



Mid and South Essex Dental Foundation Training Scheme

Autumn Term Programme 2025-2026





Mid and South Essex Dental Foundation Training Scheme

Braintree Community Hospital

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Mid and South Essex Dental Foundation Training Scheme

Index to Autumn Term Programme

East of England Region	2
Index	3
Mid and South Essex Scheme Postgraduate Centre	4
List of Study Days for Autumn Term	6
Details of Study Days	11
Calendar for 2025-2026	36
ESs and FDs of Mid and South Essex Scheme	38
Buddy ES pairs for Mid and South Essex Scheme	41
Online Learning 2025-2026	42
Milestones and APLAN 2025-2026	44
Audit 2025-2026	45
Problem Solving and Support Mid and South Essex Scheme	47
Lead Employer 2025-2026	46
Claiming Travel and Subsistence 2025-2026	48
Practice Equipment List 2025-2026	49



Mid and South Essex Dental Foundation Training Scheme

Braintree Community Hospital



This year of Dental Foundation Training is a very valuable one during which you have the chance to gain wonderful experience in the provision of excellent dental care within a general dental practice setting. You will learn many things, and you will find yourself in many challenging situations. However, it is also meant to be fun. Those who have undertaken Dental Foundation Training before you have found it to be a tremendous experience and they are always sad when they realise that their year is ending. You are at the start of your year and all is ahead of you. Let us work together to make it an excellent year for you.

There are two training Centres for the MSE Scheme. Braintree Community Hospital and Ipswich Hospital.



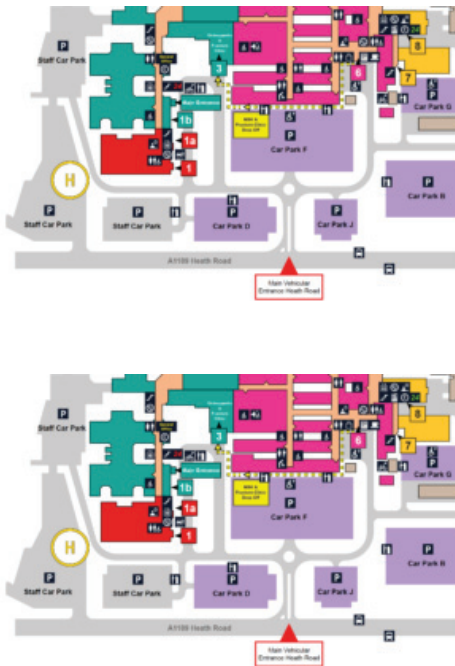
The Postgraduate Education (PGME) Centre is located on site at Ipswich Hospital and is responsible for planning and promoting medical and dental education within the Trust and on a Regional level.

The Centre aims to provide the infrastructure and support to facilitate the education, training and continuing development of health care from around the country.

Ipswich PGME has an on site Dental Skills Centre, providing specialist hands on training for Foundation Dental Programs as well as CPD and DWD courses. The equipment and facilities are regularly maintained and comes equipped with a portable interactive presentation unit and large microscope. Our training is well supported by the local Oral Surgery department who provide an exclusive insight into hands on dentistry within a hospital environment. Our library is an additional resource that is available to all who wish to utilise the study space and resources.



Location and Parking



Ipswich Hospital is located on the East side of Ipswich town centre and is well served by the public transport. Inside the Hospital ground there is a large bus stop area outside the Garrett Anderson Centre (Emergency/A&E department). Additionally there is bus stop on Woodbridge Road, near a pedestrian entrance to hospital grounds as well as a designated Park and Ride bus stop directly opposite.

Bus Routes:

Route 5, 5E, 800: From Ipswich Tower Ramparts Bus Station to Ipswich Hospital (Bus stop inside hospital grounds).

Route 2, 5, 5E, 6, 75, 78 and 79 - Travel past or near Ipswich Train Station to Ipswich Hospital (Bus stop inside hospital grounds).

Route 63, 64, 65, 66, 66a, 75, 77, 800, 900 and 978 - Alight at either the Park and Ride or Woodbridge Road bus stops.

Park and Ride Route 800: London Road Park and Ride IP8 3TQ to Martlesham Park and Ride IP5 3QN – Stops at Ipswich Hospital Park and Ride Bus Stop.

Car or Motorbike:

Exit the A14 at junction 57 on to the A1189.

Continue on the A1189 and follow the signs to the hospital.

By Train:

Ipswich Rail Station (IPS): This is the main station in Ipswich where all trains complete their journey. It is between 4.3-4.9 miles / 15-20 minutes by car depending on route from the IPS to the Ipswich Hospitals main entrance. It is around 3 miles / 1 hour and 10 minute walk from IPS to Ipswich Hospital. This station has a taxi rank.

Derby Road Rail Station (DBR) Derby Road, Ipswich IP3 8DN: Only some trains continue onto the DBR station. It is between 1.5-2.0 miles / 6-8 minutes by car depending on route from DBR to Ipswich Hospital main entrance. It is around a 1 mile / 30 minute walk from DBR to Ipswich Hospital. This station does not have a taxi rank.

Parking at Ipswich Hospital:

There is on site parking available to all visitors and staff, however this is limited. It is recommended to park in Pearson Road Staff Car Park for study days as this is often not full until 09:20am.



Autumn Term

Venues and Subjects

Thursday 4th September

Regional Induction - Welcome and Introduction
The Role of the Lead Employer in DFT
The Role of the GDC
Using the Dental ePortfolio

Virtual Remote Learning Platform - Links to be confirmed.

Tuesday 9th September

Introduction and Welcome to the Mid and South Essex Scheme
Nuts and Bolts of DFT
Relationships in the Training Practice

Braintree

Tuesday 16th September

Clinical Skills Refresher

Colchester

Tuesday 23rd September

Radiography refresher
Orthodontics

Braintree

Tuesday 30th September

NHS Rules and Regulations

Virtual Remote Learning Platform - Links to be confirmed.

