

NORWICH STRABISMUS ALGORITHM

1. Observation / Key questions

- Strabismus
- CHP
- Lids
- Pupils
- Glasses +/-

Ask for visual Acuity
Ask for diplopia (direction)

2a. Cover test

- Have they got Manifest Strabismus?
- Correct the CHP
 - Near and Distance
 - +/- Correction
 - Accommodative Near Target

2b Alternate Cover Test

2b Alternate Cover Test

Confirms suspicion Full Angle

Have they got a Phoria?

No Strabismus

Phoria

Manifest Strabismus (Tropia)

3. VERSIONS (binocular)

Is there an underaction?

Concomitant Squints

Incomitant Squints

Comitant Esotropia

Comitant Exotropia

4. DUCTIONS (uniocular)

Are Ductions greater than versions?

Restrictive Strabismus (or palsy)

Paretic Strabismus

(5). Three Step test

Can you Isolate the muscle?

6. SACCADES

- Internuclear
- Supranuclear
- Subtle Paresis

7. VERGENCE

- Comitant Convergence insufficiency
- Comitant Divergence insufficiency
- Incomitant Supranuclear

A Pattern or V Pattern
Near vs Distance

