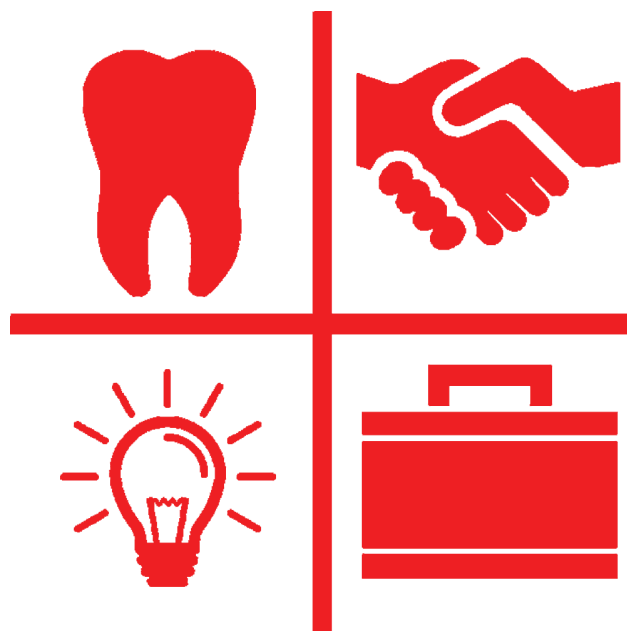


Norfolk and Waveney Dental Foundation Training Scheme

Autumn Term Programme 2021-2022





Norfolk and Waveney Dental Foundation Training Scheme

Norfolk and Norwich Institute for Medical Education (NANIME)

Norfolk and Norwich University Hospital NHS Trust, Colney Lane, Norwich, NR4 7UY

Tel: 01603 286884

Regional Postgraduate Dental Dean	Andrew Dickenson
Regional Deputy Postgraduate Dental Dean, Early Years	Deborah Manger
Associate Dental Dean for Regional Trainee Support	Fleur Kellett
Regional Dental Account Manager	Rivie Mayele-Tamina
Regional Dental Faculty Support Officer	Patti Bradshaw, Jemma Brighton
Regional Faculty Support Administrator	Peta Wright, Kapil Nandha
Postgraduate Centre Manager	Sharon McHugh
Scheme Administrator	Victoria Hill
Training Programme Director	Sue Plummer BDS, PG Cert Dental Education John G Plummer and associates. West Road Caister-on-sea NR30 5AQ 01493 728351 suzanne.plummer@HEE.nhs.uk



Norfolk and Waveney Dental Foundation Training Scheme

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Norfolk and Waveney Dental Foundation Training Scheme

Norfolk and Norwich Institute for Medical Education (NANIME)



Sophie Hudson
Operations
Manager



Victoria Hill
Scheme
administrator



Neil Redpath
Technical skills
manager

This year we will be taking a blended approach to learning. There will be 12 hands on technical sessions in the skills room complemented by 13 study days delivered virtually on Microsoft Teams. The speakers have been selected because of their knowledge and enthusiasm for education and dentistry.

The skills room provides a hands on learning experience using 13 phantom heads. The room is maintained by our technical skills managers Neil Redpath and Chris Bligh.

Neil.redpath@nnuh.nhs.uk

Chris.bligh@nnuh.nhs.uk

We are also supported by Sophie Hudson (Deputy Operational Manager - Medical Education) and Tori Hill (Medical education administrator). They will be able to assist with specific queries related to study days.

Sophie.hudson@nnuh.nhs.uk

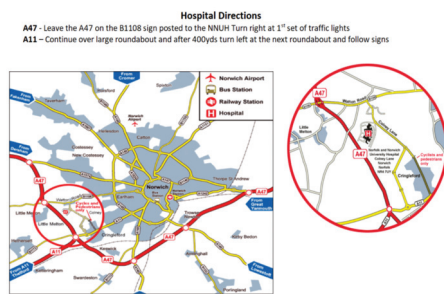
Victoria.hill2@nnuh.nhs.uk

If you have any queries relating to Accent (logging in, updating details or booking courses) please contact dwd.me@hee.nhs.uk.

The Training Programme Director is Sue Plummer. Sue's aim is to help each FD to develop professionally so that they are prepared for independent practice by the end of the training year.



Location and Parking



The technical skills room is located on Level 1, Central block of the Norfolk and Norwich University Trust hospital.

The hospital is easily accessed by car, being situated very close to the A11 and A47 junction. If you are using a Sat Nav the postcode you require is NR4 7UY.

Parking is available on site in a NRP multistory car park (NR4 7UQ) at a charge of £8 for up to 8 hours.

A park and ride service is available from Costessey Long Lane, Norwich NR9 3LX (service 510).





There is also a bus service to the hospital from the Norwich train station. Please allow 30 minutes for this journey.



