

# Peterborough Dental Foundation Training Scheme

**Summer Term Programme 2018—2019** 



Developing people for health and healthcare



# Peterborough Dental Foundation Training Scheme

#### **Medical and Dental Education**

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# **Summer Term**

#### **Venues and Subjects**



Friday 17th May	Prevention of Back Problems for Dentists				
•	Digital Dentistry  Clinical Skills Laboratory, Learning Centre, Peterborough City Hospital				
Friday 24th May	Medico-Legal Risk Management				
	The Missing Session Clinical Skills Laboratory, Learning Centre, Peterborough City Hospital				
Friday 31st May	No Study Day				
Friday 7th June	Accounts and Pensions  Denis Bracey Room, Learning Centre, Peterborough City Hospital				
Friday 14th June	Case Presentations				
	Denis Bracey Room, Learning Centre, Peterborough City Hospital				
Thursday 20th or	Communicating with different personality types				
Friday 21st June	Bedford / Room 8, Learning Centre, Peterborough City Hospital				
Friday 28th June	Introduction to Business of Dentistry				
	Reflection of the Year (Joint Meeting with ES)				
•	Denis Bracey Room, Learning Centre, Peterborough City Hospital				



## Summer Term

### **Coursework Deadlines**

Case Presentation Submission Friday 31 May

Portfolio evidence for FRCP submission Friday 31 May

## **Important Dates**

Last Study Day Friday 28 June

# **Quality Assurance Records**

Attendance Register is kept at Peterborough City Hospital, Learning Centre

Evaluation forms are used to receive feedback for speakers and the TPD

CPD certificates are issued in line with GDC Guidance. GDC development outcome framework is referred to in the programme.

Reflections from each study day are to be documented in the ePortfolio.

# Friday 17 May

#### **Clinical Skills Laboratory, Learning Centre**



#### **Morning Session**

CPD = 3 Hrs

#### 09.30 Prevention of Back Problems for Dentists







It is not uncommon for Dentists to suffer muscular-skeletal problems particularly back issues.

This morning will be very much about how to prevent these issues occurring in the first place.

This session will be provided by a physiotherapist from Peterborough City Hospital.

#### **Objectives**

 To demonstrate and instruct on numerous exercises suitable for dentists.

#### **Learning outcomes**

The FD will know about the different forms of exercises that can help prevent back problems for the future.





# Friday 17 May

#### **Clinical Skills Laboratory, Learning Centre**

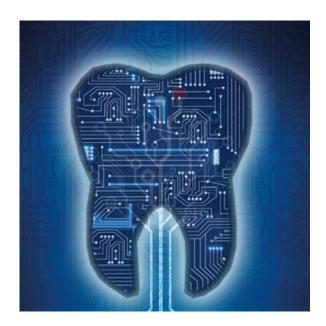
#### **Afternoon Session**

CPD = 3 Hrs

14:00

**Digital Dentistry** 





**Dan Schaffer** 

This session will provide you with an introduction to Digital Dentistry such as using digital tools and technologies..

#### **Objectives**

- Equip FDs with the knowledge and skills to engage with and implement essential digital technologies and work flows.
- Give an insight into contemporary digital technology, highlighting the dental practice work flow issues and present successful everyday examples of applying digital dentistry to a contemporary general dental practice.

#### **Learning outcomes**

- Recognise the importance of digital integration in contemporary dental practices
- Identify cost, risk and benefit integration
- Evaluate and assess how digital technology could benefit your practice.

17:00 Close

# Friday 24 May

#### Clinical Skills Laboratory, Learning Centre



#### **Morning Session**

CPD = 3 Hrs

# 09.30 Dento-Legal Risk Management





#### Uday Patel

Training Programme Director

Every patient contact poses a risk for you as their dentist.

This session will explore the variety of risks and how to manage them.

How can we learn from our experience and also from colleagues to minimize risks?

#### **Objectives**

 Group discussion of a variety of real life scenarios covering clinical risk management.

#### **Learning outcomes**

 Ability to put in place clinical risk management strategies.

#### 11.15 Ethical Dilemmas



# GDC Development Outcomes

#### **Uday Patel**

Training Programme Director

As a dentist you will encounter many ethical dilemmas throughout your career, which will pose challenges. This session will help you understand common dilemmas so that you are better able to reach justified decisions.

