

Nottinghamshire and Leicestershire Dental Foundation Training Scheme

Spring and Summer Term Programme 2021-22





Nottinghamshire and Leicestershire Dental Foundation Training Scheme

King's Mill Hospital, Education Centre

King's Mill Hospital, Mansfield Road, Sutton in Ashfield, Nottinghamshire, NG17 4JLPG C
Tel: 01623 622515

Royal Derby Hospital, Education Centre

Royal Derby Hospital, Uttoxeter Road, Derby, DE22 3NE
Tel: 01332 340131

Regional Postgraduate Dental Dean	Andrew Dickenson
Regional Deputy Postgraduate Dental Dean, Early Years	Deborah Manger
Associate Dental Dean for Regional Trainee Support	Fleur Kellett
Regional Dental Account Manager	Rivie Mayele-Tamina
Regional Dental Faculty Support Officer	Patti Bradshaw, Jemma Brighton
Regional Faculty Support Administrator	Peta Wright, Kapil Nandha
Postgraduate Centre Manager	Sue Elliott
Scheme Administrator	Kalawatee Ramsewak
Training Programme Director	Harmandeep Sanghera BDS, MFGDP(UK), MFDS RCS(Eng), DipClinEd Sixteen A Dental Care 07956 128139 harmandeep.sanghera@hee.nhs.uk



Nottinghamshire and Leicestershire Dental Foundation Training Scheme

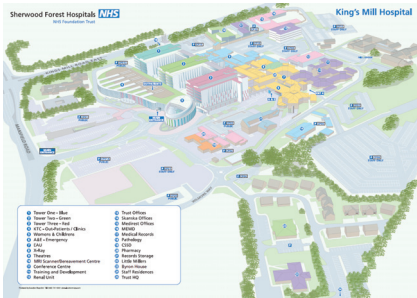
Index to Spring and Summer Term Programme

Midlands and East Region	2
Index	3
Nottinghamshire and Leicestershire Scheme Postgraduate Centre	4
List of Study Days for Spring and Summer Term	6
Details of Study Days	8
Calendar for 2021-22	21
ESs and FDs of Nottinghamshire and Leicestershire Scheme	22
Buddy ES pairs for Nottinghamshire and Leicestershire Scheme	25
Online Learning	26
e-LIFT Project	30
Milestones and APLAN	31
Problem Solving and Support Nottinghamshire and Leicestershire Scheme	32
Claiming Travel and Subsistence	33
Audit Project	34
Practice Equipment List	35
Useful Links	37



Nottinghamshire and Leicestershire Dental Foundation Training Scheme

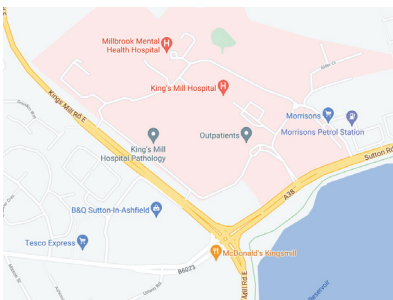
King's Mill Hospital, Education Centre



King's Mill Hospital,
Mansfield Road,
Sutton in Ashfield,
Nottinghamshire,
NG17 4JL



Location



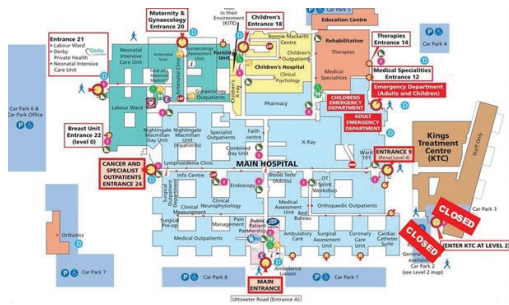
How to find us from the M1

Leave the M1 at Junction 28
Follow signs for A38 to Mansfield
Proceed through six sets of traffic lights - you will see a large reservoir on your right.
At the next set of lights turn right to Mansfield.
The entrance to King's Mill Hospital is on your left



Nottinghamshire and Leicestershire Dental Foundation Training Scheme

Royal Derby Hospital, Education Centre



Royal Derby Hospital,
Uttoxeter Road,
Derby,
DE22 3NE



Location



SatNav
Postcode: DE22 3NE

Access:-
The hospital can be accessed via the A38, A52, A50
and the M1, off Junction 25.