Autumn Term

Venues and Subjects

Wednesday 1st September	Clinical skills refresher course	<i>Skills lab</i>
Friday 3rd September	Scheme Induction	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 10th September	Regional Induction - Welcome and Introduction Using the Dental ePortfolio Introduction to the GDC The NHS Business Services Authority	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 17th September	Treatment Planning	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 24th September	Direct Posterior Restorations	<i>Skills lab</i>
Friday 1st October	Direct Anterior Restorations	<i>Skills lab</i>
Friday 8th October	Milestone 1 - Emergency Case	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 22nd October	NHS Rules and Regulations	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 5th November	Oral Surgery	<i>Skills lab</i>
Friday 12th November	Paediatric Dentistry	<i>Bob Chapman Building</i>
Friday 19th November	Endodontics Part 1	<i>Skills lab</i>

Friday 26th November	Indirect Restorations Part 1	<i>Skills lab</i>
		
Friday 3rd December	Indirect restorations Part 2	<i>Skills lab</i>
		
Friday 10th December	Health and Safety	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
		
Friday 17th December	Accounts, Finance and Dental Contracts	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
		

Important Dates and Deadlines

Milestone 1 Presentation	Friday, 8 October 2021
Early Stage Review	Friday, 15 October 2021
PSQ	Friday, 31 December 2021
MSF	Friday, 31 December 2021
Milestone 2 Submission	Friday, 14 January 2022
Milestone 2 Presentation	Friday, 4 February 2022
Audit report presentation	Friday, 29 April 2022
Audit report submission	Friday, 6 May 2022
e Lift submission	Friday, 1 April 2022
Milestone 3 Submission	Friday, 20 May 2022
Milestone 3 Presentation	Thursday, 16 June 2022
Milestone 3 Presentation	Friday, 17 June 2022



Wednesday 1st September

Skills lab

Day Session

09.30

Clinical skills refresher course

CPD Hrs = 3

Sue Plummer, Dan Evans and Kate Pearce

TPD and ESs.



This hands on session is an opportunity to refresh technical skills and review the level of support required from the practice.

Objectives

- *Be able to evidence the systematic and accurate removal of simulated dental caries and restore with amalgam.*
- *Assess level of clinical support required with FGC preps.*
- *Have an opportunity to refresh dental preparation skills on a simulator prior to starting work in general dental practice*

GDC Outcomes: C

4.30

End

Please bring loupes if you have them.



Friday 3rd September

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

Scheme Induction

CPD Hrs = 6

Sue Plummer and the ESs.



Learn about the Dental Foundation Training year, the induction process, the support services available and the commitment needed to complete the year.

Objectives

- *To introduce and orientate delegates to the Dental Foundation Training programme.*
- *To give delegates tools to develop their role as a Foundation Dentist throughout the year.*
- *Inform delegates of the requirements of Foundation Training and to develop teamwork skills.*

Learning Content

- *Be able to demonstrate an understanding of learning styles and reflection.*
- *Define the timeline of the Dental Foundation Training year.*
- *Have a knowledge of their peer group and Midlands & East HEE personnel together with an enhanced ability to work with others as a team.*

GDC Outcomes: A B D

4.30

End



Friday 10th September

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

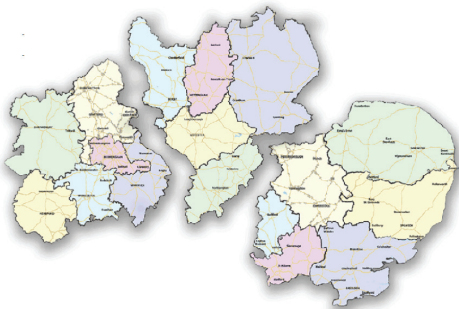
09.00

Regional Induction - Welcome and Introduction

CPD Hrs = 6

Deborah Manger

Regional Deputy Postgraduate Dental Dean, Early Years



This session is a welcome to all the new Foundation Dentists in the Midlands and East Region and to introduce and orientate them to their Dental Foundation Training year. It will help everyone develop their role as a Foundation Dentist throughout the year by providing information about the content and timelines that have to be maintained. Completion of Dental Foundation Training has specific requirements and these will be outlined and discussed.

Objectives

- Explain what the Dental Foundation Training year involves, the induction process, the support services available and the commitment needed to complete the year.
- Provide experience, access to and navigation of the Dental Foundation Training e-portfolio, Intrepid Course Manager, APlan and the HEE-M&E website.
- Define the RCP process involved in the satisfactory completion of Dental Foundation Training.

Learning Content

- Be able to demonstrate an understanding of learning styles and reflection.
- Have a recognition of their peer group and Midlands & East HEE personnel together with an enhanced ability to work with others as a team.
- Recognise the need for professional and ethical behaviour and have knowledge of the NHS rules and regulations.

GDC Outcomes: A B C D





Friday 10th September

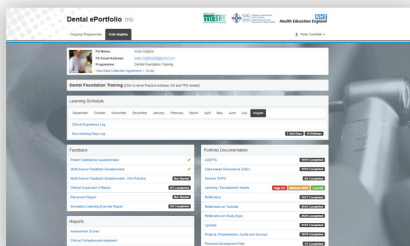
Virtual Remote Learning Platform - Links to be confirmed.

0.00

Using the Dental ePortfolio

Peter Cranfield

TPD & Regional Advisor for Projects & Innovation



The Dental ePortfolio is an online record of your progress and and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

10.50

Break

11.00

Introduction to the GDC

Elena Scherbatykh

Policy Manager · General Dental Council



The General Dental Council re an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.

Objectives

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

Learning Content

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

GDC Outcomes: A B C D

12.00

Lunch



Friday 10th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

12.30

The NHS Business Services Authority

Speaker role

The NHS BSA support those essential providers of services to the NHS, dental providers and performers. They are responsible for processing all the claims we make in practice for the treatment that we provide for our patients; a total of over 43.6 million dental claims per year.

Our access to the BSA is often through the Compass portal, where we can see and update information about ourselves as dental performers and our dental claims.

Today's webinar will give us insight into the work of the BSA and requirements of the NHS Dental Regulations which direct and control our dental care provision.

