

# Stevenage Dental Foundation Training Scheme

# **Autumn Term Programme 2019**



Developing people for health and healthcare



# Stevenage **Dental Foundation Training Scheme**

### **Lister Education Centre**

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Stevenage Herts.

SG1 4AB

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Stevenage Scheme

Programme published by Health Education England—Midlands and East 2-4 Victoria House, Capital Park, Fulbourn, Cambridge. CB21 5XB **2** 01223 597768



Friday 6th September	Introduction to Dental Foundation Training	
	Lister Education Centre, S	Stevenage
Week of Mon 9th Sept	Back to Basics	
	Pract	tice based
Friday 13th September	Building effective relationships in practice	
	Project work in DFT  Lister Education Centre, S	Stevenage
Friday 20th September	Study Day in Practice	
	Lister Education Centre, S	Stevenage
Friday 27th September	Periodontology in practice	
	The role of the GDC  Learning and Education Centre, Bedford  ———————————————————————————————————	d Hospital
Friday 4th October	Ethics	
	Clinical record keeping and complaints  Lister Education Centre, S	Stevenage
Friday 11th October	Milestone 1	
	Lister Education Centre, S	Stevenage
Friday 18th October	Advanced treatment planning/ ESR interviews	
_	Clinical Audit  Lister Education Centre, S	Stevenage



Friday 25th October	Endodontics  NSK, Stevenage
Friday 1st November	Study Day in Practice—Foundation Skills  TBC
Thursday 7th November or	Communication skills
Friday 8th November	Kings House, Bedford or Learning Centre, Peterborough
Fridays 15th, and 22nd	Study Day in Practice
Friday 29th November	No Study Day
Friday 6th December	Oral Surgery in Practice
	Learning Centre, Peterborough City Hospital

Please note there are no study days on Fridays 22nd and 29th November. These days should be spent in practice.

# Important Dates and Deadlines

ESR Report submission Friday 11th October 2019

Milestone 1 Friday 11th October 2019

Foundation skills submission Friday 29th November 2019

# Friday 6th September

**Lister Education Centre, Stevenage** 



### **Morning Session**

CPD = 3 Hrs

### 09.30 Introduction to Dental Foundation Training.

### Glen Taylor

General Dental Practitioner

Thus morning we will be looking at the nuts and bolts of DFT. How does it work? What does it entail? Why do you have to do it? What is Satisfactory completion? You will have lots of questions......

You will also get to know the others in your group— you will be working closely together over the year.



- To introduce DFT
- To find out about all the members of the group
- To understand the day to day requirements and responsibilities of an FD

### **Learning outcomes**

- A better understanding of what is required during DFT
- A better knowledge of the members in the group
- How to claim your expenses



13.00 Lunch

Things to bring

Your laptop

A cheque for £80 made payable to 'East and North Hertfordshire NHS Trust' or £80 cash



# Friday 6th September

**Lister Education Centre, Stevenage** 

### **Afternoon Session**

CPD = 3 Hrs

### 14.00 Fun with the electronic portfolio.



### **Glen Taylor**

General Dental Practitioner

We will be looking at your electronic portfolio. This will be your record of all your achievements, challenges, failures and successes. Maintaining the portfolio is a requirement for satisfactory completion.

### **Objectives**

To introduce the portfolio , assessments and logs

### Learning outcomes

 A basic working knowledge of the portfolio and how to fill it in.

### 15.15 NHS rules and regulations—University Challenge



The 2006 NHS General Dental Services contract determines how we deliver dentistry and are funded within the NHS. The rules and regulations are complex and it is our responsibility to know them and understand the implications completely.

How well do you understand UDAs? What is the 2 month rule? What can you do under the NHS and what is only available privately?. Your patients will expect you to know this. How ready are you?

### **Objectives**

To gain insight into NHS rules and regulations

### **Learning outcomes**

- To fully understand you own level of knowledge of NHS rules and regs
- To understand your responsibilities

# Week of Mon 10th September

**Practice-based** 



# **Day Session**

CPD = 6 Hrs

### 09.30 Back to basics—drill fest



### **Educational Supervisors**

For some of you, the last time you picked up a handpiece and treated a patient may feel like a long time!

