REFLECTIONS ON SHARING BEST PRACTICE ON INTERNATIONAL MEDICAL EDUCATION

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## **ABOUT ME**

#### • GP

- TPD and ES (Luton VTS)
- NHS appraiser
- Educational Supervisor for GP with conditions on practice (LMC)
- Deputy Head Year 3 (QMUL)
- Senior Clinical Lecturer (CBME/QMUL)
- Erasmus+ Project Lead (IHSE/QMUL)
- Clinic Lead (A World Without Barriers)
- Mum and foster carer



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## TELL ME ABOUT YOU!





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## **ERASMUS+ PROJECT**

- Collaboration
- Creation of a primary healthcare diploma
- Hybrid
- Budget
- 'Trainee' vs Trainer needs
- Sustainability
- Recognition
- Inclusivity
- Barriers
- Key learning points



#### **BENEFITS OF COLLABORATION**

• With whom?

• Qualities of good collaboration

• Scholarship and recognition







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## HOW TO DESIGN A PRIMARY CARE DIPLOMA

• Participants

Knowledge gaps

• What problems are being faced?

• What is best practice?



• Funding / Project 'owners'





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### DELIVERY

• What *factors* influence how you will deliver your change?

• How can you make it *inclusive*?

• How can you accommodate for different *learning styles*?







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#### BUDGET

- Do you know what's available to you and over what time frame and for what activities?
  - -Often budgets specify what activities at what number of hours can be claimed

• Thoughts on working for free?!

 Can be liberating to make decisions on what would enhance a project (out of box thinking)



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#### WHO ARE THE REAL RECIPIENTS OF YOUR WORK

#### • Initially GPs (who haven't undergone ST)



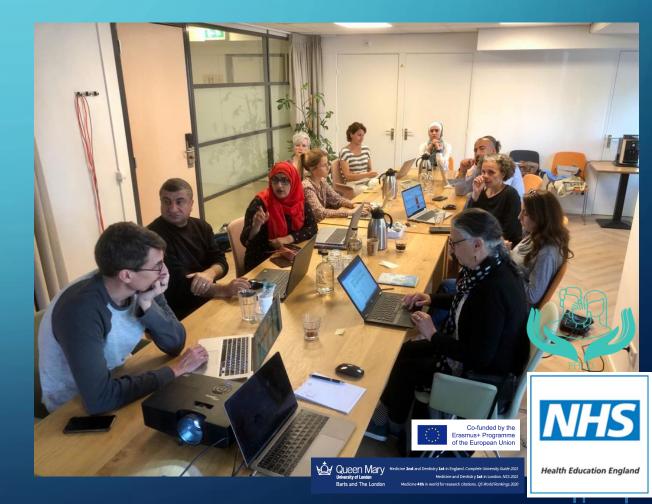
- Who else is part of the learning environment?
- Be prepared for simultaneous curriculum development alongside educational delivery



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### WHAT HAPPENS WHEN YOUR ROLE ENDS

- What can you integrate
- in your work to make it sustainable?



## RECOGNITION

Who made the change happen?

• Who was part of the wider learning experience?



How can you ensure they are given the recognition they deserve?

How do you discuss this in a timely manner?







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#### BARRIERS

- What is stopping you from doing what you think is best?
- Significance of what you think is best vs what works for others
- What is stipulated in work packages
- Finance manger and processes
- Language (cultural understanding)
- Distance
- Economy
- Culture







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#### **KEY TAKE HOME POINTS**

- Wellbeing is a thing!
- Feedback is a dialogue!
- Is there a hierarchy?
- International work has less boundaries
- Collaboration is crucial (co-creation)
- Ways to share best practice throughout





### WHAT PARTICIPANTS FOUND USEFUL

- Embracing culture
- Challenging hierarchy
- Understanding that medical education is often not about guidelines
- Respecting the position of the patient as an equal
- Recognising that questioning how they are feeling is a legitimate part of a consultation
- Empowered to challenge change (techniques)



## DISCUSSION...

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