



Norfolk and Waveney Dental Foundation Training Scheme

Autumn Term Programme 2024-2025





Norfolk and Waveney Dental Foundation Training Scheme

Bob Champion Research & Education Building

PGME, Bob Champion Research & Education Building, Colney Lane, Norwich, NR4 7UY

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East of England Region

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Associate Postgraduate Dental Dean, Early Years

Jason Stokes

Regional Dental Account Manager

Patti Bradshaw

Regional Dental Faculty Support Officer

Charlene Wright

Postgraduate Centre Manager

Sophie Hudson

Scheme Administrator

Alisha Stewart

Training Programme Director (Foundation)

Sue Plummer

BDS Newcastle

PG Cert Dental Education

Level 7 Diploma in Strategic Management and
Leadership ILM

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Norfolk and Waveney Dental Foundation Training Scheme

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Norfolk and Waveney Dental Foundation Training Scheme

Bob Champion Research & Education Building



Sue Plummer



Sophie Hudson



Alisha Stewart

Sue Plummer is the Training Program Director for the Norfolk and Waveney scheme. Sue has worked with foundation dentists for over 25 years both as an educational supervisor and more recently as a TPD.

Sue aims to help each FD reach their potential; journeying with each FD as they develop clinically and professionally so that they are prepared for independent practice at the end of the training year.

This year we will be taking a blended approach to learning. There will be 10 hands on sessions in the technical skills room NNUH, complemented by 9 meetings at the Bob Champion Research and Education Building and 3 virtual study days delivered on Microsoft Teams.

Sue has personally selected the speakers because of their enthusiasm for education and dentistry.

The technical skills room provides a hands on learning experience using 13 phantom heads. The Bob Champion Research building is part of the University of East Anglia and can be found on the hospital site.

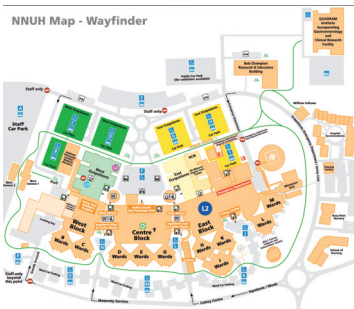
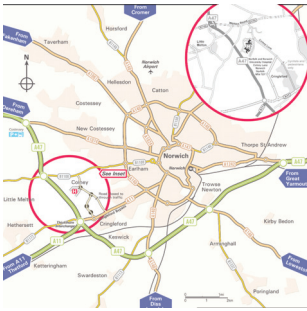
We are supported by the team at PGME :
Sophie Hudson (Deputy Postgraduate Manager), Alisha Stewart (Medical education administrator), Chris Bligh (skills room manager) and Daniel Marshall-Bull (skills room manager)

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Alisha.Stewart@nnuh.nhs.uk
Christopher.Bligh@nnuh.nhs.uk
Daniel.Bull@NNUH.nhs.uk

It is hoped that the FD will love exploring the area and meeting new friends while being expanding their horizons.



Location and Parking



We're situated four miles from the centre of Norwich, close to the University of East Anglia (UEA), to the south west of Norwich, and adjacent to the A47 and A11.

If you are using a Sat Nav the postcode you require is NR4 7UY.

Traveling from the A47 by car – leave the A47 at the junction for the B1108 following road signs for the Hospital. At the junction of the B1108 with Colney Lane, turn right and continue straight down Colney Lane through the Norwich Research Park.

Traveling from the A11 by car – leave the A11 at the first roundabout after the Thickethorn A47/A11 junction and follow the road signs for the Hospital.

Travelling from Norwich city centre by car– follow signs for A11 Thetford. Once on the A11 turn right at the Cringleford roundabout and follow the road signs for the Hospital.

The Costessey Park and ride service runs every 15 minutes, Monday to Friday, excluding bank holidays. Starting at 6.30am from the P&R site (NR9 3LX), the last bus leaves NNUH at 8.20pm. The cost is £1 per person return.

Parking is available on site in a NRP multistory car park (NR4 7UQ) at a charge of £8 for up to 8 hours.

There is also a bus service to the hospital from the Norwich train station. Please allow 30 minutes for this journey.

The technical skills room is located on Level 1, Central block of the Norfolk and Norwich University Trust hospital.



Autumn Term

Venues and Subjects

Monday 2nd September	Clinical Skills refresher day	<i>Technical Skills Lab NNUH</i>
Thursday 5th September	Regional Induction - Welcome and Introduction The Role of the Lead Employer in DFT The Role of the GDC Using the Dental ePortfolio	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 6th September	Local Induction FDs and ESs to attend.	<i>Bob Champion Research Building NNUH</i>
Friday 13th September	NHS Rules and Regulations Clinical Photography	<i>Bob Champion Research Building NNUH</i>
Wednesday 25th September	Enhance - Introduction and Welcome Introduction to Enhance Domains - Part 1 Introduction to Enhance Domains - Part 2 Enhance Domain-based Multi-professional discussions	<i>Hybrid - Red Lion, Whittlesford and On Line</i>
Friday 11th October	Treatment planning and Quality Management	<i>Bob Champion Research Building NNUH</i>
Friday 18th October	Oral Surgery	<i>Technical Skills Lab NNUH</i>
Friday 25th October	Early stage review	<i>Virtual</i>
Friday 1st November	Milestone One emergency case presentation	<i>Virtual</i>