The day will be completed by a short session from Deborah Manger.



Friday 17th September

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.30

Treatment Planning

CPD Hrs = 6

Nick Lamb

A dental practice advisor for NHS England, previously panel member of NICE.

To be able to provide a comprehensive treatment plan that the patient understands and that meets the patient's needs.



Objectives

- *Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.*
- *Review the methods of assessing a patient's needs, wishes, requirements and the treatment options available for each patient in relation to the NHS regulations.*
- *Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options and content of a treatment plan including patient's responsibilities and preventive regimes, or any need for referral.*

Learning Content

- *Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectations.*
- *Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for any referral.*
- *Recognise the level of communication required to discuss with a patient an effective treatment plan in a manner which manages their expectations, wishes and requirements in an ethical and professional manner.*

GDC Outcomes: A B C D

4.30

End



Friday 24th September

Skills lab

Day Session

09.30

Direct Posterior Restorations

CPD Hrs = 6

M Ali Chohan and Jinesh Vaghela

General practioners

To assist Foundation Dentists in choosing which materials, equipment and techniques to employ when directly restoring posterior teeth with amalgam.

Objectives

- *Evaluate the current status of direct posterior restorations, material selection, cavity design and where relevant, bonding protocols.*
- *Define how isolation/moisture control aids the placement of certain materials.*
- *Undertake practical exercises to reinforce protocols on contemporary matrix selection, placement of amalgam, alongside shaping, finishing and polishing of these materials.*

Learning Content

- *Critique from improved knowledge and ability, when to use which material where for direct posterior restorations.*
- *To have enhanced practical skills in restoring posterior teeth, using a variety of techniques and equipment, to an appropriate form, to provide a functional restoration.*

GDC Outcomes: A C

4.30

End

Please bring loupes if you have them



Friday 1st October

Skills lab

Day Session

09.30

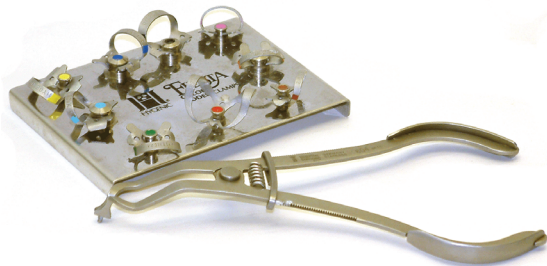
Direct Anterior Restorations

CPD Hrs = 6

M Ali Chohan and Jinesh Vaghela

General practitioners

To assist Foundation Dentists in choosing which equipment and techniques to employ when directly restoring teeth with composite.



Objectives

- Evaluate the different composite systems available, the nature of their composition and how this may impact on material selection choice when restoring anterior teeth, alongside application of the knowledge of the anatomy of anterior teeth.
- Define current bonding techniques, matrixing systems, techniques for composite build-ups/placement, use of stents, alongside shaping and finishing protocols, to produce a life-like final restoration.
- Undertake a series of practical exercises to reinforce protocols associated with direct anterior restorations using a phantom head: class IV restoration and a direct composite veneer.

Learning Content

- Critique from improved knowledge and ability, when to use which technique for direct anterior restorations.
- To have enhanced practical skills in restoring anterior teeth, using a variety of techniques and equipment, to an appropriate form, to provide a functional and aesthetic restoration.

GDC Outcomes: A C

4.30

End

Please bring loupes and rubber dam kit from your practice.



Friday 8th October

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

Milestone 1 - Emergency Case

CPD Hrs = 6

ES



This session will be used for Foundation Dentists to present their Milestone 1 Emergency Case.

Objectives

- *Learn to use the case of a patient with dental trauma or a dental emergency to reflect on clinical skills of analysis and care provision together with improved presentation skills.*

Learning Content

- *Knowledge and experience of the power of self and peer reflection in personal development.*
- *Improvement in the provision of patient care through use of reflection, analysis and planning.*

GDC Outcomes: A C

Please prepare a Power point presentation of your case.



Friday 22nd October

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

NHS Rules and Regulations

CPD Hrs = 6

Tom Norfolk

Lead dental adviser for NHS England and NHS improvement.

Provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services.

Objectives

- Explain how and when to claim for NHS treatment that has been provided to patients.
- Define the rules regarding provision of NHS dental care.
- Have the ability to talk confidently about what can be provided through NHS dental services.

Learning Content

- List the structures and content of NHS treatment bands and associated NHS banding charges.
- Apply the rules regarding provision of NHS dental care.
- Be able to perform within the structure of NHS GDS contracts.

GDC Outcomes: A B D



4.30

End



Friday 5th November

Skills lab

Day Session

09.30

Oral Surgery

CPD Hrs = 6

Rachel Grimmer and Kate Rustage,

Specialist grade doctor at Norfolk and Norwich university trust hospital

Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.

Objectives

- *Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.*
- *Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.*
- *Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.*
- *Identify appropriate post-operative care and pain management for oral surgery patients.*



Learning Content

- *Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.*
- *Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.*
- *List the relevant guidance relating to oral surgery care in general dental practice.*

GDC Outcomes: A C

4.30

End



Friday 12th November

Bob Chapman Building

Morning Session

09.30

Paediatric Dentistry

CPD Hrs = 3

Callum Limer

MSc in Paediatric dentistry

The aim of this day is to review current best practice in the dental management of paediatric patients. This will be discussed using a series of case studies (plus the use of models to conduct hands on exercises).

