Mid and South Essex Dental Foundation Training Scheme

Autumn Term Programme 2021-2022





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Ipswich Postgraduate Medical and Dental Education Centre







The Postgraduate Education Centre is located on site at Ipswich Hospital and is responsible for planning and promoting medical and dental education within the Trust and on a Regional level. The Centre aims to provide the infrastructure and support to facilitate the education, training and continuing development of health care from around the country.

Ipswich PGME has an on site Dental Skills Centre, providing specialist hands on training for Foundation Dental Programs as well as CPD and DWD courses. The equipment and facilities are regularly updated. The most recent additions include a new xray room, a portable interactive presentation unit and large microscope.

Our training is well supported by the local Maxillofacial and Oral Surgery department who provide an exclusive insight into hands on dentistry within a hospital environment. Our library is an additional resource that is available to all who wish to utilise the study space and resources.

Location and Map





Ipswich Hospital is situated just outside of the town centre.

The Hospital is well served by the following methods of public transport:

By Bus

There are bus stops inside the hospital grounds, just outside the Garrett Anderson Centre (Emergency department) and on Woodbridge Road, near a pedestrian entrance to hospital grounds.

By car or motorbike

Exit the A14 at junction 57 on to the A1189. Continue on the A1189 and follow the signs to the hospital.

Parking at Ipswich Hospital

There is on site parking available to all visitors and staff, however this is limited so it is important to arrive at the hospital in good time before each study day.

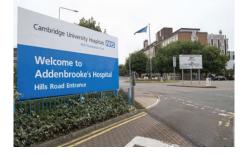
By Train

Ipswich has two railway stations: Ipswich Rail Station (IPS) is 4.7 miles from the hospital. The station has a taxi rank. The 66 bus runs between the train station and the hospital.

Derby Road Rail Station (DBR) is 1.3 miles from the hospital. The station does not have a taxi rank. The 6 bus runs from nearby Foxhall Road to the pedestrian entrance to hospital grounds opposite Adelaide Road. From Derby Road Rail Station the hospital is a 20 minute walk via Foxhall Road and Pearson Road.



Cambridge Postgraduate Medical Centre, Deakin Centre





The Deakin Learning Centre is a friendly and inclusive learning environment designed to provide a range of high quality community services combined with excellent education and training provision. We are situated to the south of the historic city of Cambridge, at the heart of Addenbrookes Hospital Biomedical Campus, serving the Eastern region.

The Deakin Centre is a satellite enterprise operating under the well-established leadership of Cambridge Regional College as a development of the faculty of Health, Social Care and Childcare. We offer a range of programmes and services in our innovative, world-class facility. The Postgraduate Medical Centre is situated on the first floor of the Deakin Centre and provides the infrastructure and support to facilitate education, training and continuing development of health professionals.

The centre also boasts pause areas and the Pod Café; and is well served by public transport. We are just a short walk away from the bus station with a 6storey parking block adjacent to the building itself.

Location and Map



The Centre is situated at the heart of Addenbrookes Hospital Biomedical Campus. You will find us on Richard Howe Way, adjacent to the main hospital car park (Car Park 1).

The Campus is well served by the following methods of public transport:

By Bus

Nearly 60 buses an hour serve Addenbrooke's Hospital on weekdays. Services originating from within the city of Cambridge and beyond.

Guided Busway

The Huntingdon to Trumpington park and ride service via Addenbrooke's Hospital runs from Monday to Saturday and provides a direct, trafficfree route between Trumpington Park and ride, the hospital campus and Cambridge railway station. There are several stops around the hospital.

By Train

Trains stop at Cambridge Railway Station, which is about two miles from Addenbrooke's Hospital. There are frequent buses from the train station (Citi 1 and Citi 7) to Addenbrooke's Hospital as well as a taxi rank.

Park and Ride

Babraham Road to Addenbrooke's Hospital: Use the green Park and Ride buses. The travel duration is 5 minutes. You should ask the driver for a 'Short Hop Ticket - park and ride to Addenbrooke's Hospital.

Milton to Addenbrooke's Hospital: Use the green Park and Ride buses. The travel duration is 35 minutes.

Trumpington to Addenbrooke's Hospital: The travel duration is 11 minutes.

Parking at Addenbrooke's Hospital Multi-storey Car Park 1 & 2 are available but can be very costly if parking for the whole day but a possibility if you are car sharing with your colleagues.



Autumn Term

Venues and Subjects

Friday 3rd September	Clinical Skills Refresher (Hands On)
<u> </u>	Ipswich PGME Centre - Dental Skills Room
Friday 10th September	Regional Induction - Welcome and Introduction Using the Dental ePortfolio Introduction to the GDC The NHS Business Services Authority <i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 17th September	Scheme Induction
	Virtual Remote Learning Platform - Links to be confirmed.
Tuesday 21st September	Anterior Restorations inc Composite and Amalgam (Hands On) Ipswich PGME Centre - Dental Skills Room
Wednesday 22nd September	Posterior Restorations inc Composite and Amalgam (Hands On)
<u> </u>	Ipswich PGME Centre - Dental Skills Room
Friday 24th September	Paediatric Dentistry - joint session with SNEE Scheme Virtual Remote Learning Platform - Links to be confirmed.
Friday 8th October	e-Learning
	Virtual Remote Learning Platform - Links to be confirmed.
Friday 15th October	Early Stage Reviews
•	Virtual Remote Learning Platform - Links to be confirmed.
Friday 22nd October	Orthodontics
•	Virtual Remote Learning Platform - Links to be confirmed.
Friday 29th October	Oral Surgery (Hands On)
<u> </u>	Ipswich PGME Centre - Dental Skills Room

