

# A Career in Special Care Dentistry in the Midlands & East



Developing people  
for health and  
healthcare



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# What is Special Care Dentistry?

- Special Care Dentistry focuses on the prevention and management of oral disease for the people in society who are unable to receive their dental care routinely as a consequence of a physical, sensory, intellectual, mental, medical, emotional or social impairment or, more often, a combination of these.
- British Society of Disability and Oral Health definition
- [BSDH.org](http://BSDH.org)

# What is Special Care Dentistry?

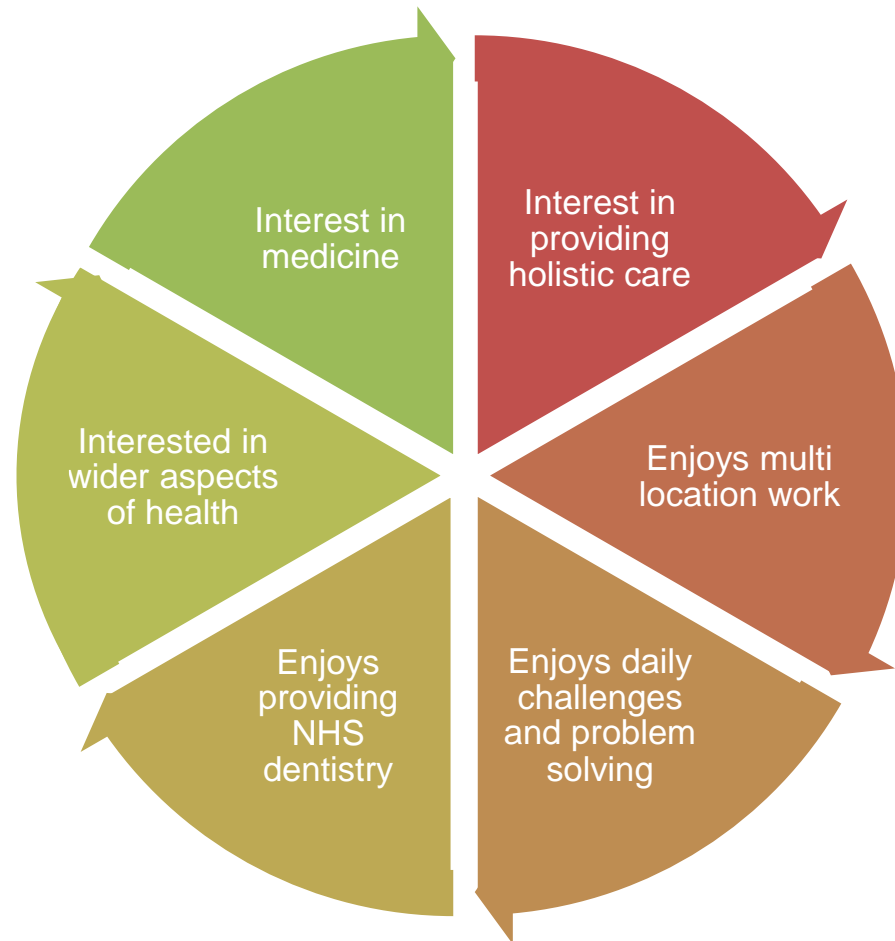
- The field of dentistry which specialises in the management of dental care for adults with severe disability, medical or mental health conditions.
- SCD clinicians work in Community services, hospital services, mental health units, rehab centres, homeless drop in clinics and visit patients own homes to provide care.
- They are trained to provide care with local anaesthetic, sedation and treatment under general anaesthesia.

## Why choose this specialty?

- Training in sedation techniques
- Management of medically complex patients, those with severe mental health issues and patients with a spectrum of disabilities
- Multi-location working in primary, secondary and tertiary care
- Work as part of a large team in multiple specialties in dentistry and medicine
- Provide holistic care to the most vulnerable in society
- Provide restorative care, oral surgery and prosthetic care with LA, IV and GA facilitation
- Become part of a community of people who are passionate about raising standards for vulnerable adults
- Opportunities in academia and NHS consultancy training pathways

## Why choose this specialty?

This specialty may be for you if you have an interest in:



## Future challenges

- You will work within NHS services
- NHS services and commissioning of these services is forever changing
- StR pathway is becoming more competitive
- There should be a rise in Consultant and Specialist jobs around the country in the near future, however funding is required for these posts
- You have to expect to balance clinical and management tasks to work as a specialist within a SCD service

## Typical Day

### **A day in the life of a SCD specialist/trainee**

**Monday all day** - Provide dental care at forensic inpatient mental health facility

**Tuesday am** - Provide Domiciliary home visits

**Tuesday pm** – Provide care for Haemophilia patients at secondary care Trust

**Wednesday am** - Provide general anaesthesia service for patients with challenging behaviours within hospital setting

**Wednesday pm** – routine care for patients at your clinic for SCD patients

**Thursday all day** - provide intravenous and intranasal sedation in primary care for patients with special needs

**Friday am** - routine care for patients at your clinic for SCD patients

**Friday pm** – provide lectures for undergraduate students or the dental team in SCD



## Personal Qualities for this career

- Excellent communication skills – **top priority**
- A dedication to the specialty –
- The ability to adapt and be pragmatic -
- Good interpersonal skills –
- Leadership –
- Resilience –
- Practical skills –
- Life long learner –
- In line with all specialities, trainees need to be reliable, self-motivated, punctual, flexible and good team players