Thursday 2nd October

Endodontics 1

Baldock

Tuesday 7th October

E Learning- Private Study

Braintree

Tuesday 14th October

Clinical Photography
Coursework and Audits

Braintree

Thursday 16th October

Wellbeing- Joint with SNEE Scheme.
Health and Safety

Virtual Remote Learning Platform - Links to be confirmed.

Wednesday 22nd October	Early Stage Review	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
		
Tuesday 28th October	E- Learning	<i>Braintree</i>
		
Tuesday 4th November	Dentures Partial Dentures	<i>Braintree</i>
		
Tuesday 11th November	Dental Emergencies Pain Management	<i>Braintree</i>
		
Tuesday 18th November	Oral Cancer Symposium	<i>VenueTBC</i>
		
Tuesday 25th November	MS1- Mile Stone 1 Presentation	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
		
Tuesday 2nd Decemeber	Oral Surgery	<i>Ipswich</i>
		
Wednesday 3rd December	Implants	<i>Ipswich</i>
		
Tuesday 9th December	Anterior Direct Restorations	<i>Ipswich</i>
		
Wednesday 10th December	Posterior Direct Restorations	<i>Ipswich</i>
		

Important Dates and Deadlines

Start of Autumn Term	Monday, 1 September 2025
Start of Autumn Term	Monday, 2 September 2025
Regional Induction	Thursday, 4 September 2025

Scheme Induction	Tuesday, 9 September 2025
Clinical Skills Refresher	Tuesday, 16 September 2025
Early Stage Reviews	Wednesday, 24 September 2025
MS1	Tuesday, 25 November 2025



Thursday 4th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

13.30

Regional Induction - Welcome and Introduction

CPD Hrs = 3

Malcolm Brady --- Jason Stokes

Postgraduate Dental Dean - Associate Postgraduate Dean

This session aims to introduce and orientate delegates to the Dental Foundation Training year.



Objectives

- Describe the dental foundation training year, the induction process, the support services available and the commitment needed to complete the year.
- Explain how to access and navigate the DFT e-portfolio, Intrepid Course Manager and the NHSE WT&E website.
- Discuss the RCP processes involved in the satisfactory completion of DFT.

Learning Content

- Describe the dental foundation training year, the induction process, the support services available and the commitment needed to complete the year.
- Recognise how to access and navigate the DFT e-portfolio, Intrepid Course Manager and the NHSE WT&E website.
- Explain the RCP processes involved in the satisfactory completion of DFT.

GDC Outcomes: A B C D





Thursday 4th September

Virtual Remote Learning Platform - Links to be confirmed.

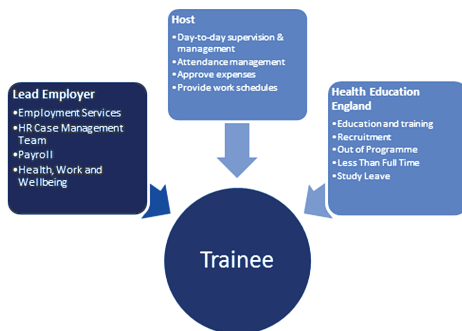
14.00

The Role of the Lead Employer in DFT

Anne Potter and Rebecca Jones

Lead Employer, St Helens and Knowsley Trust

The Lead Employer in Dental Foundation Training covers many roles and functions. This presentation will provide information and guidance for everyone



14.20

The Role of the GDC

Anika Daclan

Engagement Officer · General Dental Council

The General Dental Council re an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.



Objectives

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

Learning Content

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

GDC Outcomes: A B C D

15.20

Break



Thursday 4th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

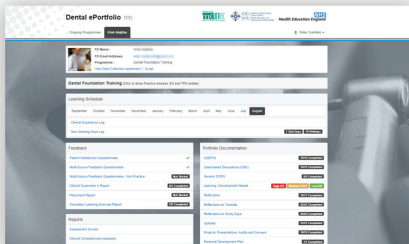
15.35

Using the Dental ePortfolio

CPD Hrs = 6

Peter Cranfield

Associate Dean, Trainign Programme Director



The Dental ePortfolio is an online record of your progress and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

16.35

End



Tuesday 9th September

Braintree

Day

11:00

Introduction and Welcome to the Mid and South Essex Scheme

CPD Hrs = 3

Ali Chohan

TPD

A welcome to the members of the Scheme and an introduction to the programme for the year. This is our first meeting together and is the time to get to know each other.

12:30

Break

Nuts and Bolts of DFT

CPD Hrs = 6

Ali Chohan

TPD



In this session we shall look at how Dental Foundation Training runs on a day to day basis. This is an opportunity to set out the ground rules for the year and to understand how we can make our group work well. The programme for the term and for the year can be discussed. We shall also look at the mechanisms for making claims for expenses



Tuesday 9th September

Braintree

Afternoon Session

11:00

Relationships in the Training Practice

CPD Hrs = 3

Ali Chohan



To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues.

Objectives

- *Raise awareness of the importance of communication skills.*
- *Evaluate and assess clinician and patient interactions.*
- *"Identify successful strategies to improve communication."*

Learning Content

- *Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others.*
- *"Differentiate the importance of non-verbal communication and active listening."*
- *Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues.*

GDC Outcomes: A B D



16.30

End



Tuesday 16th September

Colchester

Day Session

09.30

Clinical Skills Refresher

CPD Hrs = 6

Ali Chohan

TPD

This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques and processes and to refresh the skills learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors.

Objectives

- Evidence the systematic and accurate removal of simulated dental caries.
- Refresh dental preparation skills on a simulator prior to starting work in general dental practice.
- Gain experience in placement, carving and finishing of amalgam restorations.
- Identify through experience and peer review areas of experiential or learning need across a wide range of techniques.