Thursday 4th November	Clinical Photography
	NHS Rules and Regulations
•	Virtual Remote Learning Platform - Links to be confirmed.
Friday 5th November	e-Learning
	Virtual Remote Learning Platform - Links to be confirmed.
Friday 12th November	Endodontics 1 (Hands On)
—	Ipswich PGME Centre - Dental Skills Room
Friday 19th November	Milestone 1
•	Virtual Remote Learning Platform - Links to be confirmed.
Friday 26th November	Pain Management
	Anxiety Management
-	Virtual Remote Learning Platform - Links to be confirmed.
Thursday 2nd December	Anterior Crown Prep and Veneers (Hands On)
	Ipswich PGME Centre - Dental Skills Room
Friday 3rd December	Posterior Crown Prep and Onlays (Hands On)
-	Ipswich PGME Centre - Dental Skills Room
Friday 10th December	SCRIPT
	Virtual Remote Learning Platform - Links to be confirmed.
Tuesday 14th December	Communication Skills
	Virtual Remote Learning Platform - Links to be confirmed.
Friday 17th December	e-LIFT Foundation Skills
<u> </u>	Virtual Remote Learning Platform - Links to be confirmed.

Important Dates and Deadlines

e-Learning	Friday 8th October 2021
Early Stage Review	Friday 15th October 2021
e-Learning	Friday 5th November 2021
Milestone 1	Friday 19th November 2021
SCRIPT	Friday 10th December 2021
e-LIFT Foundation Skills	Friday 17th December 2021



Friday 3rd September

Ipswich PGME Centre - Dental Skills Room

Day Session

09.30

Clinical Skills Refresher (Hands On)

CPD Hrs = 6



TPD

Anil Patel

Learn more about the Dental Foundation Training year, in particular the requirements and expectations during hands on study days. Introduction to the Clinical Skills Room and on site facilitties available to FDs throughout the year.

Objectives

- To give Foundation Dentists the opportunity to revisit many straight forward clinical techniques and processes and to refresh the skills learned at dental school, before starting in practice.
- To give all Foundation Dentists and opportunity for peer review of operative technique
- To identify those Foundation Dentists who may need additional support at the start of the training year.

Learning Content

- To refresh and optimise skills in cavity and crown planning, design, preparation, and caries removal by practical experience.
- To gain experience in placement, carving and finishing of amalgam and composite resin restorations.
- To identify through experience and peer review areas of experiential or learning need across a wide range of techniques.

GDC Outcomes: A B C D

This is a joint Foundation Dentist and Educational Supervisor session.





Friday 10th September

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.00

Regional Induction - Welcome and Introduction

CPD Hrs = 6

Deborah Manger

Regional Deputy Postgraduate Dental Dean, Early Years



in the Midlands and East Region and to introduce and orientate them to their Dental Foundation Training year. It will help everyone develop their role as a Foundation Dentist throughout the year by providing information about the content and timelines that have to be maintained. ables. Completion of Dental Foundation Training has specific requirements and these will be outlined and discussed.

This session is a welcome to all the new Foundation Dentists

Objectives

- Explain what the Dental Foundation Training year involves, the induction process, the support services available and the commitment needed to complete the year.
- Provide experience, access to and navigation of the Dental Foundation Training e-portfolio, Intrepid Course Manager, APlan and the HEE-M&E website.
- Define the RCP process involved in the satisfactory completion of Dental Foundation Training.

Learning Content

- Be able to demonstrate an understanding of learning styles and reflection.
- Have a recognition of their peer group and Midlands & East HEE personnel together with an enhanced ability to work with others as a team.
- Recognise the need for professional and ethical behaviour and have knowledge of the NHS rules and regulations.

GDC Outcomes: A B C D





Friday 10th September

Virtual Remote Learning Platform - Links to be confirmed.

0.00

Using the Dental ePortfolio

Peter Cranfield

TPD & Regional Advisor for Projects & Innovation



The Dental ePortfolio is an online record of your progress and and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

10.50 Break

11.00 Introduction to the GDC

Elena Scherbatykh

Policy Manager · General Dental Council

The General Dental Council re an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.

Objectives

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

Learning Content

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

GDC Outcomes: A B C D

12.00

Lunch



Friday 10th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

12.30 The NHS Business Services Authority

Speaker role

	Business Services Authority
Please log in with your username	eDEN Reporting
and password below	
	 Total Reward Statements
Usemame	 Compass Accessibility Statement
Password	Compass Guides
Memorable Wood 500 600 600 600 600 600 600 600 600 600	

The NHS BSA support those essential providers of services to the NHS, dental providers and performers. They are responsible for processing all the claims we make in practice for the treatment that we provide for our patients; a total of over 43.6 million dental claims per year.

