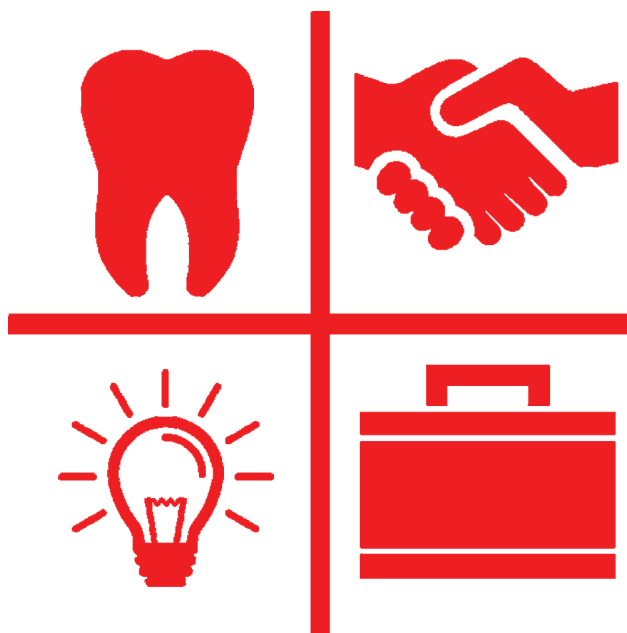


Norfolk and Waveney Dental Foundation Training Scheme

Autumn Term Programme 2023-2024





Norfolk and Waveney Dental Foundation Training Scheme

Postgraduate Education at the Norfolk and Norwich University Hospital

Bob Champion Research & Education Building, Norfolk and Norwich University Hospital

Tel: 01603 286884

East of England Region

Regional Postgraduate Dental Dean

Malcolm Brady

Associate Postgraduate Dental Dean, Early Years

Jason Stokes

Regional Dental Account Manager

Patti Bradshaw

Regional Dental Faculty Support Officer

Peta Wright

Postgraduate Centre Manager

Sophie Hudson

Scheme Administrator

Lauren Stubbings

Training Programme Director

Sue Plummer

BDS (Newc)

PG Cert (Dental Education)

Level 7 Diploma in Strategic Management and Leadership ILM

John G Plummer and associates

Caister medical centre

West Road

Caister-on-Sea

NR30 5AQ

01493 728351

suzanne.plummer@hee.nhs.uk



Norfolk and Waveney Dental Foundation Training Scheme

Index to Autumn Term Programme

East of England Region	2
Index	3
Norfolk and Waveney Scheme Postgraduate Centre	4
List of Study Days for Autumn Term	6
Details of Study Days	10
Calendar for 2023-2024	25
ESs and FDs of Norfolk and Waveney Scheme	27
Buddy ES pairs for Norfolk and Waveney Scheme	29
Online Learning 2023-2024	30
Milestones and APLAN 2023-2024	34
Problem Solving and Support Norfolk and Waveney Scheme	35
Claiming Travel and Subsistence 2023-2024	36
Audit Project 2023-2024	37
Practice Equipment List 2023-2024	38
Speakers for Autumn Term	41



Norfolk and Waveney Dental Foundation Training Scheme

Postgraduate Education at the Norfolk and Norwich University



This year we will be taking a blended approach to learning. There will be 10 hands on sessions in the technical skills room NNUH, complemented by 9 meetings at the Bob Champion Research and Education Building and 5 virtual study days delivered on Microsoft Teams.

The speakers have been selected because of their outstanding knowledge and enthusiasm for education and dentistry.



The technical skills room provides a hands on learning experience using 13 phantom heads. The room is maintained by our technical skills manager. Chris.bligh@nnuh.nhs.uk

We are also supported by Sophie Hudson (Deputy Postgraduate Manager) and Lauren Stubbings (Medical education administrator).
Sophie.hudson@nnuh.nhs.uk
lauren.stubbings@nnuh.nhs.uk

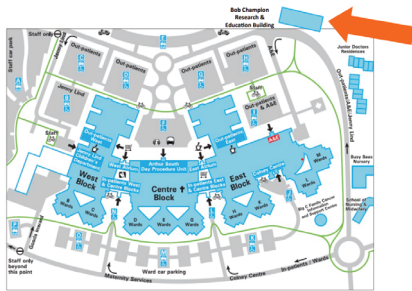


If you have any queries relating to Accent (logging in, updating details or booking courses) please contact dwd.me@hee.nhs.uk.

The Training Programme Director is Sue Plummer. Sue's aim is to help each FD to develop clinically and professionally so that they are prepared for independent practice by the end of the training year. It is hoped that the FD will love exploring the area and meeting new friends while being expanding their horizons.



Norfolk and Norwich University trust hospital



We're situated four miles from the centre of Norwich, close to the University of East Anglia (UEA), to the south west of Norwich, and adjacent to the A47 and A11. If you are using a Sat Nav the postcode you require is NR4 7UY.

Traveling from the A47 by car – leave the A47 at the junction for the B1108 following road signs for the Hospital. At the junction of the B1108 with Colney Lane, turn right and continue straight down Colney Lane through the Norwich Research Park.

Traveling from the A11 by car – leave the A11 at the first roundabout after the Thickthorn A47/A11 junction and follow the road signs for the Hospital.

Travelling from Norwich city centre by car– follow signs for A11 Thetford. Once on the A11 turn right at the Cringleford roundabout and follow the road signs for the Hospital.

The Costessey Park and ride service runs every 15 minutes, Monday to Friday, excluding bank holidays. Starting at 6.30am from the P&R site (NR9 3LX), the last bus leaves NNUH at 8.20pm. The cost is £1 per person return.

