

The Princess Alexandra Hospital

Introduction

The hospital, is situated in Harlow and was designed by Easton & Robertson and built on the site of Parndon Hall, the former home of Godfrey Arkwright.

Harlow is a large town situated on the border with Hertfordshire and London. Old Harlow is a historic village founded during the medieval age. The new town of Harlow was built after World War II to ease overcrowding in London.



A major feature of Harlow is its green spaces; over one third of the district is parkland or fields containing public footpaths.



Harlow is the home to a major collection of public sculptures (over 100 in total). The lead architect of the town, Frederick Gibberd desired it to be a place where great sculptures by great artists could be enjoyed on every street corner.

Department of Anaesthesia

Our department provides highly regarded training for junior doctors coming to anaesthesia from a variety of specialties. We currently have 16 consultants and 16 trust grade doctors. The department welcomes trainees from the East of England Deanery who specialise in anaesthesia, emergency medicine, ICM and paediatrics to further their training.

Practical Training Experience

The trust provides anaesthetic care for general Surgery, vascular Surgery including complex endovascular aortic repair, urology, trauma and orthopaedics including major spinal surgery, ENT and maxillofacial surgery, ophthalmic, gynaecology, interventional radiology, endoscopy and cardiology procedures. You will have excellent supervision as you gain experience in these specialities.



Simulation, Learning and Development

Our state-of-the-art Learning and Education Centre is open to all staff at the trust. The facility consists of a library, lecture theatre, training rooms, a clinical skills room, a resuscitation training room, a simulation suite, IT training room, and a practical training room.

As a department we have a group of consultants who have a specialist interest in simulation training. You will have multiple opportunities during your time at the trust to join anaesthetic and MDT simulation training. We also have opportunities for F3 fellows who are interested in anaesthesia and medical education.

We have a highly developed weekly education programme for trainees that incorporates simulation training and topics to prepare for the FRCA exam, which includes a monthly journal club. Trainees are also expected to participate in our lively and engaging departmental meetings. Our consultants mentor trainees who wish to develop training session of their own.

Our new library is a quiet and tranquil space to support your learning and wellbeing. You can access the new library from Monday to Friday, 9am-5pm and library members can access the new facility 24 hours a day, seven days a week.

Obstetric Anaesthesia



PAH currently has over 5000 deliveries a year. The maternity unit is highly rated nationally and is popular to such a degree that a cap has had to be imposed on the numbers of mothers coming out of catchment area from London.

A 24-hour epidural service on-demand operates. There is a consultant attached to the Labour Ward on a daily basis who will supervise you whilst you gain your experience.

Trainees have the opportunity to participate in and help to facilitate obstetric simulation training within the department and also in a multidisciplinary setting.

Regional Anaesthesia

We have a group of consultants who have specialist interests in regional anaesthesia. We offer upper limb, lower limb, and fascial plane blocks. We also regularly provide analgesia for rib fractures using regional nerve blocks. Our department has a regular sono club and we hope to create a regional fellowship in the very near future.