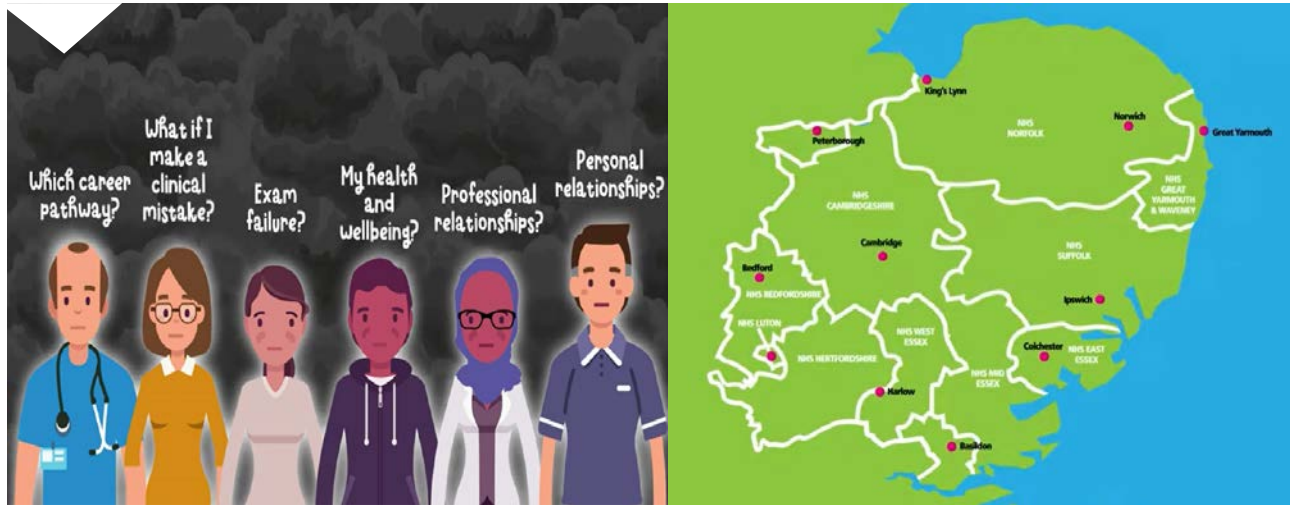


# Moral Injury: Cause, Effect and Prevention



Introduction to the theme of the day  
Dr Emma Lishman



1980's Jameton  
Moral Distress

1990's Shay  
Moral Injury







Today, Italy has 10,149 cases of the coronavirus. There are now simply too many patients for each one of them to receive adequate care. Doctors and nurses are unable to tend to everybody. They lack machines to ventilate all those gasping for air.



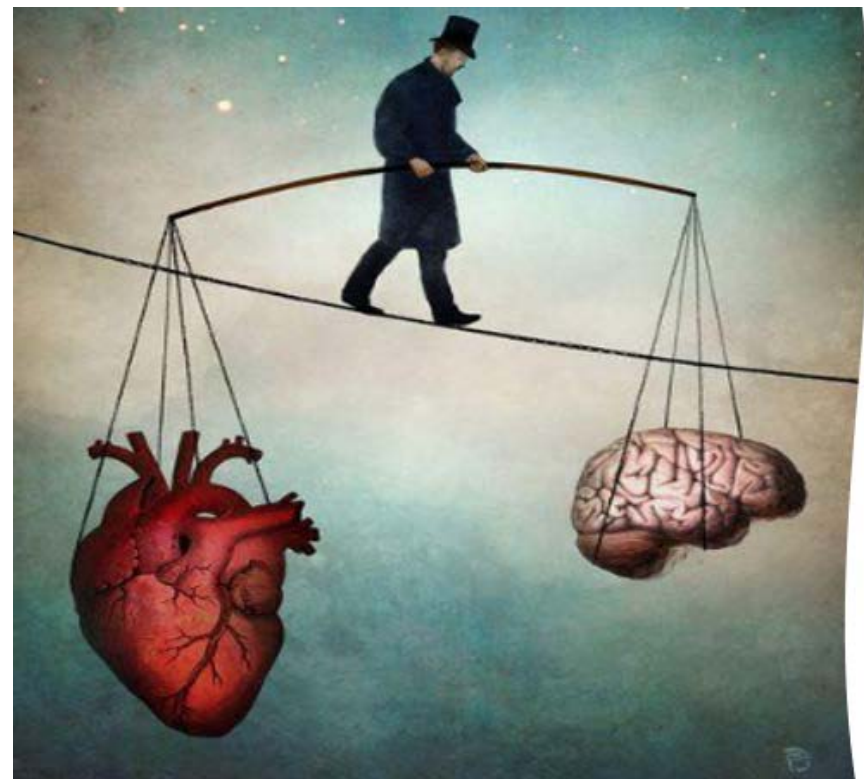




Moral injury is not a new experience.