Parking is available on site in a NRP multistory car park (NR4 7UQ) at a charge of £8 for up to 8 hours.

There is also a bus service to the hospital from the Norwich train station. Please allow 20 minutes for this journey.

The technical skills room is located on Level 1, Central block of the Norfolk and Norwich University Trust hospital.

Bob Champion Research and Education Building (NR4 7UQ) is very close to NNUH.



Autumn Term

Venues and Subjects

Friday 1st September	Regional Induction - Welcome and Introduction The Role of the Lead Employer in DFT The Role of the GDC Using the Dental ePortfolio	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 8th September	Clinical skills refresher day	<i>Technical skills room, Level 1 Central block, NNUH</i>
Friday 15th September	Scheme Induction - FDs, ESs and nurses	<i>Bob Champion Research building NR4 7UQ</i>
Friday 6th October	Treatment planning	<i>Bob Champion Research building NR4 7UQ</i>
Friday 13th October	NHS rules and regulations Clinical photography	<i>Bob Champion Research building NR4 7UQ</i>
Friday 20th October	Paediatric Dentistry	<i>Bob Champion Research building NR4 7UQ</i>
Friday 10th November	Oral surgery	<i>Technical skills room, Level 1 Central block, NNUH</i>
Friday 17th November	Early stage review	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Thursday 23rd November	Endodontics	<i>Technical skills room, Level 1 Central block, NNUH</i>
Friday 24th November	Milestone 1 case presentations	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 1st December	Caries removal and amalgam	<i>Technical skills room, Level 1 Central block, NNUH</i>

Friday 8th December

Medicolegal

Virtual Remote Learning Platform - Links to be confirmed.

Friday 15th December

Pain and anxiety management
Dental emergencies

Bob Champion Research building NR4 7UQ

Important Dates and Deadlines

Early stage review	Friday 17th November 2023
Milestone 1 case presentations (Virtual)	Friday 24th November 2023
Deadline Milestone 2 submissions (APlan)	Friday 5th January 2024
Deadline Milestone 2 feedback (APlan)	Friday 19th January 2024
Milestone 2 case presentations (BCRB)	Friday 9th February 2024
ES virtual scheme meeting (Spring term) 1.15	Friday 15th March 2024
IRCP	Friday 16th February 2024
ES development day	Friday 26th April 2024
Deadline Milestone 3 case submission (A Plan)	Friday 24th May 2024
Deadline Milestone 3 feedback (A Plan)	Friday 7th June 2024
ES preperation day	Friday 21st June 2024
Milestone 3 case presentations (BCRB)	Friday 28th June 2024
FD Showcase	Friday 12th July 2024
FRCP	Friday 26th July 2024



Friday 1st September

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.30

Regional Induction - Welcome and Introduction

CPD Hrs = 0.5

Malcolm Brady --- Jason Stokes

Postgraduate Dental Dean - Associate Postgraduate Dean



This session is a welcome to all the new Foundation Dentists in the East of England and Midlands Regions and to introduce and orientate them to their Dental Foundation Training year. It will help everyone develop their role as a Foundation Dentist throughout the year by providing information about the content and timelines that have to be maintained. Completion of Dental Foundation Training has specific requirements and these will be outlined and discussed.

Objectives

- Explain what the Dental Foundation Training year involves, the induction process, the support services available and the commitment needed to complete the year.
- Provide experience, access to and navigation of the Dental Foundation Training e-portfolio, Intrepid Course Manager and APlan.
- Define the RCP process involved in the satisfactory completion of Dental Foundation Training.

Learning Content

- Be able to demonstrate an understanding of learning styles and reflection.
- Have a recognition of your peer group and Regional HEE personnel together with an enhanced ability to work with others as a team.
- Recognise the need for professional and ethical behaviour and have knowledge of the NHS rules and regulations. CPD process involved in the satisfactory completion of Dental Foundation Training.



GDC Outcomes: A B C D



Friday 1st September

Virtual Remote Learning Platform - Links to be confirmed.

10.00

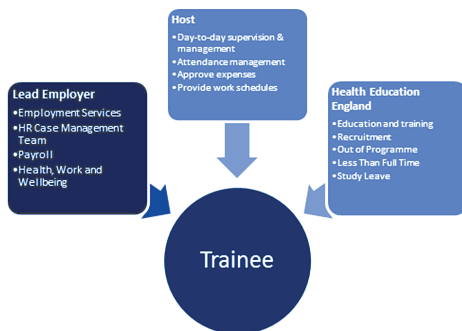
The Role of the Lead Employer in DFT

CPD Hrs = 1

Gemma Lasikiewicz and Olivia Butler

Lead Employer:- St Helens and Knowsley Trust

The Lead Employer in Dental Foundation Training covers many roles and functions. This presentation will provide information and guidance for everyone



11.00

Break

11.15

The Role of the GDC

CPD Hrs = 0.45

Anika Daclan

Engagement Officer · General Dental Council

The General Dental Council re an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.

Objectives

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

Learning Content

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

GDC Outcomes: A B C D





Friday 1st September

Virtual Remote Learning Platform - Links to be confirmed.