# Training Pathway

- National recruitment process – held once a year
- Successful in recruitment to StR or Academic (ACF) post
- Three year training programmes
- Undertake Diploma or Masters in SCD through training
- **Final exit exam**
  - Tri-Collegiate Membership in Special Care Dentistry, RCS Glasgow
  - Completion of training at final ARCP and 36 months in training
- **Post exit exam**
  - Band B Senior Dental Officer roles
  - Band C Specialist in SCD roles
  - Consultant in SCD
  - Or academic pursuits

## Training pathway

- SPECIALTY TRAINING CURRICULUM SPECIAL CARE DENTISTRY
- [https://www.iscp.ac.uk/curriculum/surgical/specialty\\_year\\_syllabus.aspx?enc=rBEE4gNLv7HXTbljldJRs7tY1KI/nnat0wFEohYiMiE=](https://www.iscp.ac.uk/curriculum/surgical/specialty_year_syllabus.aspx?enc=rBEE4gNLv7HXTbljldJRs7tY1KI/nnat0wFEohYiMiE=)

# Requirements During Training

- Work place based assessments (supervised learning events)
- E Portfolio
- Life support courses; PLS, APLS
- Audit
- Presentations
- Publications
- Safeguarding courses
- Teaching
- Managerial experience
- Annual review of competence progression (ARCP)

# Recruitment

- National recruitment
- For more info: <https://www.copdend.org/postgraduate-training/national-recruitment-for-specialty/>

PERSON SPECIFICATION 2018



SPECIAL CARE DENTISTRY ST1

ENTRY CRITERIA

ESSENTIAL CRITERIA	WHEN EVALUATED <sup>1</sup>
<p style="text-align: center;"><b>Qualifications</b></p> <p>Applicants must have:</p> <ul style="list-style-type: none"> <li>• BDS or equivalent dental qualification recognised by the General Dental Council</li> </ul>	Application form
<p style="text-align: center;"><b>Eligibility</b></p> <p>Applicants must:</p> <ul style="list-style-type: none"> <li>• Be eligible for registration with the GDC by the time of appointment<sup>#</sup></li> <li>• Be eligible to work in the UK</li> <li>• Has evidence of achievement of Foundation competences from a UK Dental Foundation training programme or equivalent</li> <li>• Demonstrates the competencies required at the end of UK Dental Core training year 1 at the time of interview and year 2 at the time of post commencement (or equivalent)</li> <li>• Have the ability to travel to sites as required in order to fulfil the requirements of the whole training programme.</li> </ul>	Application form Interview/selection centre
<p style="text-align: center;"><b>Fitness to practise</b></p> <ul style="list-style-type: none"> <li>• Is up to date and fit to practise safely and is aware of own training needs.</li> <li>• Satisfactory enhanced Disclosure and Barring Service (DBS) check in England a&amp; Wales / Disclosure Scotland (PVG) in Scotland / Access NI in Northern Ireland or equivalent</li> </ul>	Application form References

# Recruitment

- Advert appears on COPDEND website each January
- All shortlisted applicants are invited to interview
- Successful candidates commence the training programme in September

## Example of 2018 time frame

**NATIONAL RECRUITMENT FOR DENTAL SPECIALTIES**  
**Specialty Training Round 1 (September 2018 start) England, Northern Ireland, Scotland and Wales**

Advert appears	Tuesday 16 January 2018
Applications open	Tuesday 23 January 2018
Advert and applications close	Tuesday 13 February 2018
Interview window	Monday 26 March – Friday 18 May 2018
Initial offers released by	Thursday 7 June 2018
Hold deadline	Thursday 14 June 2018
Upgrade deadline	Thursday 21 June 2018
Paperwork deadline	No later than Friday 29 June 2018

## Why train in the M&E?

- Largest regions in the country
- Diverse area resulting in wide range of pathology.
- Mix of smaller DGHs, large teaching hospitals and tertiary units ensures broad training and excellent opportunities.



## **Demonstrating commitment to Specialty**

- Clinical experience within SCD – dental officer or DCT job
- Member of specialist groups - British Society of Disability and Oral Health, British Society of Gerodontology
- Undertaken voluntary experience with SCD dept
- Commence a post graduate qualification in SCD
- CPD activities/courses in the field of SCD



## Where to go for more information...

- [NHS health careers](#)
- <https://www.copdend.org/postgraduate-training/national-recruitment-for-specialty/>
- [www.bsdh.org](http://www.bsdh.org)
- [www.gerodontology.com](http://www.gerodontology.com)
- <https://www.theddu.com/guidance-and-advice/journals/april-2013/working-in-special-care-dentistry>
- <https://www.gdc-uk.org/professionals/specialist-lists>
- <https://www.england.nhs.uk/commissioning/primary-care/dental/dental-specialities/>