#### **Objectives**

Group discussion of a variety of ethical dilemmas.

- Understand the challenges posed by ethical dilemmas
- Ability to work through ethical dilemmas to reach sound decisions..



# Friday 24 May

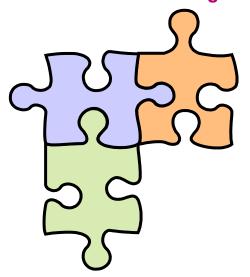
#### **Clinical Skills Laboratory, Learning Centre**

#### **Afternoon Session**

CPD = 3 Hrs



13:30 The Missing Session



#### **FDs**

#### **Aims**

This session will seek to cover some of the topics that we have not had a chance to explore over the rest of the day release scheme sessions:

Each FD will present a 10 minute educational session on their desired topic. The aim of this session is to find out which topics the FDS would like to cover in more detail.

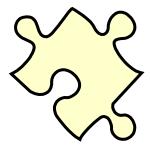
#### **Objectives**

Each FD will:

- Describe the educational needs of the 2019-2020 Foundation Dental intake.
- Take the opportunity to improve their presentation and communication skills

#### **Learning outcomes**

- Recognise the learning needs of their peer group
- Assess the learning required by their peers



Close 16.30

#### FDs should

- 1. Nominate a lead to collate topic information and forward this to the TPD and Administrator
- 2. Liase with each other to make sure there is no repetition of the topic they have chosen (first come—first served!)
- 3. Produce a 10 minute educational session that will help to fill the identified educational need. Can be interactive and need not be PowerPoint.

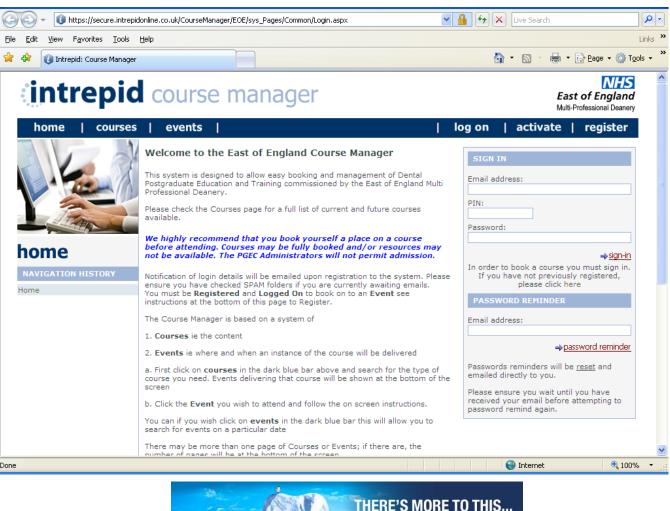
# Friday 31 May



# No Day Release Course

Use today as an opportunity for you to work on your portfolio or check out the East of England Intrepid Course Manager to see if there is a course of interest to you. Don't forget to record any meetings attended in your Portfolio.

Alternatively you may wish to attend the British Dental Conference and Dentistry Show.





# Friday 7 June

#### **Denis Bracey Room, Learning Centre**

Full Day

CPD = 6 Hrs

09:30

# Accountancy and Pensions for the Self Employed



#### **Richard Keeler**

Chartered Accountant, Lovewell Blake

Many FDs will soon become self-employed dental associates. This transition involves accounting for earnings received from the Practice and needless to say there will be associated paperwork and record keeping involved. Today we have an accountant who will talk and discuss on the subject of accountancy for dentists.

HM Revenue & Customs have a learning module specific for dentists. This link is <a href="http://www.hmrc.gov.uk/courses/syob2/thp\_d/in\_dex.htm">http://www.hmrc.gov.uk/courses/syob2/thp\_d/in\_dex.htm</a>

Whilst it may seem a long way off from receiving a pension it is never too early to start planning and paying your contributions.

#### **Objectives**

 There will be presentations, discussions and activities to gain information on accountancy matters that will better prepare FDs for the year ahead.

