

School of Psychiatry

East of England

High quality of life, with urban and rural living allowing access to big cities and beautiful countryside

Excellent training programmes with dynamic educators

Vibrant academic programmes to help you achieve your potential

Course Details

A 6 year course consisting of 3 years of core training and a subsequent higher training course (most commonly 3 years but some sub-specialties differ). The course is mostly decoupled, but certain components (Academic clinical fellowship posts and CAMH Pilot Programme) are Run-through.

Research

- ◆ Regional integrated academic training (In Cambridge and Norwich at present) through ACF and CL programmes.
- ◆ Higher trainees are entitled to 1 day per week for special interest sessions that can include research
- ◆ Support for Out of Program Research is available

Rotations

Core training and some of the higher training schemes operate in several trusts (Hertfordshire, Bedfordshire/Luton, Cambridgeshire, Essex and Norfolk/Suffolk). Some of the higher training schemes are more regional.



Subspecialty higher training is available in Liaison, Substance misuse, Perinatal and other subspecialties

Exams

In core training: MRCPsych Paper A, Paper B, and CASC exam (a clinical OSCE exam)

Both MRCPsych courses and regional training for the clinical component which should be attended through core training. Also communication skills teaching particularly to support International Medical Graduates



Regional Teaching program

Regional teaching covers most essential requirements. MRCPsych courses run in Herts, Cambridge and Essex.

Meet The Team



Chris O'Loughlin

Head of School

Simulation

During the regional training programme, there will be opportunities to engage in simulated clinical encounters through the use of actors.

Contact us

If a career in Psychiatry interests you we would love to hear from you!

<https://heeo.e.hee.nhs.uk/>

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Psychiatry

Frequently asked questions

Teaching & Study Leave

How is the regional teaching program structured?

Regional teaching covers most essential requirements. MRCPsych courses run in Herts, Cambridge and Essex.

How many days of study leave do I get?

30

What opportunities are there for simulation training in the region?

Use of actors for simulated clinical encounters in regional training programme

If Medicine was a car industry, which car would represent Psychiatry and why?

Volkswagen Beetle: Iconic, fashionable, internationally recognizable, upbeat and practical. There are more expensive and flashier cars out there, but this one is guaranteed to raise a smile and be a talking point.

Training Programme

How many years is the training program?

6 years : 3 years core training, mostly 3 years higher training but some sub-specialties vary and dual training available.

Is the training run through or decoupled?

Mostly decoupled but run-through for (i) academic clinical fellowship posts and (ii) CAMH run-through (currently a pilot programme)

Which units in the East of England can I be trained in?

Core training and some higher training schemes within Trusts: Hertfordshire, Bedfordshire/Luton, Cambridgeshire, Essex, Norfolk/Suffolk. Some higher training schemes more regional

Are there more localized Sub-rotations to avoid long commutes?

Regional higher training schemes have sub-units and flexibility to reduce commutes

What induction program is there into training in the region?

Local induction programmes organised by each Trust

How is recruitment organized?

National recruitment for entry in August and February for most specialties

Opportunities

What Sub-specialty / fellowship training opportunities are there in the region?

Subspecialty higher training in Liaison, Substance misuse, Perinatal and other subspecialties

What research opportunities are there in the region?

Regional integrated academic training (In Cambridge and Norwich at present) through ACF and CL programmes. Also higher trainees are entitled to 1 day per week for special interest sessions that can include research.

Do you support Out of Programme Research?

Yes OOPRs are supported, we have many opportunities for trainees wanting to take time out of training for research or other experiences.

Is there scope for work overseas during my training?

Limited scope for international work at present

Where can I go for more information?

Regional Website

<https://heeo.e.hee.nhs.uk/psychiatry>

Exams

What exams will I have to sit during my training?

In core training: MRCPsych Paper A, Paper B, and CASC exam (a clinical OSCE exam)

Is there any exam preparation organised in the region?

Both MRCPsych courses and regional training for the clinical component which should be attended through core training. Also communication skills teaching particularly to support International Medical Graduates

What are the top 3 reasons for training in the East of England:

1. High quality of life, with urban and rural living allowing access to big cities and beautiful countryside and coast.
2. Excellent training programmes with dynamic educators
3. Vibrant academic programmes to help you achieve your potential