Parking:-
There are 8 car parks for patients and visitors to
choose from, based around the hospital off the
internal loop road.



Spring and Summer Term

Venues and Subjects

Friday 25th March

Restorative
Group A Morning Session Only
Group B Afternoon Session Only

King's Mill Hospital, Education Centre

Friday 1st April

Health and Safety

King's Mill Hospital, Education Centre

Wednesday 20th April

Anxiety & Pain Management
Group A Morning Session Only
Group B Afternoon Session Only

Venue - TBC

Thursday 28th April

Oral Cancer
Morning Session

Virtual Remote Learning Platform - Links to be confirmed.

Friday 6th May

Medicolegal (Ethics and Complaints Handling)

King's Mill Hospital, Education Centre

Thursday 12th May

Behavioural Change

King's Mill Hospital, Education Centre

Thursday 16th June

Audit Presentations

Virtual Remote Learning Platform - Links to be confirmed.

Friday 24th June

Associate Contracts
Morning Session

Virtual Remote Learning Platform - Links to be confirmed.

Friday 24th June

Finance
Afternoon Session

Virtual Remote Learning Platform - Links to be confirmed.

Friday 1st July

Milestone 3 - Full Case

King's Mill Hospital, Education Centre

Thursday 7th July

Implants
Morning Session

The Campbell Academy, Edwalton, Nottingham

Thursday 7th July

Orthodontics
Afternoon Session

The Campbell Academy, Edwalton, Nottingham

Friday 8th July

Celebration Event

Venue - TBC

Important Dates and Deadlines

Early Stage Review	Friday, 15 October 2021
Milestone 1 Presentation	Friday, 26 November 2021
PSQ	December 2021
MSF	December 2021
Milestone 2 Presentation	Friday, 11 February 2022
Audit Report	April 2022
eLiFT	April 2022
Milestone 3 Presentation	Friday, 1 July 2022



Friday 25th March

King's Mill Hospital, Education Centre

Day Session

09.00

Restorative
Group A Morning Session Only
Group B Afternoon Session Only

CPD Hrs = 3

Neil Poyser



To give foundation dentists a broad understanding of Restorative Dentistry in General Dental Practice

Objectives

- Restore teeth to maintain predictability of the existing occlusion to form, function and appearance using indirect restorations, and refer as appropriate

Learning Content

- Recognise a wide range of materials and techniques available for the restoration of teeth and how to choose the most relevant for each patient presentation.
- Categorise and explain key factors when delivering an aesthetic restoration. Recognise the signs and factors indicating that a case is complex.

GDC Outcomes: A B C D





Friday 1st April

King's Mill Hospital, Education Centre

Day Session

09.00

Health and Safety

CPD Hrs = 6

Jane Bonehill

For participants to increase their understanding and knowledge relating to health and safety in their workplace.

Objectives

- *Explain the principles of occupational health and safety and how to apply this knowledge in the workplace including use of risk assessments and the practical actions to improve health and safety, and therefore prevent accidents.*
- *State and identify the scope of legal and moral responsibilities whilst at work and determine reasonable methods to control risks associated with all aspects of the working environment.*
- *Describe principles of accident prevention and the need to report accidents and dangerous occurrences whilst being aware of the hazards and risks associated with the workplace, work equipment, work activities, display screen equipment and hazardous substances.*



Learning Content

- *Define the key principles and legal requirements that relate to health and safety in the workplace.*
- *Foundation Dentists will be able to explain their own roles with respect to health and safety in their training practice environments.*
- *Evaluate how well their training practice complies with current health and safety requirements and the changes that could be made.*

GDC Outcomes: A B D



Wednesday 20th April

Venue - TBC

Day Session

09.00

Anxiety & Pain Management
Group A Morning Session Only
Group B Afternoon Session Only

CPD Hrs = 3

Speaker name

Nasser Syed



To give knowledge, understanding and practical ability to be able to successfully manage an anxious patient with particular focus to IV sedation with midazolam.

Objectives

- Define the current standards in conscious sedation in relation to primary dental care.
- Compare and discuss the mechanisms of action, roles and limitations of premedication, inhalation sedation, oral sedation, intravenous sedation and general anaesthesia.
- Describe when to refer.