Learning Content

- Demonstrate accurate caries removal and the preservation of sound dentine and supported enamel.
- Demonstrate the placement, carving and finishing of amalgam restorations.
- Identify through experience and peer review areas of experiential or learning need across a wide range of techniques

GDC Outcomes: C D



16.30

End

Bring your lunch



Tuesday 23rd September

Braintree

Morning Session

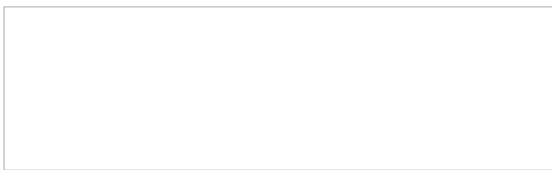
09.30

Radiography refresher

CPD Hrs = 3

Serena Sidhu

Educational Supervisor



This session aims to provide a refresher on how to justify, report and grade dental radiographs. The session will refresh theory in relation to everyday practice for dental radiography. It will also try to explain the appropriate use of the range of holders and views available.

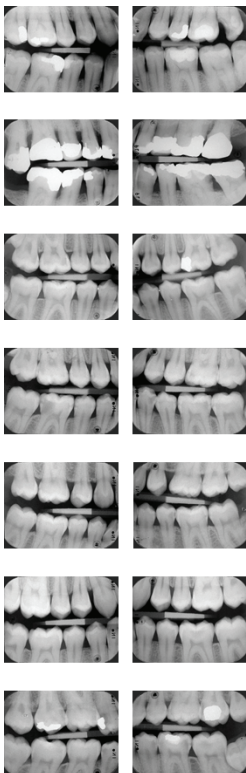
Objectives

- Describe how to justify, report and grade your radiographs.
- Explain hints and tips for overcoming common issues with dental radiography.
- Discuss how to choose appropriate radiographic views for a range of clinical scenarios.

Learning Content

- Justify, assess and report on dental radiographs.
- Employ processes to overcome common issues in dental radiography.
- Choose the appropriate views for dental radiographs.

GDC Outcomes: A B D





Tuesday 23rd September

Braintree

Afternoon Session

13.30

Orthodontics

CPD Hrs = 3

Serena Sidhu

ES

This session aims to provide the foundation dentist with an understanding of the role a general dental practitioner plays diagnosing, referring, and monitoring the orthodontic care of their patients.

Objectives

- Describe methods of assessing and diagnosing skeletal, dental and occlusal relationships in the primary, mixed and permanent dentition accurately, and identifying conditions which may require treatment or referral.
- Explain the methods of communication with orthodontic patients that provides ethical and caring support.
- Evaluate the role of the general dental practitioner in the provision of orthodontic care for patients and their families.



Learning Content

- Assess and diagnose malocclusion or disturbances of the developing dentition with the aim of providing the optimal treatment pathways for patients.
- Communicate with orthodontic patients in a way that provides ethical and caring support.
- Assist in the management of orthodontic diagnosis, treatment, and referral of patients

GDC Outcomes: A C

16.30

End



Tuesday 30th September

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09:30

NHS Rules and Regulations

CPD Hrs = 6

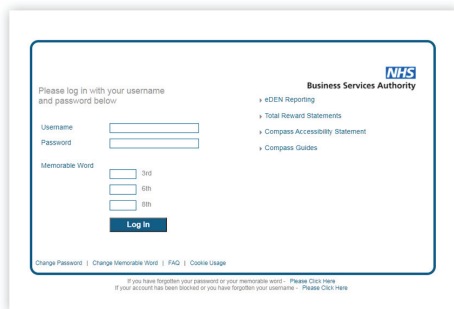
Nick Lamb

Clinical Advisor NHSE and GDP

This session will provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care. It will ensure they are able to inform patients appropriately of the availability of NHS services.

Objectives

- Explain how and when to claim for NHS treatment that has been provided to patients.
- Define the rules regarding provision of NHS dental care.
- Describe how to talk confidently about what can be provided through NHS dental services.
- List the structures and content of NHS treatment bands and associated NHS banding charges.



Learning Content

- Apply the rules regarding provision of NHS dental care.
- Perform GDS services within the structure of NHS GDS contracts.
- A B C D
- Morning Session

GDC Outcomes: ABCD

12:30

Empty



Thursday 2nd October

Baldock

Day Session

09.30

Endodontics 1

CPD Hrs = 6

Shashi Mishra

Specialist Endodontist

To give Foundation Dentists greater confidence, knowledge and technical ability in diagnosis and treatment of apical and pulpal pathology, and understand modern concepts in its prevention. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.



Objectives

- Review current concepts in the prevention of apical and pulpal pathology.
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

GDC Outcomes: A C

16.30

End



Tuesday 7th October

Braintree

Day Session

09.30

E Learning- Private Study

CPD Hrs = 6

Personal Study- E Learning

ES

To reinforce coursework details and expectations from earlier Regional and local induction processes.

Objectives

An opportunity to complete the Mandatory: e-Learning e-LfH and SCRIPT modules

Work on completing essential elements of the e-Portfolio including Reflective logs, tutorials, Study Day logs, Uploads





Tuesday 14th October

Braintree

Morning Session

09.30

Clinical Photography

CPD Hrs = 3

Peter Cranfield

TPD and Associate Dean

To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images.

Objectives

- *Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images.*
- *Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images.*
- *Recognise the use of the wider team to aid image production of a high standard and how to use software to prepare images for use in presentations and projects.*

Learning Content

- *Demonstrate consistent, high quality clinical images to be used for patient education, building their own clinical portfolio and for coursework submissions throughout the training year.*
- *Evaluate their own clinical images to troubleshoot how to improve them where issues arise.*
- *Construct a systematic approach to make clinical photography routine in the Foundation Dentist's daily workflow.*

GDC Outcomes: A C



12.30

Lunch



Tuesday 14th October

Braintree

Afternoon Session

13.30

Coursework and Audits

CPD Hrs = 6

Peter Cranfield

TPD and Associate Dean

To reinforce coursework details and expectations from earlier Regional and local induction processes.