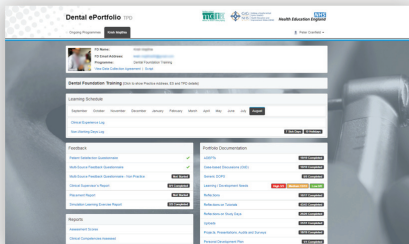
12.00

Using the Dental ePortfolio

CPD Hrs = 1

Peter Cranfield

Associate Postgraduate Dean and TPD



The Dental ePortfolio is an online record of your progress and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

13.45

End



Friday 8th September

Technical skills room, Level 1 Central block, NNUH

Day Session

09.30

Clinical skills refresher day

CPD Hrs = 6

Sue Plummer, Kate Pearce and Dan Evans.

TPD and ESs.

This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors.

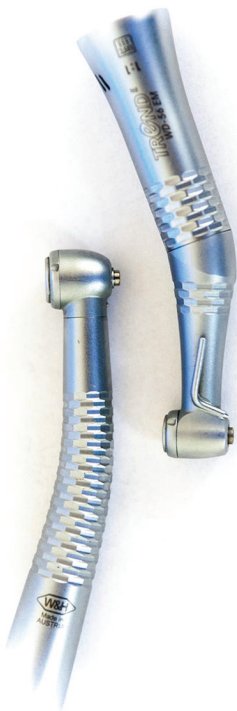
Objectives

- Be able to evidence the systematic and accurate removal of simulated dental caries.
- Have an opportunity to refresh dental preparation skills on a simulator prior to starting work in general dental practice.
- To have practised cutting a full crown preparation.

Learning Content

- Appreciation of the importance of accurate caries removal and the preservation of sound dentine and supported enamel
- Knowledge of any requirements for targeted support by the ES.

GDC Outcomes: C D



16.30

End



Friday 15th September

Bob Champion Research building NR4 7UQ

Day Session

09.30

Scheme Induction - FDs, ESs and nurses

CPD Hrs = 6

Sue Plummer

Scheme Training Programme Director

Learn about the Dental Foundation Training year, the induction process, the support services available and the commitment needed to complete the year.

Objectives

- *To introduce and orientate delegates to the Dental Foundation Training programme.*
- *To give delegates tools to develop their role as a Foundation Dentist throughout the year.*
- *Inform delegates of the requirements of Foundation Training and to develop teamwork skills.*

Learning Content

- *"Be able to demonstrate an understanding of learning styles and reflection. "*
- *Define the timeline of the Dental Foundation Training year.*
- *Have a knowledge of their peer group and Midlands & East HEE personnel together with an enhanced ability to work with others as a team.*

GDC Outcomes: A B D





Friday 6th October

Bob Champion Research building NR4 7UQ

Day Session

09.30

Treatment planning

CPD Hrs = 6

Nick Lamb

Dental Professional Adviser to NHS England East. GDP.

This session is designed to explore the structure behind efficient and effective treatment planning.

As a professional dentist it is vital that we provide our patients with optimal treatment but also follow the guidance and regulations that support the provision of primary care dentistry in England.

Objectives

- *Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.*
- *Review the methods of assessing a patient's needs, wishes, requirements, and the treatment options available for each patient in relation to the NHS regulations.*
- *Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options for treatment plan including patient's responsibilities and preventive regimes, or any need for referral.*

Learning Content

- *Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectations.*
- *Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for referral.*
- *Recognize the level of communication required to discuss with a patient an effective treatment plan in a manner that manages their expectations, wishes, and requirements in an ethical and professional manner.*

GDC Outcomes: A B C D





Friday 13th October

Bob Champion Research building NR4 7UQ

Morning Session

09.30

NHS rules and regulations

CPD Hrs = 3

Tom Norfolk

General Dental Practitioner, Joint Chair of the Local Dental Network

Provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services.

Objectives

- *Explain how and when to claim for NHS treatment that has been provided to patients.*
- *Defines the rules regarding provision of NHS dental care.*
- *Have the ability to talk confidently about what can be provided through NHS dental services.*

Learning Content

- *List the structures and content of NHS treatment bands and associated NHS banding charges*
- *Apply the rules regarding the provision of NHS dental care.*
- *Be able to perform within the structure of NHS GDC contracts.*

GDC Outcomes: A B D



Andy Bell and Josh Davis

ES Norfolk and Waveney

To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images.

Objectives

- *To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images.*
- *Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images.*
- *Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images.*

Learning Content

- *Demonstrate consistent, high quality clinical images to be used for patient education, building their own clinical portfolio and for coursework submissions throughout the training year.*
- *Evaluate their own clinical images to troubleshoot how to improve them where issues arise.*
- *Construct a systematic approach to make clinical photography routine in the Foundation Dentist's daily workflow.*

GDC Outcomes: A C

Please bring your practice photographic equipment to this session





Friday 20th October

Bob Champion Research building NR4 7UQ

Day Session

09.30

Paediatric Dentistry

CPD Hrs = 6

Callum Limer

MSc in paediatric dentistry

The aim of this day is to review current best practice in the dental management of paediatric patients. This will be discussed using a series of case studies (plus the use of models to conduct hands on exercises.

Objectives

- Review and explore methods and techniques for providing high quality dental care to children from a range of backgrounds.
- Assess and list our responsibilities in relation to paediatric management within in general dental practice.
- Demonstrate the use of stainless steel crowns on models to help develop the skills to use the Hall technique in a reliable manner.

Learning Content

- Perform a clinical assessment, special investigations and immediate management of acute dental trauma. Be able to evaluate our responsibilities to provide safeguarding for children within a general dental environment.
- "List current treatment protocols in managing symptomatic/ asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios."
- Recognise when a stainless steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality.

GDC Outcomes: A C



Please bring your Halls crowns to todays session



Friday 10th November

Technical skills room, Level 1 Central block, NNUH

Day Session

09.30

Oral surgery

CPD Hrs = 6

Rachel Grimmer and Kate Rustage

Specialty Grade Doctor at The Norfolk and Norwich University Hospital

Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.