Learning Content

- List the current standards/guidance in conscious sedation in primary dental care.
- Differentiate between different treatment options for anxious patients, define 'conscious sedation' and its indications/contraindications, alongside recognising physiological norms as part of the patient assessment and monitoring.
- Compare the presentation and pharmacology of Midazolam and Flumazenil for use in Intravenous Sedation and recognise medical emergencies that may arise during use of these drugs and how to act.

GDC Outcomes: A B C



Thursday 28th April

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.00

Oral Cancer
Morning Session

CPD Hrs = 3

Jason Wong

Reflect regarding their own clinical work and if required use personal learning needs to improve outcomes for patients.

Objectives

- Describe how to educate patients in general dental practice on possible risk factors for oral cancer, including having confidence in delivering 'very brief advice'.
- Identify oral premalignant conditions and identify the appropriate referral pathways, and when specialist advice is necessary.
- Describe the extent of surgery involved in some cases and the implications to both patient and their families, alongside how to support patients postoperatively, following radiotherapy, chemotherapy and surgery, and the implications this has on providing dental treatment.



Learning Content

- Explain the incidence, diagnosis and prevention of oral lesions and mouth cancer.
- Recognise local and national support services and resources in the care of mouth cancer.
- Demonstrate the ability to communicate effectively and sensitively with patients about the prevention, diagnosis and treatment of oral lesions, with an improved knowledge of the disciplines involved in the patient journey through diagnosis to treatment of head and neck cancer patients, alongside the role the general dental practitioner may need to play.

GDC Outcomes: A B C D



Friday 6th May

King's Mill Hospital, Education Centre

Day Session

09.00

Medicolegal (Ethics and Complaints Handling)

CPD Hrs = 6

Mike Clarke



To provide a comprehensive knowledge base on the medicolegal issues that present themselves in general dental practice and management of complaints that may arise alongside ethical dilemmas.

Objectives

- *List the regulations and requirements regarding record keeping and dealing with complaints.*
- *Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.*
- *To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice.*
- *Describe the processes of the GDCs regulation of the profession.*

Learning Content

- *Produce effective patient records within dental practice.*
- *Implement appropriate complaints handling in general dental practice.*
- *Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team.*

GDC Outcomes: A B D





Thursday 12th May

King's Mill Hospital, Education Centre

Day Session

09.00

Behavioural Change

CPD Hrs = 6

Cascade

To provide support for the foundation dentist implement DBOH in practice and provide training on behavioural change. The session should also support the ideology of behavioural change to enable and encourage people to make better health choices.



Objectives

- Discussion and learning of theories of behavioural change.
- Experience and demonstrate good behavioural change techniques through role play.

Learning Content

- Have gained greater familiarity with the role of Public Health and the aims of Delivering Better Oral Health.
- Review and improve protocols used in the dental practice to enable better early intervention advice to be given to patients.
- Be aware of the roles of digital and mobile technology, and the insights of behavioural science, to provide personalised support to a general population.

GDC Outcomes: A B C D



Thursday 16th June

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.00

Audit Presentations

CPD Hrs = 6

Jin Vaghela & Ali Chohan



To highlight the importance of Audit in Total Quality Management/Clinical Governance in primary dental care.

Objectives

- *To present and discuss about the areas of practice that can be subject to audit in a satisfactory manner including selection of topics for a DFT Audit.*
- *To discuss methods of audit including, standard identification and setting, data collection, sample size, data analysis and presentation and implementing change.*
- *To engage with presentation, discussion and peer review process in respect of the changes to practice produced by the implementation of Audit.*

Learning Content

- *Demonstrate greater understanding of the importance of audit in the setting and maintenance of high standards of care provision within general dental practice.*

GDC Outcomes: A B C D



Friday 24th June

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.00

Associate Contracts
Morning Session

CPD Hrs = 3

Jason Stokes



To explore the benefits and differences to different types of professional contracts.

Objectives

- *Identify the benefits and differences to different types of professional contracts.*

GDC Outcomes: B



Friday 24th June

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

13.00

Finance
Afternoon Session

CPD Hrs = 3

Richard Keeler



Provide Foundation Dentists with the skills to better manage their own financial situations.