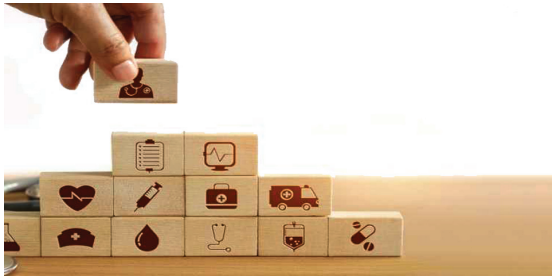
Objectives

- *Explain in more detail the work required to complete the e-Lift projects.*
- *Ability to complete the three Milestone cases Foundation Dentists are required to undertake to the standard set.*

Learning Content

- *Design and produce a clinical audit to a satisfactory standard of work to meet expectations.*
- *Foundation Dentists will be able to recognise the workload involved regarding coursework elements.*
- *Identify the requirements to produce a satisfactory standard of work to meet expectations, including those for e-LiFT and Milestones.*

GDC Outcomes: A B C D



16.30

Lunch



Thursday 16th October

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09:30

Wellbeing- Joint with SNEE Scheme.

CPD Hrs = 3

Rana AlFalaki

Specialist in Periodontics and Life Coach

This session will introduce mindfulness, mindful practices, and other techniques that attendees can use and integrate into their daily life to support wellbeing and personal resilience.

Objectives

- *Introduce Mindfulness, mindful practices, and other techniques that attendees can use to support wellbeing and personal resilience.*
- *Facilitate interactive activities; allowing attendees to personally experience techniques that can be used to support wellbeing and personal resilience.*
- *Support attendees to explore ways they could integrate chosen techniques and learning into daily life for themselves and their team.*



Learning Content

- *Describe Mindfulness, mindful practices, and other techniques that support wellbeing and personal resilience.*
- *Use mindful practices, and other techniques to support their own wellbeing and personal resilience.*
- *Integrate chosen techniques and learning into their daily life for themselves and their team.*

GDC Outcomes: A B D

12:30

End



Thursday 16th October

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

PM

Health and Safety

CPD Hrs = 3

Health & Safety

Natalie Bell

CQC Compliance Manager

Objectives

- *This session aims to increase the understanding and knowledge relating of Foundation Dentists to health and safety in their workplace.*
- *Explain the principles of occupational health and safety and how to apply this knowledge in the workplace including use of risk assessments and the practical actions to improve health and safety.*
- *Identify the scope of legal and moral responsibilities whilst at work and determine reasonable methods to control risks associated with all aspects of the working environment.*
- *Describe principles of accident prevention and the need to report accidents and dangerous occurrences whilst being aware of the hazards and risks associated with the workplace, work equipment, work activities, display screen equipment and hazardous substances.*

GDC Outcomes: ABCD

End

End



Wednesday 22nd October

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.30

Early Stage Review

CPD Hrs = 0

Ali Chohan

TPD

All FDs will be given a 20 minute allocation to have an Early Stage Review

- *Normally, no longer than 20 minutes*
- *The TPD reviews the Educational Supervisor (Trainer) report, FD report and TPD report to look for themes and trends.*
- *A discrepancy between Educational Supervisor evaluation and Trainee evaluation may point to confidence, competence or insight issues.*
- *TPD reviews ES action plan and adapts it if necessary*
- *Actions need to have SMART goals (Specific, Measurable, Achievable, Realistic, Time-specific)*
- *Signed by TPD and FD*
- *Outcome shared with ES*
- *A minority (1-2 per scheme) will need to be notified to Associate Deans with a follow up review.*





Tuesday 28th October

Braintree

Morning Session

09.30

E- Learning

CPD Hrs = 6

Personal Study e-Learning

To reinforce coursework details and expectations from earlier Regional and local induction processes.

Objectives

An opportunity to complete the Mandatory: e-Learning e-LfH and SCRIPT modules

Work on completing essential elements of the e-Portfolio including Reflective logs, tutorials, Study Day logs, Uploads





Tuesday 4th November

Braintree

Morning Session

09:30

Dentures

CPD Hrs = 3

Sandeep Mukar

Specialist Prosthodontist

To provide a solid set of principles in complete denture fabrication focusing on correct diagnosis, impressions, bite registration trial insertion and definitive insertion with aftercare.

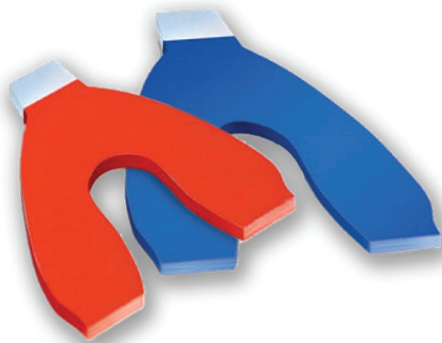
Objectives

- Define the principles of provision of complete dentures in a general dental practice setting.
- Describe the planning, design prescription and delivery of effective complete prostheses, including communication with the dental laboratory team, to provide effective patient care.
- Identify the methods of obtaining and interpreting diagnostic casts and gathering relevant information in formulating a diagnosis, prognosis and treatment plan for patients requiring complete dentures.

Learning Content

- Recognise key features in planning for complete dentures and demonstrate the ability for trouble shooting as required.
- Can demonstrate how to take excellent impressions for complete dentures and their importance (based on the initial diagnosis of each edentulous case).
- Perform accurately inter-arch relationship records and know when to take a facebow record, including assessment of tooth shape and size.

GDC Outcomes: A C





Tuesday 4th November

Braintree

Afternoon Session

13:30

Partial Dentures

CPD Hrs = 3

Sandeep Mukar

Specialist Prosthodontist

To provide a solid set of principles in partial denture fabrication focusing on correct diagnosis, impressions, bite registration trial insertion and definitive insertion with aftercare.

