

Ophthalmology East of England

Welcome to the East of England. We have a vibrant, fast evolving training program that benefits from 13 dynamic trusts. The two main teaching hospitals are Addenbrookes, Cambridge and Norfolk & Norwich University Hospital. We run 3 sub-rotations to reduce commuting distances.

2017 GMC trainee survey: we were rated highest for overall satisfaction in the UK (87%)

We had 100% success at recent Part 2 clinical exams (5/5)

Narman Puvanachandra TPD
Anthony Vivian HoS



Induction Week

We run a week course for new trainees, offering practical hands on skills teaching with patients. Trainee satisfaction 9.8/10

Simulation training

We run superb Cadaver training course, Wetlab courses, 3 EyESi simulators, model eye simulation and laser simulation courses

Exam Preparation

We run a hugely popular biannual Part 2 exam courses with mock OSCEs, and an annual refraction course.

Training Highlights

Ophthalmology
East of England

https://heeoee.hee.nhs.uk/oph_home

CORE Regional Teaching

| Date | Subject | Lead | Loc |
|--------|----------------|---------------|-----|
| Jan 16 | Paediatric | L Allen | Add |
| Feb 23 | Cornea | D Spokes | N&N |
| Mar 22 | Vitreo-retina | P Alexander | Add |
| Apr 13 | Glaucoma | Nuwan N | N&N |
| May 21 | Neuro-Ophth | B Muthusamy | Add |
| Jun 12 | Research comp | T Vivian | Add |
| Jul 6 | Oculoplastics | K Ziahosseini | N&N |
| Sep 14 | Oculomotility | Narman P | N&N |
| Oct 15 | Medical Ophth | E Damato | Add |
| Nov 23 | Medical Retina | A Misra | N&N |
| Dec 12 | MC Case Comp | B Muthusamy | Add |

Other Regional Teaching

| Date | Subject | Lead | Loc |
|----------|-------------------|----------------|------|
| Mar 16 | Bury Meeting | Norwich | Apex |
| Mar 23 | Part 2 Course | U Hussain | Bury |
| Apr 20 | Sim: Cat Comp | T Butler | JPH |
| Jun 22 | Leadership | H Roberts | Fulb |
| Jun 29 | Bury Meeting | Peterborough | Apex |
| Aug 6-10 | Induction Course | Narman P | N&N |
| Sep 6-7 | Camb Symposium | K Martin | Cam |
| Sep 21 | Research skills | R Bourne | N&N |
| Sep 28 | Part 2 course | U Hussain | Bury |
| Oct 5 | Governance | N Gupta | Bury |
| Dec 7 | Bury Meeting | Bedford | Apex |
| TBC | Sim : Glaucoma | A Prabhu | JPH |
| TBC | Sim : Trauma | Deepak V | Ipsw |
| TBC | Sim : Laser | L Sullivan | Pet |
| TBC | ST6/7 dev | M Subash | Lut |
| TBC | Refraction course | R Lovell-Patel | ARU |

Teaching

We have a new program that incorporates OSCE practice in every core training day
Overall trainee satisfaction:
9.59/10 (2017)

Trainee Journey

Trainees coming to the East of England can expect to receive the very best training in the U.K. We aim to deliver high standards yet tailor the training to individual needs. From induction course, through teaching days, simulation training and exam preparation we look after academic and surgical needs. Trainees are encouraged to develop skills in research, teaching, management, presentation and leadership. We have a trainee passport that follows the trainee through their training, to help guide training needs. We develop successful trainees yet support those who find it harder with equal measure, with the help of our professional support unit (PSU). Our trainees pass onto excellent world leading fellowships and successfully appointed into consultant posts, often within the region. We are fortunate to also live in a fantastic part of the world too with beautiful broads, charming colleges, great schools and affordable house prices



Beyond the Curriculum

Research

We encourage OOPR to achieve M.Ds & PhDs. This is complemented by 1-2 Academic Clinical fellow posts, Research presentation prize day and research skills workshop. Our trainee present regionally, nationally and internationally including at ARVO.

Trainee Selected Component

We deliver high quality subspecialty training to all trainees at the end of their training. They are non-competitive ensuring everyone gets equal opportunity and hugely popular.

Teaching

Our trainees regularly contribute to teaching days and teach medical students. They can also get funding to get a PGCert and attend Teach the Teachers courses.

Management / Leadership

Several of our trainees have undertaken a Chief Resident Program in management. We are also planning workshops this year in Leadership, transitioning into a consultant and developing a service.