Objectives

- *Inform Foundation Dentists of the relevance of finance to their personal and professional lives, alongside the requirements for financial management and record keeping for personal and practice situations.*
- *Evaluate the methods of remuneration for dental employees and self-employed associates including the associated taxation, superannuation and income protection processes applicable within the UK.*

Learning Content

- *Describe the requirements for financial record keeping and management at an individual and practice level.*
- *Define the HMRC requirements for general dental practitioners at both a personal and practice level.*
- *Recognise the importance of good personal financial management regarding income, employment, income protection and pension provision, both within and outside the NHS.*

GDC Outcomes: B





Friday 1st July

King's Mill Hospital, Education Centre

Day Session

09.00

Milestone 3 - Full Case

CPD Hrs = 6

Harmandeep Sanghera

TPD

To enable the foundation dentist to develop clinically with a complex multi-disciplinary case and in their presentation skills.

Objectives

- *To enhance self-assessment, reflection and feedback amongst participants.*
- *Provide an opportunity to learn how best to approach work in the future.*
- *Reflect on a wide range of complex clinical care plans.*

Learning Content

- *Assess and treatment plan appropriately.*
- *Reflect regarding their own clinical work and if required use personal learning needs to improve outcomes for patients.*

GDC Outcomes: A B C D





Thursday 7th July

The Campbell Academy, Edwalton, Nottingham

Morning Session

09.00

Implants Morning Session

CPD Hrs = 3

Colin Campbell

To evaluate when the provision of dental implants may be appropriate, when patients should be referred and what things a GDP should be doing regarding maintenance and monitoring of dental implants.

Objectives

- *Define aspects of implant dentistry sufficient to identify suitable cases for referral, give patients basic information and recognise failures.*
- *Examination and discussion of current National guidelines relating to the provision of dental implants and local arrangements for NHS provision.*
- *Exploration and revision of the role of the dental practitioner in offering treatment options, including those unavailable on the NHS.*

Learning Content

- *Be able to define the indication and contraindications for the provision of dental implants for patients.*
- *Recognise the role, responsibilities and expected actions of the General Dental Practitioner in the management and monitoring of implants.*
- *Clearly describe the processes, both biological and procedural, involved in the planning, placing and care of dental implants.*

GDC Outcomes: A C





Thursday 7th July

The Campbell Academy, Edwalton, Nottingham

Afternoon Session

13.00

Orthodontics
Afternoon Session

CPD Hrs = 3

Andrew Flett

This session will use case-based studies to discuss current concepts around orthodontic assessment and treatments.

Objectives

- *Identify how to conduct a thorough orthodontic assessment in general dental practice*
- *Explain appropriate times to refer to secondary care or specialist practice.*
- *Explore current guidance documents relating to orthodontics.*

Learning Content

- *Improved knowledge of how to carry out an orthodontic assessment in general dental practice.*
- *Recognise when to follow appropriate referral pathways.*

GDC Outcomes: A C





Friday 8th July

Venue - TBC

Day Session

09.00

Celebration Event

CPD Hrs = 6

Various Speakers

TBC once the event planning has been completed.



Calendar

March 2022

25/03/2022

Restorative (Group A Morning Session Only/Group B Afternoon Session Only)

April

01/04/2022

E-Lift => FD Deadline to upload modules

01/04/2022

Health & Safety

20/04/2022

Anxiety/Pain Management (Group A Morning Session Only/Group B Afternoon Session Only)

28/04/2022

Oral Cancer - Morning Session

29/04/2022

ES Development Day (ESs Only)

May

06/05/2022

Medicolegal

12/05/2022

Behavioural Change

20/05/2022

Milestone 3 FD APLAN Case Uploads Deadline

June

03/06/2022

Milestone 3 FD & ES APLAN Remote Feedback Deadline

16/06/2022

Audit Presentations

24/06/2022

Associate Contracts – Morning Session

24/06/2022

Finance – Afternoon Session

July

01/07/2022

Milestone 3

07/07/2022

Implants – Morning Session

07/07/2022

Orthodontics – Afternoon Session

08/07/2022

DFT Celebration Event



Educational Supervisors and Foundation Dentists



Amit Bhalla
Dhiren Lad

Gipsy Lane Dental 47 Gipsy Lane Leicester Leicestershire LE4 6RJ



Huraira Maneer

01162 681444



Harpreet Ark

Smile Dental Care 222 Uppingham Road Leicester Leicestershire LE5 0QG



Mayur Bokhiria

01162 460795



Kamaljeet Kalsi

Willowbrook Dental Practice 339 Humberstone Road Leicester Leicestershire LE5 3DF



Taha Mirza

01162 621151



Rubina Khan

The Whitehouse Dental Surgery 386 East Park Road Leicester Leicestershire LE5 5HH