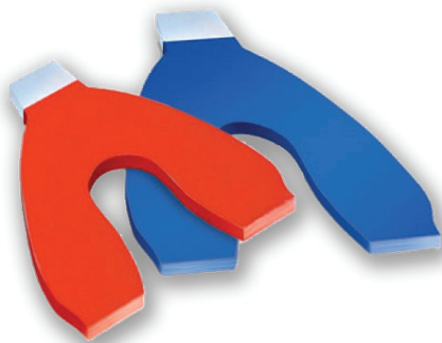
Objectives

- Define the principles of provision of partial dentures in a general dental practice setting.
- Identify the methods of obtaining and interpreting diagnostic casts and gathering relevant information in formulating a diagnosis, prognosis and treatment plan for patients requiring partial dentures.
- Describe the planning, designing prescription and delivery of effective partial prostheses, including communication with the dental laboratory team, to provide effective patient care.

Learning Content

- Demonstrate how to take excellent impressions for partial dentures and their importance (based on the initial diagnosis of each case) as well as evaluate any issues.
- Recognise how to undertake partial denture design in a predictable and methodical manner.
- An ability for trouble shooting and to know what to do and when.

GDC Outcomes: A C





Tuesday 11th November

Braintree

Morning Session

09.30

Dental Emergencies

CPD Hrs = 3

Fahad Sheikh

ES

This session aims to help Foundation Dentists to be more competent in the diagnosis and management of dental emergencies and be aware the role the entire team play in this respect.

Objectives

- *Identify the importance of thorough history taking, special tests, diagnosis and treatment planning for dental emergencies, including informed consent.*
- *Evaluate appropriate management strategies for patients that present with dental pain of various causes and tooth fracture.*
- *Describe the clinical assessment, special investigations and immediate management of acute dental trauma.*



Learning Content

- *Demonstrate appropriate history taking, special tests, diagnosis, and treatment planning for dental emergencies.*
- *Organise and manage their own diaries to be able to cope with dental emergencies in a consistent, stress-free environment.*
- *Describe how to competently manage commonly occurring dental emergencies, including trauma.*

GDC Outcomes: A C



Tuesday 11th November

Braintree

Afternoon Session

13.30

Pain Management

CPD Hrs = 3

Fahad Sheikh

General Dental Practitioner

To give knowledge, understanding and practical ability to be able to successfully manage an anxious patient with particular focus to IV sedation with midazolam.

Objectives

- Define the current standards in conscious sedation in relation to primary dental care.
- Compare and discuss the mechanisms of action, roles and limitations of premedication, inhalation sedation, oral sedation, intravenous sedation and general anaesthesia.
- Describe when to refer.



Learning Content

- List the current standards/guidance in conscious sedation in primary dental care.
- Differentiate between different treatment options for anxious patients, define 'conscious sedation' and its indications/contraindications, alongside recognising physiological norms as part of the patient assessment and monitoring.
- Compare the presentation and pharmacology of Midazolam and Flumazenil for use in Intravenous Sedation and recognise medical emergencies that may arise during use of these drugs and how to act.

GDC Outcomes: A B C

16.30

End



Tuesday 18th November

VenueTBC

Day Session

09.30

Oral Cancer Symposium

CPD Hrs = 6

Oral Cancer Symposium

The aim of this day is to bring together the whole dental team from primary, secondary and tertiary care to update our knowledge on the current management of oral cancer, post cancer rehabilitation as well as hearing personal stories from those living with oral and other cancers.

Objectives

- *Provide an overview of Oral Cancer, how to recognise it, refer it and how it is treated in secondary care.*
- *Demonstrate the importance of support of the patient in primary care.*
- *Share insights of the life of a cancer patient, how to deliver bad news and how dental teams can support the patient.*
- *Discuss the management of a cancer patient on polypharmacy, chemotherapy and bisphosphonates.*

Learning Content

- *Explain the mechanism of oral cancer, it's management and the role dental teams can play in identifying and referring appropriately.*
- *Describe the surgical and medical management of oral cancer patients.*
- *Define the challenges of all patients living with cancer in order to address their dental needs.*

GDC Outcomes: A B C D

16.30

End



Tuesday 25th November

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

MS1- Mile Stone 1 Presentation

CPD Hrs = 6

Foundation Dentists

This session enables Foundation Dentists to present their Milestone 1 Case. The Foundation Dentists will receive constructive feedback from fellow professionals.

Objectives

- *Effectively present the case of a patient with dental trauma or a dental emergency to fellow dental professionals.*
- *Demonstrate how to use the case of a patient with dental trauma or a dental emergency to reflect on clinical skills of analysis and care provision.*
- *Demonstrate how to constructively offer feedback related to a case of a patient with dental trauma or a dental emergency.*



Learning Content

- *Direct reflection and feedback into professional development.*
- *Demonstrate the provision of patient care through use of reflection, analysis and planning.*
- *Demonstrate how to deliver constructive feedback to fellow professionals.*

GDC Outcomes: A C D

16.30

End



Tuesday 2nd Decemeber

Ipswich

Day Session

09.30

Oral Surgery

CPD Hrs = 6

Kashif Hafeez and Sumair Khan

GDP and Oral Surgeon

Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.

Objectives

- *Explain the importance of patient medical history for oral surgery procedures as part of the overall pre-operative assessment processes and the relevance of National guidelines in this context, and when to refer to secondary care.*
- *Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.*
- *Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.*
- *Identify appropriate post-operative care and pain management for oral surgery patients*



Learning Content

- *Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.*
- *Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.*
- *List the relevant guidance relating to oral surgery care in general dental practice.*

GDC Outcomes: A C

16.30

End



Wednesday 3rd December

Ipswich

Day Session

09.30

Implants

CPD Hrs = 6

Kashif Hafeez and Sumair Khan

General Dental Practitioner

To examine when the provision of dental implants may be appropriate, when patients should be referred and what things a GDP should be doing regarding maintenance and monitoring of dental implants.