Objectives

- *Assess and list our responsibilities in relation to paediatric management within in general dental practice.*
- *Demonstrate the use of stainless steel crowns on models to help develop the skills to use the Hall technique in a reliable manner.*

Learning Content

- *Perform a clinical assessment, special investigations and immediate management of acute dental trauma.*
- *List current treatment protocols in managing symptomatic/ asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios.*
- *Recognise when a stainless steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality.*
- *Be able to evaluate our responsibilities to provide safeguarding for children within a general dental environment.*

GDC Outcomes: C

12.30

End

Please bring Halls crown kit from your practice



Friday 19th November

Skills lab

Day Session

09.30

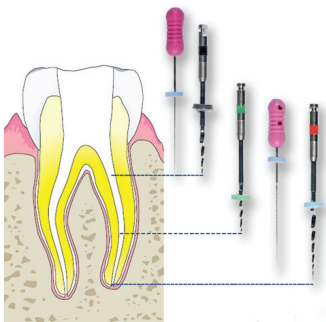
Endodontics Part 1

CPD Hrs = 6

Shashi Misra

Specialist endodontist

To give Foundation Dentists greater confidence, knowledge and technical ability in the diagnosis and treatment of apical and pulpal pathology. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.



Objectives

- Review current concepts in the prevention of apical and pulpal pathology.
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

GDC Outcomes: A C

4.30

End

Please bring your loupes



Friday 26th November

Skills lab

Day Session

09.30

Indirect Restorations Part 1

CPD Hrs = 6

Assif Ahmed

MSc in clinical dentistry

To provide Foundation Dentists with an update on contemporary materials, equipment, posture, clinical techniques for the fabrication of final restorations for the following, including: temporisation, Onlays, Full coverage crowns posterior teeth.

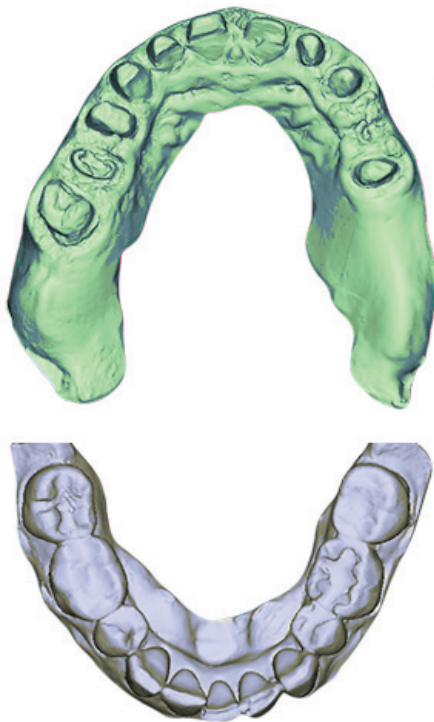
Objectives

- *Describe the principles involved in the ideal preparations and how to modify techniques when the ideal cannot be achieved.*
- *Identify appropriate use of material choice for each type of preparation.*
- *Undertake a series of practical exercises to reinforce protocols associated with indirect anterior and posterior preparations and provision of temporaries.*

Learning Content

- *FDs will be able to evaluate and critique their own preparations when they return to their training practices.*
- *To have enhanced practical skills in indirect preparations of anterior/posterior teeth, using a variety of techniques and equipment.*
- *Assess material selection for different types of indirect preparations.*

GDC Outcomes: A C



4.30

End

Please bring your loupes.



Friday 3rd December

Skills lab

Day Session

09.30

Indirect restorations Part 2

CPD Hrs = 6

Assif Ahmed

MSc in clinical dentistry

To provide Foundation Dentists with an update on contemporary materials, equipment, posture, clinical techniques for the fabrication of final restorations for the following, including: temporisation, full coverage, and adhesive/bonded indirect restorations on anterior teeth.



Objectives

- Describe the principles involved in the ideal preparations and how to modify techniques when the ideal cannot be achieved.
- Identify appropriate use of material choice for each type of preparation.
- Undertake a series of practical exercises to reinforce protocols associated with indirect anterior and posterior preparations and provision of temporaries.

Learning Content

- FDs will be able to evaluate and critique their own preparations when they return to their training practices.
- To have enhanced practical skills in indirect preparations of anterior/posterior teeth, using a variety of techniques and equipment.

GDC Outcomes: A C

4.30

End

Please bring loupes.



Friday 10th December

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.30

Health and Safety

CPD Hrs = 6

Jane Bonehill

Author and



For participants to increase their understanding and knowledge relating to health and safety in their workplace.

Objectives

- *Explain the principles of occupational health and safety and how to apply this knowledge in the workplace including use of risk assessments and the practical actions to improve health and safety, and therefore prevent accidents.*
- *State and identify the scope of legal and moral responsibilities whilst at work and determine reasonable methods to control risks associated with all aspects of the working environment.*
- *Describe principles of accident prevention and the need to report accidents and dangerous occurrences whilst being aware of the hazards and risks associated with the workplace, work equipment, work activities, display screen equipment and hazardous substances.*

Learning Content

- *Define the key principles and legal requirements that relate to health and safety in the workplace.*
- *Foundation Dentists will be able to explain their own roles with respect to health and safety in their training practice environments.*
- *Evaluate how well their training practice complies with current health and safety requirements and the changes that could be made.*

GDC Outcomes: A B D

12.30

End



Friday 17th December

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.30

Accounts, Finance and Dental Contracts

CPD Hrs = 6

Richard Keeler

Account with Lovewell Blake

Provide Foundation Dentists with the skills to better manage their own financial situations and also to understand the contractual arrangements when applying for associate positions in general dental practice.