Our access to the BSA is often through the Compass portal, where we can see and update information about ourselves as dental performers and our dental claims.

Today's webinar will give us insight into the work of the BSA and requirements of the NHS Dental Regulations which direct and control our dental care provision.

The day will be completed by a short session from Deborah Manger.



Friday 17th September

CPD Hrs =

6

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

Scheme Induction

Anil Patel

TPD

Learn about the Dental Foundation Training year, the induction process, the support services available and the commitment needed to complete the year.

Objectives

- To introduce and orientate delegates to the Mid and South Essex Scheme
- To give delegates tools to develop their role as a Foundation Dentist throughout the year.
- Inform delegates of the requirements of Foundation Training and to develop teamwork skills.

Learning Content

- Be able to demonstrate an understanding of learning styles and reflection.
- Define the timeline of the Dental Foundation Training year.
- Have a knowledge of their peer group and Midlands & East HEE personnel together with an enhanced ability to work with others as a team.

GDC Outcomes: A B C D





Tuesday 21st September

Ipswich PGME Centre - Dental Skills Room

Day Session

09.30

Anterior Restorations inc Composite and Amalgam (Hands On)

CPD Hrs = 6



Jin Vaghela and Ali Chohan

Speaker role

To assist Foundation Dentists in choosing which materials, equipment and techniques to employ when directly restoring anterior teeth.

Objectives

- Evaluate the current status of direct anterior restorations, material selection, cavity design and where relevant, bonding protocols.
- Define how isolation/moisture control aids the placement of certain materials.
- Undertake practical exercises to reinforce protocols on contemporary matrix selection, placement of composite and amalgam, alongside shaping, finishing and polishing of these materials.

Learning Content

- Critique from improved knowledge and ability, when to use which material where for direct anterior restorations.
- To have enhanced practical skills in restoring anterior teeth, using a variety of techniques and equipment, to an appropriate form, to provide a functional restoration.

GDC Outcomes: A C



Wednesday 22nd September

Ipswich PGME Centre - Dental Skills Room

Day Session

09.30

Posterior Restorations inc Composite and Amalgam (Hands On)

CPD Hrs = 6



Jin Vaghela and Ali Chohan

Speaker role

To assist Foundation Dentists in choosing which materials, equipment and techniques to employ when directly restoring posterior teeth.

Objectives

- Evaluate the current status of direct posterior restorations, material selection, cavity design and where relevant, bonding protocols.
- Define how isolation/moisture control aids the placement of certain materials.
- Undertake practical exercises to reinforce protocols on contemporary matrix selection, placement of composite and amalgam, alongside shaping, finishing and polishing of these materials.

Learning Content

- Critique from improved knowledge and ability, when to use which material where for direct posterior restorations.
- To have enhanced practical skills in restoring posterior teeth, using a variety of techniques and equipment, to an appropriate form, to provide a functional restoration.

GDC Outcomes: A C



Friday 24th September

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.30

Paediatric Dentistry - joint session with SNEE Scheme

CPD Hrs = 3



Speaker role

The aim of this day is to review current best practice in the dental management of paediatric patients. This will be discussed using a series of case studies (plus the use of models to conduct hands on exercises).

Objectives

- Assess and list our responsibilities in relation to paediatric management within in general dental practice.
- Demonstrate the use of stainless steel crowns on models to help develop the skills to use the Hall technique in a reliable manner.

Learning Content

- Perform a clinical assessment, special investigations and immediate management of acute dental trauma.
- List current treatment protocols in managing symptomatic/ asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios.
- Recognise when a stainless steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality.
- Be able to evaluate our responsibilities to provide safeguarding for children within a general dental environment.

GDC Outcomes: A C

There will be the opportunity for a whole scheme 'catch up' with Anil (TPD) in the afternoon.





Friday 8th October

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

e-Learning 09.30 CPD Hrs = 0 FDs Speaker role Allocated day for FDs to work on their e-Learning modules at home or in practice. As part of your Foundation training year within Midlands and East you will undertake a number of online e_Learning modules. All of these e-learning modules have specific completion dates. Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page. Turn to page 33 for further information.



Friday 15th October

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30	Early Stage ReviewsCPD Hrs = 0
	One to one interview with FDs and TPD Speaker role
	Today - at the 6 week stage there will be:
	 1:1 review between the TPD and FD Normally, no longer than 15 minutes The TPD reviews – Educational Supervisor (Trainer) report, FD report and TPD report to look for themes and trends. A discrepancy between Educational Supervisor evaluation and Trainee evaluation may point to confidence, competence or insight issues. TPD reviews ES action plan and adapts it if necessary Actions need to have SMART goals (Specific, Measurable, Achievable, Realistic, Timespecific) Signed by TPD and FD Outcome shared with Trainer A minority (1-2 per scheme) will need to be notified to Associate Deans with a follow up review.
	Each FD will be supplied with a specific time for their TPD interview.



Friday 22nd October

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.30

Orthodontics

CPD Hrs = 3

Sunny and Sanjay Sareen

Speaker role

This session will use case-based studies to discuss current concepts around orthodontic assessment and treatments.