Even with short breaks from clinical work there is a element of 'deskilling' and this can cause apprehension and loss of confidence when faced with starting practice.

Today is all about regaining your confidence and recognising areas where you may feel you wish to hone your skills further before carrying out procedures on patients.

Your trainers will have made models with extracted teeth for you to work on. There will be a series of basic tasks working with amalgam and composite for you to complete. You can discuss these with your ES/trainer and your peers.

You will also be placing rubber dams and taking impressions so be prepared to be a patient and a dentist.

### **Objectives**

- To refresh your clinical skills and identify areas for development
- To build your confidence before treating patients.

### **Learning outcomes**

- A better knowledge of your basic skill set strengths and weaknesse.
- A better understanding of what to look for when looking for a position in a practice.



# **Various Dates**

**Study Days in Practice** 

# Online Study

During the year there will be five Study Days for you to undertake online learning in the practice. Here is a table of the online learning that you are required to undertake, with links to the learning portals involved.

Online Learning item	Platform			Link
Diversity, Equality and Human Rights	eLfH	Nov 19	1 hr	http://portal.e-lfh.org.uk/login
Alcohol Identification and Brief Advice	eLfH	Dec 19	1.25 hr	http://portal.e-lfh.org.uk/login
Making every contact count	eLfH	Dec 19	1.5 hr	http://portal.e-lfh.org.uk/login
DBOH- Health Promotion and Disease Prevention	eLfH	Nov 19	4 hr	http://portal.e-lfh.org.uk/login
Safeguarding Children and Young People ( 1, 2a & 2b)	eLfH	Oct 19	3.5 hr	http://portal.e-lfh.org.uk/login
Safeguarding Adults (Level 1 abd 2)	eLfH	Oct 19	1 hr	http://portal.e-lfh.org.uk/login
Oral Cancer	BDA Website	Dec 19	3 hr	https://www.doctors.net.uk/ eClientopen/CRUK/ oral cancer toolkit 2015 ope n/
Mental Capacity and Consent	eLfH	Nov 19	2.5 hr	http://portal.e-lfh.org.uk/login
Onder O Madela	0-f	lan 20	7 h.	https://

An additional form of online learning will be participation in online peer review sessions. You will be sent email invitations to join these at specific times and dates.

# Friday 13th September

Novotel, Stevenage



### **Morning Session**

CPD = 3 Hrs

# 09.30 Building Effective Relationships in Practice: Achieving high performance teams

### Minesh Patel

TGeneral Dental Practitioner

The morning session will focus on aspects of the trainer/ES relationship and how we can work effectively together during the year.

What can we and should we expect of trainers and FDs? What can we achieve together? What are your responsibilities to each other? What is the ideal ES and FD?

All relationships need commitment and hard work. What happens if things start to go wrong? How can you manage tehse situations well?

During the year there are assessments and tutorials. How can you plan these effectively?



- To understand roles, responsibilities and expectations in the ES/FD relationship
- To find out about all the members of the group
- To understand the day to day requirements and responsibilities of an FD

### Learning outcomes

- A better understanding of what is required during DFT
- A better knowledge of the members in the group



13.00 Lunch



# Thursday 13th September

Novotel, Stevenage

### **Afternoon Session**

CPD = 3 Hrs

### 14.00 Project work in the DFT year.

### **Minesh Patel**

TGeneral Dental Practitioner

Throughout the year there are projects to be completed. Today we will be looking at them in detail, so that you can plan your schedule and get the most out of them.

Case presentations



Foundation skills

Reflective practice

Clinical Audit

### **Objectives**

 To understand the project requirements for DFT.

### **Learning outcomes**

- To be able to identify a suitable case presentation and know how to present this at the end of the year.
- To understand the requirements for Foundation Skills-how to plan and present
- To have a greater understanding of what is meant by reflection and reflective writing
- To know the basic principles of clinical audit and be able to design and produce a clinical audit

# Friday 27th September

Learning and Education Centre, Bedford Hospital



### **Morning Session**

CPD = 3 Hrs

### 09.30 Practical Periodontology

### Ms. Sabina Wadwhani

**Educational Supervisor** 

With more patients retaining their dentition into old age, assessing and managing periodontal disease is of ever increasing importance. Correct assessment is fundamental to good treatment planning and optimising outcomes. We will explore how we assess our patients for periodontal disease.

