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Neurodiversity Awareness – Patient Focus

Each person has a brain that is unique to them; no two brains are quite the same. <u>Neurodiversity</u> is the concept that brain differences are natural variations. Some people's brains simply work in a different way. For at least 20% of the adult population in the UK, these differences mean they may be diagnosed with <u>neurological conditions</u> such as <u>autism</u>, <u>dyslexia</u> and <u>attention deficit hyperactivity disorder</u> (<u>ADHD</u>) and may consider themselves to be <u>neurodivergent</u>.

However, the symptoms of neurodiversity can often present as other conditions such as depression, anxiety or personality disorder. Eating disorders are more common in those with ADHD and often conditions can be overlapping and have multi factorial effects.

This workshop provides an overview of the different types of neurodivergence, including the common and less common symptoms of different conditions, where overlap can be seen and what to do to for patients and colleagues who need referral or additional support.

Learning objectives:

By the end of the half-day workshop, delegates will be able to:

- Be able to recognise the signs and symptoms of neurodiverse conditions.
- Understand the overlap presented by other conditions.
- > To gain confidence in referring on for further support.
- > To have better communication strategies for managing consultations.

Outline Content:

- Understanding the descriptive language and spectrum of neurodiversity.
- Signs and symptoms of different conditions and overlapping conditions.
- Perceptions and a deeper understanding.
- Discussion case studies.
- Information for further support and diagnosis.
- Supportive conversations

Zoom test

Please make sure you are set up to run Zoom and to participate (via both camera and audio). Please <u>follow this</u> <u>link</u> to test your settings in advance.

Participation is a requirement in order to receive a certificate of attendance.



3 guided learning hours 3 CPD points

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