Friday 8th November	Paedodontics	<i>Bob Champion Research Building NNUH</i>
Friday 15th November	Endodontics Part 1	<i>Technical Skills Lab NNUH</i>
Friday 22nd November	Caries removal and Amalgam	<i>Technical Skills Lab NNUH</i>
Friday 29th November	Oral cancer symposium	<i>Hilton Cambridge City Centre</i>
Friday 5th December	Medicolegal	<i>Virtual</i>
Friday 13th December	Anxiety and Pain Management Dental emergencies	<i>Bob Champion Research Building NNUH</i>

Important Dates and Deadlines

Early-stage review	Friday, 18 October 2024
Educational supervisor meeting Autumn term - 1.15pm virtual	Friday, 18 October 2024
Milestone One submission closes	Friday, 1 November 2024
Milestone 2 submission closes	Friday, 10 January 2025
IRCP	Friday, 28 February 2025
Educational supervisor meeting Spring term - 1.15pm virtual	Friday, 21 March 2025
Audit submission deadline	Friday, 23 May 2025
Milestone 3 submission closes	Friday, 30 May 2025
FRCP	Friday, 25 July 2025
Educational supervisor meeting Summer term - 1.15pm virtual	Friday, 29 August 2025



Monday 2nd September

Technical Skills Lab NNUH

Day

9.00

Clinical Skills refresher day

CPD Hrs = 6

Sue Plummer and Dan Evans

TPD and ES



This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques and processes learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors.

Objectives

- Evidence the systematic and accurate removal of simulated dental caries.
- Refresh dental preparation skills on a simulator prior to starting work in general dental practice.
- Gain experience in placement, carving and finishing of amalgam restorations.
- Identify through experience and peer review areas of experiential or learning need across a wide range of techniques.

Learning Content

- Demonstrate accurate caries removal and the preservation of sound dentine and supported enamel.
- Demonstrate the placement, carving and finishing of amalgam restorations.
- Identify through experience and peer review areas of experiential or learning need across a wide range of techniques



GDC Outcomes: C D

16.30

End

Please invite TPD to 2 SLERS via e portfolio - class II amalgam and FGC prep.



Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

13.30

Regional Induction - Welcome and Introduction

CPD Hrs = 3

Malcolm Brady --- Jason Stokes

Postgraduate Dental Dean - Associate Postgraduate Dean

This session aims to introduce and orientate delegates to the Dental Foundation Training year.

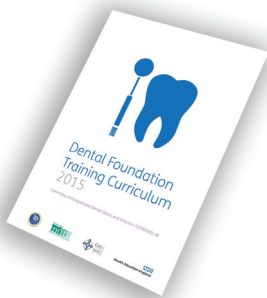
Objectives

- Describe the dental foundation training year, the induction process, the support services available and the commitment needed to complete the year.
- Explain how to access and navigate the DFT e-portfolio, Intrepid Course Manager and the NHSE WT&E website.
- Discuss the RCP processes involved in the satisfactory completion of DFT.

Learning Content

- Describe the dental foundation training year, the induction process, the support services available and the commitment needed to complete the year.
- Recognise how to access and navigate the DFT e-portfolio, Intrepid Course Manager and the NHSE WT&E website.
- Explain the RCP processes involved in the satisfactory completion of DFT.

GDC Outcomes: A B C D





Virtual Remote Learning Platform - Links to be confirmed.

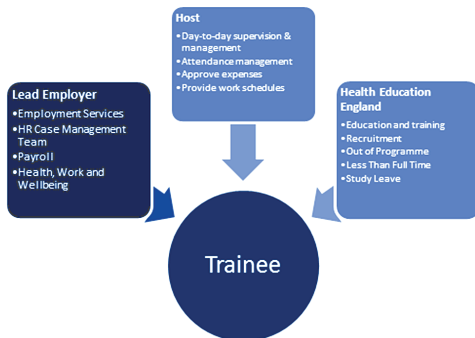
14.00

The Role of the Lead Employer in DFT

Anne Potter and Rebecca Jones

Lead Employer, St Helens and Knowsley Trust

The Lead Employer in Dental Foundation Training covers many roles and functions. This presentation will provide information and guidance for everyone



14.20

The Role of the GDC

Anika Daclan

Engagement Officer · General Dental Council

The General Dental Council re an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.



Objectives

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

Learning Content

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

GDC Outcomes: A B C D

15.20

Break



Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

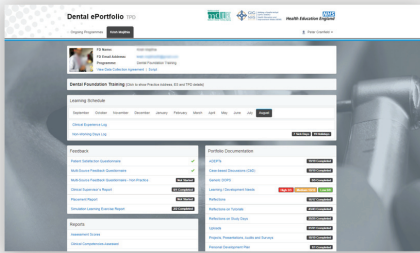
15.35

Using the Dental ePortfolio

CPD Hrs = 6

Peter Cranfield

Associate Dean, Trainign Programme Director



The Dental ePortfolio is an online record of your progress and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

16.35

End



Friday 6th September

Bob Champion Research Building NNUH

Day Session

09:00

Local Induction FDs and ESs to attend.