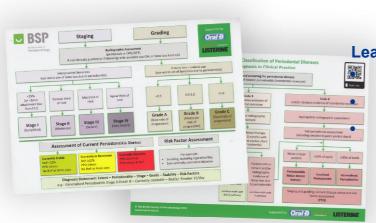
What are the problems? When should we treat and when should we refer?

What are our on going responsibilities for maintenance and monitoring of patients?

Today we shall look at the current guidelines for periodontal care and assessment and look at ways in which this can be incorporated into our own treatment modalities..

### **Objectives**

- To explore periodontal assessment techniques, management and record keeping.
- To understand current guidelines for periodontal care.



Learning outcomes

Improved clinical assessment and treatment

Improved patient education techniques

When to treat and when to refer

12.30 Lunch



# Friday 27th September

### **Learning and Education Centre, Bedford Hospital**

### **Afternoon Session**

CPD = 3 Hrs

### 13.30 The Role of the GDC.



### General Dental Council.

The General Dental Council (GDC) is the UKwide statutory regulator of around 110,000 members of the dental team.

Their primary purpose is to protect patient safety and maintain public confidence in dental services. To achieve this, they register qualified dental professionals, set standards for the dental team, investigate complaints about dental professionals' fitness to practise, and work to ensure the quality of dental education.

The DGC want the system of dental regulation to be collaborative, so that where issues arise they are dealt with in the right place and deliver the right outcomes for patients and the public at the right cost.

### General Dental Council

protecting patients, regulating the dental team

### Learning outcomes

- Knowledge of the role of the GDC and developments, including 'Shifting the Balance', signposting and myth busting.
- Improved knowledge of professionalism.
- A full understanding of the current CPD requirements



### Venue

Learning and Education Centre, Bedford General Hospital Ampthill Road Bedford MK42 9DJ

Parking is in Britannia Road car park opposite the hospital. You will need £12 in one pound coins to pay for your parking. The Learning and Education Centreis situated close to A&E

# Friday 4th October

**Lister Education Centre, Stevenage** 



### **Morning Session**

CPD = 3 Hrs

### **Ethics in Essex** 09.30



# Mr. Bryan Harvey Dental Defence Union

What are your ethical and legal responsibilities as a professional person? What are the pitfalls and consequences if things go wrong?

How do indemnity companies work? How and when can you ask for support? What actually happens

Clinical record keeping is a requirement and a skill. How should this be done properly and why is it so important? How does your current standard match up to the ideal? What is best practice and how can you achieve this?

### **Objectives**

- To explore the medicolegal framework underpinning dental practice
- To discuss ethical behaviour of professional people
- To identify best practice for clinical record keeping

### **Learning outcomes**

- gain better understanding medicolegal structures and systems
- To realise the responsibilities of being a professional person
- To understand the role of dental indemnity companies
- To understand the requirements for clinical record keeping and be able to critique your current standard

Lunch 13.00



# Friday 4th October

### **Lister Education Centre, Stevenage**

### **Afternoon Session**

CPD = 3 Hrs

### 14.00 Managing Complaints

### Mr. Bryan Harvey.

Dental Defence Union

No matter how conscientious we are as practitioners, we will all, at some time in our careers, receive a complaint.

Every practice must have a complaints procedure. There are also many other avenues through which a patient can complain or pursue a complaint if they feel the complaint has not been appropriately handled.

The way a complaint is dealt with is very important for everyone involved. The quality of complaints handling will significantly influence the outcome for all parties.

Complaints are an opportunity to look carefully at our practice and reflect on where our systems failed. They are an opportunity to learn.

### **Objectives**

- To investigate the common factors leading to dental complaints
- To look at complaint management pathways
- To discuss the best ways of mitigating and dealing with dental complaints
- To be aware of the do's and don'ts when dealing with complaints

### **Learning outcomes**

- To be better able to recognise and avert potential complaints
- To feel confident in the process of managing complaints effectively
- To know what support you can and should access when dealing with a complaint
- To understand the role of indemnity providers

# Friday 11th October

**Lister Education Centre, Stevenage** 



### **Morning Session**

CPD = 3 Hrs

*09.30* Milestone 1.



