



Health Education England

## Revalidation

After you have been released from training, HEE, EoE will no longer be your designated body for revalidation. If you are currently 'under notice\*', HEE, EoE will submit your revalidation recommendation to the GMC as soon as possible; once the GMC have approved this, they will email you separately.

### Action required from you:

After you have been released from training, please update your designated body via the 'My Revalidation' section in your GMC Online account.

**Please do not do this until after you have left your HEE, EoE training post and (if you are 'under notice\*') received confirmation from the GMC that you have been revalidated.**

If you are unsure who your new designated body is, please see the GMC's designated body tool:

[http://www.gmc-uk.org/doctors/revalidation/designated\\_body\\_tool.asp](http://www.gmc-uk.org/doctors/revalidation/designated_body_tool.asp)

For any revalidation queries, please contact the Revalidation Team at [revalidation.eoe@hee.nhs.uk](mailto:revalidation.eoe@hee.nhs.uk)

*\*'Under notice' is the 120 day period before a doctor's revalidation date, during which their Responsible Officer must submit a recommendation to the GMC. This recommendation is usually either to **revalidate** the doctor, or to **defer** their revalidation date.*



Health Education England

### Revalidation, Performance and Assessments

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## ARCP Outcome 4

### Information for trainees

# Outcome 4 Explained...

This leaflet is intended to help you understand your options should you have been awarded an Outcome 4 at your ARCP panel. If you have any questions about this that are not explained in this leaflet, please contact [appeals.eoe@hee.nhs.uk](mailto:appeals.eoe@hee.nhs.uk). National guidance on ARCP panels and appeals can be found in the Gold Guide Seventh Edition (January 2018).

## What an Outcome 4 means

An Outcome 4 awarded by an ARCP panel is defined as:

*“Released from training programme - with or without specified competences”*

This is awarded if the panel believes there is still sufficient and sustained lack of progress, despite usually having had additional training to address concerns over progress. It requires you to give up your National Training Number or Deanery Reference number (GG6 section 7.80).

## Options open to you after receiving an outcome 4:

- If you have achieved all the required competences but are yet to pass an exam, then you may be able to apply to the college for a further attempt at the exam outside of training. This might be an option if you can prove you have sufficient mitigating circumstances that affected your performance in a previous attempt.
- You would then be able to apply to the GMC for entry to the specialist register through the CESR process (see separate guidance for GP). During this time you may choose to work as a specialty doctor or undertake locum appointments.

## Options cont.

- You can choose to appeal the recommended outcome 4 (process summarised overleaf).
- If your appeal is successful then you would be awarded an ARCP outcome 3. This would enable a further extension to training and a chance to complete the outstanding competences and/or to take a further attempt at the examination, provided the limit of attempts has not been reached, or that a further attempt is supported by the training programme and the relevant Royal College or Faculty.
- You may wish to explore alternative career options. Our Professional Support Unit can provide access to expert careers guidance as well as specialty specific contacts. You may find it helpful to look at options on the national health careers website.

<https://www.healthcareers.nhs.uk/i-am/working-health/information-doctors>



## Appeal Process

This is detailed in the Gold Guide, but the essential points are:

- You have a right to appeal this decision, but must make the request to do so in writing within ten working days of being notified of the decision; this will be the date on the outcome letter sent to you.
- The Appeals Officer will arrange for a review of the original recommendation, normally within 15 days of your request for appeal. The review will be undertaken by the same panel that awarded the ARCP outcome 4. You may present additional evidence for this review.
- The panel will tell you their recommendation in writing and a meeting will be arranged with you.
- If the ARCP outcome is changed to an outcome 3 following the review, then this will complete the appeal process.
- Where the review panel does not change the ARCP outcome, and further to confirming that you wish to proceed, an appeal hearing will be arranged. This will consist of a panel of independent members.

As they involve a number of people, formal appeal hearings may take more than the recommended 15 working days from the review to arrange. However, the panel would normally be convened as soon as possible. You will receive instructions to help you prepare for your appeal and you will be invited to present a written statement of your case for appealing against the ARCP outcome 4 recommendation.