



## Poppy Aldam:

Poppy studied medicine at the University of Cambridge, qualifying in 2008 and recently finished her training in Anaesthesia in the Eastern Deanery. She has a specific interest in anaesthesia for Transplant surgery. Her research interest is in organ donor optimisation.

Her PhD involved novel work seeking to understand the reasons why some donated organs do not work well in recipients despite having good function in the donor. The work was funded by the NIHR blood and transplant research unit and her PhD was awarded in 2019. The results of the work have impacted organ donation policy and improved outcomes for organ transplant recipients. This work was continued as part of an NIHR funded clinical lectureship.

Poppy is passionate about peri operative research and believes that anaesthetists have a unique position and skill set to contribute to research in a variety of fields. As well as training in transplant anaesthesia and completing her PhD she has three small children and believes strongly that successfully combining parenthood and clinical academic training is possible.