li>Interpersonal skills <i>(See patients as people, empathise, work co-operatively with others, open and non-defensive, sense of humour)</i></li> <li>Shows knowledge of evidence-informed practice</li> <li>Shows awareness of own limitations</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrates breadth of experience and awareness in and outside dentistry</li> <li>Demonstrates use of evidence-informed practice</li> <li>Resilience <i>(able to operate under pressure, cope with setbacks, self-aware)</i></li> <li>Probity <i>(displays honesty, integrity, aware of ethical dilemmas, respects confidentiality)</i></li> </ul>

# Study Day Topics

## September

**Induction to Dental therapy Foundation Training**

**Introduction to working in the NHS**

**Clinical skills refresher**

## October

**Communication Skills**

## November

**Photography**

**LA & Cross Infection Control**

## December

**Wellbeing & Teamworking**

## January

**Posterior Composites** (workshop)

## February

**Anterior Composites** (hands on)

## March

**Hands on Paediatric Dentistry**

## April

**Periodontics & implant maintenance**

**Clinical audit presentations**

## May

**CV writing/Interview techniques**

## June

**First Aid/BLS & CPR** *At therapists' individual practices throughout June*

**Case Presentations**

## July

**Oral Medicine/Radiography**

## August

**Impression taking and introduction to bleaching**

This list is only representative and may be subject to change