Complexity of human morality is unique feature of our species.

Morality important for survival –we thrive through our capacity to cooperate.



Morality of the mind  
Morality of the heart

Head says right yet  
heart says not- it's a  
moral dilemma.



Moral distress is defined as the psychological unease generated were people identify an ethically correct action to take but are constrained in their ability to take that action

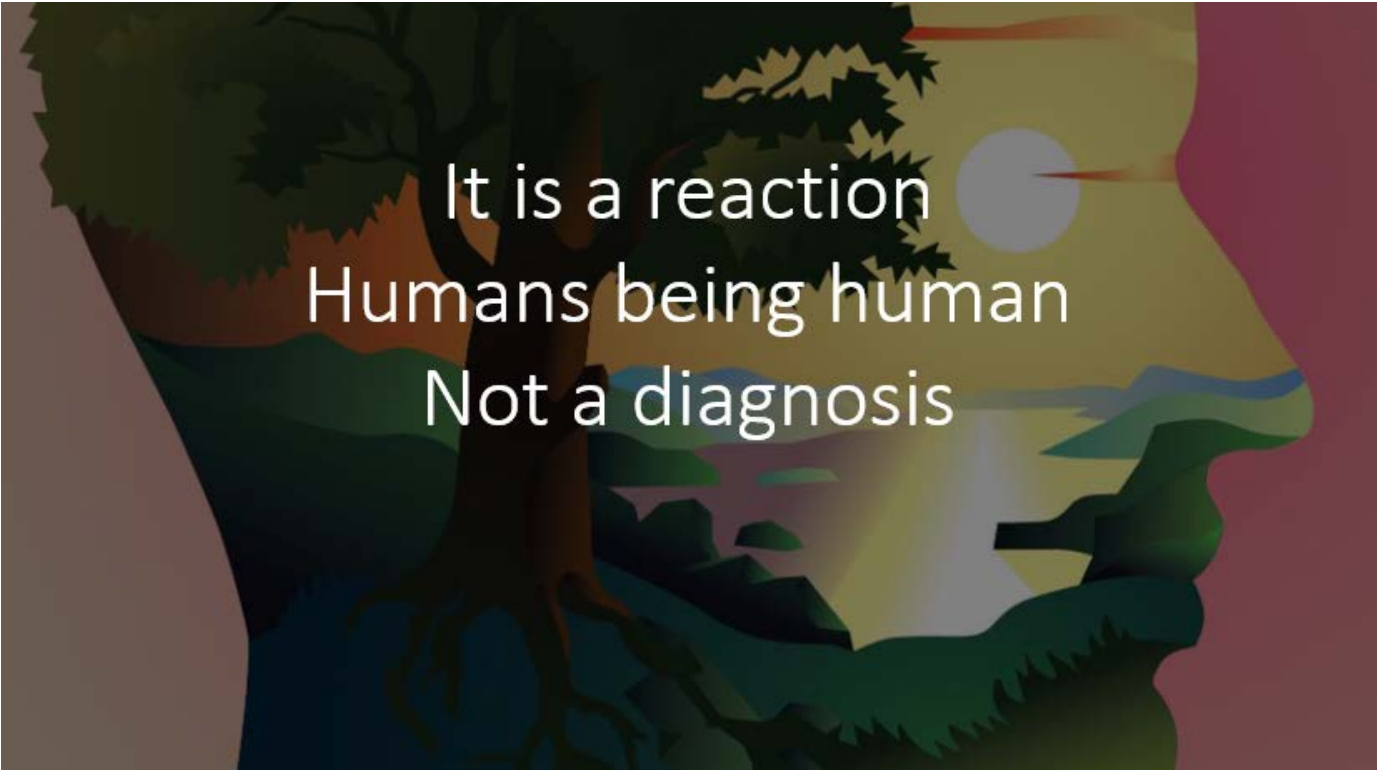
Moral injury is defined as the psychological distress which results from actions, or the lack of them, which violate your moral or ethical code.