Beenish Khan

0116 2730456



Zahir Kaderbhai

Thurmaston Dental Practice 577 Melton Road Thurmaston Leicestershire LE4 8EA



Priyanka Adatia

0116 2602515



Zoeb Kapadia

Smile Dental Care 222 Uppingham Road Leicester Leicestershire LE5 0QG



HIRAK Sachania

0116 2460795



Ria Chande

Desford Dental Care 18 Manor Road, Desford Leicestershire LE9 9JR



Sonam Thakkar

01455 823900



**Shilpa Chotai
Hanish Chotai**

Desford Dental Care 18 Manor Road Desford Leicestershire LE9 9JR



Saneeca Jain

01455 823900



Anoop Deol

Coventry Road Dental Care 94 Coventry Road Bedworth Warwickshire CV12 8NW



Kardam Patel

02476 312256



Manvinderjit Deol

Holbrooks Dentalcare 75-77 Wheelwright Lane Coventry West Midlands CV6 4HN



Riandeep Jhaj

02476 366115



Urvi Bhawsar

Doncaster Road Dental Practice 2 Doncaster Road Leicester Leicestershire LE4 6JH



Lauren Wong

01162 661145



Alexander Price

Allesley Park Dental Practice 122 Winsford Avenue Coventry West Midlands CV5 9JB ce



Taranjit Dhillon

02476 691904



Ditesh Panchal

Face Dental Quinton Road Coventry West Midlands CV3 5FD



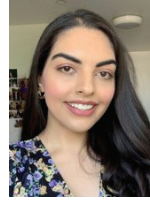
Priya Bola

02476 501125



Kiran Panchal
Gurvinder (Nikki) Chadha

Holyhead Dental Practice 117 Holyhead Road Coventry West Midlands CV1 3AD



Manique Dosanjh

02476 220514



Niraj Devalia



Daaniya Irshad

Beaumont House Dental practice Unit 15 Barshaw Park Leicester Leicestershire LE4 1ET

0116 236 5133



Prerna Vather
Dhrua Mehta



Zainab Arabo

MM Dental Care - Uppingham Practice 193 Uppingham Road Leicester Leicestershire LE5 4BQ

0116 2767760



Nottinghamshire and Leicestershire Scheme Buddy ES Pairings

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Huraira Maneer (Group A)	Amit Bhalla/Dhiren Lad	Ria Chande
Sonam Thakkar (Group A)	Ria Chande	Amit Bhalla/Dhiren Lad
Lauren Wong (Group A)	Urvi Bhawsar	Shilpa Chotai/Hanish Chotai
Saneeca Jain (Group A)	Shilpa Chotai/Hanish Chotai	Urvi Bhawsar
Hirak Sachania (Group A)	Zoeb Kapadia	Perna Vather/Dhruna Mehta
Zainab Arabo (Group A)	Perna Vather/Dhruna Mehta	Zoeb Kapadia
Priyanka Adatia (Group A)	Zahir Kaderbhai	Harpreet Ark
Mayur Bokhiria (Group A)	Harpreet Ark	Zahir Kaderbhai
Taha Mirza (Group B)	Kamaljeet Kalsi	Rubina Khan
Beenish Khan (Group B)	Rubina Khan	Kamaljeet Kalsi
Manique Dosanjh (Group B)	Kiran Panchal/Gurvinder Chadha	Manvinderjit Deol
Riandeep Jhaj (Group B)	Manvinderjit Deol	Kiran Panchal/Gurvinder Chadha
Taranjit Dhillon (Group B)	Alexander Price	Ditesh Panchal
Priya Bola (Group B)	Ditesh Panchal	Alexander Price
Kardam Patel (Group B)	Anoop Deol	Niraj Devalia
Daaniya Irshad (Group B)	Niraj Devalia	Anoop Deol



Online Learning

List of Mandatory E-Learning

As part of your Foundation training year within Midlands and East you will undertake a number of online e_Learning modules. All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

This takes you to a portal which leads to the **Midlands and East - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules

Course Sections

Statutory and Mandatory Training (SMT) **Completion Date 19-09-2021**

Conflict Resolution Level 1	40 mins
Data Security Awareness Level 1	70 mins
Equality and Diversity and Human Rights Level 1	20 mins
Fire Safety Level 1	30 mins
Moving and Handling Level 1	40 mins
Preventing Radicalisation - Basic Prevent Awareness	35 mins
Safeguarding Adults Level 1	40 mins
Safeguarding Adults Level 2	40 mins
Safeguarding Children Level 1	30 mins
Safeguarding Children Level 2	35 mins

