

Running a Training Program



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Subrotations

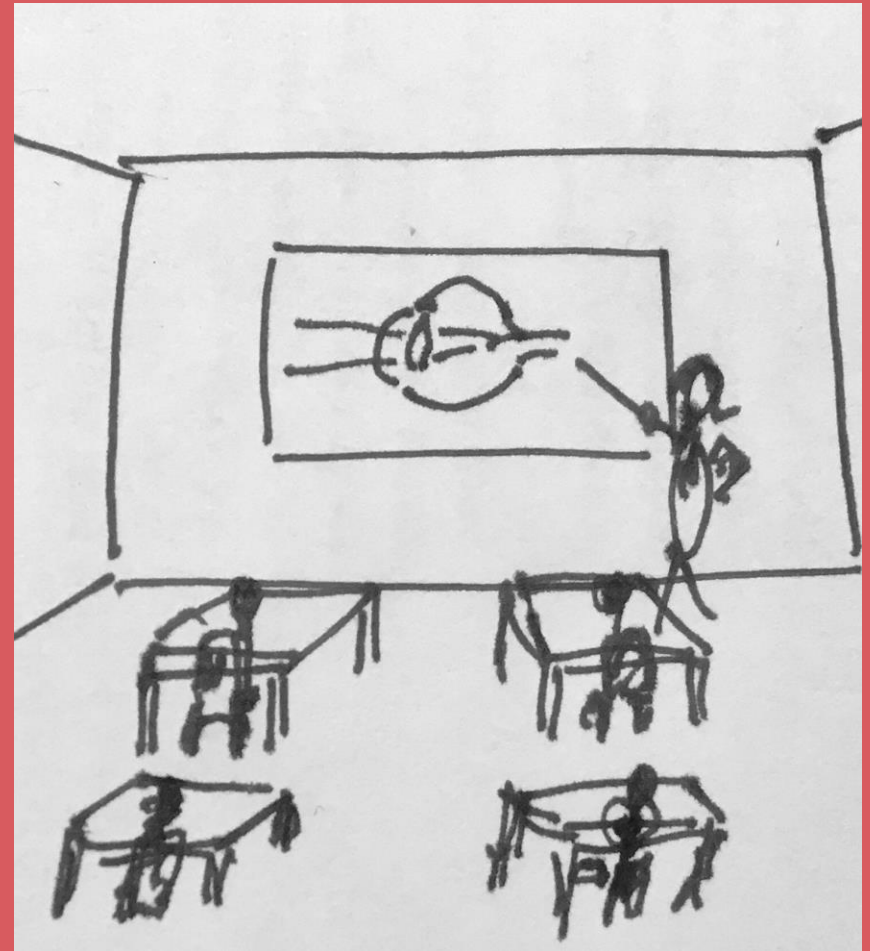
- Key Trainee priority
- Commutability
- Diverse enough experience
- Flexibility
- National Recruitment