Objectives

- *Inform Foundation Dentists of the relevance of finance to their personal and professional lives, alongside the requirements for financial management and record keeping for personal and practice situations.*
- *Identify the benefits and differences to different types of professional contracts and the associated financial responsibilities.*
- *Evaluate the methods of remuneration for dental employees and self-employed associates including the associated taxation, superannuation and income protection processes applicable within the UK.*



Learning Content

- *Describe the requirements for financial record keeping and management at an individual and practice level.*
- *Define the HMRC requirements for general dental practitioners at both a personal and practice level.*
- *Recognise the importance of good personal financial management regarding income, employment, income protection and pension provision, both within and outside the NHS.*

GDC Outcomes: B

12.30

End



Calendar 2021-2022

September 2021

Wednesday 1st September	Clinical skills refresher day
Friday 3rd September	Scheme induction for FDs and ESs.
Friday 10th September	Regional induction
Friday 17th September	Treatment planning
Friday 24th September	Restorative hands on course - Amalgam

October 2021

Friday 1st October	Restorative hands on course - Composite
Friday 8th October	Milestone 1 presentations - dental emergencies ES meeting 12.30
Friday 15th October	On line learning ESR
Friday 22nd October	NHS rules and regulations
Friday 29th October	On Line learning

November 2021

Friday 5th November	Oral surgery hands on course
Friday 12th November	Paediatric dentistry am
Friday 19th November	Endodontics part 1 hands on course
Friday 26th November	Indirect restorations part 1 hands on course

December 2021

Friday 3rd December	Indirect restorations part 2 hands on course
Friday 10th December	Health and safety am On Line learning pm
Friday 17th December	Accounts, Finance and contracts am On line learning pm
Friday 24th December	In Practice
Friday 31st December	In Practice Deadline for MSF and PSQ

January 2022

Friday 7th January	In practice
--------------------	-------------

Friday 14th January	Endodontics part 2 Hands on course Deadline for submission Milestone 2 Molar endodontic case
Friday 21st January	Periodontics hands on course
Friday 28th January	Restorative dentistry Deadline for Milestone 2 feedback

February 2022

Friday 4th February	Milestone 2 molar endodontic case presentations ES meeting 12.30
Thursday 10th February	Indirect restorations (Veneers and adhesive bridges)hands on course
Friday 11th February	Tooth wear hands on course
Friday 18th February	On Line learning IRCP
Friday 25th February	In practice

March 2022

Friday 4th March	Restorative part
Friday 11th March	On Line learning
Friday 18th March	On Line learning
Friday 25th March	Removable prosthetics hands on course

April 2022

Friday 1st April	In practice Deadline e Lift submission
Friday 8th April	In practice
Friday 15th April	Good Friday
Friday 22nd April	In practice
Friday 29th April	Anxiety and pain management am Audit presentations pm

May 2022

Friday 6th May	Pediatric dentistry and public health Deadline Audit submission deadline
Friday 13th May	Communication skills Deadline for e lift resubmissions.
Friday 20th May	In practice Deadline for submission Milestone 3 Complex case
Friday 27th May	In practice

June 2022

Friday 3rd June	Platinum Jubilee Bank Holiday Deadline Milestone 3 feedback
Friday 10th June	In practice ES meeting 1pm
Thursday 16th June	Milestone 3 complex case presentations am part 1
Friday 17th June	Milestone 3 complex case presentations am part 2
Friday 24th June	In practice

July 2022

Friday 1st July	In practice
Friday 8th July	In practice
Friday 15th July	In practice FRCP
Friday 22nd July	In practice
Friday 29th July	In practice

August 2022

Friday 5th August	In practice
Friday 12th August	In practice
Friday 19th August	In practice
Friday 26th August	In practice



Educational Supervisors and Foundation Dentists



**Biran Shah
Adam Smith**

John G Plummer & Associates 5 Upper Stafford Avenue Norwich Norfolk NR5 0AB



Eleanor Raynor

Birmingham Dental School

01603 744007



Aseel Salman

Clarence House Together Dental-Watton 78 High street Watton Norfolk IP25 6AW



Sophia Signorini

Manchester Dental School

01953 882777



Ashley Pettit

Capel Dental 63 Thorney Road Capel St Mary, Ipswich Suffolk IP9 2LL



Gregor Cleland

Cardiff Dental School

01473 311 130



**Carla Martins
Ifaniyi Oshiga**

Beechcroft Dental Practice Beechcroft Norwich Norfolk NR5 0RS



Felicity Conway

Sheffield School of Clinical Dentistry

01603 747651



**Ifaniyi Oshiga
Carla Martins**

Beechcroft Dental Practice Beechcroft Norwich Norfolk NR5 0RS



India Casey

Liverpool Dental School

01603 747651



**Ben Warminger
Denver Fester**

John G Plummer and associates, Thorpe Dental Centre 83 Mary Chapman Close Norwich Norfolk NR7 0UD



