

SAS Newsletter

March 2025



A message from the Associate Postgraduate Dean for SAS & LEDs

Firstly, a big thank you to all SAS who have completed the 2024-25 SAS Regional Survey. Results of the survey will be available in April 2025 and will influence SAS developmental programme in the region. A wider participation of SAS is essential to shape the regional academic and developmental activities.

SAS and LEDs as a group, are the fastest growing section of the UK medical workforce. Nationally there is realisation that there is a need to improve support for these groups who are outside formal training programmes. There is increasing awareness of the difficulties experienced by these doctors. Several Royal Colleges are taking steps to improve inclusivity for SAS & LEDs.

The [attached Training Update](#) from the Royal College of Anaesthetists (RCoA) is an excellent example of best practice for educational support which needs to be extended to all SAS & LEDs. Providing opportunity for development will maximise these doctors' potential to achieve their goals and improve patient care.

The RCoA best practice document summarises broader principles for supporting doctors outside of formal training programmes. Although proposed document refers to speciality of anaesthesia the principles are applicable to all specialities. It focuses on support at departmental level to facilitate progression.

As highlighted in the previous newsletter, development of SAS & LED Trust Operational Group will complement developments at departmental level in line with the best practice document.

Improving developmental opportunities for SAS & LEDs requires a concerted effort from all involved. The benefits for NHS are considerable with a better trained and motivated workforce.

Prof Shahid A Khan
Associate Postgraduate Dean, NHS England East of England

SAS Survey 2025



This year the SAS Survey was completed by 219 doctors, with the highest number of responses received from the Hertfordshire Partnership NHS Trust. It was pleasing to hear that 84% of you did not have difficulty accessing CPD opportunities, and we are still endeavouring to make these opportunities more readily available.

The responses relating to topics for the 2025-2026 educational programme were extensive and varied, and we would like to thank you for this input as this makes putting a programme of development together more relevant for you.

Thank you for sharing your stories relating to difficult situations you have encountered as we can understand how frustrating and demoralising these events can be. Conversely, thank you for sharing your examples of good working practises, which are always pleasing to hear of.

More information relating to the SAS Survey will be made available following the steering group meeting in April.

Spring Symposium 2025



The Spring Symposium runs once annually and provides faculty development for postgraduate educators from the East of England, offering a valuable opportunity to learn, develop, network and share best practice.

The 2025 Spring Symposium is taking place on **29 & 30 April**. The theme of this year's event is '**Improving Educational Culture**'. This event is taking place **virtually** and is open to east of England Educators from across all specialties and all [tiers of training](#).

Book your space now by clicking the relevant link below:

Tuesday 29 April – [Click here to book your space now!](#)

Wednesday 30 April – [Click here to book your space now!](#)

Further information can be found on our [webpage here](#).

For any queries, please contact: england.eandtevents.eoe@nhs.net.

Active Bystander Training

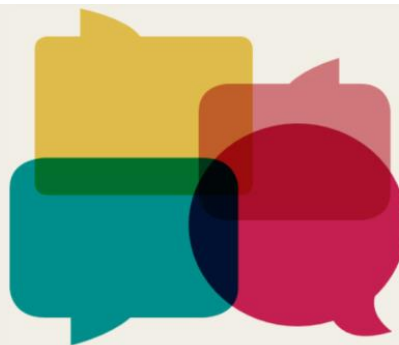
Have you ever been in a situation where you want to challenge someone's behaviour - but you didn't know how to do it or what to say?

As part of NHS England's Anti-racism strategy, we have commissioned a number of 90-minute virtual Active Bystander Training workshops, facilitated by the '[Active Bystander Training Company](#)'.

For further information and to book onto an upcoming session, please visit our [webpage here](#).

For any queries, please contact: england.eandtevents.eoe@nhs.net.

**The Active
Bystander
Training
Company**



Medical Education Bursary Funding

NHS England aim to offer bursary funding for PG Certificate (60 credits), PG Diploma (60 credits top up) and Master's (60 credits top up) in Medical Education, through a competitive manner twice a year.

We are currently awaiting budget confirmation for the 25/26 financial year, and dependent on this, hope to open applications for the September/October 2025 intake in April.

Further information will be updated on our [webpage here](#) shortly.

For any queries, please contact: england.mededbursaries.eoe@nhs.net.

Bridge/Panopto – Access Requests



NHS England, East of England (NHSE EoE) have a suite of software packages (Panopto and Bridge) to enable the creation and storage of video lectures and to self-build online courses for all Postgraduate Medical Specialties within the East of England.

To request access to the platform, please complete the application form here:

<https://forms.office.com/e/vxY7D8kzQA>. The application form can be completed on behalf of the doctors, but they must provide their permission to you to do so.

If a doctor has any changes to their Specialty or email once uploaded, please direct them to the Blended Learning Team at England.blendedlearning.eoe@nhs.net

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SAS Newsletter Archive - [Click Here](#)

SAS Tutor Contact Information - [Click Here](#)

Professional Support and Well-being Service – [Click Here](#)