### **Foundation Dentists**

Dental Milestones are an assessment and learning process that occurs throughout the DFT year. At key stages Foundation Dentists are asked to produce clinical case reports / case presentations which increase in complexity through the year.

The clinical case reports are peer reviewed and assessed as part of the formative nature of DFT.

Formative assessments are to help participants learn, the information gathered through Milestones will augment and inform the IRCP and RCP processes which ensure Satisfactory Completion of DFT

Milestone 1 is a clinical case that demonstrates treatment planning skills, it can be based around an emergency dental appointment with relevant treatment and long term plans or a treatment plan for a patient with dental disease.

You will present your Milestone I, using PowerPoint, to the members of the Scheme for peer review. You will also receive formative feedback form the ESs and your TPD. This will help to highlight any learning needs demonstrated by the clinical case and presentation.

Milestone 1 occurs at just before your Early Stage Review.

12.30 Lunch



# Friday 11th October

**Lister Education Centre, Stevenage** 

### **Afternoon Session**

CPD = 3 Hrs

### 13.30 Milestone 1 (continued)

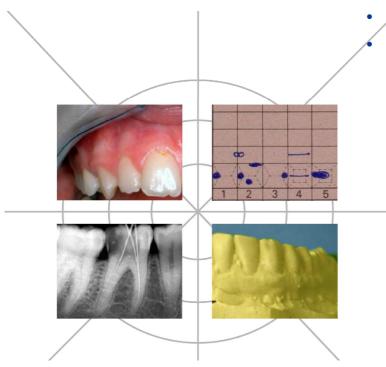
### **Foundation Dentists**

### **Objectives**

- An improved ability to plan and present to others the provision of treatment for a patient.
- Improved delivery of high quality dental care for our patients.

### **Learning outcomes**

- Improved understanding of required dental standards
- Increased clinical knowledge from feedback and peer review.
- An increased ability to reflect upon one's own work
- Higher standards of communication skills
  - Improved knowledge and ability to prepare and complete the Foundation Skills project.



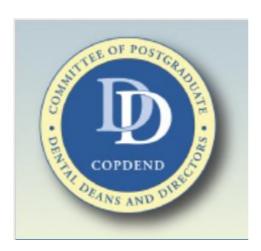
# Friday 19th October

**Lister Education Centre, Stevenage** 



### Early Stage Review Reports and Interviews

### **Preparation**



With the introduction of Satisfactory Completion for Dental Foundation Training there are various points throughout the year where your progress is formally documented.

The first point is the Early Stage Review. This is to identify any issues with the practice, the ES/FD relationship , clinical or pastoral concerns.

You will have a 20 minute 1:1 interview with the TPD on Friday 13th October. This is your opportunity to share any concerns you may have at this early stage in the year.. Experience shows that problems identified and managed early have much better outcomes.

The discussion with the TPD is confidential and information may only be shared with the consent of the FD.

### Requirements for ESR

- Your portfolio must be complete
- •All DOPs and assessments completed
- •Logs— tutorials, study days, reflections, clinical activity and experience completed
- •Learning needs identified
- Documents uploaded
- •Reports from the FD and ES—All information is shared and available to be seen on the portfolio.

Deadline for report completion: 11/10/2019

### **Objectives**

- To discuss your placement
- To evaluate and review your progress
- To identify areas for development
- To ensure a good work-life balance
- To address any concerns you may have



# Friday 18th October

**Lister Education Centre, Stevenage** 

# **Day Session**

CPD = 6 Hrs

### 09.30 Treatment planning and ESR Interviews



### **Educational Supervisors**

Stevenage Scheme

When our patients seek our advice, we devise treatment plans. These can be very simple or highly complex. So how do we tackle the difficult ones? What do we need to consider? What processes and pathways lead to our conclusions and how do we justify and evidence these?

Today you will be working with trainers looking at treatment plans they have carried out. You will be able to discuss the 'hows' and 'whys' of their case management and the success, or otherwise, of the outcomes.