Objectives

- Identify how to conduct a thorough orthodontic assessment in general dental practice
- Explain appropriate times to refer to secondary care or specialist practice.
- Explore current guidance documents relating to orthodontics.

Learning Content

- Improved knowledge of how to carry out an orthodontic assessment in general dental practice.
- Recognise when to follow appropriate referral pathways.

GDC Outcomes: A C



There will be the opportunity for a whole scheme 'catch up' with Anil (TPD) in the afternoon.



Friday 29th October

Ipswich PGME Centre - Dental Skills Room

Day Session

09.30

Oral Surgery (Hands On)





Erica Rapaport, Devi Devendran and Imola Virginas

Speaker role

Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.

Objectives

- Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.
- Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.
- Identify appropriate post-operative care and pain management for oral surgery patients.

Learning Content

- Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.
- Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.
- List the relevant guidance relating to oral surgery care in general dental practice.

GDC Outcomes: A C

Please note that we will be using pigs' jaws for this hands on session - if this should pose a problem for religious or cultural reasons please let the Dental Administrator know (we can source Lambs Jaws as an alternative).



Thursday 4th November

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.30

Clinical Photography

CPD Hrs = 3



Jin Vaghela and Ali Chohan

Speaker role

To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images.

Objectives

- Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images.
- Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images.
- Recognise the use of the wider team to aid image production of a high standard and how to use software to prepare images for use in presentations and projects.

Learning Content

- Demonstrate consistent, high quality clinical images to be used for patient education, building their own clinical portfolio and for coursework submissions throughout the training year.
- Evaluate their own clinical images to troubleshoot how to improve them where issues arise.
- Construct a systematic approach to make clinical photography routine in the Foundation Dentist's daily workflow.

GDC Outcomes: A C



Thursday 4th November

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

13.30

NHS Rules and Regulations

CPD Hrs = 3

Jin Vaghela and Ali Chohan

Speaker role

Provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services.

Objectives

- Explain how and when to claim for NHS treatment that has been provided to patients.
- Define the rules regarding provision of NHS dental care.
- Have the ability to talk confidently about what can be provided through NHS dental services.

Learning Content

- List the structures and content of NHS treatment bands and associated NHS banding charges.
- Apply the rules regarding provision of NHS dental care.
- Be able to perform within the structure of NHS GDS contracts.

GDC Outcomes: A B C D





Friday 5th November

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

e-Learning 09.30 CPD Hrs = 0 FDs Speaker role Allocated day for FDs to work on their e-Learning modules at home or in practice. As part of your Foundation training year within Midlands and East you will undertake a number of online e_Learning modules. All of these e-learning modules have specific completion dates. Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page. Turn to page 33 for further information.



Friday 12th November

Ipswich PGME Centre - Dental Skills Room

Day Session

09.30

Endodontics 1 (Hands On)





Speaker role

Shashi Mishra

To give Foundation Dentists greater confidence, knowledge and technical ability in the diagnosis and treatment of apical and pulpal pathology. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.

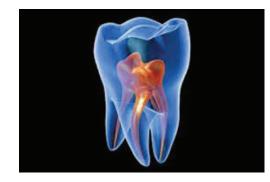
Objectives

- Review current concepts in the prevention of apical and pulpal pathology.
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

GDC Outcomes: A C





Friday 19th November

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30 Milestone 1

FDs

CPD Hrs = 0

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. The FDs will present each of their cases at their own scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only.

This session will be used for Foundation Dentists to present their Milestone 1 Emergency Case.

Objectives

• Learn to use the case of a patient with dental trauma or a dental emergency to reflect on clinical skills of analysis and care provision together with improved presentation skills.

Learning Content

- Knowledge and experience of the power of self and peer reflection in personal development.
- Improvement in the provision of patient care through use of reflection, analysis and planning.

GDC Outcomes: A C



Friday 26th November

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.30

Pain Management

CPD Hrs = 3

Cascade

Speaker role

To give knowledge, understanding and practical ability to be able to successfully manage an anxious patient with particular focus to IV sedation with midazolam.

Objectives

- Define the current standards in conscious sedation in relation to primary dental care.
- Compare and discuss the mechanisms of action, roles and limitations of premedication, inhalation sedation, oral sedation, intravenous sedation and general anaesthesia.
- Describe when to refer.

Learning Content

- List the current standards/guidance in conscious sedation in primary dental care.
- Differentiate between different treatment options for anxious patients, define 'conscious sedation' and its indications/ contraindications, alongside recognising physiological norms as part of the patient assessment and monitoring.
- Compare the presentation and pharmacology of Midazolam and Flumazenil for use in Intravenous Sedation and recognise medical emergencies that may arise during use of the these drugs and how to act.

GDC Outcomes: A B C







Friday 26th November

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

13.30

Anxiety Management

CPD Hrs =

Cascade



To give knowledge, understanding and practical ability to be able to successfully manage an anxious patient with particular focus to IV sedation with midazolam.

Objectives

- Define the current standards in conscious sedation in relation to primary dental care.
- Compare and discuss the mechanisms of action, roles and limitations of premedication, inhalation sedation, oral sedation, intravenous sedation and general anaesthesia.
- Describe when to refer.

