

Orthodontic Training Programme Job Description

Post Details

HEE Office:	East of England			
Job Title:	ST1 Addenbrookes' Hospital and Guys			
Job Title.	Dental Hospital			
Person Specification:	NRO to complete			
Hours of work & nature of Contract:	5 years, Full-time, no on-call			
Main training site:	Addenbrooke's Hospital, Cambridge			
Other training site(s):	Luton and Dunstable University Hospital			

Organisational Arrangements

Training Programme Director (TPD):	Huw Jeremiah
TPD contact details:	huw.jeremiah1@nhs.net

Training Details

(Description of post)

This is a ST1 appointment in Orthodontics. This is a five year post (run through to ST5 subject to satisfactory progress at annual review). The post has been allocated a National Training Number.

The Director of Dental Education has confirmed that the post has the required educational and staffing approval.

Successful completion of the first three years of the training programme will culminate in a recommendation by the Regional Postgraduate Dean to the GDC that the trainee is eligible for the award of a Certificate of Completion of Specialty Training. The following two years of training will be centered within the East of England, but the precise location will be determined later during the first three years.



Throughout the five year programme the post will provide formal and informal training opportunities with access to educational programmes both within the region and nationally.

Training is structured according to the SAC approved clinical guidelines for specialty training in Orthodontics and accepted by the General Dental Council. The trainee will be expected to develop an educational programme in conjunction with their Educational Supervisor. This will include the need for workplace based assessments throughout the five year programme. Educational progress will be reviewed annually (minimum) through the Annual Review of Competency Progression (ARCP) process.

Successful completion of the five year training programme will lead to eligibility for consultant appointment in Orthodontics in the NHS.

Duties and Responsibilities of postholder

The appointed candidate will be expected to:

- 1 Be actively involved in new patient clinics for the advice, diagnosis and treatment planning of patients referred into the departments.
- 2 Treat a wide range of malocclusions, including multidisciplinary cases i.e. orthognathic, Minor Oral Surgery, Restorative and orthodontic / paediatric patients.
- 3 Attend and participate in the running of multidisciplinary clinics.
- 4 Active involvement / attendance in tutorials, lectures, journal clubs and organized teaching.
- 5 Undertake an active role in research and audit within the department.

Description of main training site

CAMBRIDGE UNIVERSITY HOSPITALS NHS FOUNDATION TRUST Addenbrooke's Hospital, Cambridge



Department of Orthodontics

The orthodontic department has four fully equipped and dedicated surgeries. The department uses fully computerized medical records. The department is within a self contained unit shared with the Department of Oral and Maxillofacial surgery and Restorative Dentistry. Facilities in the department include a laboratory staffed by 4 qualified technicians and a shared junior staff work room with internet access and facilities for teaching and seminars.

The nursing establishment includes 14 dental nurses one of whom is the manager and there are dedicated clerical and secretarial staff, all shared with OMFS/Restorative.

DESCRIPTION OF CAMBRIDGE UNIVERSITY HOSPITALS NHS FOUNDATION TRUST

The resident population of Cambridge is about 110,000. The catchment population is approximately 400,000 for most general acute specialties, but considerably higher for regional and certain other specialties.

Addenbrooke's NHS Trust was granted Foundation Trust status in 2004. It offers a full range of acute, maternity and mental health services, which are provided from two main hospital sites - Addenbrooke's Hospital and Fulbourn Hospital. Community psychiatric and midwifery services form part of the service, ensuring continuity for those patients who are more appropriately cared for in their own communities.

Addenbrooke's Hospital lies on the southern boundary of Cambridge city, occupying a 66 acre site, which is shared by the University of Cambridge School of Clinical Medicine, the Addenbrooke's Centre for Clinical Investigation, the Wellcome/MRC (CIMR) Unit, Medical Research Council, the Regional Blood Transfusion Centre and the Parke Davis Research Institute. Close links with the University have given the hospital an international reputation for converting research and development into practical health care.

The Rosie Maternity Hospital is also located on the Addenbrooke's site. This is a purpose built maternity unit and includes the Regional Neonatal Intensive Care Unit, Breast Screening Unit, Gynaecology and Genetic out patient clinics.



Fulbourn Hospital is situated on the outskirts of Cambridge, approximately three miles from the Addenbrooke's site. It provides the main inpatient base for general and specialised Psychiatric services, supplemented by outpatient and community services.

Addenbrooke's NHS Trust employs 5000 staff and offers both a district general hospital service to a more local constituency and is a specialist referral centre for a wider catchment population. Some special services, such as bowel/liver transplantation, draw patients supra-regionally or internationally.

Description of second training site

LUTON AND DUNSTABLE UNIVERSITY HOSPITAL NHS FOUNDATION TRUST

Department of Orthodontics

The orthodontic department has four fully equipped and dedicated surgeries. The department uses fully computerized medical records. The department is within a self contained unit shared with the Department of Oral and Maxillofacial surgery and Restorative Dentistry. Facilities in the department include a laboratory staffed by 4 qualified technicians and a shared junior staff work room with internet access and facilities for teaching and seminars.

