

A Career in Oral Medicine in the Midlands & East



Developing people
for health and
healthcare

Contents

- [What is Oral Medicine ?](#)
- [Why choose this specialty?](#)
- [Future challenges](#)
- [Typical day](#)
- [Personal qualities for this career](#)
- [Training pathway I](#)
- [Training pathway II](#)
- [Requirements during training](#)
- [Recruitment](#)
- [Competition ratios](#)
- [Why train M&E](#)
- [Demonstrating commitment to specialty](#)
- [Where to go for more information](#)

(Please click on topic for direct link)

What is Oral Medicine?

- ⌘ “The specialty of dentistry concerned with the oral health care of patients with chronic, recurrent and medically related disorders of the oral and maxillofacial region, and with their diagnosis and non-surgical management.”
- ⌘ Oral Medicine sits at the interface between dentistry and medicine. Many Oral Medicine specialists have dental and medical qualifications, although a medical degree is no longer a requirement for entry to specialty training.

<http://www.bsom.org.uk/home/what-is-oral-medicine/>

Why choose this specialty?

- Exciting and stimulating specialty
- There are three main, inter-related aspects to the practice of Oral Medicine:
 - Clinical care
 - Learning and teaching
 - Research
- Consultant led care
- Primarily based in dental hospitals (UK)
- Opportunities in the 3 domains

Clinical care



Learning and Teaching

- ‡ Important aspect of our work
- ‡ Core component of undergraduate training
 - Lecturing
 - Seminars/ tutorials/Mentoring
 - Clinical teaching and supervision
- ‡ Postgraduate training courses
- ‡ Lifelong learning

Research

- ⌘ Oral medicine is closely linked to research and education
- ⌘ Historically an academic specialty based around oral pathology
- ⌘ Research allows a greater understanding of the clinical conditions we see
- ⌘ Evidence based medicine
- ⌘ Clinical research fellowships available which combine clinical and academic training

Future challenges

- ▶ Clinical challenges
- ▶ Teaching challenges
- ▶ Research challenges

Typical Day

A day in the life...

- ⌘ Rapid Access Clinic
- ⌘ Consultant clinics
- ⌘ Biopsy clinics
- ⌘ Multidisciplinary clinics
 - ⌘ Paediatrics/ Restorative clinic
 - ⌘ Sjogren's clinic
 - ⌘ Behcet's clinic
 - ⌘ Pain clinic
 - ⌘ Dermatology/GE/Ophthalmology
 - ⌘ Joint Oral Medicine/Prosthetics clinic
- ⌘ Undergraduate teaching
- ⌘ Research
- ⌘ Supported Patient Activity

Personal Qualities for this career

- **Excellent communication skills**
- **Good interpersonal skills**
- **Leadership**
- **Resilience**
- **Practical skills**
- **Life long learner**

- In line with all specialities, trainees need to be **reliable, self-motivated, punctual , flexible and good team players**

Training Pathway

- Person specification:
 - Full GDC registration
 - A minimum 2 year period of **Foundation Training** in dentistry, including training in primary and secondary care settings
 - Diplomas of membership of the dental faculties of the **Royal Colleges** are indicators of completion of FT but are not essential
 - **Desirable:**
 - Medical degree
 - Research experience
 - Teaching qualification
- Duration of training
 - 5 years (accredited prior learning may be taken into account)
 - 3 years if dual qualified

Training pathway

- Specialty training curriculum for oral medicine (GDC)
- Training posts:
 - Specialty registrar
 - Academic clinical Fellow
 - Academic clinical Lecturer
- BSOM (www.bsom.org.uk)
- Junior's group (juniors@bsom.org.uk)

Requirements During Training

- Work place based assessments (supervised learning events)
- E Portfolio
- Life support courses; PLS, APLS
- Audit
- Presentations
- Publications
- Safeguarding courses
- Teaching
- Managerial experience
- Annual review of competence progression (ARCP)

Recruitment

- All shortlisted applicants are invited to interview.
- Successful candidates commence the training programme in September.

Competition Ratios

- The competition ratio is low, although only a few posts are available each year.
- Some training units will only consider applicants with dual qualifications, so please read the person specification and job description carefully.

Why train in the M&E?

- Largest regions in the country
- Diverse area resulting in wide range of pathology.
- Mix of smaller DGHs, large teaching hospitals and tertiary units ensures broad training and excellent opportunities.



Demonstrating commitment to Specialty

- Demonstrate interest in your chosen speciality
 - Am I registered with the main association(s) related to my speciality?
 - British society for Oral Medicine (BSOM)
 - European association of Oral Medicine (EAOM)
- Get your name known:
 - Publications
 - Research
 - Case reports
 - Presentations
 - Poster
 - Oral
- Attend the major meetings or conferences in your chosen specialty:
 - BSOM Annual meeting
 - BSOM Winter (juniors) meeting
 - EAOM Biennial meeting

Where to go for more information...

- [NHS health careers](#)
- BSOM (www.bsom.org.uk)
- Junior's group (juniors@bsom.org.uk)
- <https://www.copdend.org/>