



# PHEM Training

## East of England

The East of England provides ample opportunity to experience a wide range of PHEM activities, integrate within a motivated, passionate and widely experienced team of PHEM clinicians, and gain valuable insight and clinical experience in managing a broad range of medical and trauma emergencies over a vastly varied terrain.

## **EoE Training Programme**

Trainees are employed by the Dept of Pre-hospital and Retrieval Medicine at Cambridge University Hospitals NHS Trust (the regional Major Trauma Centre) and hosted by our partner PHEM training providers –

- Magpas Air Ambulance
- Essex and Herts Air Ambulance
- East Anglian Air Ambulance

with assistance from the East of England Ambulance Service. Trainees will normally rotate between 2 of the PHEM training providers, experiencing different ways of operating, different aircraft, and exposure to different areas – from the large eastern coast to the very rural fenland areas to the cities and fast motorways through the region. Organisations operate by land and air, day and night.

## **Regional Training Days**

The EoE hosts monthly regional PHEM training days focused on key curriculum elements and delivered by a range of prehospital practitioners. In June 2024, the first regional PHEM exam workshop was hosted, supporting trainees in their FIMC and DIMC preparation. This will be an annual course going forwards.

## **National IBTPHEM course**

All trainees will attend the national course at the start of their PHEM secondment. Delivered by the IBTPHEM, and funded by the Deanery, trainees will have the experience to engage in all the operational aspects of PHEM and work alongside a range of prehospital practitioners. This is a great networking opportunity to meet faculty, practitioners and fellow PHEM trainees.

## **EoE geography**

The EoE is a huge region with large rural and urban areas and challenging access – this variation provides an excellent exposure to a whole range of environments, medical and trauma pathologies and decision making.

## **PHEM linked opportunities**

We have built relationships with colleagues across the region and have observation/experience days available for PHEM trainees which include: (and more to follow!)

- Paediatric Intensive Care days
- Paediatric retrieval observation days
- Theatre time
- Cardiac PCI observation shifts
- Forensic pathology observation days

## Observer shifts

Observer shifts can be arranged within each of the PHEM training providers. Please get in touch if you would like to explore this option.

## Regional PHEM rep

Our regional PHEM rep, Dr Jack Navein, is happy to be contacted on his email to be asked any questions about PHEM training in the region.

For anything further, or just a chat to ask questions, please email either myself as TPD or the PHEM rep on the email addresses provided below and visit the website below.

[https://heeo.e.hee.nhs.uk/emergency\\_medicine/pre-hospital-emergency-medicine-phem](https://heeo.e.hee.nhs.uk/emergency_medicine/pre-hospital-emergency-medicine-phem)

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