Elise Sorrell

Bristol Dental School

01603 700990



Ganga Allen
Kate Shackleton

Community Dental services Hillside Road Bury St Edmunds Suffolk IP32 7EA



Ricky Worraker

Guys, Kings and St, Thomas's
Dental Institute

0300 555 6667



Cheerag Raval

Tavern Street Dental Practice 5 Tavern Street Stowmarket Suffolk IP14 1PJ



Anthony Ajayi

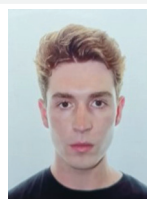
Guys, Kings and St, Thomas's
Dental Institute

01449 612181



Jillian Geaney
Kate Pearce

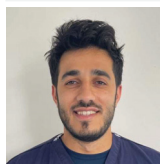
Wedgwood House Dental Practise 100 Bury Street Stowmarket Suffolk IP14 1HF



Shaun McMahon

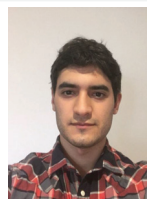
Cardiff University

01449 771700



Arman Maqbool

Manningtree Dental Practice 17a High Street Manningtree Essex CO11 1AG



Calin Berrange

Guys, Kings and St, Thomas's
Dental Institute

01449 771700



Daniel Evans
Joshua Davies

Hooker House Dental Practice Quay Street Halesworth Suffolk IP19 8EP



Li Lim

Barts and the Royal London

01986 872113



Samuel Ssenyonga

John G Plummer and associates, Corton Road, Lowestoft



Dominic Ellis

Guys, Kings and St, Thomas's
Dental Institute

01502 567519



Norfolk and Waveney Scheme Buddy ES Pairings 2021-2022

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Eleanor Raynor	Biran Shah Adam Smith	Carla Martins Ifaniyi Oshiga
Sophia Signorini	Aseel Salman	Carla Martins Ifaniyi Oshiga
Gregor Cleland	Ashley Pettit	Arman Maqbool
Felicity Conway	Carla Martins Ifaniyi Oshiga	Biran Shah Adam Smith
India Casey	Carla Martins Ifaniyi Oshiga	Ben Warminger Denver Fester
Elise Sorrell	Ben Warminger Denver Fester	Aseel Salman
Ricky Worraker	Kate Shackleton Ganga Allen	Jillian Geaney Kate Pearce
Shaun McMahon	Jillian Geaney Kate Pearce	Cheerag Raval
Dominic Ellis	Samuel Ssenyonga	Joshua Davies Daniel Evans
Calin Berrange	Arman Maqbool	Ashley Pettit
Li Lim	Joshua Davies Daniel Evans	Samuel Ssenyonga
Anthony Ajayi	Cheerag Raval	Kate Shackleton Ganga Allen



Online Learning

2021-2022

List of Mandatory E-Learning

As part of your Foundation training year within Midlands and East you will undertake a number of online e_Learning modules. All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

This takes you to a portal which leads to the **Midlands and East - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules

Course Sections

Statutory and Mandatory Training (SMT) **Completion Date 19-09-2021**

Conflict Resolution Level 1	40 mins
Data Security Awareness Level 1	70 mins
Equality and Diversity and Human Rights Level 1	20 mins
Fire Safety Level 1	30 mins
Moving and Handling Level 1	40 mins
Preventing Radicalisation - Basic Prevent Awareness	35 mins
Safeguarding Adults Level 1	40 mins
Safeguarding Adults Level 2	40 mins
Safeguarding Children Level 1	30 mins
Safeguarding Children Level 2	35 mins

Mental Capacity Act (MCA) **Completion Date 03-10-2021**

Mental Capacity Act as Part of Human Rights	20 mins
Assessing Mental Capacity	20 mins
Planning Ahead Using the MCA	20 mins
Best Interests	20 mins
Restraint	20 mins
Deprivation of Liberty	20 mins
Relationship Between the MCA and the MHA	20 mins
Mental Capacity Act and Young People aged 16 or 17	20 mins
Research Involving People Who Lack Capacity	20 mins
Mental Capacity Act and Adult Safeguarding	20 mins
Settling Disputes and Disagreements	20 mins

Alcohol and Tobacco Brief Interventions Completion Date 17-10-2021

Introduction to treating and preventing ill health	15 mins
Very Brief Advice on Smoking	15 mins
Alcohol Brief Advice	15 mins
Bringing It Together - Multiple Risk Factors	15 mins
Assessment	10 mins

Making Every Contact Count (MECC) Completion Date 31-10-2021

What is MECC and why is it important	30 mins
How to have a MECC conversation	30 mins
Signposting	15 mins
Five Ways to Wellbeing	30 mins
Assessment	10 mins

HEE Rubber Dam Placement video Completion Date 13-11-2021

Using your login details for e_Learning for Health you can access this module by using this link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

e-Learning for Healthcare - Coronavirus programme Completion Date 13-11-2021

This programme has been specifically developed and is regularly updated in response to the Covid-19 situation and can be located link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module, this information will be passed to your e-Portfolio but you may wish to download a completion certificates for your CPD records.