Teaching Program

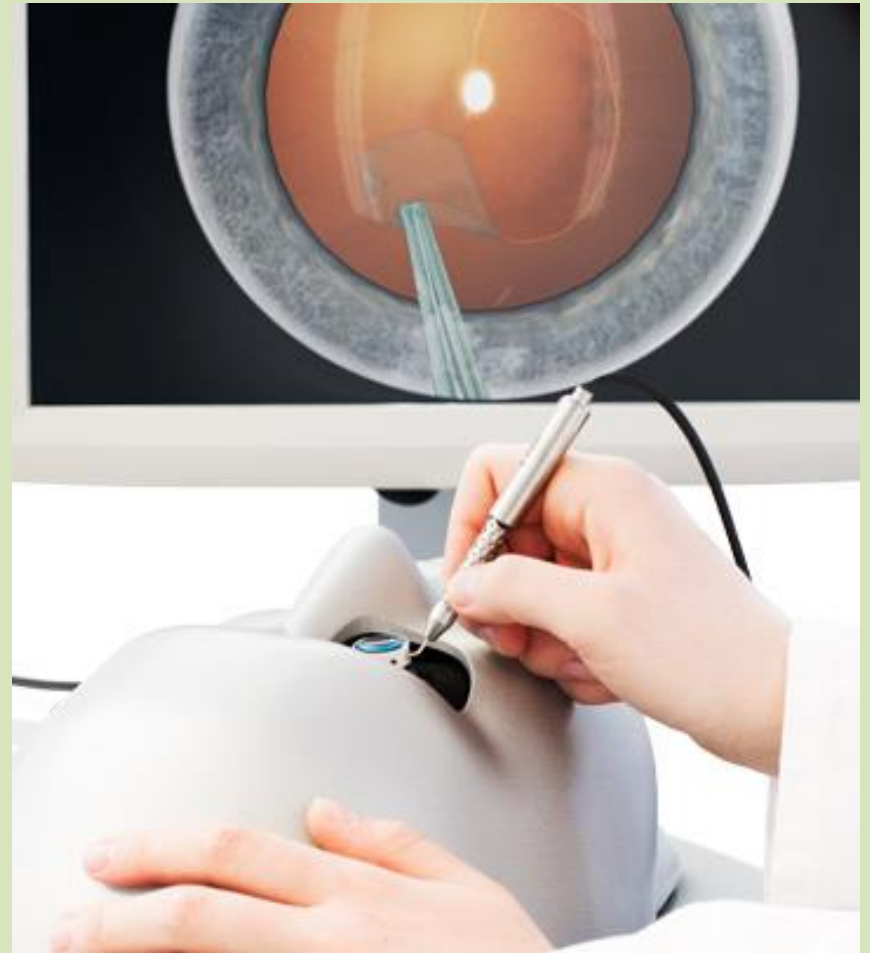
Ophthalmology

- 11 Core Training days
 - Interactive talks
 - OSCE afternoon
 - Research Prize Day
 - Case Presentation Day
- 20+ Additional Days
 - Simulation (5)
 - Exam Preparation (5)
- Audit Prize
- Professional Skills
 - Transition to Consultant
 - Communication



Simulation

- ST1 Modules on Eyesi
- Simulation Portfolio
 - Cataract / Complications
 - Laser
 - Trabeculectomy
 - Trauma
- Cadaveric Courses
 - Strabismus
 - Oculoplastics



Exam Preparation

- Core training
 - covers curriculum
 - Interactive talks
 - OSCE practice
- MOCK EXAMS
- Part 2 course
- Refraction exam course (with ARU)



RESEARCH

- Research Prize Day
- PEARL score
- Trainee Network
- Research Skills day
- Dragon's Den
- NIHR input
- ACF posts



PEARL SCORE

| | | | | | | | | | |
|--------------------------|--------------------|---|---|--------------|-----|--------------------|--|--|--|
| Present / Posters | Local Teaching | 1 | Research | Case report | 2 | | | | |
| | Regional | 2 | | Book Chapter | 3 | | | | |
| | National | 3 | | Paper(peer) | 4 | | | | |
| | International | 4 | | | | | | | |
| Details | Score | | Details | Score | | | | | |
| Exams | Sitting Exam | 2 | Leadership / Teaching | Management | | | | | |
| | Passing exam | 3 | | Role | 1-2 | | | | |
| | Part 2 Exam | 4 | | Course | 1-3 | | | | |
| | | | | Organized | 1-3 | | | | |
| Details | Score | | Details | Score | | | | | |
| Audit | Local | 2 | <table border="1"> <tbody> <tr> <td colspan="2">Total Score</td> </tr> <tr> <td colspan="2"> </td> </tr> </tbody> </table> | | | Total Score | | | |
| | Total Score | | | | | | | | |
| | | | | | | | | | |
| Regional | 3 | | | | | | | | |
| National | 4 | | | | | | | | |
| Details | Score | | | | | | | | |

Filling the Gap

- Over Recruit if possible
- MTI posts
- Fellow posts
- Fill OOPs
- Fill parental leave
- 6 months notice to trusts



Trainee Journey

- Effective Handover from trust to trust
- Spotting the learning needs
- Overall C.V. development
- Future aspirations
- **TRAINEE PASSPORT**



ARCP

- Portfolio review 2 weeks prior
- Trainee Passport, Reflections, PEARL score, Portfolio, Reports, MSF
- Projected outcomes given
- Face to face ARCP
- Parallel Professional development session
- Evening Social

East of England Ophthalmology Trainee Passport

| | |
|--------------------------------------|--|
| NAME: | |
| Current ST level & Unit : | |

| Timeline | ST_ | ST_ | ST_ | ST_ | ST_ | ST_ | ST_ |
|--------------|------|-----|-----|-----|-----|-----|-----|
| Location | N&N | L&D | Hin | | | | |
| ARCP outcome | Eg 1 | 2,1 | 1 | | | | |

| Exams | | C.V. (PEARL) | Total for <u>ALL</u> training |
|-----------------|--------------------------|-------------------------|-------------------------------|
| Part 1 | <input type="checkbox"/> | Prizes | |
| Refraction | <input type="checkbox"/> | Case Reports | |
| Part 2 Written | <input type="checkbox"/> | Papers | |
| Part 3 Clinical | <input type="checkbox"/> | Presentation | |
| | | Audits | |
| | | Teaching Qualifications | |

| Logbook | | | | | |
|--------------------|-----|--------------------|-----|------------------|-----|
| Cataracts | No. | Others | No. | | No. |
| Total Done (350) | | Squints (30) | | Graft Assist (6) | |
| PC Rupture % | | Lids (40) | | VR Assist (20) | |
| Managed Vit Loss | | Prosis Assists (3) | | Ret Laser (40) | |
| Supervised Juniors | | Glaucoma (30) | | | |
| Managed own lists | | Trabs (0) | | | |

| | | |
|------------------|--------------------|-----------------|
| 50 Cat Audit (1) | Corneal Gluing (2) | Trauma (2) |
| Evisc / Enuc (2) | Lateral Canth (2) | Manage list (2) |

