

East of England School of Anaesthesia and ICM Stage 3 Clinical SIA Guide 2025

Introduction:

During stage 3 of the Anaesthetics Curriculum, 12 months (whole time equivalent) of training must be undertaken in one or more areas of special interest. This allows the anaesthetist in training to develop knowledge and skills to enable them to gain the capabilities required to be an independent practitioner. It also prepares them for specialised areas of anaesthetic practice that they may want to pursue as a consultant or in preparation for additional training opportunities that might be undertaken in a more specialised area of anaesthetics practice after gaining CCT.

Special Interest Area (SIA) training is not separate from that of stage 3. In fact, the capabilities acquired during this training inform the capabilities of stage 3. This is particularly relevant for the generic professional domains of learning. Stage 3 domains and the special interest areas together lead to achievement of independent practice.

The SIAs are undertaken over a period of one year during stage 3 of training. The time taken in each SIA depends on the type of SIA. The year may be a single SIA or combination of SIAs such as:

- ▶ 1 year of single SIA from group 1 or 2 x 6-month SIA from group 1
- ▶ 1 SIA from group 1 plus 1 or 2 from group 2
- ▶ up to 3 from group 2
- ▶ Additional Intensive Care plus 1 from group 1 or 1 or 2 from group 2.

Those in the Dual Anaesthetics and ICM programme will use the SIA year for completing stage 3 ICM training.

Anaesthetists in training undertaking Pre-Hospital Emergency Medicine (PHEM) training will do the Transfer Medicine and Trauma and Stabilisation SIAs plus the stage 3 Resuscitation and Transfer HALO in their PHEM year.

SIA Groups

Group 1: 6 months to 1 year

- ▶ Anaesthesia for Cardiac Surgery (12 months in the East of England)
- ▶ Anaesthesia for Neurosurgery (12 months in the East of England)
- ▶ Obstetric Anaesthesia (6 months in the East of England)
- ▶ Paediatric Anaesthesia (12 months at GOSH)
- ▶ Pain Medicine (12 months in the East of England)

Group 2: 3 to 6 months

- ▶ Acute Inpatient Pain
- ▶ Anaesthesia for Bariatric Surgery
- ▶ Anaesthesia for Complex Orthopaedic Surgery
- ▶ Anaesthesia for Hepato-Pancreato-Biliary Surgery
- ▶ Anaesthesia for Major General Surgery
- ▶ Anaesthesia for Ophthalmic Surgery
- ▶ Anaesthesia for Patients with Complex Airway
- ▶ Anaesthesia for Plastic Surgery and Burns Management
- ▶ Anaesthesia in Resource Poor Environments
- ▶ Anaesthesia for Thoracic Surgery
- ▶ Anaesthesia for Vascular Surgery
- ▶ Military Anaesthesia
- ▶ Perioperative Medicine
- ▶ Regional Anaesthesia
- ▶ Transfer Medicine
- ▶ Trauma and Stabilisation

Additional Intensive Care: 6 months

Paediatric Anaesthesia for the DGH paediatric anaesthetist: 6 months

Anaesthetists in training who are looking to have paediatric lists as a significant part of their job plan as a consultant in a non-tertiary centre should consider doing the SIA in Paediatric Anaesthesia, gaining training and experience in the capabilities that relate to: For those intending to practice and potentially lead paediatric anaesthesia in a non-tertiary setting.

Anaesthetists in training undertaking Pre-Hospital Emergency Medicine (PHEM) training will do the Transfer Medicine and Trauma and Stabilisation SIAs plus the stage 3 Resuscitation and Transfer HALO in their PHEM year.

Non-clinical SIAs

Up to 6 months of SIA time can be used to complete SIAs that relate to non-clinical domains of learning in any one of the following:

- ▶ Management and Professional and Regulatory Requirements
- ▶ Safety and Quality Improvement
- ▶ Education and Training
- ▶ Research and Managing Data (academic appointment)

Stage 3 SIA Recognised Trusts, East of England:

Group 1:

- ▶ **Anaesthesia for Cardiac Surgery** (12 months in the East of England)

Royal Papworth Hospital NHS Foundation Trust

- ▶ **Anaesthesia for Neurosurgery** (12 months in the East of England)

Cambridge University Hospital NHS Foundation Trust

- ▶ **Obstetric Anaesthesia**

6 months in the East of England:

The EOE Obstetric leads SIA stakeholders group, September 2024: The group concluded that all 6 Trusts currently recognised to deliver the Obs SIA, can continue to do so but for those residents pursuing a Consultant career in a Tertiary hospital, the SIA placement should be undertaken in a maternal medicine hub, or the resident should consider an Obstetric fellowship post CCT if they wish to take up a Consultant post in a tertiary centre and did not undertake the Obs SIA in a maternal medicine hub.

Please contact your TPD in advance to discuss suitable placements.