Learning Content

- List the current standards/guidance in conscious sedation in primary dental care.
- Differentiate between different treatment options for anxious patients, define 'conscious sedation' and its indications/ contraindications, alongside recognising physiological norms as part of the patient assessment and monitoring.
- Compare the presentation and pharmacology of Midazolam and Flumazenil for use in Intravenous Sedation and recognise medical emergencies that may arise during use of the these drugs and how to act.

GDC Outcomes: A B C



Thursday 2nd December

Ipswich PGME Centre - Dental Skills Room

Day Session

09.30

Anterior Crown Prep and Veneers (Hands On)

CPD Hrs = 6

Amit V. Patel and Amit T. Patel

Speaker role



Objectives

- Discuss the functional and aesthetic considerations when providing indirect Anterior restorations, including material choice.
- Supply a clinical protocol for the Anterior crown preparation and fitting crowns
- Common problems and tips

Learning Content

- FD's will understand the principals of crown preparation
- · Learn the importance of fitting provisional restorations
- Learn the correct cementation and bonding protocols for various crown materials

GDC Outcomes: A B C D





Friday 3rd December

Ipswich PGME Centre - Dental Skills Room

Day Session

09.30

Posterior Crown Prep and Onlays (Hands On)

CPD Hrs = 6

Amit V. Patel and Amit T. Patel

Speaker role



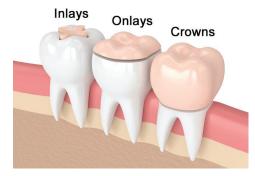
Objectives

- Discuss the functional and aesthetic considerations when providing indirect Posterior restorations, including material choice.
- Supply a clinical protocol for the preparation of posterior crowns.
- Common problems and tips

Learning Content

- FD's will understand the principals of crown preparation
- Learn the importance of fitting provisional restorations
- Learn the correct cementation and bonding protocols for various crown materials

GDC Outcomes: A B C D





Friday 10th December

CPD Hrs =

0

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30 SCRIPT

Speaker name

Speaker role

Allocated day for FDs to work on their e-Learning modules at home or in practice.

An eLearning programme to improve prescribing competency Please use the link in your e-Portfolio to access the Script sire. When you have completed a module, this information will be passed to your e_Portfolio but you may wish to download a completion certificates for your CPD records.

For more information, please see page 38.



Tuesday 14th December

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.30

Communication Skills

CPD Hrs = 3

Cascade

Speaker role

To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues.

Objectives

- Raise awareness of the importance of communication skills.
- Evaluate and assess clinician and patient interactions.
- · Identify successful strategies to improve communication.

Learning Content

- · Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others.
- Differentiate the importance of non-verbal communication and active listening.
- Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues.

GDC Outcomes: A B D

Mid and South Essex Dental Foundation Training Scheme - Autumn Term 2021-2022





Friday 17th December

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30 e-LIFT Foundation Skills

CPD Hrs = 0

FDs

Speaker role

Allocated day for FDs to work on their e-Learning modules at home or in practice.

This is simply project work covering the non-clinical elements of the DFT curriculum which are the domains of communication, professionalism, management and leadership.

FDs are expected to complete what are essentially reflective learning exercises in four units underpinned by evidence of their own work completed in the training practice.

The units are core topics for the FD to reflect upon:

- Infection control
- Radiology
- Medical emergencies
- Clinical communication

For further information see page 41.



Calendar 2021-2022

September 2021

Friday 3rd September 2021 Friday 10th September 2021 Friday 17th September 2021 Tuesday 21st September 2021 Wednesday 22nd September 2021 Friday 24th September 2021

October 2021

Friday 8th October 2021e-LearningFriday 15th October 2021Early Stage ReviewsFriday 22nd October 2021OrthodonticsFriday 29th October 2021Oral Surgery (Hands On)

November 2021

Thursday 4th November 2021 Friday 8th November 2021 Friday 12th November 2021 Friday 19th November 2021 Friday 26th November 2021

December 2021

Thursday 2nd December 2021 Friday 3rd December 2021 Friday 10th December 2021 Tuesday 14th December 2021 Friday 17th December 2021 Clinical Skills Refresher (Hands On) Regional Induction Scheme Induction Anterior Restorations (Hands On) Posterior Restorations (Hands On) Paediatric Dentistry

Clinical Photography / NHS Rules and Regulations e-Learning Endodontics 1 (Hands On) Milestone 1 Pain and Anxiety Management

Anterior Crown Prep and Veneers (Hands On) Posterior Crown Prep and Onlays (Hands On) SCRIPT Communication Skills e-LIFT Foundation Skills