CPD Hrs = 6

Sue Plummer, Biran Shah, Aseel Salman, Andy Bell

TPD and ESs

A welcome to the members of the Scheme and an introduction to the programme for the year. This is the time to get to know each other and understand our responsibilities.



Objectives

- Become orientated with Dental Foundation Training.
- Acquire the tools to develop as an Foundation Dentist throughout the year.
- Recognise the requirements of foundation training and to develop teamwork skills.

Learning Content

- Describe learning styles, reflection, and the timeline for the DFT year.
- Effectively interact with their peer group and other Dental Foundation Training stakeholders.
- Demonstrate an enhanced ability to work with others as a team.

GDC Outcomes: A B C D



16:30

End



Friday 13th September

Bob Champion Research Building NNUH

Morning

09:00

NHS Rules and Regulations

CPD Hrs = 3

Tom Norfolk

General dental practitioner, Joint chair of the Local dental networks.

This session will provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care.

It will ensure they are able to inform patients appropriately of the availability of NHS services.



Objectives

- Explain how and when to claim for NHS treatment that has been provided to patients.
- Define the rules regarding provision of NHS dental care.
- Describe how to talk confidently about what can be provided through NHS dental services.

Learning Content

- List the structures and content of NHS treatment bands and associated NHS banding charges.
- Apply the rules regarding provision of NHS dental care.
- Perform GDS services within the structure of NHS GDS contracts.

GDC Outcomes: A B D

12:30

Lunch



Friday 13th September

Bob Champion Research Building NNUH

Afternoon Session

13:30

Clinical Photography

CPD Hrs = 3

Andy Bell and Josh Davis

Educational supervisors

To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images.

Objectives

- *Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images.*
- *Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images.*
- *Recognise the use of the wider team to aid image production of a high standard and how to use software to prepare images for use in presentations and projects.*

Learning Content

- *Demonstrate consistent, high quality clinical images to be used for patient education, building their own clinical portfolio and for coursework submissions throughout the training year.*
- *Evaluate their own clinical images to troubleshoot how to improve them where issues arise.*
- *Construct a systematic approach to make clinical photography routine in the Foundation Dentist's daily workflow.*

GDC Outcomes: A C



16:30

End

Please bring your practice photographic equipment to this session including : extra batteries, cheek retractors and mirrors.



Wednesday 25th September

Hybrid - Red Lion, Whittlesford and On Line

Day Session

10.15

Enhance - Introduction and Welcome

CPD Hrs = 6

enhance

Developing our integrated healthcare teams
Delivering modern healthcare

The Enhance introductory module hub event is part of the NHS England Enhancing Generalist Skills programme. This is a professional development offer for all healthcare professionals with a syllabus covering six health and care domains and four key cross-cutting themes.

The aim of Enhance is to equip all healthcare professionals with the additional generalist skills required to deliver excellent person-centred care across the evolving complexities of the health and care system.

The importance of this was emphasised in the 2023 NHS Long Term Workforce Plan (LTWP), mandating that the Enhance programme be expanded to embed the benefits of a more generalist approach across healthcare education and training.

11.10

Break

11.30

Introduction to Enhance Domains - Part 1

CPD Hrs =



- 11:30 – Domain 1: Person centred practice
Speaker: TBC
- 11:55 – Domain 2: Complex multimorbidity
Speaker: TBC
- 12:20 – Domain 3: System working
Speaker: TBC

1.00

Lunch



Wednesday 25th September

Hybrid - Red Lion, Whittlesford and On Line

Afternoon Session

13.45

Introduction to Enhance Domains - Part 2

CPD Hrs =

enhance

Developing our integrated healthcare teams
Delivering modern healthcare

- 13:45 – Domain 4: Population health
Speaker: TBC
- 14:10 – Domain 5: Social justice and health equity
Speaker: TBC
- 14:35 – Domain 6: Environmental sustainability
Speaker: TBC

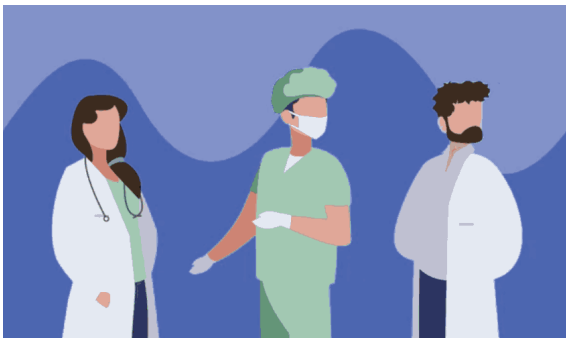
15.00

Break

15.30

Enhance Domain-based Multi-professional discussions

CPD Hrs =



This part of the day is to allow full discussion and problem solving across multi-professional groups with the aim of understanding better the scope of practice of many different healthcare teams

Objectives

- Support future healthcare professional to feel confident in meeting the complex demands of the healthcare landscape, while promoting self-care at individual, team, and organisational levels across all healthcare professions.
- Understand better and have knowledge of methods of addressing population health and care needs in the communities they serve by harnessing data, technology, and contemporary research methodologies.

Learning Content

- Feel confident in co-delivering 'whole person' care for patients with multiple conditions.
- Become authentic, collaborative leaders and colleagues with a thorough grounding in human factors and team science.