- Deeply held values
- High stakes context

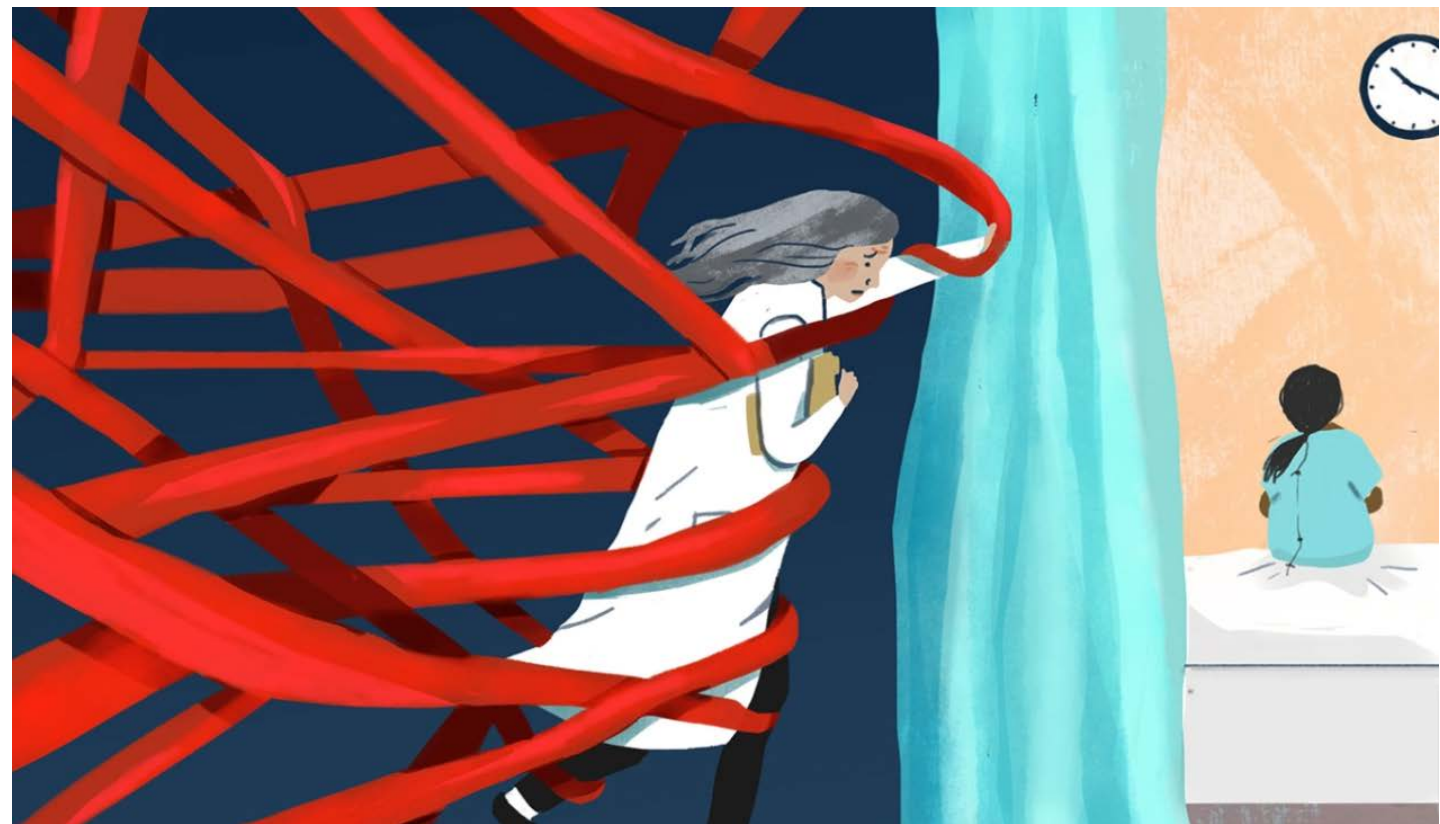




Moral wounds are social wounds – if morals keep communities together guide actions towards each other moral distress/ injury is about disconnection.



It is a reaction  
Humans being human  
Not a diagnosis







# Thank you

