

{Team Up



Health Education England

# Volunteering with Team Up

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### Project Lead



Developing people  
for health and  
healthcare

[www.hee.nhs.uk](http://www.hee.nhs.uk)

## Introduction

- What is Team Up?
- Where did it come from?
- How does it work?
- What is being involved like?
- What are its benefits?
- What have been the challenges?
- What does the future hold?
- Team Up in East of England?



## What is Team Up?

- **HEE's London-wide, innovative volunteering programme**
- **Trainees and students volunteer to work in teams with community organisations on local health improvement projects**

### Aims:

- To broaden the educational experiences of trainees and students
- To promote multi-professional working
- To promote closer working between the NHS and community organisations
- To create sustainable health and wellbeing initiatives for a wide range of community organisations
- To improve the health and wellbeing of disadvantaged Londoners

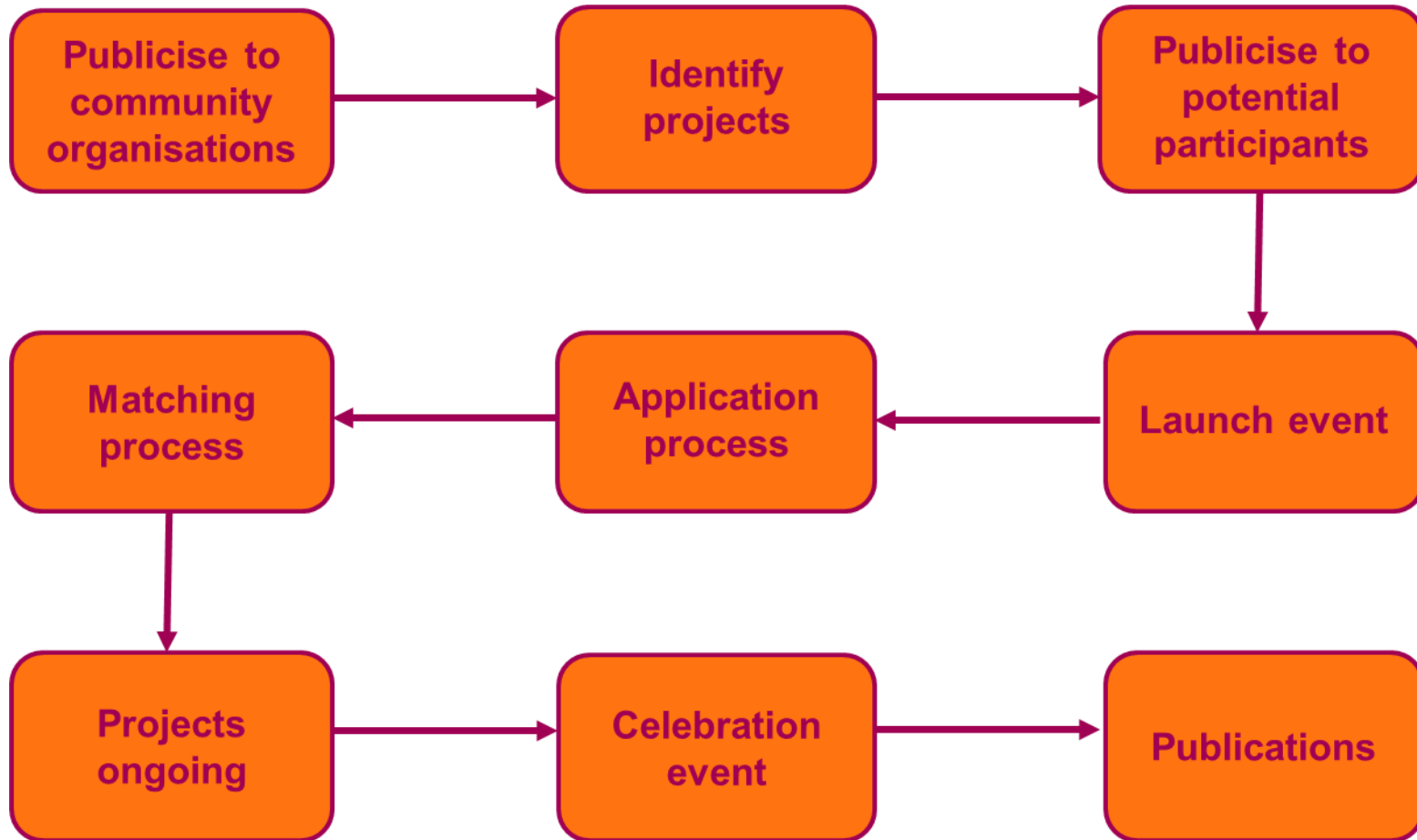
# 2012 Olympic and Paralympic Games Legacy

**Official 'Inspired by 2012' initiative – innovative and exceptional projects inspired by Olympic and Paralympic Games**



**Multi-professional since 2014**

## How does it work?





# {Team Up

## Who takes part?

- Doctors
- Dentists
- Nurses
- Midwives
- Pharmacists
- Allied Health Professionals
- Public Health Registrars



# {Team Up Who takes part?

**NHS**  
Health Education England



Housing for Women  
Celebrating 80 years



Hillingdon  
Refugee  
Support  
Group

Supporting and empowering young people



**SPEAR**

homelessness to independence

Charity Registration No: 1122206

[www.spearlondon.org](http://www.spearlondon.org)



**DABD (uk)**

Promoting Independence



Wheels for  
Wellbeing



breast  
cancer  
care

the breast cancer  
support charity



Fulham  
Good Neighbours

the  
**Winch**



straight  
talking  
peer education



CONNECT  
HACKNEY  
ageing better



CARAS  
supporting diversity,  
challenging adversity.



## Team Up projects

### Creating legacies in community organisations

- The design of educational materials/courses/workshops
- Teaching/training of staff or clients
- Writing case studies of clients' experiences
- Evaluating an existing project or work-stream
- Preparing a needs assessment for a possible new service or funding application
- Helping clients access better statutory services or promoting/marketing the organisation
- Examples of projects at [www.lpmde.ac.uk/teamup](http://www.lpmde.ac.uk/teamup)



Team Up video....

## Benefits for volunteers

- Develop an understanding of population health and its determinants
- Develop teaching and leadership skills
- Gain technical skills
- Undertake training in project management and gain practical experience of managing small projects
- Work as part of a multi-disciplinary team
- Learn how to present work as a poster, produce publications and make the most of transferrable skills
- Work with community organisations to make a real difference to the lives of disadvantaged Londoners
- Opportunity to become a Team Up Mentor after completion of a project

## Additional benefits of Team Up

### For partner organisations:

- Stronger and more diverse network of volunteers
- Promotion of organisation and projects
- Sustainable projects for organisations to continue in the future

### For the wider community:

- Increase trust between health professionals and vulnerable communities
- Engage 'hard to reach' communities
- Increase patient safety through promoting multi-professional working



## Challenges

- Timing round to suit both students and trainees
- Availability and coordinating busy schedules
- Lack of leadership
- Low student uptake relative to trainees
- Retention
- Equal distribution of projects across London

## The future for Team Up

- 2016/17: Bigger and Better
- Team up 'mentors'
- Involvement of medical students
- Volunteering opportunities on established Team Up project
- Non-medical postgraduate opportunities
- Training opportunities
- Truly London-wide
- National programme



## Keep up to date with Team Up



**@TeamUpLondon**



**[www.lpmde.ac.uk/teamup](http://www.lpmde.ac.uk/teamup)**



**[TeamUp@southlondon.hee.nhs.uk](mailto:TeamUp@southlondon.hee.nhs.uk)**