

Lincolnshire and Nottinghamshire Dental Foundation Training Scheme

Spring and Summer Term Programme 2021-2022





Lincolnshire and Nottinghamshire Dental Foundation Training Scheme

Lincoln County Hospital Postgraduate Medical and Dental Education Centre

Greetwell Road, Lincoln LN2 5QY

Tel: 01522 573874

Kings Mill Hospital Education Centre

Mansfield Road, Sutton-in-Ashfield, NG17 4JL

Tel: 01623 622515

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Lincolnshire and Nottinghamshire Dental Foundation Training Scheme

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Lincolnshire and Nottinghamshire Dental Foundation Training Scheme

Lincoln County Hospital Postgraduate Medical and Dental



Jennifer Thomas

Lincoln County Hospital is the main hospital for Lincolnshire. It is now host to a medical school and this is meaning a large building project and a complete new education centre. This will be completed February/March time 2022. As a consequence study days will be held virtually prior to the this project being finished, except hands on days which are held at Kings Mill.



Location and Map



Lincoln County Hospital is located on Greetwell Road opposite the prison. There is parking available in patient/visitor car parks. These work by automatic photographing on entry and there are pay terminals located outside the main entrance and elsewhere.



Lincolnshire and Nottinghamshire Dental Foundation Training Scheme

Kings Mill Hospital Education Centre



Sue Elliott



Kalawatee
Ramsewak

Kings Mill Hospital is located just outside Mansfield. King's Mill Hospital is an acute general district hospital serving the population of north Nottinghamshire and parts of Derbyshire and Lincolnshire. It is managed by the Sherwood Forest Hospitals NHS Foundation Trust.



Location



Use car park number 9 which is just after the education centre ideally.

Edit



Spring and Summer Term

Venues and Subjects

Friday 14th January	Prosthetics	<i>Virtual link to be sent</i>
Monday 24th January	Paedodontics Group A Paedodontics (Part 2)	<i>Kings Mill Hospital</i>
Tuesday 25th January	Paedodontics Group B Paedodontics (Part 2)	<i>Kings Mill Hospital</i>
Friday 4th February	Periodontics	<i>Virtual link will be sent out</i>
Friday 11th February	Milestone 2	<i>Virtual link to be sent</i>
Friday 18th February	Oral Cancer	<i>Kings Mill Education Centre</i>
Friday 25th February	Communication	<i>Lincoln County Hospital</i>
Friday March 4th	Occlusion/Tooth Wear	<i>Virtual link to be sent</i>
Friday 11th March	Behaviour change	<i>Lincoln County Hospital</i>
Friday 25th March	Public Health	<i>Virtual link to be sent out</i>
Friday 22nd April	Accounts, Finance and Dental Contracts	<i>Virtual link to be sent out</i>

Friday 29th April	Orthodontics	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 29th April	Implants	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 13th May	Audit Presentations	<i>Virtual link to be sent out</i>
Friday 27th May	Black Box/Human Factors	<i>Lincoln County Hospital</i>
Friday 17th June	Milestone 3	<i>Virtual links to be sent out</i>
Friday 8th July	Midlands & East Showcase	<i>TBC</i>

Important Dates and Deadlines

Early Stage Review	Friday, 22nd October 2021
Milestone 1 Presentation	Friday, 17 December 2021
PSQ	Friday, 28th January 2022
MSF	Friday, 31st December 2021
Milestone 2 Presentation	Friday, 11th February 2022
Audit Report	Friday, 13th May 2022
eLiFT	Friday, 1 April 2022
Milestone 3 Presentation	Friday, 17th June 2022



Friday 14th January

Virtual link to be sent

Day Session

09.30

Prosthetics

CPD Hrs = 6

Ali Chohan and Jin Vaghela

Ali qualified from QMUL in 2006. He has since completed his MJDF with the RCI

Jin qualified from KCL in 2007. He has completed his postgraduate examination

Jin qualified from KCL in 2007. He has completed his postgraduate examination

To provide a solid set of principles in denture fabrication focusing on correct diagnosis, impressions, bite registration trial insertion and definitive insertion with aftercare.

Objectives

- *Define the principles of provision of dentures in a general dental practice setting.*
- *Identify the methods of obtaining and interpreting diagnostic casts and gathering relevant information in formulating a diagnosis, prognosis and treatment plan for patients requiring dentures.*
- *Describe the planning, designing prescription and delivery of effective prostheses, including communication with the dental laboratory team, to provide effective patient care.*

Learning Content

- *Demonstrate how to take excellent impressions for dentures and their importance (based on the initial diagnosis of each case) as well as evaluate any issues.*
- *Recognise how to undertake denture design in a predictable and methodical manner.*

GDC Outcomes: A C

End



Monday 24th January

Kings Mill Hospital

Day Session

09.30

Paedodontics Group A

CPD Hrs = 6

Michael Cranfield

Paediatric Dental Specialist

The care of children in general dental practice can sometimes be a very difficult part of our work. An understanding of child development as well as dental development is essential if the best care is to be provided. Similarly, an understanding of parental feelings and wishes is required.

