

# Professional Support Unit

Development Day

21<sup>st</sup> September 2016



Developing people  
for health and  
healthcare

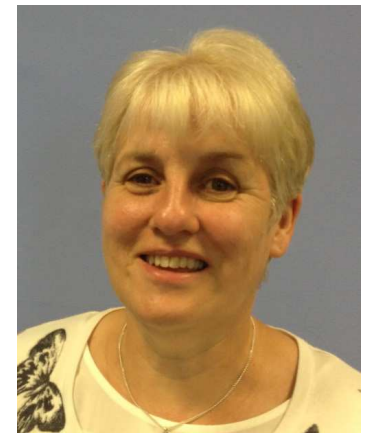
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# Speaker Biographies



## Dr Alys Burns

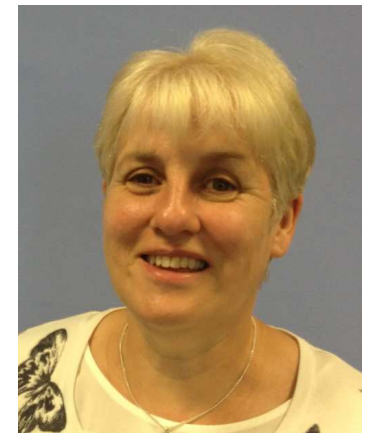
- Deputy Postgraduate Dean and
  - Head of Education and Quality (Secondary Care)
  - Health Education East of England.
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- Alys has worked in frontline clinical medicine as a Consultant in Anaesthesia and Intensive Care at West Suffolk Hospital for 15 years, until 2010.



Her interest in Medical Education has progressively developed and strengthened during her career. As a consultant she has been a clinical and educational supervisor, and College Tutor.

Between 2004 and 2010 she was Associate Dean and Foundation School Director with a lead role in implementing the Foundation Programme in the East of England. She continues to have a national role at UKFPO.

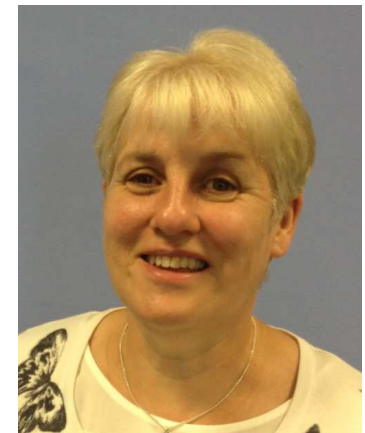
Alys was awarded her Masters degree in Medical Education in 2011.



Her current roles include; the lead for medical Foundation and Specialty programmes management, including recruitment and assessment. She is also closely involved with the quality agenda for HEEoE, as well as faculty development.

She is lead for Professional Support and continues to develop a range of support measures for medical trainees. This can involve complex case work with links to the GMC and legal advisors.

Nationally, Alys is a member of COPMeD, and is a Co-Editor of the Gold Guide.



## Mrs Kate Read

In her current role, Kate Read works for HEE, East of England as Deputy Dean for Education and Performance.

She has over 14 years of experience working within Postgraduate Medical Education and Training, and has been involved in delivering a number of organisational change programmes, service transformation and key strategic developments in relation to the infrastructure of medical education and training.



Kate's background is in HR, she is a Fellow of the Chartered Institute of Personnel and Development, and recently gained a Master's Degree in Coaching and Mentoring. Kate has worked alongside colleagues in General Practice and Trusts to improve individual and team performance in order to enhance patient care. Kate is a member of the British Psychological Society and is trained in undertaking psychometric testing and analysis to include the following areas; personality, emotional intelligence and resilience. Kate has worked providing support to doctors with performance concerns for over 10 years and has a wealth of experience in facilitating the development of professional behaviours and competences.



## Dr Vijay Nayar

- Vijay is a GP Trainer and the Head of GP School working for Health Education East of England. Vijay continues to work as a GP in Bedford. He has special interest in helping doctors in difficulty and cultural competence.
- Vijay works with the Professional Support Unit as well as providing careers advice.





