



The Strength Engine...

Strength Engine »

Context

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Identify the strengths that will help me in this period of uncertainty. To be confident in my ability so that I can be there for my children and husband whilst we adapt and start again reminding myself i need to give space for me too due to mental load and the needs of my clients.

Select up to 12 facets that show your strengths

- Others (Awareness)
- Serving (Leadership Presence)
- Environment (Awareness)
- Intentional (Leadership Presence)
- Robust (Resilient Decision Making)
- Unifying Purpose (Clarity of Direction)
- Creative (Resilient Decision Making)
- Versatile (Resilient Decision Making)
- Authentic (Leadership Presence)
- Determination (Clarity of Direction)
- Strategic Intent (Clarity of Direction)
- Self (Awareness)

- I find ways to keep people informed, engaged and aligned even when things change
- My actions create and maintain momentum for myself and others
- I give support to others based on what they need, when they need it
- I notice and take action to help others rebalance when they go from pressure to stress



Strength Engine - Set context

The purpose of the Strength Engine is to help you through difficult times by drawing on the strengths identified in your Resilient Leaders Assessment (RLA®). These strengths can help you when you are in doubt about 'what to do' or 'how to be'.

You will be guided through a 3 step process to help you identify your strengths and create your Resilient Leaders Mantra.









Step 1: Set a context

In your own words describe the situation that identifying your strengths will help you with. e.g.


'I want to identify those core strengths that will help give me confidence in uncertainty'

'I am facing a particularly difficult situation at work and want to identify the strengths I need to call on to help me at this time.'

Context

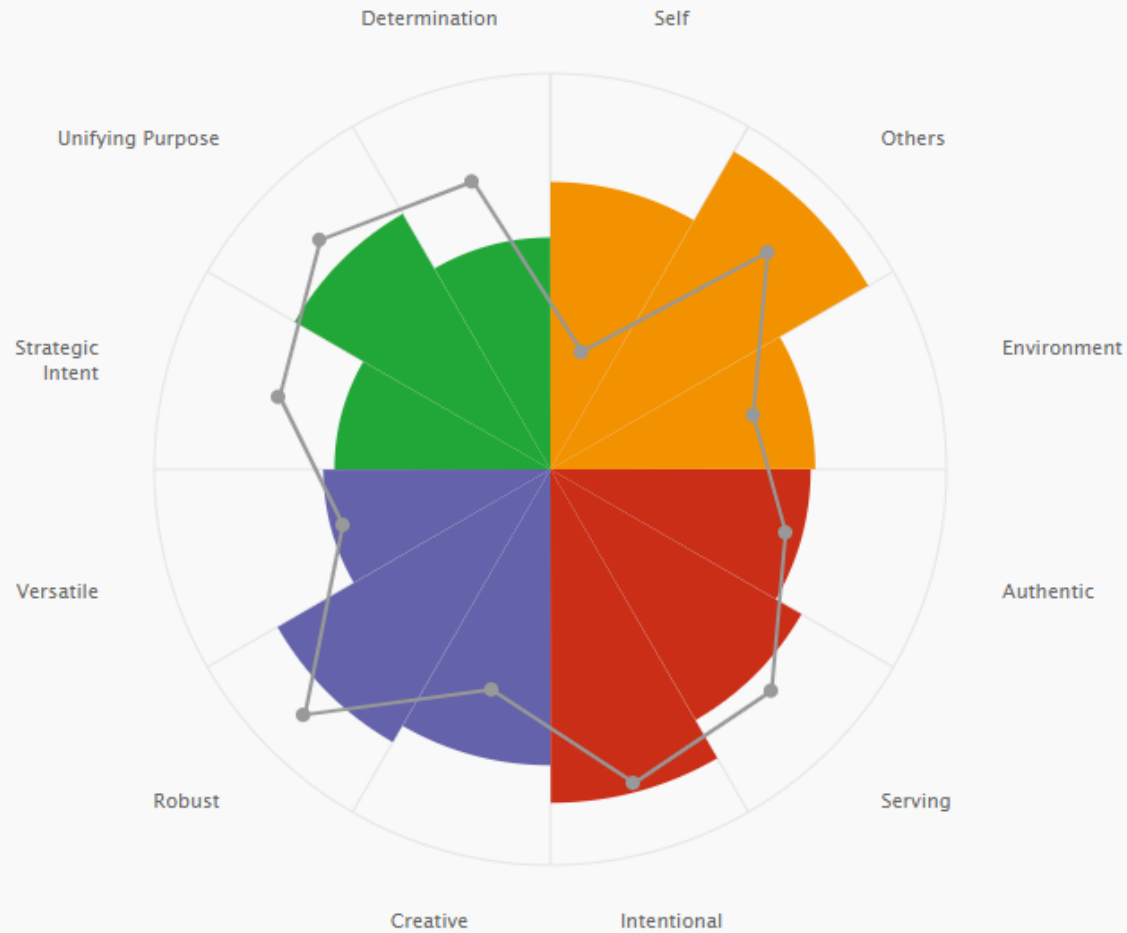
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I am facing challenges in life and want to remind myself of my key strengths to help me get through this.



Strength Engine - Choose Facets

Click on the Facets to identify your strengths.



Select up to 12 facets that show your strengths

- Others (Awareness)
- Intentional (Leadership Presence)
- Robust (Resilient Decision Making)
- Creative (Resilient Decision Making)
- Unifying Purpose (Clarity of Direction)
- Serving (Leadership Presence)
- Self (Awareness)
- Environment (Awareness)
- Authentic (Leadership Presence)
- Determination (Clarity of Direction)
- Versatile (Resilient Decision Making)
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Save and continue

Strength Engine - Choose Statements

Select the statements that represent your strengths from:

Others (Awareness)

Appreciation of the different motives, attitudes, cultures, strengths and weaknesses of others (e.g. your customers, your team, your business partners and your family)

- I view differences between people positively and use those differences constructively 
- I help others to seek support and take action to address their weaknesses 
- I know what takes others from pressure to stress 
- I help others to understand their own weaknesses and areas where they need support 
- I notice and take action to help others rebalance when they go from pressure to stress 
- I know the strengths and motivations of others and understand what they contribute in a range of situations 
- I help others to look after themselves: to rest, reenergise and renew 

Save and continue








Strength Engine - Define Mantra

These are the key words from your chosen strength statements. The larger the word, the more frequently it appears in your chosen statements. Click on a word to show the statements that the word appears in. Copy whole statements or key words into the text box to help you create your Resilient Leaders mantra.

action **actions** address aligned analysis
appropriate behaviour communicate competent
confident constructively date **decisions**
demonstrate **differences** engaged example
fact-finding focus follow fully given **help**
improve informed knowledge main making
order **people** **positive** positively
possible priorities providing regularly
repeatedly seek skills support things time
understand understanding update **USE**
variety view **ways** weaknesses

- I communicate regularly, repeatedly and in a variety of ways, so that people fully understand the priorities and main focus at any given time ↕
- I view differences between people positively and use those differences constructively ↕
- I find ways to keep people informed, engaged and aligned even when things change ↕

Your
Mantra:

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I am a confident positive person and I know I can take positive actions with my decisions,

Save and continue

This will create a new context and mantra
in your learning log for today.