

# Health Education England - East of England Newsletter for SAS Doctors and MEMs – March 2021

# Introduction from Prof Shahid Khan, Associate Dean for SAS Doctors and LEDs

I would like to take this opportunity to thank all SAS & LED colleagues in East of England for their tireless work during these unprecedented difficult times.

Since the December 2020 Newsletter, there have been several exciting developments which will have a lasting impact on the SAS workforce.

### **SAS Contract Reforms**

The long-awaited reforms for SAS contracts have now been put forward after lengthy negotiations between BMA, Department of Health and NHS Employers. The proposal for SAS doctors in England, Wales and Northern Ireland includes two contracts, a new specialty doctor contract and a specialist grade contract.

The "new specialty doctor contract" will improve the profile of SAS grade, career progression and better work life balance. The "new specialist grade contract" will provide a career frame work providing senior SAS doctors with the recognition which has long been awaited.

The new contract will be put to referendum by BMA SAS doctor membership. If accepted, the 2008 contract will be closed to new doctors from 1<sup>st</sup> April 2021. There will be a choice for individual SAS doctors on national contract to move to the new contracts. Further details are awaited.



### Individual requests for funding

We have now passed the deadline for SAS individual funding applications. For all applications relating to activity that takes place in the new financial year (from April 2021 to March 2022) please ensure that you follow the correct application process which will be shared in due course and updated on the SAS Pages of the HEE website <u>Here</u>.



### **Research Opportunities**

For SAS & LEDs in HEE EoE we are encouraging active participation in research activities. <u>Developing Excellence in Medical Education Conference</u> (DEMEC) 2021 is planned for 6<sup>th</sup> & 7<sup>th</sup> December 2021 at Manchester Central. The opportunity to submit posters will open in the next few weeks. If you wish to submit a poster then please start preparing abstracts. If you would like some help with preparing your abstract and/or your poster, we have an East of England Educational Research Group, who will be able to provide advice.

Anyone interested can contact me via <a href="mailto:shahidkhan@nhs.net">shahidkhan@nhs.net</a>



### SAS Trainer of the Year Awards

Another exciting development is the introduction of East of England "SAS Trainer of the Year Awards". Nomination forms will be circulated soon and the deadline for nominations will be 10<sup>th</sup> June 2021. SAS doctors in East of England can be nominated and there will be opportunity to self-nominate. The winning nominations will be announced at the EoE SAS Steering Group meeting 16<sup>th</sup> June 2021 and the winners will be awarded certificates at the Regional East of England SAS and LED Tutor Symposium on the 22<sup>nd</sup> July 2021.



# Professional Support and Well-being Services (PSW)

The PSW recognises that the coming months are likely to be exceptionally challenging for all medical staff. HEE have therefore extended PSW services to include Consultants, Locally Employed Doctors, Staff Associate Specialists and Medical Training Initiative doctors as well as trainees.

If you wish to access psychological or other support for any reason, please email us on COVID19-PSW.EoE@hee.nhs.uk



#### **Annual SAS Survey**

As in previous years, HEE's annual SAS Survey is now live. We would like to encourage you to complete the survey to provide us with information to shape our development opportunities for the year ahead.

## <u>Click here to complete the SAS Survey</u>

The deadline for completing the SAS Survey is 12<sup>th</sup> April 2021.

If you have any questions, please feel free to contact the SAS Administrator using <u>sas.eoe@hee.nhs.uk</u>



## **Development Days**

A whole range of webinars are being made available to SAS Doctors and LEDs in the coming months. Further details can be found on the <u>SAS Pages of the HEE, East of England website</u>.

Webinar Title	Date	Time	How to book
Assertiveness and managing conflicts	14/04/2021	09:00 - 11:00	Click Here
Resilience workshops	23/04/2021	14:00 – 16:00	Click Here
Success: what lies behind the Mask? An exploration of the imposter syndrome	29/04/2021	09:30 - 12:00	Click Here
Increase confidence with technology in the remote working age	12/05/2021	13:00 – 15:00	<u>Click Here</u>
Impact & Influence	13/05/2021	13:30 - 16:30	Click Here
Resilience workshops	26/05/2021	14:00 – 16:00	Click Here
How to plan projects for busy people (Jargon free)	08/06/2021	09:30 – 11:30	Click Here
Networking Skills	17/06/2021	14:00 - 16:30	Click Here

Bookings are now open. Please ensure that you register book a place for only the courses that you are able to attend. HEE will be monitoring attendance and non-attendance will be reported to your SAS Tutor and Medical Education Manager.

If you have any queries, please contact us at <a href="mailto:sas.eoe@hee.nhs.uk">sas.eoe@hee.nhs.uk</a>



### Regional EoE SAS and LEDs Tutors Symposium

Health Education England, East of England is pleased to announce the first Regional East of England SAS and LED Tutor Symposium will be held on Thursday 22<sup>nd</sup> July 2021.



#### **Bursaries**

Applications for PG Certificates, PG Diploma (60 credits top up) and Masters (60 credit top up) in Medical Education open on **29<sup>th</sup> March 2021**.

Please ensure that you familiarise yourself with the person specification and application guidance before applying.

Do not miss your opportunity, closing date 12noon on **19<sup>th</sup> April 2021.** More details can be found <u>here</u>.