On top of our need to provide good dental The aim of this day is to review current best practice in the dental management of paediatric patients. This will be discussed using a series of case studies (plus the use of models to conduct hands on exercises).

Objectives

- Assess and list our responsibilities in relation to paediatric management within in general dental practice.
- Demonstrate the use of stainless steel crowns on models to help develop the skills to use the Hall technique in a reliable manner.

Learning Content

- Perform a clinical assessment, special investigations and immediate management of acute dental trauma.
- List current treatment protocols in managing symptomatic/asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios.
- Recognise when a stainless steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality.
- Be able to evaluate our responsibilities to provide safeguarding for children within a general dental environment.

GDC Outcomes: A B C D

12.30

Lunch

Michael Cranfield

Paediatric Dental specialist

Treatment planning for children can be very challenging as there are many factors to be considered. Orthodontic development, caries incidence, diet, age; these all need to be brought into the equation.

Objectives

- *Identify how to conduct a thorough orthodontic assessment in general dental practice*
- *Explain appropriate times to refer to secondary care or specialist practice.*
- *Explore current guidance documents relating to orthodontics.*

Learning Content

- *Improved knowledge of how to carry out an orthodontic assessment in general dental practice.*
- *Recognise when to follow appropriate referral pathways.*

GDC Outcomes: A B C D



Tuesday 25th January

Kings Mill Hospital

Day Session

09.30

Paedodontics Group B

CPD Hrs = 6

Michael Cranfield

Paediatric Dental Specialist

The care of children in general dental practice can sometimes be a very difficult part of our work. An understanding of child development as well as dental development is essential if the best care is to be provided. Similarly, an understanding of parental feelings and wishes is required.

On top of our need to provide good dental The aim of this day is to review current best practice in the dental management of paediatric patients. This will be discussed using a series of case studies (plus the use of models to conduct hands on exercises).

Objectives

- Assess and list our responsibilities in relation to paediatric management within in general dental practice.
- Demonstrate the use of stainless steel crowns on models to help develop the skills to use the Hall technique in a reliable manner.

Learning Content

- Perform a clinical assessment, special investigations and immediate management of acute dental trauma.
- List current treatment protocols in managing symptomatic/asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios.
- Recognise when a stainless steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality.
- Be able to evaluate our responsibilities to provide safeguarding for children within a general dental environment.

GDC Outcomes: A B C D

12.30

Lunch



Tuesday 25th January

Kings Mill Hospital

Afternoon Session

13.30

Paedodontics (Part 2)

CPD Hrs = 6

Michael Cranfield

Paediatric Dental specialist

Treatment planning for children can be very challenging as there are many factors to be considered. Orthodontic development, caries incidence, diet, age; these all need to be brought into the equation.

Objectives

- *Identify how to conduct a thorough orthodontic assessment in general dental practice*
- *Explain appropriate times to refer to secondary care or specialist practice.*
- *Explore current guidance documents relating to orthodontics.*

Learning Content

- *Improved knowledge of how to carry out an orthodontic assessment in general dental practice.*
- *Recognise when to follow appropriate referral pathways.*

GDC Outcomes: A B C D



Friday 4th February

Virtual link will be sent out

Day Session

09.30

Periodontics

CPD Hrs = 6

Dr Shazad Saleem

Shazad Saleem graduated from St Bartholomew's and the Royal London Scho

Review the current Classification of Periodontal Diseases 2017 and its implementation in General Dental Practice. Discuss how to implement Healthy Gums Do Matter.

Objectives

- *Explain how to formulate individualised, written care or treatment plans for patients according to their individual circumstances.*
- *Describe how to monitor therapeutic outcomes and ensure that appropriate follow-up care is arranged.*
- *Describe the Healthy Gums Do Matter Pathway*

Learning Content

- *Demonstrate an understanding of the aetiology, diagnosis and classification of periodontal disease and be able to explain this to patients.*
- *Evaluate the periodontal tissues and provide a differential diagnosis of the patient's periodontal condition.*
- *Be able to integrate and deliver optimal periodontal care under the existing General Dental Service contract and assess when to refer a patient for more specialised periodontal care or to secondary care services.*

GDC Outcomes: A C



Friday 11th February

Virtual link to be sent

Day Session

09.30

Milestone 2

CPD Hrs = 6

Jonathan Farmer and FD

TPD for Scheme

Peer learning on multi-rooted endodontics and indirect restorations

Objectives

- *Provide FD an opportunity to share their learning from completing molar endodontics and providing indirect restoration for root treated teeth*
- *Provide FD with opportunity to listen to their peers discuss their cases*
- *To be able to feedback on cases discussed*