Having recently taken over from Kate Wishart as Head of School, Vijay's role includes leading the delivery of a wide range of functions from recruitment, assessment, quality assurance and faculty development.

He is supported by a fantastic team of Associate Deans and our wider Educator network and admin staff.



Vijay's focus is to support our Educators to help learners improve their outcomes and enhance their experience in the East of England.

He is also keen to develop multi-professional links and establish our School of Primary Care as well as developing more innovative ways to deliver training.



## Dr Clare Morris

- Clare is an experienced medical and healthcare educator with a longstanding professional interest in the ways in which professional identity and practice are developed.



Her publications focus on the ways in which learning is supported in clinical **workplaces**, including chapters on Workplace Learning in the ASME **Understanding Medical Education** text (editor Tim Swanwick) and the **Oxford Textbook of Medical Education** (editor Kieran Walsh).



Her research explores the impact of NHS reform on medical apprenticeship and the implications for faculty development.

Clare has had substantive posts at Imperial College London and more recently at the University of Bedfordshire where she developed the MA in Medical Education and linked PgCert awards for medical and dental educators.



Clare has recently been appointed as Reader in Medical Education, Research and Development at Barts and the London School of Medicine and Dentistry, Queen Mary University London. She continues as Senior Tutor on the PgCert in Medical Education at Cambridge.



# Shirley Remington

- Graduate of St. Andrews and Manchester Universities, Shirley has a clinical career in Intensive Care and Anaesthesia and practicing in Stockport in Greater Manchester.
- Associate Dean in HENW since 2011 and lead on LTFTT, Careers and Doctors in difficulty above foundation.



During her career, Shirley has always had non clinical roles as well as the clinical. These include;

Chair of Division, Chair of Trust clinical audit committee, Medical Director, Staff Governor of a Foundation Trust, LNC member at the time of introduction of the last Consultant Contract, Director of Medical Education (Under and Postgraduate) and many other roles.

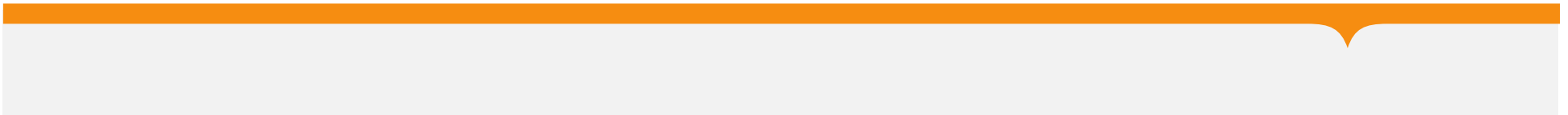




## Claire Illingworth

- Claire is a Clinical Psychologist working in Paediatrics at Addenbrooke's Hospital. She has worked in the NHS since 1999 across a number of Services in the region including Old Age Mental Health and the East of England Cleft Lip and Palate Team.
- She is now the Lead for General Paediatrics where she sees children and their families with a range of medical conditions.

Her role involves working with trauma, adjustment disorders, depression, anxiety and medically unexplained symptoms largely within Cognitive Behavioural, Systemic and Narrative frameworks.



As part of her role, she offers consultations to other professionals, agencies and services as well as teaching, training and supervision. She is also involved in a number of service related research projects including the development of the Paediatric Psychology Service into Cardiology at Addenbrooke's and a Commissioning for Quality and Innovation (CQUINs) project looking at the mental health of different paediatric populations.



# Catriona MacDougall

- Catriona is an ST5 in Paediatrics.
- After qualifying from the University of Cambridge, she completed the Foundation Programme in the East of England and is now a run-through trainee in Paediatrics in the region.
- She is currently working at the Queen Elizabeth Hospital, King's Lynn. Her work on trainee support was recently presented at the RCPCH Annual Conference.

## Helen Bolton

- Helen graduated from St George's Hospital Medical School, London.
  - She embarked upon a career in Obstetrics and Gynaecology.
- After gaining her MRCOG, she undertook her PhD at the University of Cambridge. She is currently undertaking sub-specialty training in Gynaecological Oncology at Addenbrooke's Hospital.