The nursing establishment includes 16 dental nurses one of whom is the manager and there are dedicated clerical and secretarial staff, all shared with OMFS/Restorative.

DESCRIPTION OF LUTON AND DUNSTABLE UNIVERSITY HOSPITAL

The Luton and Dunstable University Hospital NHS Foundation Trust is a medium size general hospital with approximately 730 inpatient beds. It serves a highly diverse geography close to London, is a highly performing Trust with flagship emergency services and a reputation for consistent operational and financial delivery.

The hospital provides a comprehensive range of general medical and surgical services, including Emergency Department and maternity services for people in Luton, Bedfordshire, Hertfordshire and parts of Buckinghamshire. Last year we provided



healthcare services for over 90,000 admitted patients, over 402,000 outpatients and Emergency Department attendees and we delivered over 5,300 babies.

The L&D has developed a range of specialist services including cancer, obesity, neurophysiology and oral maxillofacial (jaw) surgery. We have the responsibility for treating the most premature and critically ill new-born babies across the whole of Bedfordshire and Hertfordshire in our tertiary level Neonatal Intensive Care Unit (NICU). We also have one of the country's largest breast screening centres.

All inpatient services and most outpatient services are provided on the Luton and Dunstable Hospital site. The Trust provides community musculo-skeletal services (MSK) at three locations across the catchment area, including our new Orthopaedic Centre and the chronic obstructive pulmonary disease (COPD) and diabetes services for South



Staff involved in training:

Name	Job Title	Site	Role
Huw Jeremiah	Consultant	Cambridge	Clinical Supervisor, Orthodontic
			Lead
Natasha Wright	Consultant	Cambridge	Clinical Supervisor, Educational
			Supervisor
Sally Zahran	Consultant	Cambridge	Clinical Supervisor
Chloe Rolland	Consultant	Cambridge	Clinical Supervisor, Educational
			Supervisor
Vesolina Kostova	Consultant	Cambridge	Clinical supervisor
Ali Payam Sattarzadeh	Consultant	L&D	Clinical Supervisor, Orthodontic
			Lead
Mohamed Seedat	Consultant	L&D	Clinical Supervisor, Educational
			Supervisor
Yung Lam	Consultant	L&D	Clinical Supervisor





Indicative timetable (details are subject to change)

Year 1, 2 +3

Week 1

	Mon (Luton)	Tue (Cambridge)	Wed (Luton)	Thu (Cambridge)	Fri (London)
AM	Treatment clinic	Treatment clinic	Treatment Clinic	Treatment clinic	Academic teaching
PM	Treatment clinic	Treatment clinic	Treatment clinic	New patient clinic	Study

Week 2

	Mon (Luton)	Tue (Luton)	Wed (Luton)	Thu (Cambridge)	Fri
AM	Treatment clinic	Treatment clinic	Treatment clinic	Treatment clinic	Academic teaching
PM	Admin/Study	New patient clinic	Treatment clinic	Treatment clinic	Study



First Three Years of Training Programme

- History taking and treatment planning for new patients prior to and in conjunction with the Consultant Orthodontist.
- Treatment of patients, under supervision, with a wide range of malocclusions of varying complexity utilising a range of appliance systems.
- Attend and participate in multidisciplinary clinics.
- Attend and participate in regular journal club meetings.
- Participate in the audit programme and present at departmental audit meetings.
- Undertake an active role in research. Maintain the database of patients under individual care and a personal log book of caseload.
- Undertake other administrative duties as required to assist in the smooth running of the departments and provide a high standard of patient care.

Years 4 and 5 of Training Programme

- Experience in the management of a range of complex malocclusions specifically chosen as appropriate to additional specialty training, including those requiring interdisciplinary management.
- Experience of providing teaching and clinical training for undergraduates, postgraduates, career junior hospital staff, orthodontic nurses and therapists
- Experience of clinics for the admission and review of patients and for advising GDPs on the treatment of their patients.
- Involvement in audit and journal club meetings and to foster a commitment to evidence-based practice.
- Personal involvement in research leading to publications and other methods for the dissemination of knowledge.
- Involvement in the managerial aspects of running an Orthodontic department.



Terms and Conditions

General

Details of specification	competencies	and	qualifications	are	detailed	in	the	person

Study Leave

Study leave is available for specific educational and training needs, which cannot be obtained through the training programme. Study leave is typically (but not exclusively) granted to include study on a course, research, teaching, examining, visiting clinics and attending professional conferences.

Study leave is granted at the discretion of the TPD in conjunction with agreed guidelines approved through the STC to a maximum of 30 days in a year.

Annual Leave

The amount of annual leave will be defined by the terms and conditions of employment. Currently this is 32 days in a year.

Other information

See full details of person specification and other information available at the National Recruitment process information.