

ST1 POST ST1 Southend Hospital and the Royal London Hospital

Recruitment 2026

NHS ENGLAND WT&E - East of England

1.	Region (Deanery) Name	NHS England WT&E- East of England
2.	Title of post Duration of post	• Specialty Registrar in Orthodontics – • National Post Number (NPN) • ST1—5 (run through) • Full time (40h/wk) • Following successful completion of training at ST3 level, the post holder will be awarded a Certificate of Completion of Specialist Training (CCST) and will be eligible for inclusion in the GDC specialist list in orthodontics • The post holder will continue directly to post-CCST training at ST4-5 level within the region, unless they choose to exit training following award of CCST
3.	Main training unit/location	• ST1-3 training: Clinical sessions will take place at: ST1 Southend University Hospital and the Royal London Hospital. Main Training unit: <u>Southend University Hospital</u> • For Run-through posts ST4-5 training (Post CCST) : location of training units to be confirmed during ST3 year
4.	Rotational Post information and Duration (other sites)	ST1-3 training: • 7 clinical sessions per week at 7 clinical sessions per week at Southend University Hospital General Hospital and Guy's and The Ryal London Hospital. To include a mix of personal treatment sessions, new patient diagnostic clinics and attendance at MDTs • 3 non-clinical sessions: -1 session: formal teaching/personal study/CPD -2 sessions: Admin and research and/or evidence-based practice (Route 2-3) Post-CCST (ST4-5) 8 clinical sessions 2 non-clinical sessions Note: Post-CCST (ST4-5 run through training): • Details to be confirmed during ST3 year, subject to service needs and to ensure the post holder is provided with the best training opportunities • Please note, post-CCST training may take place in different units to ST1-3 training

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5.	Full address of all unit/s where training is based	Unit 1: <u>Southend University Hospital</u> (Main Base) Prittlewell Chase, Westcliff-on-Sea, Southend-on-Sea, Westcliff-on-Sea, SS0 0RY Unit 2: The Royal London Dental Hospital Turner St, Whitechapel, London E1 1FR
6.	Travel Commitment	- Travel will be required to attend teaching sessions where these occur in other units/regions (as specified in section 13 below) - During training, the post holder will be required to travel between clinical base units as per timetable.
7.	Name of Training Programme Directors (TPD)	Mr Huw Jeremiah
8.	TPD Contact details	huw.jeremiah1@nhs.net
9.	Description of training post including Educational Supervisor if known	<u>Southend University Hospital. Part of Mid and South Essex NHS Trust</u> The hospital is part of the Mid and South Essex Hospitals Trust which operates across 3 large busy district hospitals in the area. In the first year the ST1 works at Southend Hospital on Mondays doing treatment clinics under the supervision of two of the consultants. The remainder of the week is worked at the Royal London Hospital with a mixture of clinics and formal teaching in small groups and lectures. In the second and third years (ST2 and ST3) alternate weeks are spent at Southend Hospital and the Royal London Hospital. At Southend Hospital the timetable is a mix of treatment clinics, new patient clinics, review clinics and joint clinics. The Orthodontic Department at Southend Hospital is situated in a combined department with Oral & Maxillofacial Surgery. The clinical facilities include seven dental chairs. Three of these are in a polyclinic exclusively used by orthodontics. There is a well-equipped orthodontic laboratory with specialist orthodontic technicians. Orthodontic records are stored in our own reception and the combined departments have our own receptionists and secretaries. We have digital photography and radiography. The hospital is fully PACS networked with PCs available at each chair-side and office desk. The

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Orthodontic clinicians share an office, and registrars have their own desk space and computers with OPAL® and Dolphin Imaging® cephalometric digitizing and orthognathic planning software. A wide selection of orthodontic textbooks and journals are available in the department.

The Orthodontic staff work closely with the Consultant Oral & Maxillofacial surgeon and the Consultant Oral Surgeon and their middle and junior grade dentists who are part of the Essex OMFS network of 5 OMFS consultants and 1 Oral Surgery consultant. Regular orthognathic combined clinics are held with one of the OMFS consultants. Regular hypodontia combined clinics are held with a visiting Professor in Restorative Dentistry from the Royal London Hospital. Registrars are involved in these as well as being able to attend the regional Cleft multi-disciplinary clinics for which Southend Hospital orthodontic department is a spoke unit.

Orthodontic Consultants:

Spencer Nute

Amerjit Singh

Purnima Chhabra

Sarabjit Nandhra

Royal London Dental Hospital. Part of Bart's Health NHS Trust

With a turnover of £1.25 billion and a workforce of 15,000, Barts Health is the largest NHS trust in the country, and one of Britain's leading healthcare providers serving a population of 2.5 million in East London and beyond. The trust, established on 1 April 2012, consists of six local hospital sites: Mile End Hospital, The London Chest Hospital, The Royal London Hospital, Newham University Hospital, St Bartholomew's Hospital and Whipps Cross University Hospital. Barts Health is also proud to be part of UCL Partners, Europe's largest and strongest academic health science partnership. The objective of UCL Partners is to translate cutting edge research and innovation into measurable health gain for patients and populations through partnership across settings and sectors, and through excellence in education.