Objectives

- *Explain the importance of patient medical history for oral surgery procedures as part of the overall pre-operative assessment processes and the relevance of National guidelines in this context, and when to refer to secondary care.*
- *Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.*
- *Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.*
- *Identify appropriate post-operative care and pain management for oral surgery patients*

Learning Content

- *Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.*
- *Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.*
- *List the relevant guidance relating to oral surgery care in general dental practice.*

GDC Outcomes: A B C D





Friday 17th November

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

Early stage review

CPD Hrs = 0

Sue Plummer

TPD

An opportunity for a one to one meeting between the Training Programme Director and the FD after a period of initial induction.

This is an informal and confidential meeting to discuss various topics to include: practice life, portfolio work and progress in the earlier period of training.

There is an opportunity for FDs to highlight any issues, be that clinical, wellbeing, practical or pastoral.

Learning Content

- *To ensure a solid and full induction has happened.*
- *To highlight any issues and plan timely and appropriate corrective interventions.*
- *Opportunity for the FD to highlight any of their concerns.*

GDC Outcomes: A B D



Ensure your portfolio is up to date and all outstanding tasks completed.



Thursday 23rd November

Technical skills room, Level 1 Central block, NNUH

Day Session

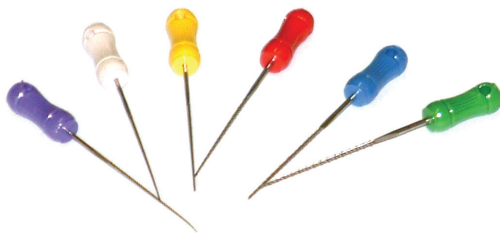
09.30

Endodontics

CPD Hrs = 6

Daniel Vaz de Souza

LMD, Dip Rest Dent FGDP RCSEng, MClinDent, MEndo, RCSEd



To give Foundation Dentists greater confidence, knowledge and technical ability in diagnosis and treatment of apical and pulpal pathology, and understand modern concepts in its prevention. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.

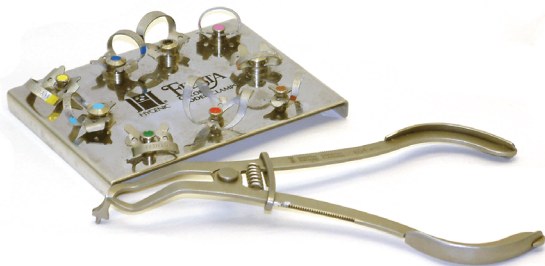
Objectives

- Review current concepts in the prevention of apical and pulpal pathology.
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

GDC Outcomes: A C





Friday 24th November

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

Milestone 1 case presentations

CPD Hrs = 6

ES panel

ES Norfolk and Waveney

Dental Milestones are an assessment and learning process that occurs throughout the DFT year. At key stages Foundation Dentists are asked to produce clinical case reports / case presentations which increase in complexity through the year.

Milestone 1 is a clinical case that demonstrates treatment planning skills, it can be based around an emergency dental appointment with relevant treatment and long term plans or a treatment plan for a patient with dental disease.

You will present your Milestone 1, using PowerPoint, to the members of the Scheme and ESs for peer review. You will also receive formative feedback from the ESs and your TPD. This will help to highlight any learning needs highlighted by the clinical case and presentation.

Objectives

- *Learn to use the case of a patient with dental trauma or a dental emergency to reflect on clinical skills of analysis and care provision together with improved presentation skills.*
- *Improvement in the provision of patient care through use of reflection, analysis and planning.*

GDC Outcomes: A C D





Friday 1st December

Technical skills room, Level 1 Central block, NNUH

Day Session

09.30

Caries removal and amalgam

CPD Hrs = 6

Ali Chohan and Fahad Sheik

During the day we will discuss caries detection and removal, and explore the use of amalgam as a material in specific clinical situations.

Objectives

- Compare different methods of caries detection.
- Compare techniques to restore carious and broken teeth directly.
- Undertake practical training to demonstrating the use of amalgam as a reliable restorative material.



Learning Content

- Evaluate the information collected at the treatment planning appointment to provide clinically appropriate treatment plans for NHS primary care situations.
- Analyse the properties of different direct restorative materials and apply this knowledge in clinical situations.
- Create functional and aesthetic direct restorations for a variety of clinical situations.

GDC Outcomes: C

Show Buttons

Edit



Friday 8th December

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

Medicolegal

CPD Hrs = 6

Nick Barker

Professor of Oral Health Sciences & MSc Module Lead at University of Essex,

Explore and discuss various elements of the medico-legal and regulatory framework covering dentistry

Objectives

- *List the regulations and requirements regarding record keeping and dealing with complaints.*
- *Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.*
- *To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice.*
- *Describe the processes of the GDCs regulation of the profession.*

Learning Content

- *Produce effective patient records within dental practice.*
- *Implement appropriate complaints handling in general dental practice*
- *Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team.*

GDC Outcomes: A B C D





Friday 15th December

Bob Champion Research building NR4 7UQ

Day Session

09.30

Pain and anxiety management

CPD Hrs = 3

Kara Gates and Ganga Allen

Community dental services.

To give knowledge, understanding and practical ability to be able to successfully manage an anxious patient with particular focus to IV sedation with midazolam.

Objectives

- Define the current standards in conscious sedation in relation to primary dental care.
- Compare and discuss the mechanisms of action, roles and limitations of premedication, inhalation sedation, oral sedation, intravenous sedation and general anaesthesia.
- Describe when to refer.