### **Objectives**

- To explore the principles and practicalities of successful treatment planning
- To treatment plan some complex cases
- To identify factors affecting treatment planning decisions
- To understand the importance of record keeping and consent for treatment planning

### Learning outcomes

- A broader understanding of holistic treatment planning
- Better ability to explain treatment plans to patients
- Increased confidence in offering a variety fo treatment options to patients

### **ESR Interviews**

During the morning session you will have a 1:1 interview with the TPD to discuss your progress to date and any issues you would like to raise.

# Friday 25th October

NSK, Whittle Way, Stevenage



### **Morning Session**

CPD = 3 Hrs

### 09.30 Endodontics in practice



### Dr. Shashi Mishra Specialist Endodontist

Endodontic treatment particularly in molar teeth can be very challenging.

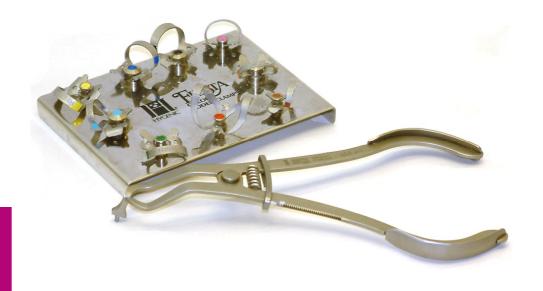
How do we assess which teeth are likely to be successfully treated and what can we do to make the procedure easier for ourselves and the patient?

What should we attempt and when should we refer?

Bring examples of cases where you have experienced difficulties.

We shall go back to the basics and focus on the preparation and obturation of canals using blocks and extracted teeth.

Venue: NSK UK Ltd Office 4, Gateway1000, Arlington Business Park, Whittle Way, Stevenage. SG1 2FP





# Friday 25th October

NSK, Whittle Way, Stevenage

### **Afternoon Session**

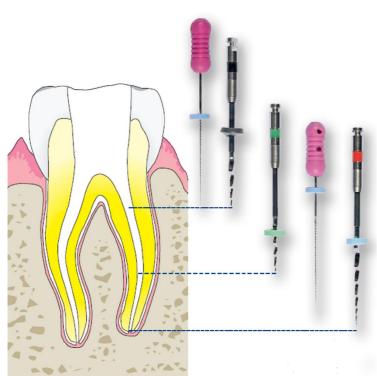
CPD = 3Hrs

### 09.30 Endodontics in practice

### Dr. Shashi Mishra

Specialist Endodontist

For many years improvements in the techniques of endodontic treatment have been tried using machine driven instruments. The difficulties of accessing small, curved and sometimes tortuous canals can be alleviated by the use of a handpiece mounted instrument. The introduction of nickel titanium instruments to this field has revolutionised the process, and there are now many 'systems' of such instruments commercially available. Today is an introduction to key principles and rationale for endodontic patients for DFTs and a look at pure rotational and a reciprocating system for canal preparation.



### **Objectives**

- To discuss the challenges of endodontics in practice and how to overcome these
- To develop your hand filing skills
- To explore patient safety issues in dentistry

### Learning outcomes

- An improved understanding of endodontic principles
- A better understanding of how to assess tooth prognosis and suitability for rct
- Improved endodontic technique

### Things to bring

Extracted teeth set up in plaster or crown putty. At least one single rooted, one premolar and two molar teeth

An example of one or more of your rct cases with radiographs

# Thur 7th or Fri 8th November

Thursday—Kings House, Ampthill Road, Bedford



# **Day Session**

CPD = 6 Hrs

### 09.30 Communication skills

# On these two days, you will be working with FDs from the Bedford and Peterborough schemes

- You will have the chance to meet and interact with members of the other Schemes in a small group setting.
- Be prepared for an active and interactive day

### **Cascade Theatre Company**

Communication is one of our most important tools in general dental practice. We need to know what our patients want, feel, believe, wish for and fear. We need to be able to tell them about our plans, our hopes, our skills and our procedures. Good communication skills can change practising life beyond recognition. Today through the use of drama, Cascade will help us to improve these skills.