The Royal London is a leading, internationally renowned teaching hospital based in east London offering a full range of local and specialist services, which includes one of the largest children's hospitals in the UK with one of London's busiest paediatric Accident and Emergency departments. Home to London's air ambulance, The Royal London is also one of the capital's leading trauma and emergency care centres and hyper-acute stroke centres. The Royal London provides district general hospital services for the City and Tower Hamlets and specialist tertiary care services for patients from across London and elsewhere.

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		It is also the base for the HEMS helicopter ambulance service, operating out of a specially built roof area. There are 675 beds, 110 wards and 26 operating theatres at The Royal London Hospital. The new building opened in February 2012 and is the largest stand-alone acute hospital building in Europe. <u>The Department of Orthodontics</u> The Department is grouped with the Department of Paediatric Dentistry with clinical facilities on the 1st Floor of Dental Hospital opened in April 2014. The Orthodontic Department provides specialist training. The clinics are equipped with up-to-date clinical facilities and are fully computerised arranged as a modern polyclinic. A dedicated room has been allocated for trainees with desk space and computers that can be used for digitization or radiographs and tracing of radiographs. There is also a laser scanning room that is part of the Oral Biometrics laboratory and clinical scientist support. Orthodontic Consultants: Ama Johal Pratik Sharma Shirley Cox Tasnim Hassan Christine Casey Rakhee Talati Ahmed Din	
10.	Suitable for Temporary Registrant?	YES	NO
11.	Primary Care element Performer Number required?	YES	NO
12.	Pattern of working (including any on-call commitment if applicable)	• 40 Hours / week Full time Trainee • Please refer to draft timetable in section 17 for further details • This post has no on-call commitment	
13.	Educational programme Summary	• ST1-3 London/KSS Teaching Programme • ST4-5 National Teaching Programme • Study-leave entitlement of 30 days study leave per annum includes the formal teaching programme.	

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	Optional (complete if applicable):	
	Research component of curriculum	The orthodontic specialty training curriculum for ST1-3 includes a research element: Route 1: Taught Clinical Masters, MRes, Doctorate or equivalent university higher degree in Orthodontics that involves an original research project undertaken during the specialty training programme: This option is not currently available in London/KSS. Route 2: An authored contribution normally, but not exclusively, within the speciality of orthodontics incorporating several of the above components and undertaken during the specialty training programme, based on original research, systematic review or a quality-improvement project and accepted for publication in a PubMed-listed journal; or delivered as an oral presentation by the trainee to a national or international conference. Route 3: Successful completion and approval of an NHS research ethics application undertaken during the specialty training programme with the trainee demonstrating direct involvement in the subsequent research project. Progress will be assessed through the regional RCP process. The method by which the selected Route would be satisfied will be agreed at the trainee's initial 6-month RCP. Training progression would be dependent on successful demonstration of the above competences. Quality management would be by individual SEBs and quality assurance by the GDC.
	Employment Details	
14.	Employer	Lead Employer Trust: Mid and South Essex NHS Foundation Trust
15.	Contact email for applicant queries referring to post	Training Programme Director: huw.jeremiah1@nhs.net
16.	Link to relevant webpages	Link to Trust/employers website / regional website https://dental.hee.nhs.uk/dental-trainee-recruitment/dental-specialty-training

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17.

Indicative timetable/
working pattern (may be
subject to change)

During ST1–3, the trainee
will rotate between the two
units.

ST4-5 timetable- TBC at
completion of ST3:
8 clinical sessions
2 non-clinical sessions

Draft timetable: will fulfil the SAC requirements.

Indicative timetable (details are subject to change)

Year 1

	Mon	Tue	Wed	Thu	Fri
AM	Treatment clinic Southend	Treatment clinic Southend	New patient clinic Royal London Hospital	Treatment clinic Royal London Hospital	Regional lecture programme
PM	Treatment clinic Southend	Review clinic/ study session alternating	Treatment clinic Royal London Hospital	Study session	Treatment clinic Royal London Hospital

Years 2+3 alternates in these 2 years between a week at Royal London Hospital and a week at Southend Hospital. In addition to the below, ST’s participate in cleft, hypodontia and orthognathic multidisciplinary clinics

	Mon	Tue	Wed	Thu	Fri
AM	Treatment Clinic Southend OR Treatment Clinic RLH	Treatment Clinic Southend OR Treatment Clinic RLH	Study/research	Treatment clinic Southend OR	New Patient Clinic Southend OR Academic teaching session RLH
PM	New Patient Clinic Southend OR Treatment Clinic RLH	Treatment clinic Southend OR Treatment Clinic RLH	Study/research	Review clinic Southend OR	Treatment Clinic Southend OR Treatment clinic RLH

Please note: this timetable is indicative only and may change subject to service needs and changes to the curriculum.

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