Learning Content

- List the current standards/guidance in conscious sedation in primary dental care.
- Differentiate between different treatment options for anxious patients, define 'conscious sedation' and its indications/contraindications, alongside recognising physiological norms as part of the patient assessment and monitoring.
- Compare the presentation and pharmacology of Midazolam and Flumazenil for use in Intravenous Sedation and recognise medical emergencies that may arise during use of these drugs and how to act.

GDC Outcomes: A B C



Jill Geaney

ES and part time lecturer at Royal London Dental school.



To help Foundation Dentists to be more competent in the diagnosis and management of dental emergencies, causes and types of pain and be aware the role the entire team play in this respect.

Objectives

- *Identify the importance of thorough history taking, special tests, diagnosis and treatment planning for dental emergencies, including informed consent.*
- *Evaluate appropriate management strategies for patients that present with dental trauma and pain.*
- *Discuss the need to be confident in liaising with the wider team to help schedule emergency appointments so there is sufficient time to manage them appropriately.*

Learning Content

- *Content Foundation Dentists will be able to describe how to competently manage commonly occurring dental emergencies, including trauma.*
- *Organise and manage their own diaries to be able to cope with dental emergencies in a consistent, stress-free environment.*

GDC Outcomes: A C



Calendar 2023-2024

Friday 1st September 2023	DFT 26 Regional Induction (Virtual)
Friday 8th September 2023	Clinical skills refresher course (Skills Room NNUH)
Friday 15th September 2023	DFT02 Local Induction with nurses and ESs (BCRB NNUH)
Friday 22nd September 2023	FD in practice
Friday 29th September 2023	FD in practice
Friday 6th October 2023	DFT03 Treatment planning (BCRB NNUH)
Friday 13th October 2023	DFT18 NHS Rules and regulations (BCRB NNUH) DFT06 Clinical photography
Friday 20th October 2023	DFT15 Paeds (BCRB NNUH)
Friday 27th October 2023	FD in practice
Friday 3rd November 2023	FD in practice
Friday 10th November 2023	DFT07 oral surgery - (Skills room NNUH)
Friday 17th November 2023	ESR - individual times to be confirmed (Virtual) On line learning
Thursday 23rd November 2023	DFT04 Endo part 1 (Skills room NNUH)
Friday 24th November 2023	DFT21 MS1 presentations (Virtual)
Friday 1st December 2023	DFT13 Caries removal and amalgam (Skillr room NNUH)
Friday 8th December 2023	DFT08 Medico legal (Virtual)
Friday 15th December 2023	DFT 09 Pain and anxiety management (BCRB NNUH) DFT16 Dental emergencies
Friday 22nd December 2023	FD in practice
Friday 29th December 2023	FD in practice
Friday 5th January 2024	FD in practice MS2 submission deadline A Plan
Friday 12th January 2024	FD in practice
Monday 15th January 2024	FD in practice
Friday 19th January 2024	DFT04 Endo part 2 (Skills room NNUH) MS2 A Plan feedback deadline
Friday 26th Januray 2024	FD in practice
Thursday 1st February 2024	DFT13 Restorative (Skills room NNUH)
Friday 2nd February 2024	DFT20 Tooth wear and occlusion (Skills room NNUH)
Friday 9th February 2024	DFT 22 MS2 presentations Sim suite NNUH
Friday 16th February 2024	FD in practice IRCP
Friday 23rd February 2024	FD in practice

Friday 1st March 2024	DFT13 restorative (Virtual)
Friday 8th March 2024	DFT13 Composite and rubber dam (Skills room NNUH)
Friday 15th March 2024	FD in practice
Friday 22nd March 2024	DFT10 Dentures (Skills room NNUH)
Friday 29 March 2024	Bank Holiday - Good Friday
Friday 5th April 2024	FD in practice
Friday 12th April 2024	FD in practice
Friday 19th April 2024	DFT05 Communication (BCRB NNUH)
Friday 26th April 2024	FD in practice ES Development day
Friday 3rd May 2024	FD in practice
Friday 10th May 2024	DFT 11 Perio (Skills room NNUH)
Friday 17th May 2024	FD in practice
Friday 24th May 2024	DFT17 Occupational health and safety (Virtual) MS3 A Plan submission deadline
Friday 31st May 2024	FD in practice
Friday 7th June 2024	DFT01 Behavior change/public health (BCRB NNUH) MS3 A Plan feedback deadline
Friday 14th June 2024	DFT25 Finance (Virtual) DFT24 Audit presentations
Friday 21st June 2024	FD in practice ES prep day
Friday 28th June 2024	DFT 23 MS3 presentations BCRB NNUH
Friday 5th July 2024	FD in practice
Friday 12th July 2024	DFT 27 Regional showcase
Friday 19th July 2024	FD in practice
Friday 26th July 2024	FD in practice FRCP
Friday 2nd August 2024	FD in practice
Friday 9th August 2024	FD in practice
Friday 16th August 2024	FD in practice
Friday 23rd August 2024	FD in practice
Friday 30th August 2024	FD in practice



