



INTRODUCING OUR NEW DIGITAL MENTORING PROGRAMME
FOR EAST OF ENGLAND PSYCHIATRY TRAINEES

Do you want to be a mentee or mentor?

Benefits include:

Mentee (CT1-3)

- ✓ Increasing self confidence
- ✓ Structured approach to problem solving
- ✓ Specialty directed advice & future career planning

Mentor (ST4-6)

- ✓ Leadership opportunity
- ✓ Mentor training to develop your skills
- ✓ Sharing your knowledge and expertise

Register at: www.nhseoe.sfgmentornet.com

For more information visit: heeoee.hee.nhs.uk/faculty-educators/mentoring
Or email us at: england.mentoring.eoe@nhs.net

