

School of Obstetrics & Gynecology

East of England

Why The East of England?

Currently in the top 4 for overall quality of training in the UK

Flexible training programme that tries to maximise opportunities for all trainees

Encourage trainees to develop other interests to produce well rounded employable Consultants

Course Details

Obstetrics & Gynecology is a 7 year run through course, with a small entry at ST3 that offers training at all 17 teaching hospitals and DGHs in the East of England region. Trainees are able to opt to stay in one geographical area, and ideally no commute is ever longer than an hour unless a specific hospital is requested.

Regional Teaching program



Teaching is organised throughout the region. We aim to provide as many of the compulsory courses as possible locally. There is a compulsory Trainee prize day once a year

Research

Most hospitals are involved in multicentre trials which trainees can be involved in and there are more formal research opportunities mainly in Cambridge and Norwich. The School has an Associate TPD with a brief to support academic training and trainees in the Region.

Exams

There are three exams to be sat. The first is taken by the end of ST2, and the others are taken by the end of ST5



Simulation

Most hospitals will have some simulation facilities and run obstetric emergency (PROMPT) courses. A number of the deanery teaching courses are simulation based. At a more senior level we also offer cadaveric training

Global Health

We support ST1-2 trainees to spend a year overseas as a Global Health Fellow and are developing programmes for short term placements overseas. We also support OOPE for trainees wishing to be involved in such things as VSO

Subspecialty training is available in Maternal Fetal Medicine, Reproductive medicine and Urogynaecology in Cambridge. Gynae oncology is available in Cambridge and Norwich. All posts are nationally advertised and trainees from our region have a high success rate in appointments to posts both in and out of the Deanery

Contact us

If a career in O&G interests you we would love to hear from you!

https://heeo.e.hee.nhs.uk/obstetrics_gynaecology

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Obstetrics & Gynaecology

Frequently asked questions

Teaching & Study Leave

How is the regional teaching program structured?

Teaching organised throughout the region. We aim to provide as many of the compulsory courses as possible locally. There is a compulsory Trainee prize day once a year.

How many days of study leave do I get?

30

What opportunities are there for simulation training in the region?

Most hospitals will have some simulation facilities and run obstetric emergency (PROMPT) courses. A number of the deanery teaching courses are simulation based. At a more senior level we also offer cadaveric training

Training Programme

How many years is the training program?

7 years

Is the training run through or decoupled?

Run through (although there is a small entry at ST3.)

Which units in the East of England can I be trained in?

All 17 teaching hospitals and DGHs

Are there more localized Sub-rotations to avoid long commutes?

No - our trainees have previously said they do not want this. They are able to opt to stay in one geographical area and we aim to avoid any commute longer than an hour unless the trainee requests a specific hospital.

What induction program is there into training in the region?

Deanery induction at the Deanery site in August

How is recruitment organized?

Nationally- currently in Manchester. Recruitment opens in November.

Opportunities

What Sub-specialty / fellowship training opportunities are there in the region?

Subspecialty training in Maternal fetal medicine, reproductive medicine and urogynaecology in Cambridge. Gynae oncology in Cambridge and Norwich. All posts are nationally advertised and trainees from our region have a high success rate in appointments to posts both in and out of the Deanery

What research opportunities are there in the region?

ACF in Cambridge and Norwich. ACL post in Cambridge. Most hospitals are involved in multicentre trials which trainees can be involved in, with more formal research opportunities in Cambridge and Norwich.

Do you support Out of Programme Research?

Yes OOPRs are supported as long as the Research is aimed to lead to a higher degree and is properly funded. Support in this is obtained from the ATPD

Is there scope for work overseas during my training? we support ST1-2 trainees to spend a year overseas as a Global Health Fellow and are developing programmes for short term placements overseas. We also support OOPE for trainees wishing to be involved in such things as VSO.

Exams

What exams will I have to sit during my training?

Part 1 (by end of ST2), Part 2 and 3 by end of ST5

Is there any exam preparation organised in the region?

Yes preparation is organised - local teaching and regional courses for all 3

What are the top 3 reasons for training in the East of England:

1. Currently we are 4th in the UK for overall quality of training with Southend being top in the UK.
2. We offer a flexible training programme that tries to maximise opportunities for all trainees and focusing on quality of life.
3. We encourage trainees to develop other interests through the use of OOPE and LTFT working to produce well rounded employable Consultants.

Where can I go for more information?

Regional Website

www.heeoe.nhs.uk/obstetrics_gynaecology.