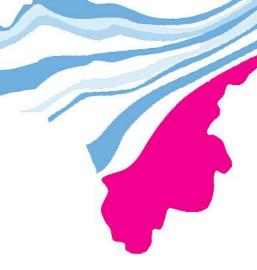
### **Objectives**

- To raise awareness of the importance of communication skills
- To look at clinician patient interactions
- To identify successful strategies to improve communication

### **Learning Outcomes**

- Greater self awareness
- Improved strategies for communicating with vulnerable or difficult groups
- Improved conflict resolution
- Improved patient communication

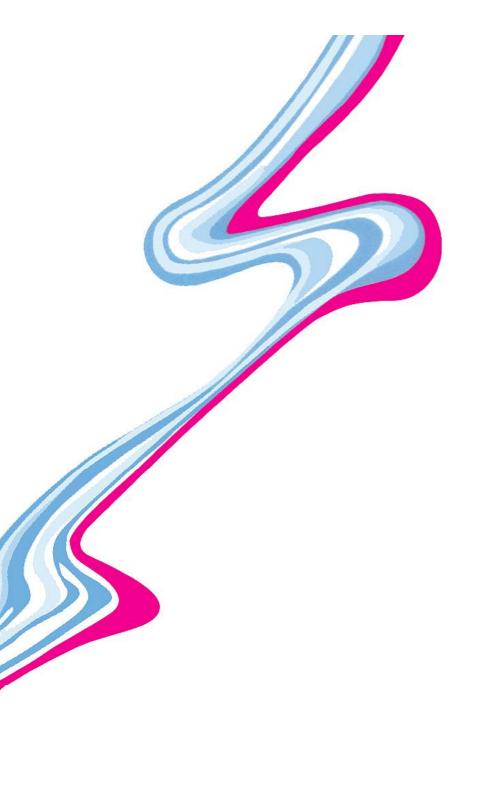






# Thur 7 or Fri 8th November

### Friday— Learning Centre, Peterborough



Half the scheme will attend on Thursday and half on Friday.
Check you know which day you are attending and manage your appointments in practice accordingly.
The Thursday group will travel to:
King's House Conference Centre
245 Ampthill Road

Bedford MK42 9AZ

There is ample free parking on site



The Friday group will travel to Learning Centre Peterborough City Hospital, Edith Cavell Campus, Bretton Gate, Peterborough. PE3 9GZ



# Friday 6th December

**Learning Centre, Peterborough City Hospital** 



## **Morning Session**

CPD = 3 Hrs

### **Oral Surgery** 09.30



# Wg Cdr Andy Gibbons Consultant Oral and Maxillofacial Surgeon

Today you will be thinking about minor oral surgéry procedures you can carry out in practice.

What makes extractions difficult? How can you identify potential problems and plan to meet unexpected outcomes?

What instruments do you use and why?

How do you do a surgical extraction? When should you attempt this and when should you refer?

You will be working on pig's heads to simulate surgical extractions.



### **Objectives**

- To practice raising flaps and surgical removal of teeth
- practice different types of suturing To technique
- To identify factors affecting treatment planning decisions
- To understand the importance of record keeping and consent for treatment planning

### **Learning outcomes**

- Improved assessment of simple and complex exodontia procedures
- Strategies to deal with common complications during exodontia
- Increased confidence in surgical extractions

Venue The Learning Centre Peterborough City Hospital **PE39GZ** 

Things to bring Sutures, needle holders, suture scissors.

Surgical burs you use in practice.



# Friday 6th December

### **Learning Centre, Peterborough City Hospital**

### **Afternoon Session**

CPD = 3 Hrs

### Management of facial pain and TMJ disorders 14.00

Wg Cdr Andy Gibbons
Consultant Oral and Maxillofacial Surgeon

Many of the patients we see who complain of facial pain will have a dental origin for their complaint. However, we will encounter patients with TMJD, facial pain of non dental origin or atypical facial pain.

What is differential diagnosis? How can you manage tehse patients as effectively as possible. What is the role of the gDP and when should you refer?

What causes snoring? Does it matter? Why do some people get so upset about it? What can you do to help?