Mental Capacity Act (MCA) **Completion Date 03-10-2021**

Mental Capacity Act as Part of Human Rights	20 mins
Assessing Mental Capacity	20 mins
Planning Ahead Using the MCA	20 mins
Best Interests	20 mins
Restraint	20 mins
Deprivation of Liberty	20 mins
Relationship Between the MCA and the MHA	20 mins
Mental Capacity Act and Young People aged 16 or 17	20 mins
Research Involving People Who Lack Capacity	20 mins
Mental Capacity Act and Adult Safeguarding	20 mins
Settling Disputes and Disagreements	20 mins

Alcohol and Tobacco Brief Interventions **Completion Date 17-10-2021**

Introduction to treating and preventing ill health	15 mins
Very Brief Advice on Smoking	15 mins
Alcohol Brief Advice	15 mins
Bringing It Together - Multiple Risk Factors	15 mins
Assessment	10 mins

Making Every Contact Count (MECC) **Completion Date 31-10-2021**

What is MECC and why is it important	30 mins
How to have a MECC conversation	30 mins
Signposting	15 mins
Five Ways to Wellbeing	30 mins
Assessment	10 mins

HEE Rubber Dam Placement video **Completion Date 13-11-2021**

Using your login details for e_Learning for Health you can access this module by using this link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

e-Learning for Healthcare - Coronavirus programme **Completion Date 13-11-2021**

This programme has been specifically developed and is regularly updated in response to the Covid-19 situation and can be located link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module , this information will be passed to your e_Portfolio but you may wish to download a completion certificates for your CPD records.

Modules **Completion Date 05-12-2021**

Prescription Documentation and the Drug History	60 mins
Medication Errors and Adverse Drug Reactions	60 mins
Special Patient Groups	60 mins
Utilising the BNF	60 mins
Medical Emergencies	60 mins
Periprocedural Prescribing	60 mins
Dental Infection	60 mins
Pain, Ulceration, and Inflammation	60 mins
Prescription Documentation and the Drug History	60 mins
Medication Errors and Adverse Drug Reactions	60 mins

BDA & Cancer Research UK Oral Cancer Recognition Toolkit

https://www.doctors.net.uk/eclientopen/cruk/oral_cancer_toolkit_2015_open/

Although this topic may be covered in a study day, the toolkit is very valuable, and it is advised this is still completed irrespective of a scheme running an oral cancer study day. The completion certificates should be uploaded to your e-Portfolio

Module **Completion Date 19-12-2021**

BDA-CRUK Oral Cancer Recognition Toolkit 3 hours

List of Supplementary E-Learning Dentistry (e-Den) e-Learning for Health

<https://portal.e-lfh.org.uk>

This is a series of modules about dentistry known as e-Den. You will find these modules helpful when used in conjunction with your Study Days. References to particular modules may be included in the information for each Study Day. Accessing the relevant module before the Study Day will help you to gain more from the interactive learning session.

To locate the e-Den modules in the e-Learning for Health Website, click on '**My e-Learning**' at the top of the webpage and then enter the **Dentistry** name in the search box. When the search results appear, you will see the **Dentistry** module listed with an icon; click on '**Enrol**' and the Module will be added to your account. You will then be able to see each of the e-Den Modules and Course Sections in 'My e-Learning'.

e-Den Module

1 Patient Assessment

Profiling the Patient	Assessment Methods and Techniques
Good Practice	Health Promotion and Disease Prevention
Patient Assessment	Profiling the Patient

2 Human Diseases and Medical and Dental Emergencies

Medical Topics and Dentistry	Medical Emergencies In Dentistry
------------------------------	----------------------------------

3 Anxiety and Pain Control in Dentistry

Principles of Dental Pain	Mediators of Central Pain
Dental Local Anaesthesia	Dental Local Anaesthetic Technique
Management of Dental Pain	Non-Pharmacological Anxiety Management
Intravenous Sedation	Inhalation Sedation
Dental General Anaesthesia	

