

One-to-one mental health support

Getting lives back on track

PRIORY
HEALTHCARE

With over 1000 experienced therapists, psychologists and psychiatrists across a nationwide network of hospitals and wellbeing centres, Priory offers:

- **Fast access to confidential, expert treatment**
- **The highest quality of mental health support**
- **Personalised treatment programmes**
- **An initial consultation to determine the most suitable treatment for you**



Our range of therapy services help you improve your wellbeing in the following areas:

- Addictions
- ADHD
- Anger management
- Anxiety
- Autism
- Bereavement
- Depression
- Eating disorders
- Mood disorders
- Obsessive-compulsive disorder
- Panic disorders
- Relationship problems
- Sexual problems
- Sleep problems
- Stress and resilience
- Trauma and PTSD

If you have private medical insurance, you can access treatment through the policy. Alternatively, you can self pay – therapy starts from £104 per hour.

Along with session-by-session treatment, we also offer tailored outpatient therapy packages for a number of conditions. Our cost-effective packages provide a set amount of 1:1 therapy sessions. The amount of sessions we recommend within each package is based on national guidelines.



Next steps:

For more information please contact us:

Telephone: 0800 840 3219

Email: info@priorygroup.com

Visit: www.priorygroup.com