Learning Content

- *Peer to peer learning on complex cases*
-

GDC Outcomes: A B C D



Friday 18th February

Kings Mill Education Centre

Morning Session

09.30

Oral Cancer

CPD Hrs = 3

Hannah Crane

Specialist Registrar in Oral Medicine

Discuss the extent of the problem of oral cancer: current prevalence, detection and diagnosis. Recognise the different clinical forms in which oral malignancy may present and how to diagnose this. To stress the role of the dental team in early detection and referral. To understand the treatment involved with oral cancer and the patient journey, including post-operative issues related to living with oral cancer. To understand the restorative dental needs of a head and neck cancer patient and the role the GDP may have in this.

Objectives

- *Describe how to educate patients in general dental practice on possible risk factors for oral cancer, including having confidence in delivering 'very brief advice'.*
- *Identify oral premalignant conditions and identify the appropriate referral pathways, and when specialist advice is necessary.*
- *Describe the extent of surgery involved in some cases and the implications to both patient and their families, alongside how to support patients postoperatively, following radiotherapy, chemotherapy and surgery, and the implications this has on providing dental treatment.*

Learning Content

- *Explain the incidence, diagnosis and prevention of oral lesions and mouth cancer.*
- *Recognise local and national support services and resources in the care of mouth cancer.*
- *Demonstrate the ability to communicate effectively and sensitively with patients about the prevention, diagnosis and treatment of oral lesions, with an improved knowledge of the disciplines involved in the patient journey through diagnosis to treatment of head and neck cancer patients, alongside the role the general dental practitioner may need to play.*

GDC Outcomes: A B C D



Friday 25th February

Lincoln County Hospital

Day Session

09.30

Communication

CPD Hrs = 6

Anthony Asquith

Anthony is an author, psychotherapist and a 4th Dan karate instructor who writes about communication skills.

To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues.

Objectives

- *Raise awareness of the importance of communication skills.*
- *Evaluate and assess clinician and patient interactions.*
- *Identify successful strategies to improve communication.*

Learning Content

- *Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others.*
- *Differentiate the importance of non-verbal communication and active listening.*
- *Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues.*

GDC Outcomes: A B D



Friday March 4th

Virtual link to be sent

Day Session

09.30

Occlusion/Tooth Wear

CPD Hrs = 6

Ali Chohan and Jin Vaghela

Ali qualified from QMUL in 2006. He has since completed his MJDF with the R

Jin qualified from KCL in 2007. He has completed his postgraduate examinatio

Jin qualified from KCL in 2007. He has completed his postgraduate examinatio

To build on the undergraduate knowledge and understanding of occlusion and toothwear.

Objectives

- *Define the ideal of the static and dynamic dentition.*
- *To be able to recognise tooth surface loss and its causes.*
- *To understand the principles of conformation and reorganisation.*
- *To review current methods for restoring and replacing teeth in clinical practice.*

Learning Content

- *Define the vocabulary used in the study of occlusion and recognise the concepts of occlusion and its importance in dental care.*
- *Identify how and when to use a facebow, carry out a comprehensive examination of the articulatory system, record RCP and recognise the relationship between these areas and the principles involved in occlusion.*
- *Demonstrate knowledge of tooth surface loss, its diagnosis, aetiology and treatment.*

GDC Outcomes: A C



Friday 11th March

Lincoln County Hospital

Day Session

09.30

Behaviour change

CPD Hrs = 6

Cascade Theatre Company

ounded in 1995, Cascade is a theatre company and registered charity employing up to twenty talented individuals with an Arts and Theatre background and trained in group work, facilitation skills and training techniques. We are passionate about personal and professional development, and we never stop learning ourselves – Cascade members are constantly re-training and developing new skills. Based in Cornwall, we work throughout the United Kingdom.

A workshop that looks at how you might help patients develop insight into the need for and importance of change as well as gauging and developing their motivation and confidence of success.

Objectives

- *Have been involved in a number of enjoyable and thoughtful activities that explore health behaviour change.*
- *Understand what motivates us, why we often lose motivation and why we often don't change.*
- *Have developed strategies for enabling patients to discover how important health behaviour change is and motivate them to consider making changes.*

Learning Content

- *Different strategies to help motivate patients*
- *Greater understanding of barriers to behaviour change*
- *Understand own motivation and how to change own behaviour*

GDC Outcomes: A B D



Friday 25th March

Virtual link to be sent out

Day Session

09.30

Public Health

CPD Hrs = 6

Jasmine Murphy

I manage a portfolio of public health responsibilities with a particular focus on the health of children and young people (including dental public health). I am accountable for commissioning the healthy child programme so that services work to improve children's family health and wellbeing and reduce inequalities.