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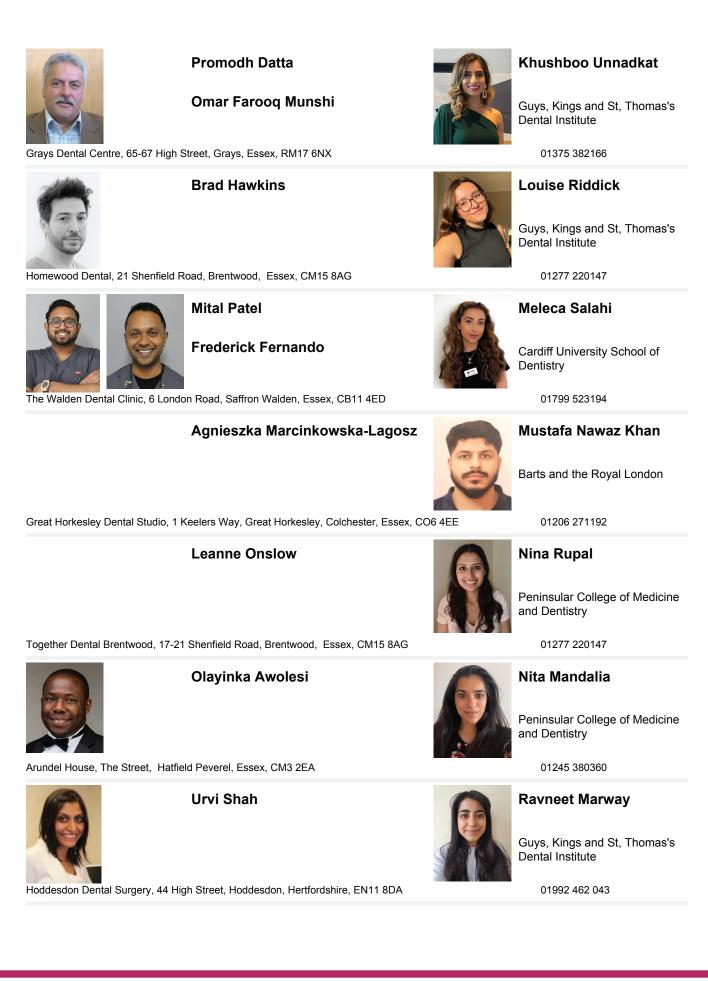
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Mid and South Essex Dental Foundation Training Scheme - Autumn Term 2021-2022





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Online Learning

2021-2022

List of Mandatory E-Learning

As part of your Foundation training year within Midlands and East you will undertake a number of online e_Learning modules. All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

https://portal.e-lfh.org.uk/Component/Details/660298

This takes you to a portal which leads to the Midlands and East - Dental Foundation Trainees learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules Course Sections

Statutory and Mandatory Training (SMT) Completion Date 19-09-2021

40 mins
70 mins
20 mins
30 mins
40 mins
35 mins
40 mins
40 mins
30 mins
35 mins

Mental Capacity Act (MCA) Completion Date 03-10-2021

Mental Capacity Act as Part of Human Rights	20 mins
Assessing Mental Capacity	20 mins
Planning Ahead Using the MCA	20 mins
Best Interests	20 mins
Restraint	20 mins
Deprivation of Liberty	20 mins
Relationship Between the MCA and the MHA	20 mins
Mental Capacity Act and Young People aged 16 or 17	20 mins
Research Involving People Who Lack Capacity	20 mins
Mental Capacity Act and Adult Safeguarding	20 mins
Settling Disputes and Disagreements	20 mins

Alcohol and Tobacco Brief Interventions Completion Date 17-10-2021

	Introduction to treating and preventing ill health	15 mins
	Very Brief Advice on Smoking	15 mins
	Alcohol Brief Advice	15 mins
	Bringing It Together - Multiple Risk Factors	15 mins
	Assessment	10 mins
Making Every Contact Count (MECC) Completion Date 31-10-2021		
	What is MECC and why is it important	30 mins
	How to have a MECC conversation	30 mins
	Signposting	15 mins
	Five Ways to Wellbeing	30 mins
	Assessment	10 mins

HEE Rubber Dam Placement video Completion Date 13-11-2021

Using your login details for e_Learning for Health you can access this module by using this link:

https://portal.e-lfh.org.uk/Component/Details/660298

e-Learning for Healthcare - Coronavirus programme Completion Date 13-11-2021

This programme has been specifically developed and is regularly updated in response to the Covid-19 situation and can be located link:

https://portal.e-lfh.org.uk/Component/Details/660298

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script sire. When you have completed a module , this information will be passed to your e_Portfolio but you may wish to download a completion certificates for your CPD records.

Modules Completion Date 05-12-2021

Prescription Documentation and the Drug History	60 mins
Medication Errors and Adverse Drug Reactions	60 mins
Special Patient Groups	60 mins
Utilising the BNF	60 mins
Medical Emergencies	60 mins
Periprocedural Prescribing	60 mins
Dental Infection	60 mins
Pain, Ulceration, and Inflammation	60 mins
Prescription Documentation and the Drug History	60 mins
Medication Errors and Adverse Drug Reactions	60 mins

BDA & Cancer Research UK Oral Cancer Recognition Toolkit

https://www.doctors.net.uk/eclientopen/cruk/oral_cancer_toolkit_2015_open/

Although this topic may be covered in a study day, the toolkit is very valuable, and it is advised this is still completed irrespective of a scheme running an oral cancer study day. The completion certificates should be uploaded to your e-Portfolio

Module Completion Date 19-12-2021

BDA-CRUK Oral Cancer Recognition Toolkit 3 hours

List of Supplementary E-Learning Dentistry (e-Den) e-Learning for Health

https://portal.e-lfh.org.uk

This is a series of modules about dentistry known as e-Den. You will find these modules helpful when used in conjunction with your Study Days. References to particular modules may be included in the information for each Study Day. Accessing the relevant module before the Study Day will help you to gain more form the interactive learning session.