Modules Completion Date 05-12-2021

Prescription Documentation and the Drug History	60 mins
Medication Errors and Adverse Drug Reactions	60 mins
Special Patient Groups	60 mins
Utilising the BNF	60 mins
Medical Emergencies	60 mins
Periprocedural Prescribing	60 mins
Dental Infection	60 mins
Pain, Ulceration, and Inflammation	60 mins
Prescription Documentation and the Drug History	60 mins
Medication Errors and Adverse Drug Reactions	60 mins

BDA & Cancer Research UK Oral Cancer Recognition Toolkit

https://www.doctors.net.uk/eclientopen/cruk/oral_cancer_toolkit_2015_open/

Although this topic may be covered in a study day, the toolkit is very valuable, and it is advised this is still completed irrespective of a scheme running an oral cancer study day. The completion certificates should be uploaded to your e-Portfolio

Module Completion Date 19-12-2021

BDA-CRUK Oral Cancer Recognition Toolkit 3 hours

List of Supplementary E-Learning Dentistry (e-Den) e-Learning for Health

<https://portal.e-lfh.org.uk>

This is a series of modules about dentistry known as e-Den. You will find these modules helpful when used in conjunction with your Study Days. References to particular modules may be included in the information for each Study Day. Accessing the relevant module before the Study Day will help you to gain more from the interactive learning session.

To locate the e-Den modules in the e-Learning for Health Website, click on '**My e-Learning**' at the top of the web-page and then enter the **Dentistry** name in the search box. When the search results appear, you will see the **Dentistry** module listed with an icon; click on '**Enrol**' and the Module will be added to your account. You will then be able to see each of the e-Den Modules and Course Sections in 'My e-Learning'.

e-Den Module

1 Patient Assessment

Profiling the Patient

Good Practice

Patient Assessment

Assessment Methods and Techniques

Health Promotion and Disease Prevention

Profiling the Patient

2 Human Diseases and Medical and Dental Emergencies

Medical Topics and Dentistry

Medical Emergencies In Dentistry

3 Anxiety and Pain Control in Dentistry

Principles of Dental Pain

Dental Local Anaesthesia

Management of Dental Pain

Intravenous Sedation

Dental General Anaesthesia

Mediators of Central Pain

Dental Local Anaesthetic Technique

Non-Pharmacological Anxiety Management

Inhalation Sedation

4 Periodontal Disease and Management

Aetiology of Periodontal Disease

Periodontal Diagnosis and Determination of Prognosis

Patient Education and self-Performed Plaque Control

Surgical Periodontal Therapy

Periodontal Treatment Options

Non-Surgical Periodontal Therapy

5 Hard and Soft Tissue Surgery

Pre- and Post-operative Assessment

Surgical Dentistry

Exodontia

Advanced Trauma Life Support (ATLS)

Management of Un-Erupted, Impacted, Ectopic and Supernumerary Teeth

Management of Benign Soft Tissue lesions

6 Surgical and Non-Surgical Management of Head and Neck Disease

Accurate Drug History and Relevance of Allergies

Odontogenic Infections

Management of Oral Mucosal Diseases

Craniofacial Pain Disorders

Neoplastic and Non Neoplastic Disease of the Head and Neck

7 Management of the Developing Dentition

Orthodontic Indices

Assessment for interceptive Treatment

Space Maintenance

Simple Removable Appliances

Oral Habits and Occlusal Trauma in the Mixed Dentition

Emergency Care and Management of Orthodontal Problems

Contemporary Orthodontics Normal Facial Growth and Dental Development

Abnormalities of Facial Growth and Dental Development

8 Restoration of Teeth

Caries

Restoration of Permanent Teeth

Crowns

Restoration of Deciduous Teeth

Aesthetic Dentistry

Dental Biomaterials

Tooth Surface Loss

Endodontics

Dental Trauma

9 Replacement of Teeth

Bridgework

Occlusion

Complete Dentures

Partial Dentures

Implantology

Miscellaneous

10 Communication

Patient and the Family

Teamworking

Other Professionals

11 Professionalism

Ethics

Self

The Clinical Team and Peers

12 Management and Leadership

The Need for Effective leadership and Management

Quality in Healthcare

Risk Management

Self-Management

Change Management

Managing a Business

Healthcare Systems

Professional Practice

Management and Leadership

13 Sustainable Dentistry

Introduction to Sustainable Dentistry

Measuring carbon in Healthcare



e-LIFT Project

2021-2022

Project 'e-LiFT' stands for Evidence-linked Learning in Foundation Training. This is simply project work covering the non-clinical elements of the DFT curriculum which are the domains of communication, professionalism, management and leadership.

FDs are expected to complete what are essentially reflective learning exercises in four units underpinned by evidence of their own work completed in the training practice. The units are core topics for the FD to reflect upon:

- Infection control
- Radiology
- Medical emergencies
- Clinical communication

The reflective learning exercise for each unit, allows for flexibility for the FD to hone in on specific learning or development points that have influenced them the most in their training year. Each of the units will entail reflective writing amounting to 1000 - 1250 words, each unit supported by 4- 6 pieces of evidence. Units 1 to 4 are to be completed by April 2022.

FDs will be given guidance documents and templates. Work for each unit will be assessed by external Educational Supervisors.

Here is a link to the HEE website for full details and module downloads:

<https://heeoee.hee.nhs.uk/node/2567>



Milestones and APLAN

2021-2022

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. The FDs will present each of their cases at their own scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and East region. Your Milestone Two and Milestone Three cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are

Milestone 2: Deadline for case uploads **14th Jan 2022.**
 Deadline for remote feedback **28th Jan 2022.**

Milestone 3: Deadline for case uploads **20th May 2022**
 Deadline for remote feedback **3rd June 2022**

There is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48 hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the share-point for FDs that covers the milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Problem Solving and Support

Norfolk and Waveney 2021-2022

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; so contact your TPD by phone or email early on if you have a problem or concern. Early resolution of that burning issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The DFT group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of the Day Release Course. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

Additionally there is further wide ranging support that can be obtained from the Associate Dean for Regional Trainee Support. Here is a web address support:

<https://heeoe.hee.nhs.uk/dental/trainee-support>

Contacts for Support

Training Programme Director

Sue Plummer

Phone: 01493728351

Email: suzanne.plummer@HEE.nhs.uk

Regional Deputy Postgraduate Dental Dean, Early Years Deborah Manger

Email: please use - DFT.ME@hee.nhs.uk

Associate Dental Dean for Regional Trainee Support

Fleur Kellett

Email: DentalTraineeSupport.ME@hee.nhs.uk



Claiming Travel and Subsistence

2021-2022

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be submitted on the appropriate form issued by your TPD. This form should be fully completed, easily readable, and signed by your TPD who will check all claims are valid. They will also cross through any incomplete lines to stop any claims being added after signing.