Objectives

- Define aspects of implant dentistry sufficient to identify suitable cases for referral, give patients basic information and recognise failures.
- Examination and discussion of current National guidelines relating to the provision of dental implants and local arrangements for NHS provision.
- "Exploration and revision of the role of the dental practitioner in offering treatment options, including those unavailable on the NHS.
- "



12.30

Lunch



Tuesday 9th December

Ipswich

Day Session

09.30

Anterior Direct Restorations

CPD Hrs = 6

Jin Vaghela and Fahad Sheikh

To assist Foundation Dentists in choosing which materials, equipment and techniques to employ when directly restoring posterior teeth.

Objectives

- *Evaluate the current status of direct posterior restorations, material selection, cavity design and where relevant, bonding protocols.*
- *"Define how isolation/moisture control aids the placement of certain materials.*
- *"*
- *Undertake practical exercises to reinforce protocols on contemporary matrix selection, placement of composite and amalgam, alongside shaping, finishing and polishing of these materials.*



16.30

End



Wednesday 10th December

Ipswich

Day Session

09.30

Posterior Direct Restorations

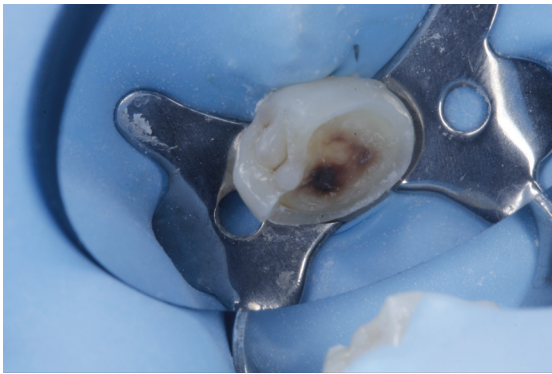
CPD Hrs = 6

Jin Vaghela and Fahad Sheikh

To assist Foundation Dentists in choosing which equipment and techniques to employ when directly restoring anterior teeth.

Objectives

- *Evaluate the different composite systems available, the nature of their composition and how this may impact on material selection choice when restoring anterior teeth, alongside application of the knowledge of the anatomy of anterior teeth.*
- *Define current bonding techniques, matrixing systems, techniques for composite build-ups/placement, use of stents, alongside shaping and finishing protocols, to produce a life-like final restoration.*
- *Undertake a series of practical exercises to reinforce protocols associated with direct anterior restorations using a phantom head: class IV restoration and a direct composite veneer.*



Learning Content

- *Critique from improved knowledge and ability, when to use which technique for direct anterior restorations.*
- *To have enhanced practical skills in restoring anterior teeth, using a variety of techniques and equipment, to an appropriate form, to provide a functional and aesthetic restoration.*

GDC Outcomes: A C

16.30

End



Calendar 2025-2026

September 2025

Monday 1st September

Start of Autumn Term

Thursday 4th September

Regional Induction Day – virtual learning 13.30pm.

Tuesday 9th September

Study day at Braintree Community Hospital

Tuesday 16th September

Clinical Skills Refresher in Colchester

Tuesday 23rd September

Study Day - Braintree Community Hospital

Tuesday 30th September

Study Day - Braintree Community Hospital

October

Thursday 2nd October

Clinical Study Day - Baldock

Tuesday 7th October

Private Study – Virtual Learning

Tuesday 14th October

Study Day - Braintree Community Hospital

Thursday 16th October

Study Day- Virtual

Wednesday 22nd October

Early Stage Review – Interviews remotely with Ali Chohan - TPD

Tuesday 28th October

Private Study – Virtual Learning

November

Tuesday 4th November

Study Day - Braintree Community Hospital

Tuesday 11th November

Study Day - Braintree Community Hospital

Tuesday 18th November

Regional Oral Cancer

Tuesday 25th November

MS1 Presentation Day- Virtual

December

Dec 2026 – Jan 2026

Buddy ES Visits – ADEPT and CbD

Tuesday 2nd December

Study Day - Ipswich

Wednesday 3rd December

Study Day- Ipswich

Friday 5th December

Milestone 2 – APLAN submission opens

Tuesday 9th December

Study Day - Ipswich

Wednesday 10th December

Study Day – Ipswich

January 2025

Jan - Feb 2025

Practice Visits – virtual or in person by TPD – Dates to be confirmed

Friday 9th January

Milestone 2 – APLAN submission closes

Tuesday 20 January

Study Day-Ipswich

Wednesday 21 January

Study Day- Ipswich

February

Tuesday 17 February

12th – 23rd February

Friday 27 th February

Study Day – Milestone 2

Practice Exchanges

IRCP

March

Thursday 5th March

Tuesday 24th March

Endo 2 Study Day- Baldock

Study Day- Braintree Community Hospital

April

Tuesday 1st April

Friday 25th April

Study Day -Braintree Community Hospital

Milestone 3 – APLAN submission opens

May

Friday 9th May

Friday 16th May

Thursday 23rd May

Friday 30th May

Milestone 3 – APLAN submission closes

June

Friday 5th June

Friday 12th June

Friday 19th June

Tuesday 23rd June

Milestone 3 - APLAN review submission closes

ES Prep Day

Study Day – Milestone 3 – – ESs present all day

July

Friday 10th July

Friday 24th July

Regional Showcase

FRCP

August

31st August

End of DFT Year



Educational Supervisors and Foundation Dentists



**Hardik Patel
Satin Patel
Joshua Meakin**

Valley Dental Practice 83 Loughton Way Buckhurst Hill Essex IG9 6AS



Jonathan Age

King's College London

Practice Phone Number



Minakshi Kansal

Alexanders Dental Practice 20 Farm Hill Road Waltham Abbey Essex EN9 1NN



Nafisa Hussain

Queen Mary, University of London

Practice Phone Number



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Aaminah Raza

Queen Mary, University of London

Practice Phone Number



**Subanghi Ratneswaran
David Ramachandran**

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Manosh Mahendrarajah

University of Plymouth



**Leanne Onslow
Ali Ahmed
Nina Rupal**

Together Dental Brentwood 21 Shenfield Road Brentwood Essex CM15 8AG



Chloe Okerago

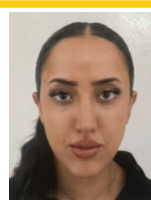
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Practice Phone Number