- Understand and prepare for the record keeping of earnings required for HMRC and learn about some financial aspects to practice.
- Understand pension implications for dentists



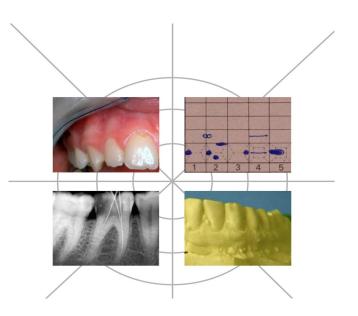
# Friday 14 June



### **Full Day**

CPD = 6 Hrs

09.30 FD Case Presentation





#### **Uday Patel**

Foundation Training Programme Director

Each member of the FD group will be presenting their completed cases to the group and in the presence of the TPD. Requirements and Presentation have been communicated to you separately.

The requirements for this session are that you submit a PowerPoint presentation which should be submitted to arixen@nhs.net by 12.00 noon on **31 May 2019** 

Please note there will be no extension to this final submission date.

A certificate will be presented to the FD with the best case presentation.

#### **Objectives**

 Every FD to present a single case by PowerPoint to demonstrate clinical competencies in multiple dental disciplines

- This session will help you with your presentation skills.
- This session will enable you to learn aspects of treatment planning and clinical care for your own patients.



# Thursday 20 or Friday 21 June

# Communicating with different personality types

This joint study day, with Stevenage and Bedford schemes, will see the group split over two days.

The schemes will each split in two with 6 trainees attending on 20th June at Bedford or 21st June here at Peterborough.

These places have been allocated by the Training Programme Director so as to ensure there is minimal disruption of clinical hours.

#### Peterborough Scheme FDs attending:

Bedford Peterborough
Thursday 20 June Friday 21 June

Nikita Bathia Sonia Bhandari

Aditi Goel Hemel Mandalia

Sabinaa Khan Aedan Barret Nnochiri

Tina Loganathan Anika Patel

Sanam Malde Cindy Xie

Ria Shah Aysha Younis

# Thursday 20 June

#### Bedford—venue to be confirmed



#### **Full Day**

CPD = 6 Hrs

#### 09:10 Communicating with different personality types

#### Kit Maher & Carol Brooking

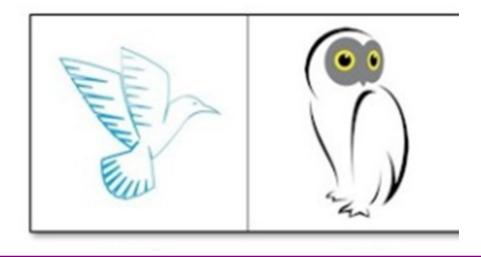
Does it ever seem that even though you're speaking in English with someone, it feels like you're talking a different language?

They just don't get what you are saying and you just don't get them. Either they talk too much, too little, too vaguely or too black and white.

Their reasoning doesn't seem to make sense or they just don't seem to take people into consideration. And don't talk to me about the ones who leave things to the last minute or those who have made up their mind before you have even had a chance to think about it!

Well, none of this is random. There is a lot of solid science (and practical experience) behind why interactions go wrong - or right. During this workshop we will give you the tools to:

communicate even more efficiently understand how others think and feel





# Friday 21 June

#### **Denis Bracey Room, Learning Centre**



be more aware of how people make decisions motivate someone stay energised

Using a thoroughly researched and substantiated model of personality we will explore the similarities and differences between us and ways to maximize our interactions with others. In essence we'll learn to speak their language.

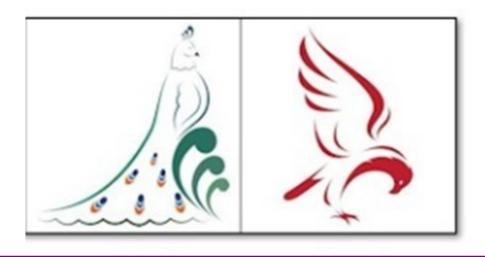
#### **Objectives**

 A practical group exercise to help each of us appreciate the similarities and differences in our personalities

#### Learning outcomes

You will have a deeper knowledge and understanding of working with different personality types such that you will have:

- insight into others
- less stress
- better communication
- fewer conflicts
- fewer complaints
- more influence



# Friday 28 June

#### **Denis Bracey Room, Learning Centre**



#### **Morning Session**

CPD = 3 Hrs

#### **Introduction to Business of Dentistry** 09.15



Raj Wadhwani General Dental Practitioner & Educational Supervisor

This session will help us to appreciate the financial considerations when it comes to running a dental practice.