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Note that the mileage calculated from the home address to venue will be adjusted by NHS England once your form is submitted to them. Your usual mileage from your home to the dental practice will be deducted from the amount (you do not need to enter this separately on the form, NHS England will calculate this).

(Current mileage rate = £0.24 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

FDs should travel only by second class if they travel by rail and should attach tickets or receipts to their claim forms.

Taxis should not be used and cannot be claimed - if their use is required due to particular circumstances then the reasons need to be discussed with the Postgraduate Dental Dean, or Deputy, and you will need to get approval in advance, in writing, and provide it with the claim form.

Within Midlands & East overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

All claim forms must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense. False claims are fraudulent and may be investigated by the NHS England Area Team, with onward referral to NHS Fraud Investigators and/or the GDC.

Claims must be submitted within 3 months of the event and receipts must be included for all travel, meals and car parking. Trainees are advised keep a copy of the claim form and the submitted receipts, and to send claim forms by signed delivery service (you may not claim this postage cost) or email.

Claim forms should be sent Completed Claim forms should be submitted to the BSA via your BSA Compass login. You can access an information leaflet about this from here:

http://www.copdend.org/dft handbook/FD_Handbook/The_Scheme/T_-_S_Expenses/FD_Travel_and_Subsistence_claims_via_Self_Service_in_Compass.pdf

Your payments will appear on the training practice BSA schedule and your Educational Supervisor will pay them to you as non-taxable expenses.



Audit Project

2021-2022

Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the Midlands and East Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Audit topic

When choosing your audit topic please be aware that you must not choose a topic that should be covered by the normal clinical governance processes of the practice, including radiograph quality, record keeping and infection control. If you are not sure about the suitability of a topic you should discuss this with your TPD before you start.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Practice Equipment List

2021-2022

Practice Specifications

Electronic records
Digital radiography
Internet access
Infection control

Full computer based clinical records and appointment management system.

Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmal account

Specification for FD Room

Size
Ventilation

Minimum floor area 9m².

Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FD Room

Dental chair

Turbines
Contra-angle handpieces
Straight handpiece
Ultrasonic scaler
X-ray set
Amalgam mixer
Light cure lamp
Stool for dentist
Stool for nurse
Handwash sink
Telephone
Workstation
Clinical records and appointment management software.
Internet access.

Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Minimum of 3.

Minimum of 3.

Minimum of 1.

Magnetostrictive or piezo.

Rectangular collimation. Isolation switch outside the controlled area.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders

Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit

Latex free.

Conservation

Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics

Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions

Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Oral Surgery

Full range of surgical instruments including scalpel blades and handle, periosteal elevator, solution for irrigations, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

Prosthetics	<i>Full range of prosthetic instruments including shade and mould guides.</i>
Endodontics	<i>Full range of stainless-steel hand files and NiTi rotary files.</i>

Materials and Disposables for FD Room

Respirator	<i>Fit tested FFP3 mask or powered hood for FD use.</i>
Type II R Fluid Resistant Surgical Masks	
Gloves	<i>Latex free.</i>
Bibs	
Aprons	
Gowns	
Paper and cotton goods	
Safe Sharps System	<i>Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.</i>
Waste containers	<i>For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.</i>
Disposable 3 in 1 syringe tips	
Conservation	<i>Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.</i>
Prosthetics	<i>Full range of prosthetic materials including impression compound and greenstick.</i>
Endodontics	<i>Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.</i>

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera	<i>SLR or equivalent with lens, ring flash, retractors, and mirrors.</i>
Conservation	<i>Face bow and semi-adjustable articulator.</i>
Prosthetics	<i>Surveyor.</i>
Endodontics	<i>Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.</i>
Clinical Digital Thermometer	
Digital Communication	<i>Computer or tablet with MS Teams including webcam, speakers, and microphone.</i>



Useful Links

2021-2022

National DFT Handbook

National policies and information: <http://www.copdend.org/dfthandbook/index.html>

Postgraduate Virtual Learning Environment

Repository of eLearning resources: <https://pgvle.co.uk/login/index.php>



Speakers

Autumn Term 2021-2022

Nick Lamb

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nlamb@nhs.net

Jinesh Vaghela

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"jineshjinesh.vaghela@hotmail.com

Ali Chohan

ma.chohan@hotmail.co.uk

Tom Norfolk

tomnorfolk@nhs.net

Rachel Grimmer

R8chel100@hotmail.com

Richard Keeler

r.keeler@lovewell-blake.co.uk

Callum Limer

callum.limer@nhs.net

Shashi Misra

shashi@endomisra.co.uk

Assif Ahmed

ahmedassif@gmail.com

Jane Bonehill

petersmaiden@aol.com