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Soodeh Ghasemi

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Dental Beauty Woodham 10 Brickfields Road South Woodham Ferrers Essex CM3 4NQ



Daniel Wheeler

University of Central Lancashire

Practice Phone Number



Anureet Gill
Joseph Gbenro

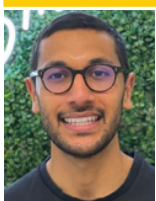
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Eera Chadha

Cardiff University

Practice Phone Number



Vishal Davda
Hiran Patel

Hockley Dental Care 45 Southend Road Hockley Essex SS5 4PZ



Mohamed Elkhazaz

University of Dundee

Practice Phone Number



Promodh Datta
Bhupesh Patel,
Afifa Jabbar

Grays Dental Centre 63-67 High Street Grays Essex RM17 6NX



Raeesah Patel

Queen Mary University of London

Practice Phone Number



Sean Chiang

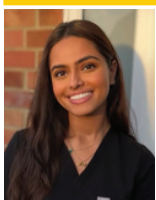
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Kaye Tian Hoo

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Practice Phone Number



Daniel Caldwell
Amelia Davison
Tanvi Bagtharia

Dental Beauty Benfleet Clinic 174 High Road Benfleet Essex SS7 5LD



Hafsa Khan

University of Bristol

Practice Phone Number



Sunny Sareen
Sanjay Sareen

Smile Dental Centre 438 Whitmore way Basildon Essex SS14 2EZ



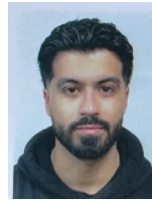
Lauren Balasuriya

University of Birmingham

Practice Phone Number



Shapour Hemmati



**Seyed Patrisch
Poorkasreiy**

Queen Mary University of
London

Patient First Dental Practice 28 London Road Grays Essex RM17 5XY

Practice Phone Number



Mid and South Essex Scheme Buddy ES Pairings 2025-2026

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Jonathan Age	Hardik Patel Satin Patel Joshua Meakin	Sean Chiang
Kaye Tian Hoo	Sean Chiang	Hardik Patel Satin Patel Joshua Meakin
Nafisa Hussain	Minakshi Kansal	Leanne Onslow Ali Ahmed Nina Rupal
Hafsa Khan	Daniel Caldwell Amelia Davison Tanvi Bagtharia	Anureet Gill Joseph Gbenro
Seyed Patrisch Poorkasreiy	Shapour Hemmati	Promodh Datta Bhupesh Patel, Afifa Jabbar
Lauren Balasuriya	Sunny Sareen Sanjay Sareen	Areej Saleh
Raeesah Patel	Promodh Datta Bhupesh Patel, Afifa Jabbar	Shapour Hemmati
Mohamed Elkhazaz	Vishal Davda Hiran Patel	David Ramachandran Subanghi Ratneswaran
Eera Chadha	Anureet Gill Joseph Gbenro	Daniel Caldwell Amelia Davison Tanvi Bagtharia
Daniel Wheeler	Amit Patel Joanne Abiodun	David Ramachandran Subanghi Ratneswaran
Soodeh Ghasemi	David Ramachandran Subanghi Ratneswaran	Amit Patel Joanne Abiodun
Manosh Mahendrarajah	David Ramachandran Subanghi Ratneswaran	Vishal Davda Hiran Patel
Chloe Okerago	Leanne Onslow Ali Ahmed Nina Rupal	Minakshi Kansal
Aaminah Raza	Areej Saleh	Sunny Sareen Sanjay Sareen



Online Learning

2025-2026

List of Mandatory E-Learning

As part of your Foundation Training year within the East of England Region you will undertake a number of online e_Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

Once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://East of England elfh Hub(e-lfh.org.uk))

This takes you to a portal which leads to the **East of England - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules Course Sections

Statutory and Mandatory Training (SMT) Completion by Early Stage Review

- Conflict Resolution Level 1 40 mins
- Data Security Awareness Level 1 70 mins
- Equality and Diversity and Human Rights Level 1 20 mins
- Fire Safety Level 1 30 mins
- Moving and Handling Level 1 40 mins
- Preventing Radicalisation - Basic Prevent Awareness 35 mins
- Safeguarding Adults Level 1 40 mins
- Safeguarding Adults Level 2 40 mins
- Safeguarding Children Level 1 30 mins
- Safeguarding Children Level 2 35 mins

Mental Capacity Act (MCA) Completion by IRCP

- Mental Capacity Act as Part of Human Rights 20 mins
- Assessing Mental Capacity 20 mins
- Planning Ahead Using the MCA 20 mins
- Best Interests 20 mins
- Restraint 20 mins

Deprivation of Liberty 20 mins
Relationship Between the MCA and the MHA 20 mins
Mental Capacity Act and Young People aged 16 or 17 20 mins
Research Involving People Who Lack Capacity 20 mins
Mental Capacity Act and Adult Safeguarding 20 mins
Settling Disputes and Disagreements 20 mins

Alcohol and Tobacco Brief Interventions Completion by IRCP

Introduction to treating and preventing ill health 15 mins
Very Brief Advice on Smoking 15 mins
Alcohol Brief Advice 15 mins
Bringing It Together - Multiple Risk Factors 15 mins
Assessment 10 mins

Making Every Contact Count (MECC) Completion by IRCP

What is MECC and why is it important 30 mins
How to have a MECC conversation 30 mins
Signposting 15 mins
Five Ways to Wellbeing 30 mins
Assessment 10 mins

HEE Rubber Dam Placement video Completion by IRCP

Using your login details for e_Learning for Health you can access this module by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](https://e-lfh.org.uk)

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module , this information will be passed to your e_Portfolio but you may wish to download completion certificates for your CPD records.

