

East of England



School of Obstetrics and Gynaecology

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Dear ST4 Trainee

SITM application 2023/24 for:

- all trainees commencing ST5 after August 2025
- ST5 (started from August 2024) trainees who did not apply last year
- Locally Employed Doctors who have applied or are within 24 months for CESR application with GMC*

All trainees must undertake two Special Interest Training Modules (SITMs) at ST5, ST6 and ST7 to develop the high-level skills needed to achieve CCT in Obstetrics and Gynaecology. We ask that you complete the attached application form stating your preferred SITMs. Reference from a consultant at your current workplace (usually your educational supervisor) is required using the standard reference form attached. This is to determine if they believe you have the necessary aptitude for your preferred SITMs. You will also need to send a 2-page CV.

We plan to interview via Microsoft Teams applicants for:

- Prenatal diagnosis
- Management of complex non-malignant disease
- Management of subfertility
- Oncology
- Robotic assisted gynaecological surgery
- Urogynaecology and vaginal surgery
- Other SITMs, if heavily subscribed

The SITMs will then be allocated on a competitive basis considering the information you submitted and your performance at the interview. If a SITM is oversubscribed i.e. more applicants than spaces for training in the region then not all trainees will be able to undertake their preferred SITM and some will be allocated a unit that can provide their 3rd SITM choice. This competitive process of interviewing all ST4s about their preferred SITMs is replicated across other Schools nationally.

Please see link below for comprehensive RCOG info regarding SITMs:

Special Interest Training Modules (SITMs) | 2024 | RCOG

Each Trust within the Deanery can offer training in part of the components of several SITMs. You will be allocated to rotations between hospitals to complete your SITM training. For your guidance we have attached a table with hospitals that could offer **all the components** of each SITM and a list with the SITM preceptors.

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Please note:

If you temporarily leave the program during ST5-7 (e.g. OOPE, maternity leave, or due to prolonged illness), we will attempt to allocate you at the same unit, but this may not be possible.

You can undertake your first SITM from ST5 onwards. Your second SITM can only be started as ST6, once you have achieved MRCOG.

The RCOG intermediate ultrasound requirements for certain SITMs can be done alongside a SITM, apart from Prenatal Diagnosis, where intermediate fetal scanning must be completed before starting the SITM.

For SITM which require technical skills (e.g. fetal scanning, laparoscopic surgery), you would be advised to obtain feedback from a supervisor as part of your references in order to support your application and demonstrate that you have the necessary aptitude to progress in this field.

Please email the following to Elena Teodor emt62@medschl.cam.ac.uk by midnight on Wednesday 23rd October 2024.

- 1.) Attached application form
- 2.) A short version of your CV with 2 referees (2 sides A4)
- 3.) A reference to support your application (using the reference form attached to the email)
- 4.) * Locally Employed Doctors: Evidence of application for CESR and ATSM previously completed

Incomplete applications will not be accepted, and you will be excluded from the competitive process with immediate effect.

SITM interview details:

Date: TBC

Time: a time will be allocated to you

Format of interview: A presentation no longer than 5 minutes followed by a 15-minute interview Your presentation should cover the following:

- ✓ Your eligibility for your preferred SITMs
- ✓ Evidence of your commitment to the SITMs including QI/audit
- ✓ Research and teaching
- ✓ Leadership and teamwork

We hope this process will improve trainees experience with their SITM training, provide a longer-term plan for allocations to better manage training and family life.

The school board wish you every success for your advanced training.

With kind regards,

Erika Manzo, Daisy Nirmal, Ilias Giarenis

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