Another role I have is that of chairing the statutory child death overview panel which reviews the deaths of all children normally resident in the area (excluding those stillborn). On the panel there are representatives from social care and the police, clinicians, and various other professionals. We consider issues and circumstances in a child's life such as domestic abuse, and assess the level of influence they had on the death. We also determine whether the death was preventable and identify if there are any contributory factors that could be addressed. We then make recommendations on what action can be taken to help prevent such deaths in the future.

Children in Leicester have some of the highest levels of dental decay in the country. In my role as lead on dental public health, I have set up a partnership board between local authority and the NHS to tackle this situation. We are putting into practice a health promotion strategy for preschool children and have recently won a national award from the Royal Society of Public Health for our partnership and strategic approach.

To explain role of Dental Public Health and how this interacts with Primary Care Dentistry

Objectives

- *To be able to explain role of Dental Public Health consultants*
- *To be able to understand the importance of tackling health inequality*
- *To be able to develop projects to reduce health inequality in own community*

Learning Content

- *Understand epidemiology and needs assessment*
- *Be able to explain difference between equality and equity*
- *Be able to implement strategies to reduce health inequality in own community*

GDC Outcomes: A B C D



Friday 22nd April

Virtual link to be sent out

Day Session

09.30

Accounts, Finance and Dental Contracts

CPD Hrs = 6

Richard Keeler/ Jason Stokes

Chartered Accountant/ Associate Dean Workforce

Provide Foundation Dentists with the skills to better manage their own financial situations and also to understand the contractual arrangements when applying for associate positions in general dental practice.

Objectives

- *Inform Foundation Dentists of the relevance of finance to their personal and professional lives, alongside the requirements for financial management and record keeping for personal and practice situations.*
- *Identify the benefits and differences to different types of professional contracts and the associated financial responsibilities.*
- *Evaluate the methods of remuneration for dental employees and self-employed associates including the associated taxation, superannuation and income protection processes applicable within the UK.*

Learning Content

- *Describe the requirements for financial record keeping and management at an individual and practice level.*
- *Define the HMRC requirements for general dental practitioners at both a personal and practice level.*
- *Recognise the importance of good personal financial management regarding income, employment, income protection and pension provision, both within and outside the NHS.*

GDC Outcomes: B



Friday 29th April

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.30

Orthodontics

CPD Hrs = 3

Andrew Flett

Consultant Orthodontist, I am a Consultant Orthodontist working at Queen's M

This session will cover the role of the GDP in managing orthodontic care, when to refer and what to refer and use of the IOTN

Objectives

- *Will be able to understand what and when to refer*
- *Will be able to understand IOTN*
- *Will be able to understand orthodontics within NHS*

Learning Content

- *FD will be able to assess orthodontic needs of patients*
- *FD will know when referral is appropriate for orthodontic treatment*
- *Fd will understand referral pathways and use of IOTN*

GDC Outcomes: A B C D



Friday 29th April

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

13.30

Implants

CPD Hrs = 3

Jason Wong MBE

Deputy Chief Dental Officer, Practice owner, Implant Dentist, GDP

To evaluate when the provision of dental implants may be appropriate, when patients should be referred and what things a GDP should be doing regarding maintenance and monitoring of dental implants.

Objectives

- *Define aspects of implant dentistry sufficient to identify suitable cases for referral, give patients basic information and recognise failures.*
- *Examination and discussion of current National guidelines relating to the provision of dental implants and local arrangements for NHS provision.*
- *Exploration and revision of the role of the dental practitioner in offering treatment options, including those unavailable on the NHS.*

Learning Content

- *Be able to define the indication and contraindications for the provision of dental implants for patients*
- *Recognise the role, responsibilities and expected actions of the General Dental Practitioner in the management and monitoring of implants.*
- *Clearly describe the processes, both biological and procedural, involved in the planning, placing and care of dental implants.*

GDC Outcomes: A B C D



Friday 13th May

Virtual link to be sent out

Day Session

09.30

Audit Presentations

CPD Hrs = 6

Jonathan Farmer and FD

Scheme TPD

A day of FD presenting their clinical audits to share good practice and understand how audit can be used to drive change

Objectives

- *FD will be able to critique audits*
- *FD will be able to understand how audit may be used in different ways in practice*
- *FD will be able to present audit findings in an impactful way*

Learning Content

- *FD will learn from peer presentations possible ways to use audit*
- *FD will learn how to present audit findings*
- *FD will learn how to critique audits*

GDC Outcomes: A C



Friday 27th May

Lincoln County Hospital

Day Session

09.30

Black Box/Human Factors

CPD Hrs = 6

TPD, ES and FD

This day will focus on learning through failure and the importance of human factors in errors in healthcare. This will be accomplished by everyone presenting examples of learning from failure

Objectives

- *To be able to learn from failure*
- *To understand the scope of human factors*
- *To be able to develop strategies to reduce the impact of human factors*

Learning Content

- *To understand models of system failure*
- *To understand role of complexity in errors*
- *To be able to learn from failure*

GDC Outcomes: A B C D



Friday 17th June

Virtual links to be sent out

Day Session

09.30

Milestone 3

CPD Hrs = 6

Jonathan Farmer and FD

TPD for scheme

This session will be used for Foundation Dentists to present their Milestone 3 case.

