

BY EMAIL

**East of England Office  
Directorate of Education  
& Quality**

Victoria House  
Capital Park, Fulbourn  
Cambridge, CB21 5XB



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Hello and welcome to the East of England!

I am delighted that you are joining NHS England as a postgraduate doctor, pharmacist or dentist I hope that you will be happy and successful during your time here.

I am incredibly proud of our training programmes and the commitment and enthusiasm of all our educational faculty in delivering them. The opportunities for clinical training in our region are unequalled – with hugely diverse populations, geographies, trusts and practices. We lead the UK on many educational innovations including our multi-professional foundation schools (for medics, dentists, pharmacists, and physician associates) and the generalist “Enhance” programme.

The East of England is certainly a big place consisting of many GP & dental practices, hospices, community pharmacies, rural and seaside trusts, large district general hospitals and our major teaching hospitals. There are potentially long commutes between different training posts, as such we endeavour to minimise travel by “clustering” venues used by each of our programmes to the East, West or South of the region, wherever possible.

We host a diverse group of postgraduate trainees annually and appreciate the importance of having a choice within your programme of where you would like to work. We ask that you confirm this as soon as possible; our training programme directors will do their very best to work with you to achieve this.

For those of you new to the UK - you are particularly warmly welcomed. Please do take a look at this helpful guide produced recently by our educators and trainees;  
[https://heeoee.hee.nhs.uk/sites/default/files/img\\_handbook\\_east\\_of\\_england.pdf](https://heeoee.hee.nhs.uk/sites/default/files/img_handbook_east_of_england.pdf)

The safety of our trainees is paramount to us. East of England was one of the first regions in the country to work with every one of our trusts to ensure the provision of rest facilities following a night shift if you are too tired to drive.

We are keen to scaffold the building blocks of your future professional life, with focussed sessions by experts on education, mentoring and more. If you are considering less than full time training or perhaps an out of programme experience in research, working aboard or even

a career break, we will support you. Over the years, we have developed many successful fellow posts in leadership, education and support for our postgraduate trainees.

East of England has a very active professional support and well-being service. Despite clinical training being very rewarding, we also recognise that there are occasions where a postgraduate doctor, pharmacist or dentist may need some extra help and help during the occasional tricky situation. I would emphasise that seeking support during these times is entirely normal, healthy and professional.

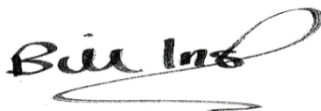
More information about our fantastic education and training programmes are available on our [website](#): You can also follow us on Twitter: @EoETrainees, @EoE\_PGd, @eoementoring.

Please read our [welcome pack](#), which includes few “boring but important” things that you need to do before you start, along with many resources to guide you on your way.

Once again – a warm welcome and I hope that you will have a great time working and training here.

Best Wishes

Bill



**Professor Bill Irish**  
Regional Postgraduate Dean  
(GMC 3132872)