GDC Outcomes: A B C D



Friday 11th October

Bob Champion Research Building NNUH

Day

9:00

Treatment planning and Quality Management

CPD Hrs = 6

Nick Lamb

Dental Professional advisor to NHS England and GDP.

This session is designed to explore the structure behind efficient and effective treatment planning.

As a professional dentist it is vital that we provide our patients with optimal treatment but also follow the guidance and regulations that support the provision of primary care dentistry in England.

Objectives

- *Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.*
- *Review the methods of assessing a patient's needs, wishes, requirements and the treatment options available for each patient in relation to the NHS regulations.*
- *Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options and content of a treatment plan including patient's responsibilities and preventive regimes, or any need for referral.*

Learning Content

- *Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectations.*
- *Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for any referral.*
- *Recognise the level of communication required to discuss with a patient an effective treatment plan in a manner which manages their expectations, wishes and requirements in an ethical and professional manner.*

GDC Outcomes: A B C D



16.30

End



Friday 18th October

Technical Skills Lab NNUH

Day Session

09.30

Oral Surgery

CPD Hrs = 6

Rachel Grimmer and Kate Rustage

Speciality Grade doctor at the Norfolk and Norwich University trust hospital.

This session aims to allow participants to become more competent in oral surgery procedures undertaken in primary care.

These competencies will include the use of flaps and bone removal where appropriate.



Objectives

- *Explain the importance of patient medical history for oral surgery procedures as part of the overall pre-operative assessment processes and the relevance of National Guidelines in this context, and when to refer to secondary care.*
- *Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.*
- *Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.*

Learning Content

- *Demonstrate the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.*
- *Demonstrate enhanced skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.*
- *List the relevant guidance relating to oral surgery care in general dental practice.*

GDC Outcomes: A B C D



Friday 25th October

Virtual

Day Session

09.00

Early stage review

CPD Hrs = 0

Sue Plummer

TPD

An opportunity for a one to one meeting between the Training Programme Director and the FD after a period of initial induction.

This is an informal and confidential meeting to discuss various topics to include: practice life, portfolio work and progress in the earlier period of training.

There is an opportunity for FDs to highlight any issues, be that clinical, well being, practical or pastoral.

Learning Content

- *To ensure a solid and full induction has happened.*
- *To highlight any issues and plan timely and appropriate corrective interventions.*
- *Opportunity for the FD to highlight any of their concerns.*

GDC Outcomes: A B D



Please ensure your portfolio is upto date and all outstanding tasks have been completed.



Friday 1st November

Virtual

Day

09:00

Milestone One emergency case presentation

CPD Hrs = 6

Sue Plummer and ESs

TPD and Educational supervisors

This session enables Foundation Dentists to present their Milestone 1 Case. The Foundation Dentists will receive constructive feedback from fellow professionals.

Objectives

- *Effectively present the case of a patient with dental trauma or a dental emergency to fellow dental professionals.*
- *Demonstrate how to use the case of a patient with dental trauma or a dental emergency to reflect on clinical skills of analysis and care provision.*
- *Demonstrate how to constructively offer feedback related to a case of a patient with dental trauma or a dental emergency.*

Learning Content

- *Direct reflection and feedback into professional development.*
- *Demonstrate the provision of patient care through use of reflection, analysis and planning.*
- *Demonstrate how to deliver constructive feedback to fellow professionals.*

GDC Outcomes: A C D



16:30

End

Please ensure you have adequate WiFi and leave your camera on.



Friday 8th November

Bob Champion Research Building NNUH

Day Session

09.00

Paedodontics

CPD Hrs = 6

Callum Limer

MSc in paediatric dentistry

The aim of this day is to review current best practice in the dental management of paediatric patients.

This will be discussed using a series of case studies (plus the use of models to conduct hands on exercises

Objectives

- *Assess and list our responsibilities in relation to paediatric management within the general dental service. Demonstrate the use of stainless-steel crowns on models to help develop the skills to use the Hall crown technique in a reliable manner.*
- *Discuss communication techniques beneficial for treating younger patients. Discuss the management of some common dental trauma and their relevance. Identify how to conduct a thorough orthodontic assessment in general dental practice*
- *Explain appropriate times to refer to secondary care or specialist practice. Explore current guidance documents relating to orthodontics. Clarify the importance of WNB and its implications for child safety.*

Learning Content

- *Perform a clinical assessment, special investigations and immediate management of acute dental trauma.*
- *List current treatment protocols in managing symptomatic/asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios.*
- *Recognise when a stainless steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality.*
- *Be able to evaluate our responsibilities to provide safeguarding for children within a general dental*

GDC Outcomes: A B C D

16:30

End





Friday 15th November

Technical Skills Lab NNUH

Day

09:00

Endodontics Part 1

CPD Hrs = 6

Daniel De Souza

LMD, Dip Rest Dent FGDP RCSEng, MCLinDent, MEndo, RCSEd

To give Foundation Dentists greater confidence, knowledge and technical ability in diagnosis and treatment of apical and pulpal pathology, and understand modern concepts in its prevention.

To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.

