

National SuppoRTT Guide: Return to training (COVID 19)

Dear Trainees,

This Guidance is to help you through the SuppoRTT Process and signpost learning material during your return to training. Where face to face training may be cancelled, there is a lot of material online which you can access remotely. I have compiled some relevant information in this guide: preparing ahead for SuppoRTT meetings, clinical updates, COVID19 resources and links for training and recruitment updates. We will also be sending a list of remote learning resources for basic and generic skills which can be accessed from home soon.

We understand there is a lot of uncertainty with return to training at the moment, but we will update you if there are changes to the National SuppoRTT Programme or process as a result of the pandemic, as soon as we find out.

Best wishes,

Dr Sarah Siddiqui

National Supported Return to Training Fellow

W. <https://HEE.nhs.uk/SuppoRTT>

Where to get information about SuppoRTT

HEE SuppoRTT Forms & Procedures

The SuppoRTT [Pre-Return Meeting](#) remains important particularly in terms of accessing funding for supernumerary periods and helping trusts cover the costs towards this under pandemic strain.

Supervisors will be time pressured due to clinical duties and we suggest that you prepare for the meeting in advance. Here are some useful videos about the meeting, which can help you plan:

How to apply for SuppoRTT Video: <https://youtu.be/nHuad4omqXE>

Return to Clinical Practice Video 3: <https://londonpaediatrics.co.uk/current-trainees/returning-to-clinical-practice/pracp-videos/>

Local Processes

My advice would be to pre-empt contact with your Supervisor, HR/medical recruitment, Rota coordinator, occupational health, department manager in advance, where possible, particularly when adjusted duties may be required on return.

We also have Trust or Specialty SuppoRTT Champions. Check with your regional SuppoRTT Team.

Online Resources for Clinical Updates & e-Learning

Learning Material:

RCP e-Learning: <https://learning.rcpe.ac.uk/>

RCEM Learning <https://www.rcemlearning.co.uk/>

RCPSG e-Learning: <https://rcpsg.ac.uk/elearning#Physicians>

Faculty of Intensive Care Medicine Learning: <https://ficmllearning.org/>

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RCEM Clinical Updates: https://www.rcem.ac.uk/RCEM/Quality_Policy/Clinical_Standards_Guidance/RCEM/Quality-Policy/Clinical_Standards_Guidance/Clinical_Standards_Guidance.aspx?hkey=9c68a641-1003-468a-81dc-48e3b4926c01

Critical Care Education Updates: <https://www.rcoa.ac.uk/events-professional-development/education-professional-development/rcoa-videos/critical-care>

Returner Remote Learning Resources

The National Fellows will compile a resource bank of generic & specialty specific learning material and this will be sent out to everyone shortly. The SuppoRTT offices will also be converting their usual courses and workshops to Skype/Zoom (check the regional SuppoRTT websites).

<https://www.nejm.org/doi/pdf/10.1056/NEJMoa2002032?articleTools=true>

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How to prepare for Return to Training (COVID-19)

Where to get up to date information about COVID 19

The following sources of learning material have been compiled:

- ICM Cross-skill training for COVID-19: <https://icmanaesthesiacovid-19.org/cross-skilling>
- Association of Anaesthetists: <https://anaesthetists.org/Home/Resources-publications/COVID-19-guidance> (Webinar created 14/03/2020)
- King's Critical Care - Evidence Summary of Clinical Management of COVID-19 (created 09/03/2020) <https://drive.google.com/file/d/1eo14SWJvIHvblBBXwm3AGosTomaa6oMF/view>
- New England Journal of Medicine: <https://www.nejm.org/doi/pdf/10.1056/NEJMoa2002032?articleTools=true>
- Lancet: <https://www.thelancet.com/coronavirus>
- BMJ: <https://bestpractice.bmj.com/topics/en-gb/3000168>
- Paeds: <https://dontforgetthebubbles.com/evidence-summary-paediatric-covid-19-literature/>

The following are sources where you will find the up to date guidance around COVID and PPE

- AMoRC: <https://www.aomrc.org.uk/covid-19/> (guidance)
- NHS England and NHS Improvement coronavirus: www.england.nhs.uk/coronavirus/
- PHE (COVID19): <https://www.gov.uk/government/collections/wuhan-novel-coronavirus>
- PHE guidance for Health Professionals: <https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance#guidance-for-health-professionals>
- PPE (guidance): <https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control>
- Patient Info: <https://bestpractice.bmj.com/patient-leaflets/en-gb/pdf/3000166/Coronavirus.pdf>

Training & Recruitment Updates

- COVID Specialty Training updates: <https://specialtytraining.hee.nhs.uk/Coronavirus-COVID-19>
- COVID Info for trainees: <https://www.hee.nhs.uk/coronavirus-information-trainees>
- HEE COVID Info: <https://www.hee.nhs.uk/coronavirus-covid-19>
- Letter HEE Deputy Medical Director: <https://www.hee.nhs.uk/sites/default/files/documents/COVID-19%20letter%20to%20Trusts%20and%20GP%20Practices%2010.03.2020.pdf>
- Current GMC guidance can also be found here: www.gmc-uk.org/news/news-archive/coronavirus-information-and-advice/our-guidance-for-doctors

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- HEE Policy & Procedure for major outbreaks
https://www.hee.nhs.uk/sites/default/files/documents/Policy%20and%20Procedure%20for%20Management%20of%20Pandemic%20and%20Major%20Infectious%20Disease%20Outbreaks_0.pdf

Other Resources

Advice for sustaining staff wellbeing in critical care during and beyond covid-19 (Intensive Care Society)

- <https://anaesthetists.org/Portals/0/PDFs/Sustaining%20wellbeing%20COVID19.pdf.pdf?ver=2020-03-13-132934-557>

COVID-19 and Occupational Health (OH) in the NHS (Faculty of Occupational Medicine)

- https://www.nhshealthatwork.co.uk/images/library/files/FOM_and_NHS_H@W_Covid_guidance_FINAL_12032020.pdf

Supporting doctors in the event of a Covid-19 epidemic in the UK (GMC Joint Statement)

- <https://www.gmc-uk.org/news/news-archive/supporting-doctors-in-the-event-of-a-covid19-epidemic-in-the-uk>

Important Contacts

Professional Support Unit (PSU)

The Professional Support Unit has resources to better help trainees through this difficult time. Check your local HEE website for details.