Cambridge University Hospital NHS Foundation Trust

Norfolk and Norwich NHS Foundation Trust

Broomfield Hospital – Mid and South Essex NHS Foundation Trust

Lister Hospital – East and North Hertfordshire NHS Trust

Peterborough City Hospital – Northwest Anglia NHS Foundation Trust

Luton and Dunstable – Bedfordshire Hospitals NHS Foundation Trust

▶ **Paediatric Anaesthesia** (12 months at GOSH)

Great Ormond Street Children's Hospital – competitive appointment

▶ **Pain Medicine** (12 months in the East of England currently delivered across two sites)

Cambridge University Hospital NHS Foundation Trust

Norfolk and Norwich NHS Foundation Trust

Broomfield Hospital – Mid and South Essex NHS Foundation Trust

The Queen Elizabeth Hospital King's Lynn NHS Foundation Trust

Peterborough City Hospital – Northwest Anglia NHS Foundation Trust

Group 2:

▶ **Acute Inpatient Pain**

Broomfield Hospital – Mid and South Essex NHS Foundation Trust

Cambridge University Hospital NHS Foundation Trust

Norfolk and Norwich NHS Foundation Trust

Ipswich Hospital – East Suffolk and North Essex

▶ **Anaesthesia for Bariatric Surgery**

Luton and Dunstable University Hospital

▶ **Anaesthesia for Complex Orthopaedic Surgery**

Cambridge University Hospital NHS Foundation Trust

Norfolk and Norwich NHS Foundation Trust

▶ **Anaesthesia for Hepato-Pancreato-Biliary Surgery**

Cambridge University Hospital NHS Foundation Trust

Norfolk and Norwich NHS Foundation Trust

▶ **Anaesthesia for Major General Surgery**

Cambridge University Hospital NHS Foundation Trust

Norfolk and Norwich NHS Foundation Trust

Luton and Dunstable Bedfordshire Hospitals NHS Foundation Trust

Lister Hospital – East and North Hertfordshire NHS Trust

Broomfield Hospital – Mid and South Essex NHS Foundation Trust

Ipswich Hospital – East Suffolk and North Essex (3 months paired with NNUH or CUH)

▶ **Anaesthesia for Ophthalmic Surgery**

Currently not available

▶ **Anaesthesia for Patients with Complex Airway**

Cambridge University Hospital NHS Foundation Trust

Norfolk and Norwich NHS Foundation Trust

Luton and Dunstable Bedfordshire Hospitals NHS Foundation Trust

Broomfield Hospital Mid and South Essex NHS Foundation Trust

▶ **Anaesthesia for Plastic Surgery and Burns Management**

Broomfield Hospital Mid and South Essex NHS Foundation Trust (competitive appointment)

▶ **Anaesthesia in Resource Poor Environments**

Currently not available

▶ **Anaesthesia for Thoracic Surgery**

Norfolk and Norwich NHS Foundation Trust

Royal Papworth Hospital NHS Foundation Trust

▶ **Anaesthesia for Vascular Surgery**

Cambridge University Hospital NHS Foundation Trust

Norfolk and Norwich NHS Foundation Trust

Lister Hospital East and North Hertfordshire NHS Trust

Colchester East Suffolk and North Essex NHS Trust

▶ **Military Anaesthesia**

Currently not available

▶ **Perioperative Medicine**

Broomfield Hospital Mid and South Essex NHS Foundation Trust

Cambridge University Hospital NHS Foundation Trust

Norfolk and Norwich NHS Foundation Trust

Lister Hospital East and North Hertfordshire NHS Trust

Colchester East Suffolk and North Essex NHS Trust

Southend University Hospital Mid and South Essex NHS Foundation Trust

West Hertfordshire Teaching Hospitals NHS Trust

▶ **Regional Anaesthesia**

Broomfield Hospital Mid and South Essex NHS Foundation Trust

Cambridge University Hospital NHS Foundation Trust

Norfolk and Norwich NHS Foundation Trust

Lister Hospital East and North Hertfordshire NHS Trust

Peterborough City Hospital Northwest Anglia NHS Foundation Trust

The Queen Elizabeth Hospital King's Lynn NHS Foundation Trust

Princess Alexandra Hospital Harlow

▶ **Transfer Medicine**

PHEM appointment

▶ **Trauma and Stabilisation**

PHEM appointment

Additional Intensive Care: 6 months

Cambridge University Hospital NHS Foundation Trust

Norfolk and Norwich NHS Foundation Trust

Broomfield Hospital – Mid and South Essex NHS Foundation Trust

Lister Hospital – East and North Hertfordshire NHS Trust

West Suffolk NHS Foundation Trust

Colchester Hospital

Paediatric Anaesthesia for the DGH paediatric anaesthetist – 6 months

Cambridge University Hospital NHS Foundation Trust

Norfolk and Norwich NHS Foundation Trust