Objectives

- *To enhance self-assessment, reflection and feedback amongst participants.*
- *Provide an opportunity to learn how best to approach work in the future.*
- *Reflect on a wide range of complex clinical care plans.*

Learning Content

- *Assess and treatment plan appropriately.*
- *Reflect regarding their own clinical work and if required use personal learning needs to improve outcomes for patients.*

GDC Outcomes: A B C D



Friday 8th July

TBC

Day Session

09.30

Midlands & East Showcase

CPD Hrs = 6

TBC

Objectives

-
-
-

Learning Content

-
-

GDC Outcomes: A C

12.30

Lunch



Calendar 2021-2022

Friday 14/1/22	Prosthetics
Monday 24/1/22	Paedodontics Group A
Tuesday 25/1/22	Paedodontics Group B
Friday 4/2/22	Periodontology
Friday 11/2/22	Milestone 2
Friday 18/2/22	Oral Cancer
Friday 25/2/22	Communication
Friday 4/3/22	Occlusion/ Tooth Wear
Friday 11/3/22	Behaviour change
Friday 25/3/22	Public Health
Friday 22/4/22	Accounts, Finance and Contracts
Friday 29/4/22	Orthodontics and Implants
Friday 13/5/22	Audit Presentations
Friday 27/5/22	Black Box/ Human Factors
Friday 17/6/22	Milestone 3
Friday 8/7/22	Midlands Showcase

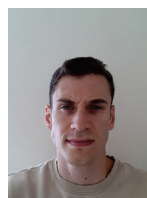


Educational Supervisors and Foundation Dentists



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Michael Armstrong**

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Oliver Ryder

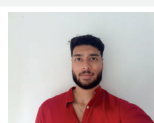
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Chandan Sharma

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Jesvin Xavi

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**Israr Razaq
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Jawaad Aziz

UCLAN Dental School

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Paul Moore

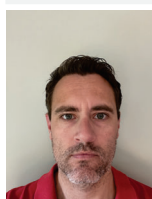
Shirebrook Dental Care, 29 Station Road, Shirebrook, NG20 8TA



Sarah-Maurena Kouassi

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**Peter Butcher
Claire Simpson**

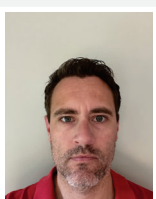
The Maltings Dental Practice, Commercial Road, Grantham, NG31 6DE



Mohammed Saleem

GKT Dental School

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**Claire Simpson
Peter Butcher**

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Shivani Mistry

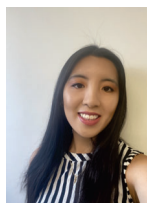
Sheffield Dental School

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**Waseem Farooq
Mohammed Saleem**

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Tracy Dinh

Bristol Dental School

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**Catriona Peterson
Lewis Hamill**

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Mulki Ali

Sheffield Dental School

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**Graham Wilkinson
Riten Patel**

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Martine Morcos

GKT Dental School

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**Riten Patel
Graham Wilkinson**

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Ajay Jumbu

GKT Dental School

01159 879500



**Mayur Patel
Vitesh Patel**

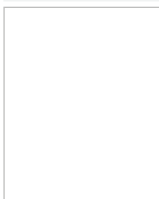
Sherwood Dental Care, 667 Mansfield Road, Nottingham NG5 2GE



Aimee Rowe

GKT Dental School

Practice Phone Number



**Navjit Jandu
Anna Vila-Burguet**

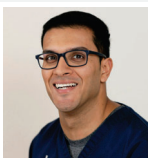
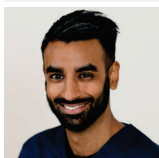
Treeline Dental Care, 361-362 High Street, Lincoln, LN5 7RL



Sasha Kiddy

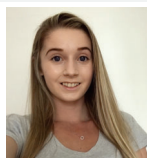
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Practice Phone Number



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Emma Kindon

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Jake Morris

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Osemegbe Ehikioya

Leeds Dental Institute

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Lincolnshire and Nottinghamshire Scheme Buddy ES Pairings 2021-2022