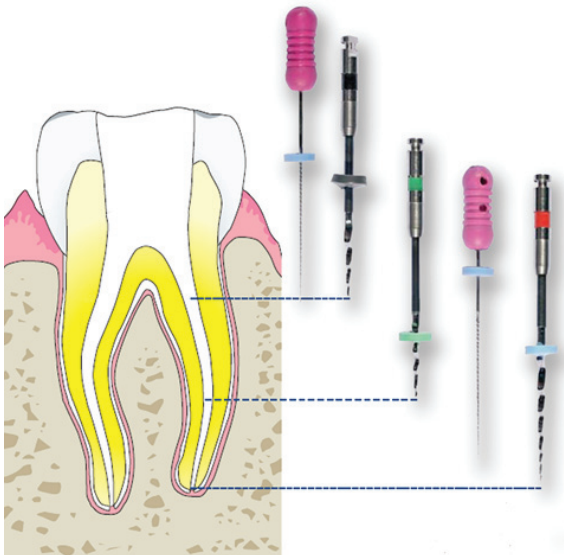
Objectives

- Review current concepts in the prevention of apical and pulpal pathology.
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

GDC Outcomes: A C



16:30

End

Please provide radiographs of cases you are treating for peer review.



Friday 22nd November

Technical Skills Lab NNUH

Day Session

09.30

Caries removal and Amalgam

CPD Hrs = 6

Jin Vaghela and Ali Chohan

Ali is TPD and Dental practice adviser.

Development of the themes learned as an undergraduate focusing on amalgam as a restorative material in primary care dentistry.

Objectives

- Compare techniques to restore carious and broken teeth directly.
- Demonstrate how material selection and manipulation can improve clinical outcomes.
- Undertake practical training demonstrating the use of amalgam as a reliable restorative material.

Learning Content

- Evaluate the information collected at the treatment planning appointment to provide clinically appropriate treatment plans for NHS primary care situations and understand the principles of successful caries removal.
- Analyse the properties of different direct restorative materials and apply this knowledge in clinical situations.
- Create functional and aesthetic direct restorations for a variety of clinical situations.

GDC Outcomes: A B C D



Please bring your loupes



Friday 29th November

Hilton Cambridge City Centre

Day

09:30

Oral cancer symposium

CPD Hrs = 6

Hilton Cambridge City Centre

The aim of this day is to bring together the whole dental team from primary, secondary and tertiary care to update our knowledge on the current management of oral cancer, post cancer rehabilitation as well as hearing personal stories from those living with oral and other cancers.



Objectives

- *Provide an overview of Oral Cancer, how to recognise it, refer it and how it is treated in secondary care.*
- *Demonstrate the importance of support of the patient in primary care.*
- *Share insights of the life of a cancer patient, how to deliver bad news and how dental teams can support the patient.*
- *Discuss the management of a cancer patient on polypharmacy, chemotherapy and bisphosphonates*

Learning Content

- *Explain the mechanism of oral cancer, it's management and the role dental teams can play in identifying and referring appropriately.*
- *Describe the surgical and medical management of oral cancer patients.*
- *Define the challenges of all patients living with cancer in order to address their dental needs.*

GDC Outcomes: A B C D

16:30

End



Friday 5th December

Virtual

Morning

09:00

Medicolegal

CPD Hrs = 6

Nick Barker

Professor of Oral Health Sciences and MSc Module lead University of Essex

To provide a comprehensive knowledge base on the medicolegal issues that present themselves in general dental practice and management of complaints that may arise alongside ethical dilemmas.

Objectives

- List the regulations and requirements regarding record keeping and dealing with complaints
- Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.
- To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice
- Describe the processes of the GDCs regulation of the profession.

Learning Content

- Produce effective patient records within dental practice.
- Implement appropriate complaints handling in general dental practice.
- Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team

GDC Outcomes: A B D



16:30

End



Friday 13th December

Bob Champion Research Building NNUH

Morning

09:00

Anxiety and Pain Management

CPD Hrs = 3

Ganga Allen

Ganga is a Specialist in Special Care Dentistry

To give knowledge, understanding and practical ability to be able to successfully manage an anxious patient with particular focus to IV sedation with midazolam.

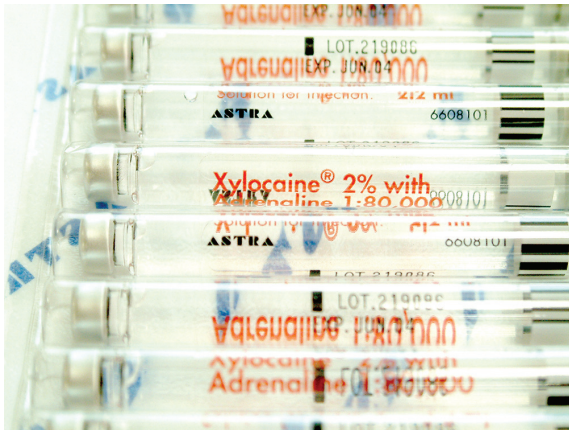
Objectives

- Define the current standards in conscious sedation in relation to primary dental care.
- Compare and discuss the mechanisms of action, roles and limitations of premedication, inhalation sedation, oral sedation, intravenous sedation and general anaesthesia.
- Describe when to refer.

