

Orthodontic Training Programme

Job Description

Post Details

HEE Office:	East of England
Job Title:	ST1 Norfolk and Norwich Hospital and Addenbrooke's Hospital
Person Specification:	NRO to complete
Hours of work & nature of Contract:	5 years, Full-time, no on-call
Main training site:	Norfolk and Norwich NHS Foundation Trust
Other training site(s):	Addenbrooke's Hospital, Cambridge

Organisational Arrangements

Training Programme Director (TPD):	Huw Jeremiah
TPD contact details:	huw.jeremiah1@nhs.net

Training Details

(Description of post)

This is a ST1 appointment in Orthodontics. This is a five year post (run through to ST5 subject to satisfactory progress at annual review). The post has been allocated a National Training Number.

The Director of Dental Education has confirmed that the post has the required educational and staffing approval.

Successful completion of the first three years of the training programme will culminate in a recommendation by the Regional Postgraduate Dean to the GDC that the trainee is eligible for the award of a Certificate of Completion of Specialty Training. The following two years of training will be centered within the East of England, but the precise location will be determined later during the first three years.

Throughout the five year programme the post will provide formal and informal training opportunities with access to educational programmes both within the region and nationally.

Training is structured according to the SAC approved clinical guidelines for specialty training in Orthodontics and accepted by the General Dental Council. The trainee will be expected to develop an educational programme in conjunction with their Educational Supervisor. This will include the need for workplace based assessments throughout the five year programme. Educational progress will be reviewed annually (minimum) through the Annual Review of Competency Progression (ARCP) process.

Successful completion of the five year training programme will lead to eligibility for consultant appointment in Orthodontics in the NHS.

Duties and Responsibilities of postholder

The appointed candidate will be expected to:

- 1 Be actively involved in new patient clinics for the advice, diagnosis and treatment planning of patients referred into the departments.
- 2 Treat a wide range of malocclusions, including multidisciplinary cases i.e. orthognathic, Minor Oral Surgery, Restorative and orthodontic / paediatric patients.
- 3 Attend and participate in the running of multidisciplinary clinics.
- 4 Active involvement / attendance in tutorials, lectures, journal clubs and organized teaching.
- 5 Undertake an active role in research and audit within the department.

Description of main training site

NORFOLK AND NORWICH UNIVERSITY HOSPITALS NHS FOUNDATION TRUST

The Department- **The Department of Oral Health**

The Outpatient Department was opened with the new NNUH in 2001. The Department is located in Outpatients West, in close proximity to the departments of Plastic Surgery, ENT and Ophthalmology.

The Department of Oral Health includes the specialties of OMFS, Orthodontics, Restorative Dentistry and the Oral Health Laboratory. There is a combined ENT/OMFS/Plastic/Ophthalmology ward.

Facilities-Department of Oral Health - NNUH

OMFS 2 MOS Rooms

Dental Surgeries

3 Consultation Rooms

4 Bed Recovery Ward

Orthodontics 4 Dental Surgeries

Restorative Dentistry 2 Dental Surgeries

Oral Health Laboratory - NNUH

This newly equipped purpose designed, Oral Health Laboratory provides the full range of services supporting Head and Neck Oncology, Maxillo Facial Trauma, Orthognathic, Orthodontic and Restorative clinics. Additionally, the laboratory provides all ocular prostheses for the department of Ophthalmology.

X-Ray Facilities - NNUH

There is a dedicated digital X-Ray facility within the department of Oral Health, staffed by the department of Radiography.

All X-Rays can be accessed in the clinics, offices, wards and theatres through PACS.

The Norfolk and Norwich University Hospital provides Orthodontic and Oral and Maxillofacial services across Norfolk through close links with adjacent trusts Queen Elizabeth Hospital King's Lynn and The James Paget hospital on the east coast. The catchment area covers a population of 1.4 million people and also includes Ipswich Hospital who merged with Colchester hospital to form the East Suffolk and North Essex Foundation Trust (ESNEFT). This post be based at the Norfolk and Norwich Hospital with general clinics being performed there. At present the Orthodontic Service covers patients

from the Norfolk and Norwich and James Paget Hospital and has the potential to expand its remit further.

Description of second training site

CAMBRIDGE UNIVERSITY HOSPITALS NHS FOUNDATION TRUST

Addenbrooke's Hospital, Cambridge

Department of Orthodontics

The orthodontic department has four fully equipped and dedicated surgeries. The department uses fully computerized medical records. The department is within a self contained unit shared with the Department of Oral and Maxillofacial surgery and Restorative Dentistry. Facilities in the department include a laboratory staffed by 4 qualified technicians and a shared junior staff work room with internet access and facilities for teaching and seminars.

The nursing establishment includes 14 dental nurses one of whom is the manager and there are dedicated clerical and secretarial staff, all shared with OMFS/Restorative.