#### **Objectives**

Presentation and discussion on the business aspects of dentistry.

#### **Learning outcomes**

- You will have a better understanding of the financial matters relating to treatment provided for patients in General Practice under the NHS private fee per items scheme and private capitation schemes.
- You will learn about the financial management of a general dental practice



12.15 Lunch



# Friday 29 June

#### **Denis Bracey Room, Learning Centre**

#### **Afternoon Session**

CPD = 3 Hrs

12:45 ESs to arrive for pre-session briefing

13:00 My evaluation of the 2018 - 2019 training year

#### All FDs



This is a joint session where all ESs are invited to attend

On this last study session each FD will share their personal training experience with the rest of the team.

The FDs will prepare a reflective 10 minute Powerpoint presentation. The purpose for which is to tell of their professional journey so far.

Every FD has a different journey. This presentation must be from a personal viewpoint.

The emphasis should be on how the training year has been for them in terms of:

- 1. Shaping their career as a dentist
- 2. The successes, the problems, the difficulties or incidents that can be reflected upon
- 3. Preparing the FD for next year, explaining what they plan to do and why this is the path they take.

There will be a prize for the best presentation that clearly shows they have made the most of the year, learning and developing as a dentist.

#### **Objectives**

- To share the training experience
- To learn from each others success and mistakes

- Learn from the training experience of their peers
  - Provide a reflective presentation on clinical and nonclinical experiences



# **PML** Evidence

#### **Sessional Content for e-Portfolio**



			_	<del>-</del>	20/21 June 2019	28
	17 May 2019	24 May 2019	7 Ju	14 June 2019	1 _	8 Ju
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	2019	2019	201	201:	201	201
	•		9		9	9
Professionalism						
Appraisal Oliviant and the second in the sec		<b>√</b>		<b>√</b>		
Clinical audit and peer review		•		<b>∨</b> ✓		
Confidentiality Ethical behaviour		<b>✓</b>		<b>▼</b>	<b>✓</b>	
Critical evaluation		<b>→</b>		<b>▼</b>	•	
Decision making		<b>√</b>		<b>✓</b>	· ·	· · · · · · · · · · · · · · · · · · ·
GDC Scope of Practice		✓		<b>V</b>		
Whistleblowing				<b>√</b>		
Management of difficult patients	<b>√</b>			<b>√</b>		
Patient safety		<b>√</b>		<b>∨</b> ✓		
Self-awareness Professionalism and Management	<b>V</b>	•		<b>V</b>	<b>v</b>	<b>V</b>
Professionalism and Management						
Basic Life Support training				<b>✓</b>		
Consent Equality & Diversity				<b>V</b>		
GDC Standards	<b>✓</b>	<b>✓</b>		<b>✓</b>		
	•	•		•		
NHS complaints procedure				<b>✓</b>		
Referring patients				•		
Management COSHH regulations						
COSHH regulations  Dental equipment selection, care and maintenance	<b>✓</b>					
Data Protection	· ·			<b>✓</b>		
Employment contracts/associate agreements for dentists	•		<b>✓</b>	•		
Employment Law basics			· ✓			
Finance						
Health & Safety requirements in dentistry	<b>√</b>					
Infection control procedures	<u> </u>			<b>√</b>		
NHS prescribing				· ✓		
NHS Rules & Regulations in Dentistry				· ✓		
Prescribing, directing, taking, processing and interpreting radiographs				✓		
Range and scope of NHS dental care						
Record keeping	<b>√</b>		<b>√</b>	<b>√</b>		
Use of emergency drugs						
Information Governance	<b>√</b>					
Safeguarding Children and Adults						
Leadership						
Facilitating learning in others		✓			<b>√</b>	✓
Quality management and improvement	<b>√</b>	· ✓		<b>√</b>		
Role model						
Teamwork	<b>√</b>	✓			<b>√</b>	<b>√</b>