4 Periodontal Disease and Management

Aetiology of Periodontal Disease	
Periodontal Diagnosis and Determination of Prognosis	Periodontal Treatment Options
Patient Education and self-Performed Plaque Control	Non-Surgical Periodontal Therapy
Surgical Periodontal Therapy	

5 Hard and Soft Tissue Surgery

Pre- and Post-operative Assessment	Exodontia
Surgical Dentistry	Advanced Trauma Life Support (ATLS)

Management of Un-Erupted, Impacted, Ectopic and Supernumerary Teeth Management of Benign Soft Tissue lesions

6 Surgical and Non-Surgical Management of Head and Neck Disease

Accurate Drug History and Relevance of Allergies Odontogenic Infections
Management of Oral Mucosal Diseases Craniofacial Pain Disorders
Neoplastic and Non Neoplastic Disease of the Head and Neck

7 Management of the Developing Dentition

Orthodontic Indices Assessment for interceptive Treatment
Space Maintenance Simple Removable Appliances
Oral Habits and Occlusal Trauma in the Mixed Dentition
Emergency Care and Management of Orthodontal Problems
Contemporary Orthodontics Normal Facial Growth and Dental Development
Abnormalities of Facial Growth and Dental Development

8 Restoration of Teeth

Caries Restoration of Permanent Teeth
Crowns Restoration of Deciduous Teeth
Aesthetic Dentistry Dental Biomaterials
Tooth Surface Loss Endodontics
Dental Trauma

9 Replacement of Teeth

Bridgework Occlusion
Complete Dentures Partial Dentures
Implantology Miscellaneous

10 Communication

Patient and the Family Teamworking
Other Professionals

11 Professionalism

Ethics Self
The Clinical Team and Peers

12 Management and Leadership

The Need for Effective leadership and Management Quality in Healthcare
Risk Management Self-Management
Change Management Managing a Business
Healthcare Systems Professional Practice
Management and Leadership

13 Sustainable Dentistry

Introduction to Sustainable Dentistry Measuring carbon in Healthcare



e-LIFT Project

Project 'e-LIFT' stands for Evidence-linked Learning in Foundation Training. This is simply project work covering the non-clinical elements of the DFT curriculum which are the domains of communication, professionalism, management and leadership.

FDs are expected to complete what are essentially reflective learning exercises in four units underpinned by evidence of their own work completed in the training practice. The units are core topics for the FD to reflect upon:

- Infection control
- Radiology
- Medical emergencies
- Clinical communication

The reflective learning exercise for each unit, allows for flexibility for the FD to hone in on specific learning or development points that have influenced them the most in their training year. Each of the units will entail reflective writing amounting to 1000 - 1250 words, each unit supported by 4- 6 pieces of evidence. Units 1 to 4 are to be completed by April 2022.

FDs will be given guidance documents and templates. Work for each unit will be assessed by external Educational Supervisors.

Here is a link to the HEE website for full details and module downloads:

<https://heeoee.hee.nhs.uk/node/2567>



Milestones and APLAN

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. The FDs will present each of their cases at their own scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and East region. Your Milestone Two and Milestone Three cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are

Milestone 2: Deadline for case uploads **14th Jan 2022**.
Deadline for remote feedback **28th Jan 2022**.

Milestone 3: Deadline for case uploads **20th May 2022**
Deadline for remote feedback **3rd June 2022**

There is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the share-point for FDs that covers the milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Problem Solving and Support

Nottinghamshire and Leicestershire

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; so contact your TPD by phone or email early on if you have a problem or concern. Early resolution of that burning issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The DFT group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of the Day Release Course. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

Additionally there is further wide ranging support that can be obtained from the Associate Dean for Regional Trainee Support. Here is a web address support:

<https://heeoee.hee.nhs.uk/dental/trainee-support>

Contacts for Support

Training Programme Director

Harmandeep Sanghera

Phone: 07956128139

Email: harmandeep.sanghera@hee.nhs.uk

Regional Deputy Postgraduate Dental Dean, Early Years Deborah Manger

Email: please use - DFT.ME@hee.nhs.uk

Associate Dental Dean for Regional Trainee Support

Fleur Kellett

Email: DentalTraineeSupport.ME@hee.nhs.uk



Claiming Travel and Subsistence

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be submitted on the appropriate form issued by your TPD. This form should be fully completed, easily readable, and signed by your TPD who will check all claims are valid. They will also cross through any incomplete lines to stop any claims being added after signing.