Educational Supervisors and Foundation Dentists



Murtuza Burhanpurwala

3-4 Mount St, Diss IP22 4QG



Kaavya Krishnan

Hungary

01379 642522



**Biran Shah
Adam Smith**

John G Plummer and associates, 5 Upper Stafford Ave, New Costessey, NR5 0AB



Helen Staite

Sheffield

01603 744007



**Jill Geaney
Kate Pearce**

Wedgwood House Dental Practice, 100 Bury Street, Stowmarket, IP14 1HF



Yasaman Asgari

Queen Mary's London

01449 771700



**Jill Geaney
Kate Pearce**

Wedgwood House Dental Practice, 100 Bury Street, Stowmarket, IP14 1HF



Asmah Omrani

Queen Mary's London

01449 771700



Cheerag Raval

Tavern Street Dental Practice, 5 Tavern Street, Stowmarket, IP14 1PJ



Cormac Mackle

Queen's university Belfast

01449 612181



**Daniel Evans
Joshua Davies**

Hooker House Dental Practice, Quay Street, Halesworth, IP19 8EP



Lily Cotton

Queen Mary's London

01986 872113



Ashley Pettit

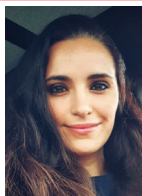
Capel Dental, 63 Thorney Road, Capel St Mary, Ipswich, IP9 2LL



Raman Madjidzadeh

Birmingham

01473 311130



**Ifaniyi Oshiga
Carla Martins**

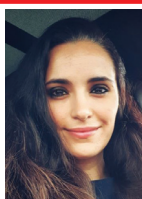
Beechcroft Dental Practice, Beechcroft, Norwich, NR5 0RS



Zed Rashid

Queen Mary's London

01493 747651



**Ifaniyi Oshiga
Carla Martins**

Beechcroft Dental Practice, Beechcroft, Norwich, NR5 0RS



Rikesh Lad

Queen Mary's London

01603 747651



**Ganga Allen
Kara Gates**

Hillside Clinic, 7 Hillside Road, Bury St Edmunds, IP32 7EA



Unyime Inyang

Czech Republic.

03005556667 option 2



**Andrew Bell
Richard McCormick**

John G Plummer and Associates, Caister medical centre, West road, Caister on Sea NR30 5AQ



Nadiyah Yaqub

Hungary

01493 728351



Sam SSenyonga

John G Plummer and associates, Corton Road, Lowestoft NR32 4PH



Ben Rave

Czech Republic.

01502 567519



Amrit Kaur

1 King St, Mildenhall, Bury St Edmunds, Bury Saint Edmunds IP28 7ES



Aleena Ayub

Leeds

01638 717070



Norfolk and Waveney Scheme Buddy ES Pairings 2023-2024

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Unyime Inyang	Ganga Allen and Kara Gates	Amrit Kaur
Ben Rave	Sam SSenyonga	Ifaniyi Oshiga and Carla Martins
Aleena Ayub	Amrit Kaur	Ganga Allen and Kara Gates
Asmah Omrani	Jill Geaney and Kate Pearce	Dan Evans
Cormac Mackle	Cheerag Ravel	Ashley Pettit
Helen Staite	Biran Shah and Adam Smith	Ifaniyi Oshiga and Carla Martins
Lily Cotton	Dan Evans and Josh Davies	Jill Geaney
Raman Madjidzadeh	Ashley Pettit	Cheerag Ravel
Rikesh Lad	Ifaniyi Oshiga and Carla Martins	Sam SSenyonga
Yasaman Asgari	Jill Geaney and Kate Pearce	Richard McCormick and Andy Bell
Kaavya Krishnan	Murtuza Burhanpurwala	Biran Shah
Zed Rashid	Ifaniyi Oshiga and Carla Martins	Murtuza Burhanpurwala
Nadiyah Yaqub	Richard McCormick and Andy Bell	Kate Pearce



Online Learning

2023-2024

List of Mandatory E-Learning

As part of your Foundation Training year within the East of England Region you will undertake a number of online e_Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

Once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://East of England elfh Hub(e-lfh.org.uk))

This takes you to a portal which leads to the **East of England - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules

Course Sections

Statutory and Mandatory Training (SMT) **Completion by Early Stage Review**

Conflict Resolution Level 1	40 mins
Data Security Awareness Level 1	70 mins
Equality and Diversity and Human Rights Level 1	20 mins
Fire Safety Level 1	30 mins
Moving and Handling Level 1	40 mins
Preventing Radicalisation - Basic Prevent Awareness	35 mins
Safeguarding Adults Level 1	40 mins
Safeguarding Adults Level 2	40 mins
Safeguarding Children Level 1	30 mins
Safeguarding Children Level 2	35 mins

Mental Capacity Act (MCA) **Completion by IRCP**

Mental Capacity Act as Part of Human Rights	20 mins
Assessing Mental Capacity	20 mins
Planning Ahead Using the MCA	20 mins
Best Interests	20 mins
Restraint	20 mins

Deprivation of Liberty	20 mins
Relationship Between the MCA and the MHA	20 mins
Mental Capacity Act and Young People aged 16 or 17	20 mins
Research Involving People Who Lack Capacity	20 mins
Mental Capacity Act and Adult Safeguarding	20 mins
Settling Disputes and Disagreements	20 mins

Alcohol and Tobacco Brief Interventions **Completion by IRCP**

Introduction to treating and preventing ill health	15 mins
Very Brief Advice on Smoking	15 mins
Alcohol Brief Advice	15 mins
Bringing It Together - Multiple Risk Factors	15 mins
Assessment	10 mins

Making Every Contact Count (MECC) **Completion by IRCP**

What is MECC and why is it important	30 mins
How to have a MECC conversation	30 mins
Signposting	15 mins
Five Ways to Wellbeing	30 mins
Assessment	10 mins

HEE Rubber Dam Placement video **Completion by IRCP**

Using your login details for e_Learning for Health you can access this module by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://EastofEngland.elfh.Hub(e-lfh.org.uk))

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module , this information will be passed to your e_Portfolio but you may wish to download completion certificates for your CPD records.

