

Welcome to Less than Fulltime Training (LTFT) in anaesthesia in the East of England

The East of England is a great place to train in anaesthetics as an LTFT trainee. If you are interested in applying for LTFT training or you are currently an LTFT trainee, there is a support network in place to help you. The people to contact are listed below on this webpage. Additionally there is some information on how to apply for LTFT training in the East of England and some useful links to other resources including the A to Z guide to LTFT training. This document includes information from a variety of sources including the Association of Anaesthetists of Great Britain and Ireland (AAGBI), Royal College of Anaesthetists (RCoA), British Medical Association (BMA) and National Health Service Employers (NHSE). We also have a Facebook social networking group for the East of England anaesthetic LTFT Trainees so that you are able to meet other LTFT trainees in the region.

LTFT Trainee Representatives:

Dr Laura Kessack (LauraKessack@yahoo.com), Dr Siobhan King (siobhan.king77@gmail.com)

LTFT Consultant Lead & Core Training Programme Director (TPD):

Dr Elspeth Reid (Elspeth.Reid@meht.nhs.uk)

ST Training Programme Director (TPD):

Dr Christopher Sharpe (christopher.sharpe@nnuh.nhs.uk)

Health Education East of England LTFT website information:

https://heee.hee.nhs.uk/less_than_full_time_training

Summary of LTFT Training arrangements and initial application process:

Complete the “LTFT Eligibility” form on the Health Education East of England website. You should discuss your application with Dr Sharpe (TPD for ST3 - ST7) or Dr Reid (TPD for core trainees) and then email the form to heee.ltft@nhs.net, where Dr Crawley, the HEEoE Training Programme Director for LTFT, will review your eligibility. You will receive an email to inform you whether this has been approved. Most LTFT anaesthetic trainees in the East of England work 60% of full time in a job share. However in practice we have had LTFT trainees working anything from 50% to 80% and we try to be as flexible as possible.

Details of how to apply for funding for each post:

Once you have received an email to inform you that your eligibility for LTFT training has been approved, you need to complete a stage 2 training plan. You will need to write or be given a rota for your post to help you to complete the form. The form should be completed online and then sent to the following people: Educational Supervisor, Training Programme Director and HR department at the Trust. They will sign and return the form to you. Once you have these signatures, submit the form electronically to the [LTFT mailbox](#). If you are slot sharing in a post, your partner's forms must be submitted for approval at the same time. You will receive an email to inform you whether this has been approved. You need to submit a stage 3 renewal form every time you rotate to a new placement or Trust and want to continue LTFT training, or if you are in the same placement but decide you want to continue LTFT beyond your originally agreed end date.

Useful LTFT links:

East of England Anaesthetic LTFT Trainees Facebook group:

<https://www.facebook.com/groups/444351625737755/>

RCoA LTFT pages:

<http://www.rcoa.ac.uk/training-and-the-training-programme/less-fulltime-training-ltft>

LTFT in anaesthesia, an A to Z guide: <http://www.rcoa.ac.uk/careers-training/training-anaesthesia/special-areas-of-training/lift-anaesthesia-z-guide>

AAGBI LTFT pages: <https://www.aagbi.org/professionals/trainees/training-issues/lift-training>

<https://www.aagbi.org/professionals/trainees/training-issues/LTFTresources>