Learning Content

- List the current standards/guidance in conscious sedation in primary dental care.
- Differentiate between different treatment options for anxious patients, define 'conscious sedation' and its indications/contraindications, alongside recognising physiological norms as part of the patient assessment and monitoring.
- Compare the presentation and pharmacology of Midazolam and Flumazenil for use in Intravenous Sedation and recognise medical emergencies that may arise during use of these drugs and how to act.

GDC Outcomes: A B C



12.30

Lunch



Friday 13th December

Bob Champion Research Building NNUH

Afternoon Session

13:30

Dental emergencies

CPD Hrs = 3

Jill Geaney

Practice owner and Educational Supervisor in the Eastern Deanery.

This session aims to help Foundation Dentists to be more competent in the diagnosis and management of dental emergencies and be aware the role the entire team play in this respect.

Objectives

- Identify the importance of thorough history taking, special tests, diagnosis and treatment planning for dental emergencies, including informed consent.
- Evaluate appropriate management strategies for patients that present with dental pain of various causes and tooth fracture.
- Describe the clinical assessment, special investigations and immediate management of acute dental trauma.

Learning Content

- Demonstrate appropriate history taking, special tests, diagnosis, and treatment planning for dental emergencies.
- Organise and manage their own diaries to be able to cope with dental emergencies in a consistent, stress-free environment.
- Describe how to competently manage commonly occurring dental emergencies, including trauma.

GDC Outcomes: A C



16:30

End



Calendar 2024-2025

Monday 2nd September 2024

Clinical skills refresher course (Skills room NNUH)

Thursday 5th September 2024

Regional induction (Virtual)

Friday 6th September 2024

Local induction FDs and ESs (BCRB NNUH)

Friday 13th September 2024

NHS Rules and regulations (AM)
Clinical Photography (PM) (BCRB NNUH)

Friday 20th September 2024

FDs in Practice

Wednesday 25th September 2024

Enhance interprofessional day (Hybrid - Red Lion Whittlesford and Virtual)

Friday 27th September 2024

FDs in practice

Friday 4th October 2024

Treatment planning (BCRB NNUH)

Friday 11th October 2024

Oral Surgery (Skills room NNUH)

Friday 18th October 2024

Early stage review (Virtual)

Friday 25th October 2024

FDs in practice

Friday 1st November 2024

Milestone 1 Presentations FDs and ESs (Virtual)

Friday 8th November 2024

Paedodontics (BCRB NNUH)

Friday 15th November 2024

Endodontics Part 1 (Skills room NNUH)

Friday 22nd November 2024

Caries removal and amalgam (skills room NNUH)

Friday 29th November 2024

Oral cancer symposium (Hilton Cambridge)

Friday 6th December 2024

Medicolegal (Virtual)

Friday 13th December 2024

Pain and anxiety (AM)
Dental emergencies (PM) (BCRB NNUH)

Friday 20th December 2024

FD in practice

Friday 27th December 2024

FD in practice

Friday 3rd January 2025

FD in practice

Thursday 9th January 2025

Endodontics part 2 (Skills room NNUH)

Friday 10th January 2025

FD in practice

Friday 17th January 2025

Composite and Rubber dam (Skills room NNUH)

Thursday 23rd January 2025

Occlusion (Skills room NNUH)

Friday 24th January 2025

Tooth wear (Skills room NNUH)

Friday 31st January 2025

**Milestone 2 Case presentations
FDs and ESs (BCRB NNUH)**

Friday 7th February 2025

Restorative dentistry (BCRB NNUH)

Friday 14th February 2025

FD in practice

Friday 21st February 2025

FD in practice

Friday 28th February 2025	IRCP FD in practice
Friday 7th March 2025	Periodontics (Virtual)
Friday 14th March 2025	Removable prosthodontics (Skills room NNUH)
Friday 21st March 2025	FD in practice
Friday 28th March 2025	FD in practice
Friday 4th April 2025	FD in practice
Friday 11th April 2025	FD in practice
Friday 18th April 2025	Bank Holiday – Good Friday
Friday 25th April 2025	ES Development Day FD in practice
Friday 2nd May 2025	Communication (BCRB NNUH)
Friday 9th May 2025	FD in practice
Thursday 15th May 2025	Occupational health (AM) Finance (PM) (Virtual)
Friday 16th May 2025	FD in practice
Friday 23rd May 2025	Audit Presentations/ Practice exchange presentations FDs and ESs (BCRB NNUH)
Friday 30th May 2025	FD in practice
Friday 6th June 2025	FD in practice
Friday 13th June 2025	FD in practice
Friday 20th June 2025	ES Preparation Day FD in Practice
Friday 27th June 2025	Milestone 3 Complex case presentations FDs and ESs (BCRB NNUH)
Friday 4th July 2025	FD in practice
Friday 11th July 2025	Showcase event (Venue to be confirmed)
Friday 18th July 2025	FD in practice
Friday 25th July 2025	FRCP FD in practice
Friday 1st August 2025	FD in practice
Friday 8th August 2025	FD in practice
Friday 15th August 2025	FD in practice
Friday 22nd August 2025	FD in practice
Friday 29th August 2025	FD in practice



Educational Supervisors and Foundation Dentists



Andy Bell
Richard McCormick

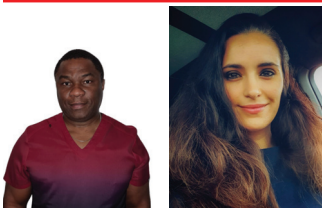
John G Plummer and associates, 30 Sussex Road Gorleston on Sea NR31 6PF



