

Welcome to the Professional Support Unit



The aim of the support is to ensure that doctors and dentists have access to a confidential occupational health & medical service.

The Professional Support Unit (PSU) supports trainees whose performance has been affected by issues that may arise and prevent progression through the training process.

As a trainee, the Professional Support Unit would like to ensure you are supported. In most instances, this support will be provided by your Educational Supervisor and or Training Programme Director.

If your training isn't going to plan, do not sit in silence, please speak up. We can support you.

Possible reasons for a referral to the Professional Support Unit;

- Engagement with the training programme
- Clinical performance / knowledge / skills concerns
- Professional behaviour / attitudes / challenging behaviour
- Time management
- Exam failure
- Communication skills
- Health or Social concerns
- GMC Referrals

Referrals

To access PSU support, you must be referred by your Training Programme Director / Educational Supervisor.

Self-Referrals for Exam Support

Have you experienced two or more exam failures? If so, you can self-refer to the PSU for exam support. Please complete Form E and ensure your TPD is aware of your self-referral.

PSU Referral Forms -

https://heeo.ee.nhs.uk/psu_documents

Each trainee will be allocated a **Case Manager** upon a full referral. It will be expected that you will take time out of work to attend a face to face meeting at our office in Fulbourn.

Meeting notes will be taken, however these remain confidential and will not be shared without your consent. The ARCP panel will not receive meeting notes. It is recommended action points from the meeting are shared with the referrer to ensure they can also offer you support.

Flexible
Non-Judgmental
Impartial
Advice Supportive
Confidential
Caring Friendly
Private Continuity
Approachable Guidance
Compassionate
Non-Punitive

Advice

If you are unable to talk to your TPD or Educational Supervisor, please contact the PSU. We can offer advice.

You can also seek advice from your own employer and occupational health department.



Support Services

- Educational Psychology
- Exam Support
- Emotional Intelligence Testing
- Communication skills support
- Psychological support
- Coaching and Mentoring
- Careers advice

Contact

E-mail: PSU.eoe@hee.nhs.uk

Telephone: 01223 596953 or 01223 597736 or 01223 596905

Address: 2-4 Victoria House, Capital Park, Fulbourn, Cambridgeshire, CB21 5XB

W: https://heeo.ee.nhs.uk/PSU_Home National Services: <https://heeo.ee.nhs.uk/node/3526>