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Mohammed Saleem	Peter Butcher	Claire Simpson
Shivani Mistry	Claire Simpson	Peter Butcher
Mulki Ali	Catriona Peterson/Lewis Hamill	Anna Vila-Burguet/Navjit Jandu
Sasha Kiddy	Anna Vila-Burguet/Navjit Jandu	Catriona Peterson/Lewis Hamill
Tracy Dinh	Mohammed Saleem/Farooq Waseem	Israr Rasaq/Imran Rafiq
Jawaad Aziz	Israr Rasaq/Imran Rafiq	Mohammed Saleem/Farooq Waseem
Sarah-Maurena Kouassi	Paul Moore	Nilesh Dayaram/Vinay Mehta
Emma Kindon	Nilesh Dayaram/Vinay Mehta	Paul Moore
Jake Morris	Amit Parmar	Chandan Sharma
Jesvin Xavi	Chandan Sharma	Amit Parmar
Oliver Ryder	Squib Aziz/Michael Armstrong	Mayur Patel/Vitesh Patel
Aimee Rowe	Mayur Patel/Vitesh Patel	Squib Aziz/Michael Armstrong
Osemegbe Ehikioya	Maria Padilla/Ogbemudia Adeghe	Kamal Missan
Haidee Creber	Kamal Missan	Maria Padilla/Ogbemudia Adeghe
Martine Morcos	Graham Wilkinson	Riten Patel
Ajay Jumbu	Riten Patel	Graham Wilkinson



Online Learning

2021-2022

List of Mandatory E-Learning

As part of your Foundation training year within Midlands and East you will undertake a number of online e_Learning modules. All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

This takes you to a portal which leads to the **Midlands and East - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules

Course Sections

Statutory and Mandatory Training (SMT) **Completion Date 19-09-2021**

Conflict Resolution Level 1	40 mins
Data Security Awareness Level 1	70 mins
Equality and Diversity and Human Rights Level 1	20 mins
Fire Safety Level 1	30 mins
Moving and Handling Level 1	40 mins
Preventing Radicalisation - Basic Prevent Awareness	35 mins
Safeguarding Adults Level 1	40 mins
Safeguarding Adults Level 2	40 mins
Safeguarding Children Level 1	30 mins
Safeguarding Children Level 2	35 mins

Mental Capacity Act (MCA) **Completion Date 03-10-2021**

Mental Capacity Act as Part of Human Rights	20 mins
Assessing Mental Capacity	20 mins
Planning Ahead Using the MCA	20 mins
Best Interests	20 mins
Restraint	20 mins
Deprivation of Liberty	20 mins
Relationship Between the MCA and the MHA	20 mins
Mental Capacity Act and Young People aged 16 or 17	20 mins
Research Involving People Who Lack Capacity	20 mins
Mental Capacity Act and Adult Safeguarding	20 mins
Settling Disputes and Disagreements	20 mins

Alcohol and Tobacco Brief Interventions **Completion Date 17-10-2021**

Introduction to treating and preventing ill health	15 mins
Very Brief Advice on Smoking	15 mins
Alcohol Brief Advice	15 mins
Bringing It Together - Multiple Risk Factors	15 mins
Assessment	10 mins

Making Every Contact Count (MECC) **Completion Date 31-10-2021**

What is MECC and why is it important	30 mins
How to have a MECC conversation	30 mins
Signposting	15 mins
Five Ways to Wellbeing	30 mins
Assessment	10 mins

HEE Rubber Dam Placement video **Completion Date 13-11-2021**

Using your login details for e_Learning for Health you can access this module by using this link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

e-Learning for Healthcare - Coronavirus programme **Completion Date 13-11-2021**

This programme has been specifically developed and is regularly updated in response to the Covid-19 situation and can be located link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module, this information will be passed to your e-Portfolio but you may wish to download a completion certificates for your CPD records.

Modules **Completion Date 05-12-2021**

Prescription Documentation and the Drug History	60 mins
Medication Errors and Adverse Drug Reactions	60 mins
Special Patient Groups	60 mins
Utilising the BNF	60 mins
Medical Emergencies	60 mins
Periprocedural Prescribing	60 mins
Dental Infection	60 mins
Pain, Ulceration, and Inflammation	60 mins
Prescription Documentation and the Drug History	60 mins
Medication Errors and Adverse Drug Reactions	60 mins

BDA & Cancer Research UK Oral Cancer Recognition Toolkit

https://www.doctors.net.uk/eclientopen/cruk/oral_cancer_toolkit_2015_open/

Although this topic may be covered in a study day, the toolkit is very valuable, and it is advised this is still completed irrespective of a scheme running an oral cancer study day. The completion certificates should be uploaded to your e-Portfolio

Module Completion Date 19-12-2021

BDA-CRUK Oral Cancer Recognition Toolkit 3 hours

List of Supplementary E-Learning Dentistry (e-Den) e-Learning for Health

<https://portal.e-lfh.org.uk>

This is a series of modules about dentistry known as e-Den. You will find these modules helpful when used in conjunction with your Study Days. References to particular modules may be included in the information for each Study Day. Accessing the relevant module before the Study Day will help you to gain more from the interactive learning session.