Modules Completion by FRCP

Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins
Special Patient Groups 60 mins
Utilising the BNF 60 mins
Medical Emergencies 60 mins
Periprocedural Prescribing 60 mins
Dental Infection 60 mins
Pain, Ulceration, and Inflammation 60 mins
Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins



Milestones and APLAN

2025-2026

Introduction

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. You will present your case at your scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and the East of England regions. Your cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are set at the beginning of the DFT year:

Milestone 2

Submissions open: 5th December 2025 - Submissions close: 9th January 2026

Milestone 3

Submissions open: 24th April 2026 - Submissions close: 29th May 2026

Please note the dates of the opening and closing of the submission periods; there is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48 hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the SharePoint for FDs that covers the Milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the East of England Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Lead Employer

2025-2026

Mersey and West Lancashire Teaching Hospitals NHS Trust

Phone 0151 478 7777
Generic email Lead.Employer@sthk.nhs.uk
Lead Employer website <https://leademployer.merseywestlancs.nhs.uk/>
Dental Foundation Hub <https://leademployer.merseywestlancs.nhs.uk/dental-foundation-colleagues>

ESR Enquiries: - 0151 676 5323 (login details, forgotten password etc)
ESR.LeadEmployer@sthk.nhs.uk

Electronic Submission of Expenses: - 0151 676 5323 (Expenses for Business miles and Home to work mileage submitted via e-expenses only)
e-expenses@sthk.nhs.uk

Health Work and Wellbeing: - 0151 430 1985 (copies of certificates/immunisations etc)
hwwb.recruitment@sthk.nhs.uk

Pay Enquiries: - 0151 290 4658 (tax only, other pay queries will be addressed by the helpdesk)
leademployerpayroll@sthk.nhs.uk

Pensions enquiries: 0151 430 1115
Leademployer.Pension@sthk.nhs.uk



Problem Solving and Support

Mid and South Essex 2025-2026

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. However, you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day; contact your TPD by email or phone early on if you have a problem or concern. Early resolution of an issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The training group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of study days. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

If there are problems relating to your work in the practice, you should also contact the Lead Employer for support. They will help not only with employment issues but also with wellbeing and health support pathways.

Additionally there is further support that can be obtained from the Regional Professional Support and Wellbeing unit. You can self-refer, but please ensure (if you feel able) that you share relevant information about your referral with your Educational Supervisor

Contacts for Support

Training Programme Director

M. Ali Chohan
078860179389
ali.chohan@nhs.net

Lead Employer Health Work and Wellbeing

0151 430 1985
hwwb.recruitment@sthk.nhs.uk

Professional Support and Wellbeing Unit

<https://heeoee.hee.nhs.uk/psw/psw-eeo>



Claiming Travel and Subsistence

2025-2026

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be made online via the EASY Expenses system via the Lead Employer.

You can access the EASY Expenses system here:

<https://leademployer.merseywestlancs.nhs.uk/expenses-1>

Before you make any claims you will need to set up an approving manager on the system. This will be your Educational Supervisor. They will need to complete a New Approver Form and return to:

e-expenses@sthk.nhs.uk .

The form can be accessed from:

<https://leademployer.merseywestlancs.nhs.uk/media/Documents/Expenses/New-Approver-Authorisation-Form-1.docx>

If you travel by car, you will need to upload copies of your Insurance and Driving Licence to the Easy Expenses system. You will need to ensure that your insurance covers business use (Class 1).

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Your usual mileage from your home to the dental practice will be deducted from the amount.

(Current mileage rate = £0.28 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

Car parking costs will be reimbursed and you will need a receipt for the car parking an image of which will be need to be uploaded.

FDs should travel only by second class if they travel by rail and should attach images of tickets or receipts to their claims.

Taxis should not be used and cannot be claimed.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

Within East of England overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

All claims must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense.



Practice Equipment List

2025-2026

Practice Specifications

Electronic records - Full computer based clinical records and appointment management system.

Digital radiography

Internet access

Infection control - Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmal account

Specification for FD Room

Size - Minimum floor area 9m².

Ventilation - Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FD Room

Dental chair - Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Stool for dentist

Stool for nurse

Handwash sink

X-ray set - Rectangular collimation. Isolation switch outside the controlled area.

Amalgam mixer

Light cure lamp

Telephone

Workstation - Clinical records and appointment management software. Internet access.

Turbines - Minimum of 3.

Contra-angle handpieces - Minimum of 3.

Straight handpiece - Minimum of 1.

Ultrasonic scaler - Magnetostrictive or piezo.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders - Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit - Latex free.

Conservation - Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics - Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions - Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Oral Surgery - Full range of surgical instruments including scalpel blades and handle, periosteal elevator, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

Prosthetics - Full range of prosthetic instruments including shade and mould guides.

Endodontics - Full range of stainless-steel hand files and NiTi rotary files.

Materials and Disposables for FD Room

Respirator - Fit tested FFP3 mask or powered hood for FD use.

Type II R Fluid Resistant Surgical Masks

Gloves - Latex free.

Bibs

Aprons

Gowns

Paper and cotton goods

Safe Sharps System - Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

Waste containers - For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

Disposable 3 in 1 syringe tips

Conservation - Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

Prosthetics - Full range of prosthetic materials including impression compound and greenstick.

Endodontics - Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera - SLR or equivalent with lens, ring flash, retractors, and mirrors.

Conservation - Face bow and semi-adjustable articulator.

Prosthetics - Surveyor.

Endodontics - Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.

Clinical Digital Thermometer

Digital Communication - Computer or tablet with MS Teams including webcam, speakers, and microphone.