DESCRIPTION OF CAMBRIDGE UNIVERSITY HOSPITALS NHS FOUNDATION TRUST

The resident population of Cambridge is about 110,000. The catchment population is approximately 400,000 for most general acute specialties, but considerably higher for regional and certain other specialties.

Addenbrooke's NHS Trust was granted Foundation Trust status in 2004. It offers a full range of acute, maternity and mental health services, which are provided from two main hospital sites - Addenbrooke's Hospital and Fulbourn Hospital. Community psychiatric and midwifery services form part of the service, ensuring continuity for those patients who are more appropriately cared for in their own communities.

Addenbrooke's Hospital lies on the southern boundary of Cambridge city, occupying a 66 acre site, which is shared by the University of Cambridge School of Clinical Medicine, the Addenbrooke's Centre for Clinical Investigation, the Wellcome/MRC (CIMR) Unit, Medical Research Council, the Regional Blood Transfusion Centre and the Parke Davis Research

Institute. Close links with the University have given the hospital an international reputation for converting research and development into practical health care.

The Rosie Maternity Hospital is also located on the Addenbrooke's site. This is a purpose built maternity unit and includes the Regional Neonatal Intensive Care Unit, Breast Screening Unit, Gynaecology and Genetic out patient clinics.

Fulbourn Hospital is situated on the outskirts of Cambridge, approximately three miles from the Addenbrooke's site. It provides the main inpatient base for general and specialised Psychiatric services, supplemented by outpatient and community services.

Addenbrooke's NHS Trust employs 5000 staff and offers both a district general hospital service to a more local constituency and is a specialist referral centre for a wider catchment population. Some special services, such as bowel/liver transplantation, draw patients supra-regionally or internationally.

Staff involved in training:

Name	Job Title	Site	Role
Mark Bainbridge	Consultant	Norwich	Clinical Supervisor
Lauren Hardwick	Consultant	Norwich	Clinical supervisor
Sonal Patel	Specialty Doctor	Norwich	Clinical Supervisor
Huw Jeremiah	Consultant	Cambridge	Clinical Supervisor, Orthodontic Lead
Natasha Wright	Consultant	Cambridge	Clinical Supervisor, Educational Supervisor
Sally Zahran	Consultant	Cambridge	Clinical Supervisor
Chloe Rolland	Consultant	Cambridge	Clinical Supervisor, Educational Supervisor
Vesolina Kostova	Consultant	Cambridge	Clinical supervisor

Indicative timetable (details are subject to change)

Year 1, 2 +3

	Mon	Tue	Wed	Thu	Fri
AM	Cambridge New patient clinic	Norwich Treatment clinic Research/Audit 2:4	Norwich Treatment clinic	Cambridge Treatment clinic	Teaching
PM	Cambridge Treatment clinic	Norwich Treatment clinic	Norwich Treatment clinic	Cambridge New patient clinic 2:4 Teaching/research 2:4	Research/audit

First Three Years of Training Programme

- History taking and treatment planning for new patients prior to and in conjunction with the Consultant Orthodontist.
- Treatment of patients, under supervision, with a wide range of malocclusions of varying complexity utilising a range of appliance systems.
- Attend and participate in multidisciplinary clinics.
- Attend and participate in regular journal club meetings.
- Participate in the audit programme and present at departmental audit meetings.
- Undertake an active role in research. • Maintain the database of patients under individual care and a personal log book of caseload.
- Undertake other administrative duties as required to assist in the smooth running of the departments and provide a high standard of patient care.

Years 4 and 5 of Training Programme

- Experience in the management of a range of complex malocclusions specifically chosen as appropriate to additional specialty training, including those requiring interdisciplinary management.
- Experience of providing teaching and clinical training for undergraduates, postgraduates, career junior hospital staff, orthodontic nurses and therapists
- Experience of clinics for the admission and review of patients and for advising GDPs on the treatment of their patients.
- Involvement in audit and journal club meetings and to foster a commitment to evidence-based practice.
- Personal involvement in research leading to publications and other methods for the dissemination of knowledge.
- Involvement in the managerial aspects of running an Orthodontic department.

Terms and Conditions

General

Details of essential competencies and qualifications are detailed in the person specification.

Study Leave

Study leave is available for specific educational and training needs, which cannot be obtained through the training programme. Study leave is typically (but not exclusively) granted to include study on a course, research, teaching, examining, visiting clinics and attending professional conferences.

Study leave is granted at the discretion of the TPD in conjunction with agreed guidelines approved through the STC to a maximum of 30 days in a year.

Annual Leave

The amount of annual leave will be defined by the terms and conditions of employment. Currently this is 32 days in a year.

Other information

See full details of person specification and other information available at the National Recruitment process information.