To locate the e-Den modules in the e-Learning for Health Website, click on '**My e-Learning**' at the top of the web-page and then enter the **Dentistry** name in the search box. When the search results appear, you will see the **Dentistry** module listed with an icon; click on '**Enrol**' and the Module will be added to your account. You will then be able to see each of the e-Den Modules and Course Sections in 'My e-Learning'.

e-Den Module

1 Patient Assessment

Profiling the Patient

Good Practice

Patient Assessment

Assessment Methods and Techniques

Health Promotion and Disease Prevention

Profiling the Patient

2 Human Diseases and Medical and Dental Emergencies

Medical Topics and Dentistry

Medical Emergencies In Dentistry

3 Anxiety and Pain Control in Dentistry

Principles of Dental Pain

Mediators of Central Pain

Dental Local Anaesthesia

Dental Local Anaesthetic Technique

Management of Dental Pain

Non-Pharmacological Anxiety Management

Intravenous Sedation

Inhalation Sedation

Dental General Anaesthesia

4 Periodontal Disease and Management

Aetiology of Periodontal Disease

Periodontal Diagnosis and Determination of Prognosis Periodontal Treatment Options

Patient Education and self-Performed Plaque Control Non-Surgical Periodontal Therapy

Surgical Periodontal Therapy

5 Hard and Soft Tissue Surgery

Pre- and Post-operative Assessment

Exodontia

Surgical Dentistry

Advanced Trauma Life Support (ATLS)

Management of Un-Erupted, Impacted, Ectopic and Supernumerary Teeth

Management of Benign Soft Tissue lesions

6 Surgical and Non-Surgical Management of Head and Neck Disease

Accurate Drug History and Relevance of Allergies

Odontogenic Infections

Management of Oral Mucosal Diseases

Craniofacial Pain Disorders

Neoplastic and Non Neoplastic Disease of the Head and Neck

7 Management of the Developing Dentition

Orthodontic Indices

Assessment for interceptive Treatment

Space Maintenance

Simple Removable Appliances

Oral Habits and Occlusal Trauma in the Mixed Dentition

Emergency Care and Management of Orthodontal Problems

Contemporary Orthodontics Normal Facial Growth and Dental Development

Abnormalities of Facial Growth and Dental Development

8 Restoration of Teeth

Caries

Restoration of Permanent Teeth

Crowns

Restoration of Deciduous Teeth

Aesthetic Dentistry

Dental Biomaterials

Tooth Surface Loss

Endodontics

Dental Trauma

9 Replacement of Teeth

Bridgework

Occlusion

Complete Dentures

Partial Dentures

Implantology

Miscellaneous

10 Communication

Patient and the Family

Teamworking

Other Professionals

11 Professionalism

Ethics

Self

The Clinical Team and Peers

12 Management and Leadership

The Need for Effective leadership and Management

Quality in Healthcare

Risk Management

Self-Management

Change Management

Managing a Business

Healthcare Systems

Professional Practice

Management and Leadership

13 Sustainable Dentistry

Introduction to Sustainable Dentistry

Measuring carbon in Healthcare



e-LIFT Project

2021-2022

Project 'e-LiFT' stands for Evidence-linked Learning in Foundation Training. This is simply project work covering the non-clinical elements of the DFT curriculum which are the domains of communication, professionalism, management and leadership.

FDs are expected to complete what are essentially reflective learning exercises in four units underpinned by evidence of their own work completed in the training practice. The units are core topics for the FD to reflect upon:

- Infection control
- Radiology
- Medical emergencies
- Clinical communication

The reflective learning exercise for each unit, allows for flexibility for the FD to hone in on specific learning or development points that have influenced them the most in their training year. Each of the units will entail reflective writing amounting to 1000 - 1250 words, each unit supported by 4- 6 pieces of evidence. Units 1 to 4 are to be completed by April 2022.

FDs will be given guidance documents and templates. Work for each unit will be assessed by external Educational Supervisors.

Here is a link to the HEE website for full details and module downloads:

<https://heeoee.hee.nhs.uk/node/2567>



Milestones and APLAN

2021-2022

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. The FDs will present each of their cases at their own scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and East region. Your Milestone Two and Milestone Three cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are

Milestone 2: Deadline for case uploads **14th Jan 2022.**
Deadline for remote feedback **28th Jan 2022.**

Milestone 3: Deadline for case uploads **20th May 2022**
Deadline for remote feedback **3rd June 2022**

There is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48 hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the share-point for FDs that covers the milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Problem Solving and Support

Lincolnshire and Nottinghamshire 2021-2022

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; so contact your TPD by phone or email early on if you have a problem or concern. Early resolution of that burning issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The DFT group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of the Day Release Course. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

Additionally there is further wide ranging support that can be obtained from the Associate Dean for Regional Trainee Support. Here is a web address support:

