

Health Education England - East of England Newsletter for SAS Doctors and MEMs – October 2020

Introduction from Prof Shahid Khan, Associate Dean for SAS Doctors and LEDs

In previous Newsletters we shared information on several developmental opportunities available to SAS doctors in East of England. The most recent initiative for SAS Doctors includes access to blended learning platforms Bridge / Panopto. Specialty Schools have developed hundreds of hours of teaching materials for these on-line learning platforms. Access to these educational opportunities will be invaluable for SAS doctors. HEE East of England is in the process of funding licences for SAS doctors and LEDs in the Region for the current financial year.

Developmental activity for SAS doctors continues across the Region and several live webinars and pre-recorded sessions have been organised. However, uptake for these educational opportunities are patchy. These resources are expensive and have been developed following feedback from SAS doctors as well as contribution from SAS Tutors in the Region. Please share this newsletter with colleagues in your institutions who may not have information regarding educational and developmental opportunities. I hope SAS doctors will benefit from these excellent educational opportunities being offered by HEE East of England.

Concerns are being expressed regarding the COVID-19 pandemic surge. The challenges for specialities and particularly SAS doctors/LEDs are considerable. It is important that during a possible pandemic surge, the welfare and wellbeing of SAS doctors & LEDs is closely monitored. It is paramount that developmental opportunities to these doctors are continued and protected time for personal development and learning provided.



Individual requests for funding

Many face-to-face training courses have been cancelled, and we therefore expect a decrease in individual funding requests. However, we would like to inform you that we are accepting individual funding requests as there may be some of you who are looking to complete online courses or re-certifications. For more information on how to apply for individual SAS development funding, [Please Click Here](#).



Professional Support and Well-being Services (PSW)

The PSW recognises that the coming months are likely to be exceptionally challenging for all medical staff. HEE have therefore extended PSW services to include Consultants, Locally Employed Doctors, Staff Associate Specialists and Medical Training Initiative doctors as well as trainees.

If you wish to access psychological or other support for any reason, please email us on COVID19-PSW.EoE@hee.nhs.uk



Development Days

This year we have planned series of Development Days and Leadership Development Days. However due to COVID-19 we had to review our plans. We will be looking to host a range of virtual sessions focusing on topics that you have suggested to us in your evaluations. These include:

- Leadership (general, clinical and/or educational)
- Communication skills (face to face and virtual)
- Stress and wellbeing (including resilience and managing conflict)

Bookings will open shortly. If you have any queries please contact us at sas.eoe@hee.nhs.uk



Bursaries

Applications for PG Certificates and PG Diploma (60 credits top up) in Medical Education are now closed.

Outcomes letters will be sent out on Monday 28th October.

If you have any queries, please contact TEFunding.eoe@hee.nhs.uk