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Note that the mileage calculated from the home address to venue will be adjusted by NHS England once your form is submitted to them. Your usual mileage from your home to the dental practice will be deducted from the amount (you do not need to enter this separately on the form, NHS England will calculate this).

(Current mileage rate = £0.24 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

FDs should travel only by second class if they travel by rail and should attach tickets or receipts to their claim forms.

Taxis should not be used and cannot be claimed - if their use is required due to particular circumstances then the reasons need to be discussed with the Postgraduate Dental Dean, or Deputy, and you will need to get approval in advance, in writing, and provide it with the claim form.

Within Midlands & East overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

All claim forms must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense. False claims are fraudulent and may be investigated by the NHS England Area Team, with onward referral to NHS Fraud Investigators and/or the GDC.

Claims must be submitted within 3 months of the event and receipts must be included for all travel, meals and car parking. Trainees are advised keep a copy of the claim form and the submitted receipts, and to send claim forms by signed delivery service (you may not claim this postage cost) or email.

Claim forms should be sent Completed Claim forms should be submitted to the BSA via your BSA Compass login. You can access an information leaflet about this from here:

http://www.copdend.org/dft handbook/FD_Handbook/The_Scheme/T_-_S_Expenses/FD_Travel_and_Subsistence_claims_via_Self_Service_in_Compass.pdf

Your payments will appear on the training practice BSA schedule and your Educational Supervisor will pay them to you as non-taxable expenses.



Audit Project

Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the Midlands and East Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Audit topic

When choosing your audit topic please be aware that you must not choose a topic that should be covered by the normal clinical governance processes of the practice, including radiograph quality, record keeping and infection control. If you are not sure about the suitability of a topic you should discuss this with your TPD before you start.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Practice Equipment List

Practice Specifications

Electronic records	<i>Full computer based clinical records and appointment management system.</i>
Digital radiography	
Internet access	
Infection control	<i>Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.</i>
NHSmial account	

Specification for FD Room

Size	<i>Minimum floor area 9m².</i>
Ventilation	<i>Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.</i>

Equipment for FD Room

Dental chair	<i>Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.</i>
Turbines	<i>Minimum of 3.</i>
Contra-angle handpieces	<i>Minimum of 3.</i>
Straight handpiece	<i>Minimum of 1.</i>
Ultrasonic scaler	<i>Magnetostrictive or piezo.</i>
X-ray set	<i>Rectangular collimation. Isolation switch outside the controlled area.</i>
Amalgam mixer	
Light cure lamp	
Stool for dentist	
Stool for nurse	
Handwash sink	
Telephone	
Workstation	
Clinical records and appointment management software.	
Internet access.	

Instrumentation for FD Room

Autoclavable tray system	
X-ray film holders	<i>Full range of holders for bitewing and periapical views - including full range of endodontic film holders.</i>
Rubber dam kit	<i>Latex free.</i>
Conservation	<i>Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).</i>
Periodontics	<i>Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).</i>
Extractions	<i>Full range of extraction forceps (upper and lower); elevators and a set of Luxators.</i>
Oral Surgery	<i>Full range of surgical instruments including scalpel blades and handle, periosteal elevator, solution for irrigations, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.</i>

Prosthetics *Full range of prosthetic instruments including shade and mould guides.*
Endodontics *Full range of stainless-steel hand files and NiTi rotary files.*

Materials and Disposables for FD Room

Respirator *Fit tested FFP3 mask or powered hood for FD use.*
Type II R Fluid Resistant Surgical Masks
Gloves *Latex free.*
Bibs
Aprons
Gowns
Paper and cotton goods
Safe Sharps System *Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.*
Waste containers *For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.*
Disposable 3 in 1 syringe tips
Conservation *Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.*
Prosthetics *Full range of prosthetic materials including impression compound and greenstick.*
Endodontics *Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.*

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera *SLR or equivalent with lens, ring flash, retractors, and mirrors.*
Conservation *Face bow and semi-adjustable articulator.*
Prosthetics *Surveyor.*
Endodontics *Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.*
Clinical Digital Thermometer
Digital Communication *Computer or tablet with MS Teams including webcam, speakers, and microphone.*



Useful Links

National DFT Handbook

National policies and information: <http://www.copdend.org/dfthandbook/index.html>

Postgraduate Virtual Learning Environment

Repository of eLearning resources: <https://pgvle.co.uk/login/index.php>