### **Objectives**

- To discuss the aetiology and management of TMJD and facial pain
- To understand the role of splint therapy
- To discuss the management of snoring
- To gain insight into a dental career in a military setting

### **Learning outcomes**

- Improved diagnostic skills for TMJD and facial pain
- Understanding the role of the GDP in management of TMJD, facial pain and snoring
- To know how and when to refer patients
- Knowledge of career opportunities within the military

Foundation skills submission

# **PML** Evidence

### **Sessional Content for e-Portfolio**



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	troduction to DFT	Fun with epdp	NHS regualtions	Back to basics	Relationships	Project work	Periodontology	GDC	Ethics in Essex
Duefaccionalism			U)	v,	U)	_		(,	*
Professionalism Appraisal		<b>√</b>		<b>√</b>			<b>✓</b> .	/	
Clinical audit and peer review	<b>√</b>	•		<u>,</u>		_	<u>,                                     </u>	· -/	
Confidentiality	· /	<b>√</b>				· •	· ·	· •	<u></u>
Ethical behaviour	· /	· •	<b>√</b>	<b>√</b>	1	· /	·	· ·	<u></u>
Critical evaluation	· /	·		·	•	·	· ·	· ·	<u></u>
Decision making	1	1		1	1	<b>√</b>	<b>√</b> .	<b>✓</b> ,	<u></u>
GDC Scope of Practice	1		✓				<b>√</b>	✓ ·	<u> </u>
Whistleblowing	✓		✓				✓ .	<b>✓</b> ,	<u> </u>
Management of difficult patients					✓		✓ .	<b>√</b>	
Patient safety	✓		✓	✓			✓ .	<b>✓</b> ,	<u> </u>
Self-awareness	✓	<b>√</b>	✓	1		✓	✓ .	<b>✓</b>	
Professionalism and Management									
Basic Life Support training									
Consent			✓		✓		✓ .	<b>√</b> ,	<b>✓</b>
Equality & Diversity	✓							✓	
GDC Standards	✓	✓	✓		✓		✓ .	✓	
NHS complaints procedure			✓		✓			<b>√</b> ,	<b>✓</b>
Referring patients			✓	✓				<b>√</b> ,	<b>✓</b>
Management									
COSHH regulations									
Dental equipment selection, care and maintenance				✓			✓		
Data Protection						✓	✓	1	<b>√</b>
Employment contracts/associate agreements for dentists							✓		
Employment Law basics							✓		
Finance			✓				✓ ·	✓	
Health & Safety requirements in dentistry				✓			✓		
Infection control procedures				✓			✓		
NHS prescribing			✓				✓		
NHS Rules & Regulations in Dentistry			✓	✓			<b>√</b>	<b>✓</b> 1	✓
Prescribing, directing, taking, processing and interpreting radiographs				✓			<b>√</b>	✓	
Range and scope of NHS dental care			✓	✓			<b>√</b>	<b>/</b>	<u>/</u>
Record keeping	✓	✓	✓	✓	✓		<b>√</b>	<b>✓</b> 1	<b>/</b>
Use of emergency drugs							<b>√</b>		
Information Governance	✓		✓			✓	<b>√</b>	1	_
Safeguarding Children and Adults							✓		
Leadership									
Facilitating learning in others	✓		<b>*</b>	<b>/</b>		,	<b>√</b>	,	
Quality management and improvement			<b>V</b>	<b>√</b>	,	✓	<b>V</b>	<b>√</b>	
Role model	<b>√</b>		<b>V</b>	<b>V</b>	<b>V</b>	,	<b>v</b>	<b>v</b>	
Teamwork	✓		▼	✓	✓	▼	✓ .	<b>Y</b>	



# **PML Evidence**

### **Sessional Content for e-Portfolio**

1	1				
	•				
	✓		✓		
	✓		✓		
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✓		✓		✓	

# Calendar 2019 - 2020



### 2019

Friday 6th September First Day of Autumn Term

Friday 18th October

Early Stage Review (ESR)

Thursday 06th December Last Day of Autumn Term

ESs present at Lister from 1.30pm.

Study Day at Lister Education Centre.

# 2020-Provisional dates – subject to confirmation

January Practice Mid Year Visits - dates and time to

be arranged.

Monday 25th Feb?

**IRCP**