<https://heeoe.hee.nhs.uk/dental/trainee-support>

Contacts for Support

Training Programme Director

Jonathan Farmer

Phone: 0774 8965706

Email: jonathan.farmer@hee.nhs.uk

Regional Deputy Postgraduate Dental Dean, Early Years Deborah Manger

Email: please use - DFT.ME@hee.nhs.uk

Associate Dental Dean for Regional Trainee Support

Fleur Kellett

Email: DentalTraineeSupport.ME@hee.nhs.uk



Claiming Travel and Subsistence

2021-2022

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be submitted on the appropriate form issued by your TPD. This form should be fully completed, easily readable, and signed by your TPD who will check all claims are valid. They will also cross through any incomplete lines to stop any claims being added after signing.

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Note that the mileage calculated from the home address to venue will be adjusted by NHS England once your form is submitted to them. Your usual mileage from your home to the dental practice will be deducted from the amount (you do not need to enter this separately on the form, NHS England will calculate this).

(Current mileage rate = £0.24 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

FDs should travel only by second class if they travel by rail and should attach tickets or receipts to their claim forms.

Taxis should not be used and cannot be claimed - if their use is required due to particular circumstances then the reasons need to be discussed with the Postgraduate Dental Dean, or Deputy, and you will need to get approval in advance, in writing, and provide it with the claim form.

Within Midlands & East overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

All claim forms must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense. False claims are fraudulent and may be investigated by the NHS England Area Team, with onward referral to NHS Fraud Investigators and/or the GDC.

Claims must be submitted within 3 months of the event and receipts must be included for all travel, meals and car parking. Trainees are advised keep a copy of the claim form and the submitted receipts, and to send claim forms by signed delivery service (you may not claim this postage cost) or email.

Claim forms should be sent Completed Claim forms should be submitted to the BSA via your BSA Compass login. You can access an information leaflet about this from here:

http://www.copdend.org/dft handbook/FD_Handbook/The_Scheme/T - S_Expenses/FD_Travel_and_Subsistence_claims_via_Self_Service_in_Compass.pdf

Your payments will appear on the training practice BSA schedule and your Educational Supervisor will pay them to you as non-taxable expenses.



Audit Project

2021-2022

Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the Midlands and East Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Audit topic

When choosing your audit topic please be aware that you must not choose a topic that should be covered by the normal clinical governance processes of the practice, including radiograph quality, record keeping and infection control. If you are not sure about the suitability of a topic you should discuss this with your TPD before you start.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Practice Equipment List

2021-2022

Practice Specifications

Electronic records
Digital radiography
Internet access
Infection control

Full computer based clinical records and appointment management system.

Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmal account

Specification for FD Room

Size
Ventilation

Minimum floor area 9m².

Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FD Room

Dental chair
Turbines
Contra-angle handpieces
Straight handpiece
Ultrasonic scaler
X-ray set
Amalgam mixer
Light cure lamp
Stool for dentist
Stool for nurse
Handwash sink
Telephone
Workstation
Clinical records and appointment management software.
Internet access.

Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Minimum of 3.

Minimum of 3.

Minimum of 1.

Magnetostrictive or piezo.

Rectangular collimation. Isolation switch outside the controlled area.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders

Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit

Latex free.

Conservation

Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics

Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions

Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Oral Surgery

Full range of surgical instruments including scalpel blades and handle, periosteal elevator, solution for irrigations, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

Prosthetics	<i>Full range of prosthetic instruments including shade and mould guides.</i>
Endodontics	<i>Full range of stainless-steel hand files and NiTi rotary files.</i>

Materials and Disposables for FD Room

Respirator	<i>Fit tested FFP3 mask or powered hood for FD use.</i>
Type II R Fluid Resistant Surgical Masks	
Gloves	<i>Latex free.</i>
Bibs	
Aprons	
Gowns	
Paper and cotton goods	
Safe Sharps System	<i>Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.</i>
Waste containers	<i>For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.</i>
Disposable 3 in 1 syringe tips	
Conservation	<i>Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.</i>
Prosthetics	<i>Full range of prosthetic materials including impression compound and greenstick.</i>
Endodontics	<i>Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.</i>

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera	<i>SLR or equivalent with lens, ring flash, retractors, and mirrors.</i>
Conservation	<i>Face bow and semi-adjustable articulator.</i>
Prosthetics	<i>Surveyor.</i>
Endodontics	<i>Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.</i>
Clinical Digital Thermometer	
Digital Communication	<i>Computer or tablet with MS Teams including webcam, speakers, and microphone.</i>



Useful Links

2021-2022

National DFT Handbook

National policies and information: <http://www.copdend.org/dfthandbook/index.html>

Postgraduate Virtual Learning Environment

Repository of eLearning resources: <https://pgvle.co.uk/login/index.php>