Modules **Completion by FRCP**

Prescription Documentation and the Drug History	60 mins
Medication Errors and Adverse Drug Reactions	60 mins
Special Patient Groups	60 mins
Utilising the BNF	60 mins
Medical Emergencies	60 mins
Periprocedural Prescribing	60 mins
Dental Infection	60 mins
Pain, Ulceration, and Inflammation	60 mins
Prescription Documentation and the Drug History	60 mins
Medication Errors and Adverse Drug Reactions	60 mins

List of Supplementary E-Learning

Dentistry (e-Den) e-Learning for Health

<https://portal.e-lfh.org.uk>

This is a series of modules about dentistry known as e-Den. You will find these modules helpful when used in conjunction with your Study Days. References to particular modules may be included in the information for each Study Day. Accessing the relevant module before the Study Day will help you to gain more from the interactive learning session.

To locate the e-Den modules in the e-Learning for Health Website, click on '**My e-Learning**' at the top of the webpage and then enter the **Dentistry** name in the search box. When the search results appear, you will see the **Dentistry** module listed with an icon; click on '**Enrol**' and the Module will be added to your account. You will then be able to see each of the e-Den Modules and Course Sections in 'My e-Learning'.

e-Den Module

1 Patient Assessment

Profiling the Patient	Assessment Methods and Techniques
Good Practice	Health Promotion and Disease Prevention
Patient Assessment	Profiling the Patient

2 Human Diseases and Medical and Dental Emergencies

Medical Topics and Dentistry	Medical Emergencies In Dentistry
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3 Anxiety and Pain Control in Dentistry

Principles of Dental Pain	Mediators of Central Pain
Dental Local Anaesthesia	Dental Local Anaesthetic Technique
Management of Dental Pain	Non-Pharmacological Anxiety Management
Intravenous Sedation	Inhalation Sedation
Dental General Anaesthesia	

4 Periodontal Disease and Management

Aetiology of Periodontal Disease	
Periodontal Diagnosis and Determination of Prognosis	Periodontal Treatment Options
Patient Education and self-Performed Plaque Control	Non-Surgical Periodontal Therapy
Surgical Periodontal Therapy	

5 Hard and Soft Tissue Surgery

Pre- and Post-operative Assessment	Exodontia
Surgical Dentistry	Advanced Trauma Life Support (ATLS)
Management of Un-Erupted, Impacted, Ectopic and Supernumerary Teeth	Management of Benign Soft Tissue lesions

6 Surgical and Non-Surgical Management of Head and Neck Disease

Accurate Drug History and Relevance of Allergies	Odontogenic Infections
Management of Oral Mucosal Diseases	Craniofacial Pain Disorders
Neoplastic and Non Neoplastic Disease of the Head and Neck	

7 Management of the Developing Dentition

Orthodontic Indices	Assessment for interceptive Treatment
Space Maintenance	Simple Removable Appliances
Oral Habits and Occlusal Trauma in the Mixed Dentition	
Emergency Care and Management of Orthodontal Problems	
Contemporary Orthodontics Normal Facial Growth and Dental Development	
Abnormalities of Facial Growth and Dental Development	

8 Restoration of Teeth

Caries
Crowns
Aesthetic Dentistry
Tooth Surface Loss
Dental Trauma

Restoration of Permanent Teeth
Restoration of Deciduous Teeth
Dental Biomaterials
Endodontics

9 Replacement of Teeth

Bridgework
Complete Dentures
Implantology

Occlusion
Partial Dentures
Miscellaneous

10 Communication

Patient and the Family
Other Professionals

Teamworking

11 Professionalism

Ethics
The Clinical Team and Peers

Self

12 Management and Leadership

The Need for Effective leadership and Management
Risk Management
Change Management
Healthcare Systems
Management and Leadership

Quality in Healthcare
Self-Management
Managing a Business
Professional Practice

13 Sustainable Dentistry

Introduction to Sustainable Dentistry

Measuring carbon in Healthcare



Milestones and APLAN

2023-2024

Milestones and APLAN

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. You will present your case at your scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and the East of England regions. Your cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are set at the beginning of the DFT year:

Milestone 2

Submissions open: 1st December 2023 - Submissions close: 5th January 2024

Milestone 3

Submissions open: 19th April 2024 - Submissions close: 24th May 2024

Please note the dates of the opening and closing of the submission periods; there is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48 hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the SharePoint for FDs that covers the Milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Problem Solving and Support

Norfolk and Waveney 2023-2024

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; so contact your TPD by phone or email early on if you have a problem or concern. Early resolution of that burning issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The DFT group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of the Day Release Course. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

Additionally there is further wide ranging support that can be obtained from the Associate Dean for Regional Trainee Support. Here is a web address support:

<https://heeoe.hee.nhs.uk/dental/trainee-support>

Contacts for Support

Training Programme Director

Sue Plummer

Phone: 01493728351

Email: suzanne.plummer@hee.nhs.uk

Regional Trainee Support

Email: Support.eoe@hee.nhs.uk



Claiming Travel and Subsistence

2023-2024

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be made online via the EASY Expenses system via the Lead Employer.

You can access the EASY Expenses system here:

<https://leademployer.merseywestlancs.nhs.uk/expenses-1>

Before you make any claims you will need to set up an approving manager on the system. This will be your Educational Supervisor. They will need to complete a New Approver Form and return to:

e-expenses@sthk.nhs.uk.