Umar Jamil

King's College London

01493 604666



Niyi Oshiga
Carla Martins

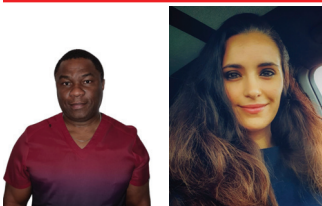
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Dhruv Patel

Queen Mary University of London

01603 747651



Niyi Oshiga
Carla Martins

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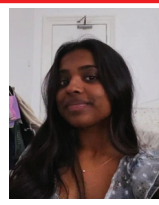
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University of Sheffield

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**Ganga Allen
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Sam Shergill

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**Ben Warminger
Adam Smith**

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Ria Aggarwal

King's College London

01603 744007



**Biran Shah
Adam Smith**

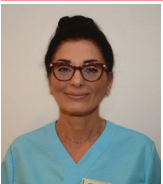
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Dodd Joshua

Newcastle University

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Aseel Salman

Bridge street dental practice, 37 Bridge street, Fakenham, NR21 9AG



Marina Awad

University of Leeds

01328 853555



Norfolk and Waveney Scheme Buddy ES Pairings 2024-2025

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Umar Jamil	Andy Bell and Richard McCormick	Dan Evans and Josh Davis
Dhruv Patel	Niyi Oshigia and Carla Martins	Aseel Salman
Charlie-Dian Carr	Niyi Oshigia and Carla Martins	San SSenyonga
Daniel Fasesin	Murturza Burhanpurwala	Andy Bell and Richard McCormick
Samyuktha Ganesh	San SSenyonga	Niyi Oshigia and Carla Martins
Aleena Mathew	Amrit Kaur	Ganga Allen and Kara Gates
Ash Thevarajah	Cheerag Raval	Murtuza Burhanpurwala
Jacob McKenzie	Ganga Allen and Kara Gates	Cheerag Raval
Samraj Shergill	Dan Evans and Josh Davis	Amrit Kaur
Ria Aggarwal	Ben Warminger and Adam Smith	Mandana Atashkadeh
Ruth Emerson-Moering	Biran Shah and Adam Smith	Niyi Oshigia and Carla Martins
Dodd Joshua	Mandana Atashkadeh	Ben Warminger and Adam Smith
Marina Awad	Aseel Salman	Biran Shah and Adam Smith



List of Mandatory E-Learning

As part of your Foundation Training year within the East of England Region you will undertake a number of online e_Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

Once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://e-lfh.org.uk)

This takes you to a portal which leads to the **East of England - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules Course Sections

Statutory and Mandatory Training (SMT) Completion by Early Stage Review

- Conflict Resolution Level 1 40 mins
- Data Security Awareness Level 1 70 mins
- Equality and Diversity and Human Rights Level 1 20 mins
- Fire Safety Level 1 30 mins
- Moving and Handling Level 1 40 mins
- Preventing Radicalisation - Basic Prevent Awareness 35 mins
- Safeguarding Adults Level 1 40 mins
- Safeguarding Adults Level 2 40 mins
- Safeguarding Children Level 1 30 mins
- Safeguarding Children Level 2 35 mins

Mental Capacity Act (MCA) Completion by IRCP

- Mental Capacity Act as Part of Human Rights 20 mins
- Assessing Mental Capacity 20 mins
- Planning Ahead Using the MCA 20 mins
- Best Interests 20 mins
- Restraint 20 mins

Deprivation of Liberty 20 mins
Relationship Between the MCA and the MHA 20 mins
Mental Capacity Act and Young People aged 16 or 17 20 mins
Research Involving People Who Lack Capacity 20 mins
Mental Capacity Act and Adult Safeguarding 20 mins
Settling Disputes and Disagreements 20 mins

Alcohol and Tobacco Brief Interventions Completion by IRCP

Introduction to treating and preventing ill health 15 mins
Very Brief Advice on Smoking 15 mins
Alcohol Brief Advice 15 mins
Bringing It Together - Multiple Risk Factors 15 mins
Assessment 10 mins

Making Every Contact Count (MECC) Completion by IRCP

What is MECC and why is it important 30 mins
How to have a MECC conversation 30 mins
Signposting 15 mins
Five Ways to Wellbeing 30 mins
Assessment 10 mins

HEE Rubber Dam Placement video Completion by IRCP

Using your login details for e_Learning for Health you can access this module by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://EastofEnglandelfhHub(e-lfh.org.uk))

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module, this information will be passed to your e-Portfolio but you may wish to download completion certificates for your CPD records.