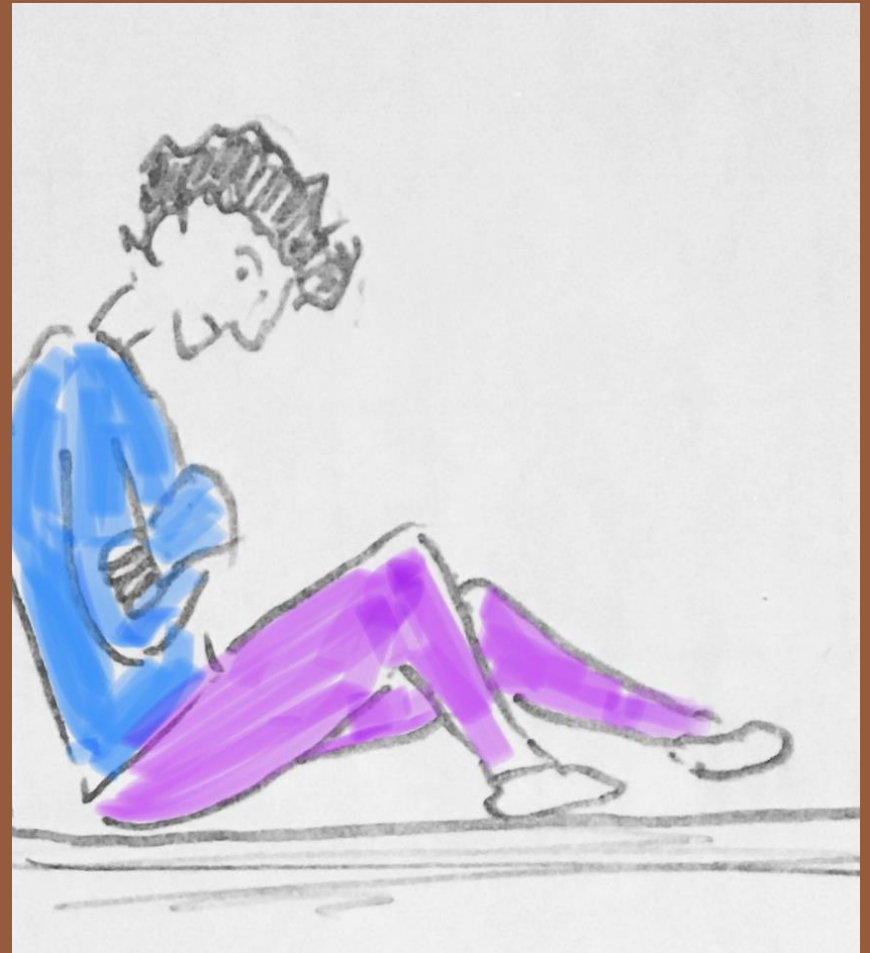
| Subspecialty (ST3+) | Done | Need | | Done | Need |
|---------------------|--------------------------|--------------------------|---------------|--------------------------|--------------------------|
| Cataract | <input type="checkbox"/> | <input type="checkbox"/> | Vitreoretinal | <input type="checkbox"/> | <input type="checkbox"/> |
| Cornea / Ant Seg | <input type="checkbox"/> | <input type="checkbox"/> | Oculoplastics | <input type="checkbox"/> | <input type="checkbox"/> |
| Glaucoma | <input type="checkbox"/> | <input type="checkbox"/> | Neuro-ophth | <input type="checkbox"/> | <input type="checkbox"/> |
| Medical Retina | <input type="checkbox"/> | <input type="checkbox"/> | Paediatric | <input type="checkbox"/> | <input type="checkbox"/> |

| | |
|---|---|
| TSC Preference (Subspec/Unit) | e.g. Paediatrics NNUH! |
| OOPR plans | e.g. MD at ST3-5 |
| Target for next year | e.g. Oculoplastics firm, Part 2 written |
| Any other achievements (Roles / Degrees / Major prizes) | e.g. RCOphth committee, MD, Gold medal |

TRAINEE IN NEED

- Personal Life
- Communication Skills
- Exam support
- Surgical training

- Focus on Well-being





TRAINEE WELL-BEING HUB



Professional Support Unit



Mentoring



Out of Program (OOP)



Supported Return to Training (SupportTT)



Less Than Full Time Training

Trainer in Need

- Faculty Support
- Job planning / Time
- Feedback
- Recognition



Running a Training Program



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