

### Faculty Development: Teaching in the clinical arena Clive Lewis

17 September 2019

Developing people

for health and

healthcare

www.hee.nhs.uk



## Objectives of the workshop

- Maximize opportunities for teaching and learning in the clinical setting
- Plan for clinical teaching
- Identify ways of integrating teaching and learning into everyday service provision
- Deliver effective teaching sessions in the clinical setting



# Maximizing teaching and learning opportunities



## Activity 1: Learning in Clinical Settings

Based on your own learning experiences and those you observe in trainees:

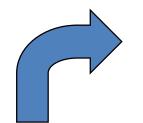
- List ways in which individuals learn in clinical settings
- Identify what you could do to support this learning process

## A ward round

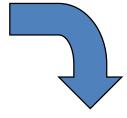
**NHS** Health Education England

What I did	What the trainees/students did
<ul> <li>Briefed students/trainees and told them what to look out for</li> <li>Got to know new admissions</li> <li>Took histories</li> <li>Chatted to patients and asked them about changes in condition</li> <li>Read notes and asked patients/nursing staff/ other team members about developments</li> <li>Discussed management with team</li> <li>Discussed discharge with team and made discharge plans</li> <li>Examined patients</li> <li>Ordered investigations</li> <li>Looked at test results and changed care where indicated</li> <li>Examined X-rays and made decisions</li> <li>Taught students/trainees how to do things</li> <li>Supervised trainee and offered advice</li> <li>Asked questions</li> </ul>	<ul> <li>Stood</li> <li>Listened</li> <li>Watched</li> <li>Fetched and carried things</li> <li>Talked (among themselves)</li> <li>Answered questions</li> <li>Examined a patient each</li> <li>Looked bored</li> </ul>
Offered feedback	(Morris, 2003)

## The Experiential Learning Cycle



Concrete experience **DOING** 



## Active experimentation **TESTING**

#### Reflective observation THINKING



Review achievement of learning objectives

Identify learning needs and setting SMART learning objectives

(Kolb et al.)

## Common problems with clinical teaching



- Lack of clear objectives and expectations
- Focus on factual recall rather than on development of problem solving skills and attitudes
- Teaching pitched at the wrong level (usually too high)
- Passive observation rather than active participation of learners
- Inadequate supervision and provision of feedback
- Little opportunity for reflection and discussion



# Common problems with clinical teaching

- "Teaching by humiliation"
- Informed consent not sought from patients
- Lack of respect for privacy and dignity of patients
- Lack of congruence or continuity with the rest of the curriculum





# Planning for teaching in the clinical setting



## Why is planning so important?

#### "If you fail to plan you plan to fail" (anon)

## Thinking ahead



- Trainee's needs
  - Condition-specific
  - Generic

- Opportunities
  - Predictable
  - Fortuitous



## Maximizing Teaching Opportunities

• Work in groups of three

Activity 2:

- According to your preference for teaching in the clinical setting, choose one of the following:
  - a) by the bedside,
  - b) In the examination room <u>or</u>
  - c) on emergency duty
- Identify how planning could help you to maximise the teaching opportunities
- Prepare to present your ideas back to the whole group.



## **Identifying Opportunities**

#### By the bedside

- Teaching vs business
- Planning Service Follow up
- 3 minute round-up



## **Identifying Opportunities**

#### **Examination room**

- Sitting in
- Service led
- Service delivery with follow-up
- Planned training within service delivery
- Training clinic
- 3 minute round-up



#### **On emergency duty**

- Prioritisation of patients
- Delegation
- Organisational abilities
- Time management
- Seeking appropriate and timely advice
- Team working
- Communication skills



### Teaching in the Clinical Setting



## Responding to Experience

- Non-learning
  - No response or rejection
- Non-reflective learning

   Imitation and memorisation
- Reflective learning
  - Contemplation and application of theory



### Experience

## Learning to do the same thing badly but with increasing confidence



## **On-the-Job-Teaching**

#### "Tell me, and I'll listen;

#### Show me, and I'll understand;

Involve me and I'll learn"



## **On-the-Job-Teaching**

#### Apprenticeship by

#### Osmosis

#### Coaching



## **On-the-Job-Teaching**

#### Planned vs Opportunistic

#### **Fusional vs Intrusive**



## Integrating teaching and learning into everyday service provision



## Planned On-the-Job Learning

"The single most important factor influencing learning is what the learner already knows. Ascertain that and teach him accordingly".

Ausubel



## Planned On-the-Job Learning

Agreeing agenda and individual responsibilities

Questions to ask:

- Enough responsibility?
- -Stretched?

–Adequate supervision and support?



## Planned On-the-Job Learning

One extensive study found that "many clinical teaching sessions, particularly ward rounds, were haphazard, mediocre, and lacking in intellectual excitement"

Newble & Cannon, 1994

## **Teaching Skills**



#### **General principles**

- What do they want/need? = needs assessment
- Create opportunity not time = reduce conflict
- Focus on a patient = relevant & practical
- Non-confrontational = induce confidence

## **Teaching Skills I**



#### **General principles**

- Summarizing & reflecting = reinforces learning
- Follow-up learning points = cyclical reinforcement
- Formative assessment = builds relationship

## **Teaching Skills II**



#### Specific Five-step microskills model

- Get a commitment
   make them give you a diagnosis
- Probe for evidence
  - what makes them think that?

## Teaching Skills II



#### **Teach general rules**

avoid anecdote, stick to principles

• Reinforce

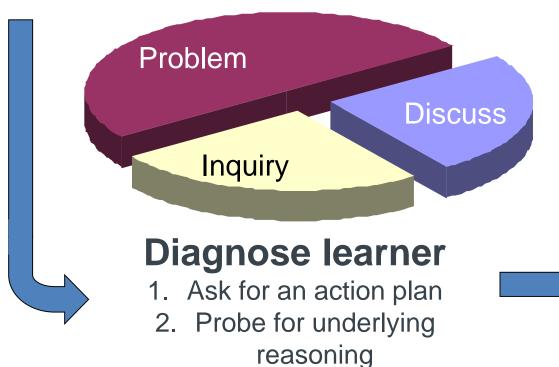
- be specific, praise good practice

- Correct mistakes
  - sensitive, constructive criticism

## How to do it

**NHS** Health Education England

#### Diagnose Problem



#### Teach

- 3. Teach general rules
- 4. Provide positive feedback
- 5. Correct errors