Modules Completion by FRCP

Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins
Special Patient Groups 60 mins
Utilising the BNF 60 mins
Medical Emergencies 60 mins
Periprocedural Prescribing 60 mins
Dental Infection 60 mins
Pain, Ulceration, and Inflammation 60 mins
Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins



Milestones and APLAN

2024-2025

Introduction

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. You will present your case at your scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and the East of England regions. Your cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are set at the beginning of the DFT year:

Milestone 2

Submissions open: 6th December 2024 - Submissions close: 10th January 2025

Milestone 3

Submissions open: 25th April 2025 - Submissions close: 30th May 2025

Please note the dates of the opening and closing of the submission periods; there is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48 hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the SharePoint for FDs that covers the Milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the East of England Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Lead Employer

2024-2025

Mersey and West Lancashire Teaching Hospitals NHS Trust

Phone 0151 478 7777

Generic email Lead.Employer@sthk.nhs.uk

Lead Employer website <https://leademployer.merseywestlancs.nhs.uk/>

Dental Foundation Hub <https://leademployer.merseywestlancs.nhs.uk/dental-foundation-colleagues>

ESR Enquiries: - 0151 676 5323 (login details, forgotten password etc)

ESR.LeadEmployer@sthk.nhs.uk

Electronic Submission of Expenses: - 0151 676 5323 (Expenses for Business miles and Home to work mileage submitted via e-expenses only)

e-expenses@sthk.nhs.uk

Health Work and Wellbeing: - 0151 430 1985 (copies of certificates/immunisations etc)

hwwb.recruitment@sthk.nhs.uk

Pay Enquiries: - 0151 290 4658 (tax only, other pay queries will be addressed by the helpdesk)

leademployerpayroll@sthk.nhs.uk

Pensions enquiries: 0151 430 1115

Leademployer.Pension@sthk.nhs.uk



Problem Solving and Support

Norfolk and Waveney 2024-2025

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. However, you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day; contact your TPD by email or phone early on if you have a problem or concern. Early resolution of an issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The training group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of study days. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

If there are problems relating to your work in the practice, you should also contact the Lead Employer for support. They will help not only with employment issues but also with wellbeing and health support pathways.

Additionally there is further support that can be obtained from the Regional Professional Support and Wellbeing unit. You can self-refer, but please ensure (if you feel able) that you share relevant information about your referral with your Educational Supervisor

Contacts for Support

Training Programme Director

Sue Plummer

01493728351

suzanne.plummer3@nhs.net

Lead Employer Health Work and Wellbeing

0151 430 1985

hwwb.recruitment@sthk.nhs.uk

Professional Support and Wellbeing Unit

<https://heeoee.hee.nhs.uk/psw/psw-eeo>



Claiming Travel and Subsistence

2024-2025

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be made online via the EASY Expenses system via the Lead Employer.

You can access the EASY Expenses system here:

<https://leademployer.merseywestlancs.nhs.uk/expenses-1>

Before you make any claims you will need to set up an approving manager on the system. This will be your Educational Supervisor. They will need to complete a New Approver Form and return to:

e-expenses@sthk.nhs.uk .

The form can be accessed from:

<https://leademployer.merseywestlancs.nhs.uk/media/Documents/Expenses/New-Approver-Authorisation-Form-1.docx>

If you travel by car, you will need to upload copies of your Insurance and Driving Licence to the Easy Expenses system. You will need to ensure that your insurance covers business use (Class 1).

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Your usual mileage from your home to the dental practice will be deducted from the amount.

(Current mileage rate = £0.28 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

Car parking costs will be reimbursed and you will need a receipt for the car parking an image of which will be need to be uploaded.

FDs should travel only by second class if they travel by rail and should attach images of tickets or receipts to their claims.

Taxis should not be used and cannot be claimed.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

Within East of England overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

All claims must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense.



Practice Equipment List

2024-2025

Practice Specifications

Electronic records - Full computer based clinical records and appointment management system.

Digital radiography

Internet access

Infection control - Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmial account

Specification for FD Room

Size - Minimum floor area 9m².

Ventilation - Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FD Room

Dental chair - Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Stool for dentist

Stool for nurse

Handwash sink

X-ray set - Rectangular collimation. Isolation switch outside the controlled area.

Amalgam mixer

Light cure lamp

Telephone

Workstation - Clinical records and appointment management software. Internet access.

Turbines - Minimum of 3.

Contra-angle handpieces - Minimum of 3.

Straight handpiece - Minimum of 1.

Ultrasonic scaler - Magnetostrictive or piezo.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders - Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit - Latex free.

Conservation - Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics - Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions - Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Oral Surgery - Full range of surgical instruments including scalpel blades and handle, periosteal elevator, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

Prosthetics - Full range of prosthetic instruments including shade and mould guides.

Endodontics - Full range of stainless-steel hand files and NiTi rotary files.

Materials and Disposables for FD Room

Respirator - Fit tested FFP3 mask or powered hood for FD use.

Type II R Fluid Resistant Surgical Masks

Gloves - Latex free.

Bibs

Aprons

Gowns

Paper and cotton goods

Safe Sharps System - Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

Waste containers - For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

Disposable 3 in 1 syringe tips

Conservation - Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

Prosthetics - Full range of prosthetic materials including impression compound and greenstick.

Endodontics - Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera - SLR or equivalent with lens, ring flash, retractors, and mirrors.

Conservation - Face bow and semi-adjustable articulator.

Prosthetics - Surveyor.

Endodontics - Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.

Clinical Digital Thermometer

Digital Communication - Computer or tablet with MS Teams including webcam, speakers, and microphone.



Speakers

Autumn Term Term 2024-2025

Tom Norfolk

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Andy Bell

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Add a speaker

Remove last

To move a row up one place enter the row number