To locate the e-Den modules in the e-Learning for Health Website, click on `**My e-Learning'** at the top of the webpage and then enter the **Dentistry** name in the search box. When the search results appear, you will see the **Dentistry** module listed with an icon; click on `**Enrol'** and the Module will be added to your account. You will then be able to see each of the e-Den Modules and Course Sections in `My e-Learning'.

e-Den Module

1 Patient Assessment		
Profiling the Patient	Assessment Methods and Techniques	
Good Practice	Health Promotion and Disease Prevention	
Patient Assessment	Profiling the Patient	
2 Human Diseases and Medical and Dental Emergencies		
Medical Topics and Dentistry	Medical Emergencies In Dentistry	
3 Anxiety and Pain Control in Dentistry		
Principles of Dental Pain	Mediators of Central Pain	
Dental Local Anaesthesia	Dental Local Anaesthetic Technique	
Management of Dental Pain	Non-Pharmacological Anxiety Management	
Intravenous Sedation	Inhalation Sedation	
Dental General Anaesthesia		
4 Periodontal Disease and Management		
Aetiology of Periodontal Disease		
Periodontal Diagnosis and Determination of Prognos	is Periodontal Treatment Options	
Patient Educat1on and self-Performed Plaque Contro	Non-Surgical Periodontal Therapy	
Surgical Periodontal Therapy		
5 Hard and Soft Tissue Surgery		
Pre- and Post-operative Assessment	Exodontia	
Surgical Dentistry	Advanced Trauma Life Support (ATLS)	

Management of Un-Erupted, Impacted, Ectopic and Supernumerary Teeth	Management of Benign Soft Tissue lesions
6 Surgical and Non-Surgical Management of Head a	and Neck Disease
Accurate Drug History and Relevance of Allergies	Odontogenic Infections
Management of Oral Mucosal Diseases	Craniofacial Pain Disorders
Neoplastic and Non Neoplastic Disease of the Head a	and Neck
7 Management of the Developing Dentition	
Orthodontic Indices	Assessment for interceptive Treatment
Space Maintenance	Simple Removable Appliances
Oral Habits and Occlusal Trauma in the Mixed Dentit	ion
Emergency Care and Management of Orthodontal Pr	roblems
Contemporary Orthodontics Normal Facial Growth a	nd Dental Development
Abnormalities of Facial Growth and Dental Developn	nent
8 Restoration of Teeth	
Caries	Restoration of Permanent Teeth
Crowns	Restoration of Deciduous Teeth
Aesthetic Dentistry	Dental Biomaterials
Tooth Surface Loss	Endodontics
Dental Trauma	
9 Replacement of Teeth	
Bridgework	Occlusion
Complete Dentures	Partial Dentures
Implantology	Miscellaneous
10 Communication	
Patient and the Family	Teamworking
Other Professionals	
11 Professionalism	
Ethics	Self
The Clinical Team and Peers	
12 Management and Leadership	
The Need for Effective leadership and Management	Quality in Healthcare
Risk Management	Self-Management
Change Management	Managing a Business
Healthcare Systems	Professional Practice
Management and Leadership	
13 Sustainable Dentistry	
Introduction to Sustainable Dentistry	Measuring carbon in Healthcare



e-LIFT Project

2021-2022

Project `e-LiFT' stands for Evidence-linked Learning in Foundation Training. This is simply project work covering the non-clinical elements of the DFT curriculum which are the domains of communication, professionalism, management and leadership.

FDs are expected to complete what are essentially reflective learning exercises in four units underpinned by evidence of their own work completed in the training practice. The units are core topics for the FD to reflect upon:

- Infection control
- Radiology
- Medical emergencies
- Clinical communication

The reflective learning exercise for each unit, allows for flexibility for the FD to hone in on specific learning or development points that have influenced them the most in their training year. Each of the units will entail reflective writing amounting to 1000 - 1250 words, each unit supported by 4- 6 pieces of evidence. Units 1 to 4 are to be completed by April 2022.

FDs will be given guidance documents and templates. Work for each unit will be assessed by external Educational Supervisors.

Here is a link to the HEE website for full details and module downloads:

https://heeoe.hee.nhs.uk/node/2567



Milestones and APLAN

2021-2022

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. The FDs will present each of their cases at their own scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and East region. Your Milestone Two and Milestone Three cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are

Milestone 2:Deadline for case uploads 14th Jan 2022.

Deadline for remote feedback 28th Jan 2022.