The form can be accessed from:

<https://leademployer.merseywestlancs.nhs.uk/media/Documents/Expenses/New-Approver-Authorisation-Form-1.docx>

If you travel by car, you will need to upload copies of your Insurance and Driving Licence to the Easy Expenses system. You will probably need to ensure that your insurance covers business use.

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Your usual mileage from your home to the dental practice will be deducted from the amount.

(Current mileage rate = £0.28 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

Car parking costs will be reimbursed and you will need a receipt for the car parking an image of which will be need to be uploaded.

FDs should travel only by second class if they travel by rail and should attach images of tickets or receipts to their claims.

Taxis should not be used and cannot be claimed.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

Within East of England overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

All claims must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense.



Audit Project

2023-2024

Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the Midlands and East Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Practice Equipment List

2023-2024

Practice Specifications

Electronic records - Full computer based clinical records and appointment management system.

Digital radiography

Internet access

Infection control - Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmial account

Specification for FD Room

Size - Minimum floor area 9m².

Ventilation - Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FD Room

Dental chair - Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Stool for dentist

Stool for nurse

Handwash sink

X-ray set - Rectangular collimation. Isolation switch outside the controlled area.

Amalgam mixer

Light cure lamp

Telephone

Workstation - Clinical records and appointment management software. Internet access.

Turbines - Minimum of 3.

Contra-angle handpieces - Minimum of 3.

Straight handpiece - Minimum of 1.

Ultrasonic scaler - Magnetostrictive or piezo.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders - Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit - Latex free.

Conservation - Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics - Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions - Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Oral Surgery - Full range of surgical instruments including scalpel blades and handle, periosteal elevator, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

Prosthetics - Full range of prosthetic instruments including shade and mould guides.

Endodontics - Full range of stainless-steel hand files and NiTi rotary files.

Materials and Disposables for FD Room

Respirator - Fit tested FFP3 mask or powered hood for FD use.

Type II R Fluid Resistant Surgical Masks

Gloves - Latex free.

Bibs

Aprons

Gowns

Paper and cotton goods

Safe Sharps System - Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

Waste containers - For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

Disposable 3 in 1 syringe tips

Conservation - Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

Prosthetics - Full range of prosthetic materials including impression compound and greenstick.

Endodontics - Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera - SLR or equivalent with lens, ring flash, retractors, and mirrors.

Conservation - Face bow and semi-adjustable articulator.

Prosthetics - Surveyor.

Endodontics - Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.

Clinical Digital Thermometer

Digital Communication - Computer or tablet with MS Teams including webcam, speakers, and microphone.



Speakers

Autumn Term 2023-2024

Tom Norfolk

26 St Mary's St, Ely CB7 4ES

tomnorfolk@nhs.net



Adam Smith

83 Mary Chapman Cl, Norwich NR7 0UD

as@plummers.co.uk



Andy Bell

The Old Medical Centre, Beccles Rd, Bradwell,
Great Yarmouth NR31 8HB

ab@plummers.co.uk



Nick Lamb

5, Quay Point, Station Rd, Woodbridge IP12 4AL

nlamb@nhs.net



Callum Limmer

7 Hillside Road, Bury Saint Edmunds IP32 7EA

callum.limmer@nhs.net



Rachel Grimmer

Oral and maxillofacial department, NNUH, Colney
Lane NR4 7UY

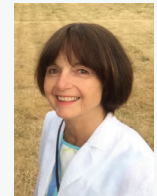
r8chel100@hotmail.com



Kate Rustage

Oral and maxillofacial department, NNUH, Colney
Lane NR4 7UY

kate.rustage@nnuh.nhs.uk



Daniel De Souza

42 Prince of Wales Rd, Norwich NR1 1LG

danielvs.endo@gmail.com



Ganga Allen

7 Hillside Road, Bury Saint Edmunds IP32 7EA

ganga.allen@nhs.net



Kara Gates

7 Hillside Road, Bury Saint Edmunds IP32 7EA

kara.gates@nhs.net



Jill Geaney

Wedgwood House Dental Practice, 100 Bury
Street, Stowmarket, IP14 1HF

jill.geaney@nhs.net



Nick Barker

Bromley Road Dental Surgery, 13A Bromley Rd,
Colchester CO4 3JE

nick.barker@nhs.net



Clare Davis

Dental Healthcare Suffolk
Cambridgeshire Community Trust

claire.davies72@nhs.net



Nick Stolls

stolls.fam@btinternet.com



Richard Keeler

Sixty Six, N Quay, Great Yarmouth NR30 1HE

r.keeler@lovewell-blake.co.uk



Ahmed Al-Khyatt

Restorative department, Duckworth Ln, Bradford
BD9 6RJ

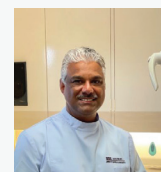
Ahmed.AI-Khayatt@bthft.nhs.uk



Denver Fester

3 & 4, Sainsbury's site, Pound Ln, Norwich NR7
0SR

df@plummers.co.uk



Hoda Sepehrara

3 & 4, Sainsbury's site, Pound Ln, Norwich NR7
0SR

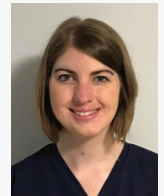
hodasepehrara@gmail.com



Rachel Doogan

Dental Healthcare Suffolk
Cambridgeshire Community Trust

rachel.doogan@nhs.net



Sukhvinder Atthi

The School of Dentistry
5 Mill Pool Way
Edgbaston
Birmingham
B5 7EG
United Kingdom

ssatthi@hotmail.com