Milestone 3: Deadline for case uploads 20th May 2022

Deadline for remote feedback **3rd June 2022**

There is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the share-point for FDs that covers the milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Problem Solving and Support

Mid and South Essex 2021-2022

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the `crowns that never fit' to problems communicating with the Dental Nurse. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; so contact your TPD by phone or email early on if you have a problem or concern. Early resolution of that burning issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The DFT group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of the Day Release Course. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

Additionally there is further wide ranging support that can be obtained from the Associate Dean for Regional Trainee Support. Here is a web address support:

https://heeoe.hee.nhs.uk/dental/trainee-support

Contacts for Support

Training Programme Director

Anil Patel Phone: 01923 672773 Email: anil.patel@hee.nhs.uk

Regional Deputy Postgraduate Dental Dean, Early Years Deborah Manger

Email: please use - DFT.ME@hee.nhs.uk

Associate Dental Dean for Regional Trainee Support Fleur Kellett

Email: DentalTraineeSupport.ME@hee.nhs.uk



Claiming Travel and Subsistence

2021-2022

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be submitted on the appropriate form issued by your TPD. This form should be fully completed, easily readable, and signed by your TPD who will check all claims are valid. They will also cross through any incomplete lines to stop any claims being added after signing.

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Note that the mileage calculated from the home address to venue will be adjusted by NHS England once your form is submitted to them. Your usual mileage from your home to the dental practice will be deducted from the amount (you do not need to enter this separately on the form, NHS England will calculate this).

(Current mileage rate = \pounds 0.24 per mile, dentists carrying one or more named eligible dentists to the same course = an additional \pounds 0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

FDs should travel only by second class if they travel by rail and should attach tickets or receipts to their claim forms.

Taxis should not be used and cannot be claimed - if their use is required due to particular circumstances then the reasons need to be discussed with the Postgraduate Dental Dean, or Deputy, and you will need to get approval in advance, in writing, and provide it with the claim form.

Within Midlands & East overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

All claim forms must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense. False claims are fraudulent and may be investigated by the NHS England Area Team, with onward referral to NHS Fraud Investigators and/or the GDC.

Claims must be submitted within 3 months of the event and receipts must be included for all travel, meals and car parking. Trainees are advised keep a copy of the claim form and the submitted receipts, and to send claim forms by signed delivery service (you may not claim this postage cost) or email.

Claim forms should be sent Completed Claim forms should be submitted to the BSA via your BSA Compass login. You can access an information leaflet about this from here:

http://www.copdend.org/dfthandbook/FD_Handbook/The_Scheme/T__S_Expenses/FD_Travel_and_Subsistence_claims_via_Self_Service_in_Compass.pdf

Your payments will appear on the training practice BSA schedule and your Educational Supervisor will pay them to you as non-taxable expenses.



Audit Project

2021-2022

Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the Midlands and East Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Audit topic

When choosing your audit topic please be aware that you must not choose a topic that should be covered by the normal clinical governance processes of the practice, including radiograph quality, record keeping and infection control. if you are not sure about the suitability of a topic you should discuss this with your TPD before you start.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Practice Equipment List

2021-2022

Practice Specifications

Electronic records Digital radiography Internet access Infection control Full computer based clinical records and appointment management system.

Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmail account

Specification for FD Room

Size Ventilation

Minimum floor area 9m2. Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam

Equipment for FD Room

Dental chair

separation. Turbines Minimum of 3. Contra-angle handpieces Minimum of 3. Straight handpiece Minimum of 1. Ultrasonic scaler Magnetostrictive or piezo. X-ray set Rectangular collimation. Isolation switch outside the controlled area. Amalgam mixer Light cure lamp Stool for dentist Stool for nurse Handwash sink Telephone Workstation Clinical records and appointment management software. Internet access.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders	Full range of holders for bitewing and periapical views - including full range of endodontic film holders.
Rubber dam kit	Latex free.
Conservation	Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).
Periodontics	Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).
Extractions	Full range of extraction forceps (upper and lower); elevators and a set of Luxators.
Oral Surgery	Full range of surgical instruments including scalpel blades and handle, periosteal elevator, solution for irrigations, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non- toothed tweezers and suture scissors.

Prosthetics Endodontics	Full range of prosthetic instruments including shade and mould guides. Full range of stainless-steel hand files and NiTi rotary files.	
Materials and Disposables for	r FD Room	
Respirator	Fit tested FFP3 mask or powered hood for FD use.	
Type II R Fluid Resistant Surgical Masks		
Gloves	Latex free.	
Bibs		
Aprons		
Gowns		
Paper and cotton goods		
Safe Sharps System	Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.	
Waste containers	For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.	
Disposable 3 in 1 syringe tips		
Conservation	Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.	
Prosthetics	Full range of prosthetic materials including impression compound and greenstick.	
Endodontics	Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.	

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera	SLR or equivalent with lens, ring flash, retractors, and mirrors.
Conservation	Face bow and semi-adjustable articulator.
Prosthetics	Surveyor.
Endodontics	Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.
Clinical Digital Thermometer	
Digital Communication	Computer or tablet with MS Teams including webcam, speakers, and microphone.



Useful Links

2021-2022

National DFT Handbook

National policies and information: http://www.copdend.org/dfthandbook/index.html

Postgraduate Virtual Learning Environment

Repository of eLearning resources: <u>https://pgvle.co.uk/login/index.php</u>



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Autumn Term 2021-2022







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